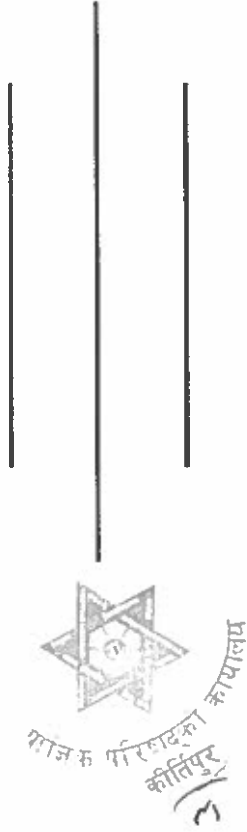


9

Tribhuvan University
Faculty of Humanities and Social Sciences
Central Department of History
Kathmandu, Nepal



A complete syllabus of Master's Programme in History

2024

Tribhuvan University
Central Department of History
New Syllabus 2024

Semester: I

S.N.	Code	Subject	Credit Hours	Teaching hours
1	HIST 501	Theories and philosophy of history	3	48
2	HIST 502	Major events of International History up to 1945	3	48
3	HIST 503	Historical studies of tourism	3	48
4	HIST 504	Political History of Nepal up to 1951	3	48
5	HIST 505	History of Modern India (1947- 2019)	3	48

Semester: II

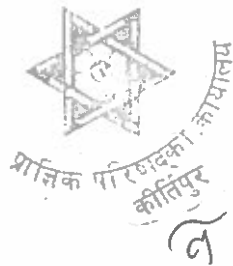
S.N.	Code	Subject	Credit ours	Teaching hours
1	HIST 551	Major events of international history (1945- 2021)	3	48
2	HIST 552	Recent political history of Nepal (1951-2015)	3	48
3	HIST 553	Administrative history of Nepal up to 2015	3	48
4	HIST 554	Historical study of East Asian Nations	3	48
5	HIST 555	Oral History	3	48

Semester: III

S.N.	Code	Subject	Credit Hours	Teaching hours
1	HIST 601	Socio-ethnic history of Nepal	3	48
2	HIST 602	Research Methodology in history	3	48
3	HIST 603	Archival Science and museology	3	48
4	HIST 604.1	Regional History of Nepal	3	48
5	HIST 604.2	Rural History of Nepal		
6	HIST 604.3	Military history of Nepal .		
7	HIST 605.1	Constitutional history of Nepal	3	48
8	HIST 605.2	Political history of South Asians		
9	HIST 605.3	Legal history of Nepal		

Semester: IV

S.N.	Code	Subject	Credit Hours	Teaching hours
1	HIST 651	History of Diplomacy and International relations	3	48
2	HIST 652	Economic history of Nepal	3	48
3	HIST 653	Diplomatic history of Nepal	3	48
4	HIST 654.1	History of conflict and peace in Nepal	3	48
5	HIST 654.2	Trans Himalayan studies		
6	HIST 654.3	Cultural and religious history of Nepal		
7	HIST 655	Thesis	6	



Tribhuvan University
Central Department of History

2024

Level: MA
Semester: I
Course: Theory and Philosophy of History
Code: Hist. 501
Credits hours: 3
Total classes: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass marks: 50

Course Description:

This course is to provide knowledge on the meaning of history and its types and significance of historiography online or otherwise. Students will learn the philosophy of history, the development of historiography in Europe, India and Nepal, and also various ideas associated with historical writings.

Course objectives:

- Learning of philosophy of history to use in history writing.
- To achieve knowledge of the major theories in history writing.
- To gain information about the historiography of Europe, India and Nepal.

Course Objective:

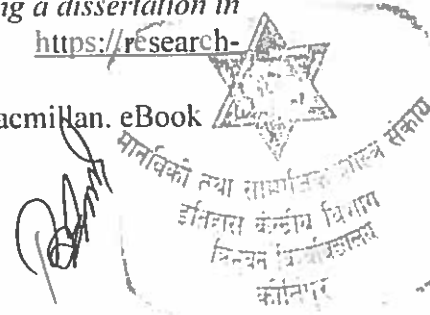
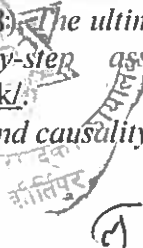
Unit I: Philosophy:

8

1. Introduction of Philosophy of History, Chronology in History, Philosophy of causality in History, Philosophy of Neutrality in History. Nietzsche: Philosophy of History.
2. Approaches in History: theories and concepts, deductive and inductive modes of explanation, qualitative, quantitative and comparative methods of analysis), social evolutionism, and Narrative history. (Class Discussion, practice in writing).

Required Readings:

- Ankersmit, F.R. (May 1989). Historiography and post modernism. *History and Theory*. Vol. 28. No. 2.
- Carr, E.H., *What is History?* New York: Macmillan, 1961.
- Collingwood, R. G.(1987). *The ideas of history*. Oxford: Oxford University Press.
- Dudovskiy, John (January 2018). *The ultimate guide to writing a dissertation in business studies: A step-by-step assistance*. E-book. <https://research-methodology.net/about-us/ebook/>
- Hewitson, M. (2014) *History and causality*, UK: Palgrave Macmillan. eBook



Unit II: Theories of History

8

1. Vicco's theory of Historical change.
2. Hegel's theory in reflective history.
3. Karl Marx's theory of Historical Materialism.
4. E P Thompson's theory in History (Edward Palmer Thompson)
5. Group discussion & Questions- answers.

Required Readings:

- Habermas, Jürgen (Autumn 1975). Toward a reconstruction of historical materialism (PDF). *Theory and Society*. 2(3), 287–300. doi:10.1007/BF00212739. Retrieved 5 December 2018.
- Helen Liebel-Weckowicz, (August 1982). Was Vico's theory of history a true social science? *The Historian*. Taylor & Francis, Ltd Vol. 44, No. 4 . pp. 466-482.
- Stalin, Joseph. (Retrieved 6 September 2018). Dialectical and historical materialism. www.marxists.org. Marxists Internet Archive.
- Pompa, Leon (1971). Vico's theory of the cause of historical change. *Monograph Series* No. 1. London: The institute for cultural Research.
- Thompson, Edward Palmer (1991) [1963]. *The Making of the English working class*. Toronto: Penguin Books.

ISBN 9780140136036.OCLC 1229560634.

Unit III: Knowledge of History

10

1. Meaning and scope of History: Defining History, Nature of History, The modern concept of history, History - a Science or an Art, Arguments against History as a science, History is both a Science and an Art.
2. Types of History: Political History, Diplomatic History, Social History, Economic History, Cultural History, Intellectual History
3. Historiography and its significance
4. Term paper writing.

Required Readings:

- Adas, Michael. (1985). Social history and the revolution in African and Asian historiography. *Journal of Social History* 19. 335-378
- Bogue, Allan G (1980). The new political history in the 1970s. in Michael G. Kammen, (Ed.). *The Past Before Us: Contemporary Historical Writing in the United States*. pp: 231-251.
- Carr, E.H., *What is History?* New York: Macmillan, 1961.
- Ghate, V. D., (1953). *Suggestions for the teaching of history*, Bombay: Oxford University Press.



Characteristic Features of :

- a. Hellenic and Roman Historiography
- b. Christian Historiography
- c. Renaissance Historiography
- d. Enlightenment Historiography
- e. Modern European Historiography
- f. Preparation of synopsis

Required Readings:

- Benson, Robert L., Giles Constable, and Carol D. Lanham, eds. (1982). *Renaissance and renewal in the twelfth century*. Cambridge: Harvard University Press.
- Grant, Michael (1995). *Greek and Roman historians: Information and misinformation*. Routledge, 1995. P. 74. ISBN 978-0-415-11770-8.
- Haskins, Charles Homer (1927). *The Renaissance of the twelfth century*. Cambridge: Harvard University Press, ISBN 978-0-6747-6075-2
- Mehl, Andreas. 2011. *Roman Historiography: An Introduction to its Basic Aspects and Development*. Translated by Hans-Friedrich Mueller. Chichester, UK: Wiley-Blackwell Publishing.
- Rice, Eugene, F., Jr. (1970). *The foundations of early modern Europe: 1460-1559*. W.W. Norton & Co.

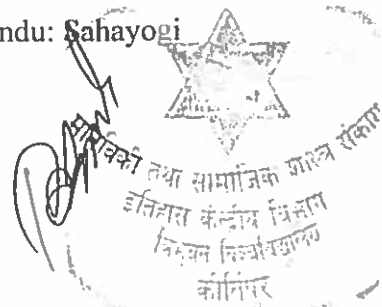
Unit V: Historiography of Nepal and India

12

1. Development of Indian Historiography – British and Native Schools.
2. Nepalese Historiography (brief narration from ancient to post-modern or Republican era).
 - a. Myth and Facts in the Practice of History Writing in Nepal.
 - b. Trends of Nepalese Historiography (briefly).
 - c. Weaknesses, Problems and Development in History Writing in Nepal.
 - d. Historiography of Nepal of post-modern (Republican era): Required
 - e. Group discussion in the class in writing critical history.

Required Readings:

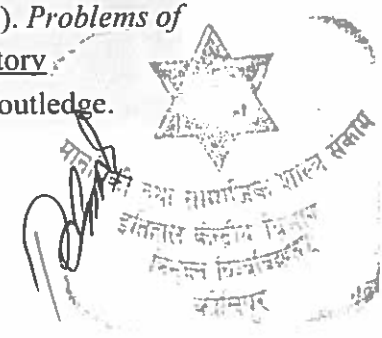
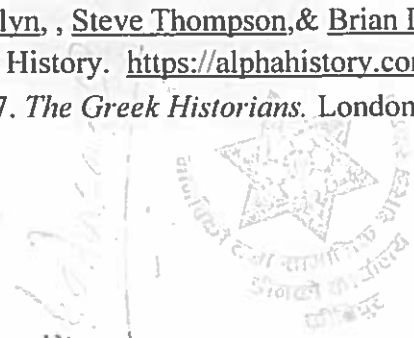
- Dahlaquist, Allan (1996). *Megatheres and Indian religion: A study in natives and types*. Motilal Banarsidass. ISBN 978-81-208-1323-6.
- Eniwislie, A.W., (2015) *An Introduction to Indian historiography*. File:///C:/Users/HP/Downloads/17389-Artikel%20Tekst-18657-1-10-20150309%20(1).pdf
- Satpathi, Binod Bihari (nd.) *Indian historiography*. https://ddceutkal.ac.in/Syllabus/MA_history/Paper_07.pdf DDCE/SLM/M.A. Hist/Paper-VII
- Adhikari, K.K., *A Brief Survey of Nepali Historiography*. Kathmandu: Sahayogi Press, 1980.



- Ananth. V. Krishna (Jan 04, 2015,)” Fact vs myth: Mixing up mythology and history will ensure that fun of reading texts is lost” *The Economic Times*.
- <https://economictimes.indiatimes.com/magazines/panache/fact-vs-myth-mixing-up-mythology-and-history-will-ensure-that-fun-of-reading-texts-is-lost/articleshow/45744846.cms>. E-Paper.
- Bhattarai. Krishna P. (2009). *Nepal*. Infobase publishing. ISBN 9781438105239.
- Garrett, Matthew (2021). *Critical thinking & writing in history: A user guide*. House of Clio Press.
- Gulia, K.S., Ed. . *History and Culture of the Himalayas*. Vol. 1. Sikkim University, Please use this identifier to cite or link to this item: <http://dspace.cus.ac.in/jspui/handle/1/139>.
- Heehs. Peter(May, 2003). ‘Shades of Orientalism: Paradoxes and Problems in Indian Historiography,’ *History and Theory*, Vol. 42, No. 2, pp. 169-195.

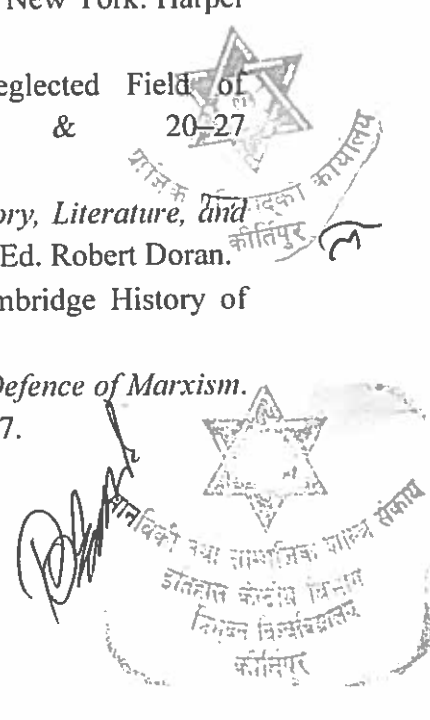
References:

- Anthony Grafton, (2006): “The history of ideas: Precept and practice, 1950-2000 and beyond.” *Journal of the History of Ideas* 67#. 1-32. [online](#)
- Anthony K. Jensen, (2019) City University of New York / Lehman College U. S. A. Philosophy of History..<https://www.iep.utm.edu/history/> ISSN 2161-0002.
- Arendt, Hannah (4 October 1958): The Modern Concept of History. *Review of Politics* 20/4 (October 1958): 570-90. Reprinted in Between Past and Future. <https://grattoncourses.files.wordpress.com/2015/09/hannah-arendt-the-concept-of-history-ancient-and-moder>
- Beaney, Michael (Jun 2013). Chronology of Analytic Philosophy and its Historiography. *The Oxford Handbook of The History of Analytic Philosophy*. Oxford.
- Charles Edward Andrew Lincoln IV, *Hegelian Dialectical Analysis of U.S. Voting Laws*, 42 U. Dayton L. Rev. 87 (2017).
- Cohen, Jon S. (1978). "The Achievements of Economic History: The Marxist School". *The Journal of Economic History*. 38 (1).
- Damon, Cynthia. (2006). “Rhetoric and Historiography.” In *A Companion to Roman Rhetoric*. Edited by W. Dominik and J. Hall. 439-450. Oxford: Blackwell Publishers.
- Engels, Frederick. "Socialism: Utopian and Scientific (Introduction – Materialism)". Marxists Internet Archive. Jeffrey, M.V.C., *History in Schools; The Study and Development*, London:
- Graham, Hugh Davis (1993): "The stunted career of policy history: a critique and an agenda." *The Public Historian* 15-37. [in JSTOR](#)
- Ick Finney, "The romance of decline: The historiography of appeasement and British national identity." *Electronic Journal of International History* 1 (2000) [Online](#)
- Jennifer Llewellyn, , Steve Thompson, & Brian Doone (May 2019). *Problems of History*. Alpha History. <https://alphahistory.com/problems-of-history>
- Luce, T. J. 1997. *The Greek Historians*. London and New York: Routledge.



- Moyn, Samuel; Sartori, Andrew, eds. (June 2013). *Global Intellectual History*. Columbia University Press. ISBN 9780231534598
- Nagel, Ernest (March 1960), Determinism in history. *Philosophy and Phenomenological Research*. DOI: 10.2307/2105051. <https://www.jstor.org/stable/2105051>. International Phenomenological Society. Vol. 20, No. 3.), pp. 291-317.
- Pomeranz, Kenneth.(2007) . Social history and world history: From daily life to patterns of change. *Journal of World History* 2007 18(1): 69-98. ISSN 1045-6007 Fulltext: in History Cooperative and Project Muse.
- Poster, M. (1997). *Cultural history and postmodernity: disciplinary readings and challenges*. New York: Columbia University Press.
- Saho Matusumoto, "Diplomatic History" in Kelly Boyd, ed., *The Encyclopedia of Historians and Historical Writing*(1999) pp 314-165.
- Schlereth, T. J. (1990). *Cultural history and material culture: everyday life, landscapes, museums. American material culture and folklife*. Ann Arbor, Mich: UMI Research Press.
- Sarkar, Sumit (Wed 6 Mar 2013) EP Thompson: The unconventional historian. *The Guardian*.<https://www.theguardian.com/books/2013/mar/06/ep-thompson-unconventional-historian>
- Shaha, Rishikesh (1992). *Ancient and medieval Nepal*. Kathmandu: Ratna Pustak Bhandar . ISBN 9788185425696.
- Shaha, Rishikesh (1992). *Modern Nepal, part 1& 2*. Kathmandu: Ratna Pustak Bhandar.
- Thomas W. Zeiler, "The Diplomatic History Bandwagon: A State of the Field," *Journal of American History* (March 2009), v 95#4 pp 1053-73.
- Venturi, Franco & Woolf, S. J. (Stuart Joseph). ed. (1972) *Italy and the Enlightenment: studies in a cosmopolitan century* .online New York] New York University Press.
- Thompson, E.P. (1975). *Making History: Writing on history and culture*. New York: The New Press.
- Walsh, W.H., (1967) *Philosophy of History: An introduction*. New York: Harper & Row Publishers.
- Whaples, Robert (2010). "Is Economic History a Neglected Field of Study?". *Historically Speaking*. 11 (2): 17–20 & 20–27 (responses). doi:10.1353/hsp.0.0109.
- White, Hayden V. *The Fiction of Narrative: Essays on History, Literature, and Theory, 1957-2007*. (Johns Hopkins University Press, 2010). Ed. Robert Doran.
- Wiesner, Merry E. *Early Modern Europe, 1450–1789* (Cambridge History of Europe) (2006).
- Woods, Alan (2016). "What Is Historical Materialism?". *In Defence of Marxism*. International Marxist Tendency. Retrieved 28 November 2017.

Handwritten signature



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: I
Course: Major Events of International History Up to 1945
Code: Hist. 502
Credits hours: 3
Total classes: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass marks: 50

Course Description:

This course is to give students knowledge on major events of World History and make them able to critically analyze the different aspects of these events. At the end of the Semester, students will be able to

Course Objectives:

- Analyze the selected aspects of American and European history,
- Acquaint the students with some major events of the French Revolution and the era of Napoleon Bonaparte,
- Estimate Metternich System of World Order,
- Analyze Bismarck's policy of German Unification,
- Assess the contribution of various personalities in the Unification of Italy,
- Analyze the major aspects of the First World War and Its Effects on the World Politics,
- Examine the major aspects of the Bolshevik Revolution under the leadership of Lenin,
- Understand the origin, objectives, and organs of the League and assess the achievements and causes of failure,
- Evaluate the factors responsible for the rise of Fascism in Italy and Nazism in Germany.

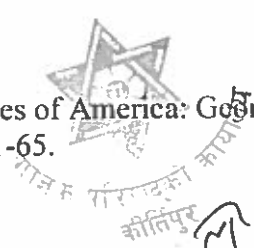
Outcomes:

- Familiar with the major events of American and European history
- Describe the rise of nationalism and unification of Germany and Italy
- Explain the causes and effects of World War and the Russian Revolution
- Describe the rise of dictators in Europe and its effects on World politics

Course Content:

Unit I: The War and Independence

1. American War of Independence
2. The President of the United States of America: George Washington.
3. The Civil War in America: 1861-65.



Required Readings:

- Sellers, Charles, Henry May and Neil R. McMillan. A Synopsis of American History, Vols. I, II, An Indo-American Cooperative, n d.

Unit II: French Revolution and Napoleonic Era

10

1. The Fall of Bastille, the March of Women to Versailles, and the Reign of Terror
2. The consequences of the French Revolution
3. Napoleon's rise to power
4. The Concordat: The Civil Code of Napoleon
5. Fall of Napoleon

Required Readings:

- Gottschalk, Louis R., The Era of the French Revolution. Delhi: Surjeet Publication, 1979.
- Grant, A. J. and H. Temperley, Europe in the Nineteenth and Twentieth Centuries 1789-1950, Britain: Longman Group, 1980.

Unit III: World Order and the Rise of Nationalism in Europe

10

1. Metternich and the World Order.
2. Bismarck's Policy of 'Blood and Iron'.
3. British policy of Appeasement
4. Cavour's Diplomacy, (Mazzini's inspiration and Garibaldi's sword).

Required Readings:

- Thomson, David, *Europe Since Napoleon*, London: Penguin Books, 1990.
- Kissinger, Henry, *Diplomacy*, London: Simon and Schuster, 2001.

Unit IV: First World War and Revolution

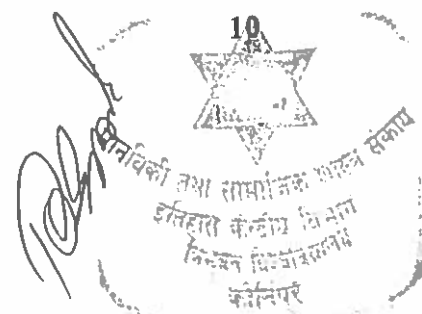
1. Eastern Question-the Crimean War and Russo-Turkish War 1877
2. The First World War and Peace Treaties
3. Lenin and the Bolshevik Revolution.
4. The League of Nations-Success and Failure

Required Readings:

- Taylor, A. J. P., *The Struggle for Mastery in Europe 1848-1918*, Oxford: Oxford University Press, 1954.
- Hill, Christopher, *Lenin and the Russian Revolution*. London: Penguin Books, 1971.
- Fay, S. B., *Origins of the World War*, Delhi: Eurasia. 1965.

Unit V: Rise of Ultra-Nationalism

1. Hitler's Nazism in Germany



2. Mussolini's Fascism in Italy
3. Stalin in USSR
4. Defeat of the Dictators and End of the Second World War.

Required Readings:

- Bullock, Alan, *Hitler: A Study in Tyranny*. London: Penguin Books, 1963.
- Deankin. F. W., *The Last Days of Mussolini*. London: Penguin Books, 1962.
- Kaushik, Karuna, *History of Communist Russia 1917-1991*, New Delhi: Macmillan India, 2006.

References:

- Coll, Steve, *Ghost Wars The Secret History of the CIA, Afghanistan and Bin Laden, from the Soviet Invasion to September 10, 2001*. London: Penguin Books, 2004.
- Keegan, John, *The First World War*. London: Hutchinson, 1998.
- Kissinger, Henry, *The World Restored: Metternich, Castlereagh and the Problem of Peace 1812-22*, New York:
- H.L. Peacock, *A History of Modern Europe (1789-1991)*, Universal Library, 1964.
- Paul Kennedy (1988) *The Rise and Fall of Great Powers*. Vintage.
- Normali A. Grabener, *The Cold War: Ideological Conflict or Power Struggle*,
- Stuart Miller, *Mastering Modern European History*.
- Thompson, D. *Europe since Napoleon*,
- Southgate, G.W., *A Text Book of European History*,
- Vladimir Polrtayen, *The USSR: A Share History*,

Learning Assessments:

Assessments can be used:

- Asynchronous web discussions
- Problems or casework
- Essay/Term paper topics
- Research/Assignment papers
- Presentations (using collaborative media or meeting applications)



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: I
Course: Historical Studies of Tourism
Code: Hist. 503
Credits hours: 3
Total classes: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass marks: 50

Course Description:

This course is designed to acquaint the students with the growing importance of tourism for the economic development of a country like Nepal. The main objective of this course is to make students understand the different facets of tourism and its impact on different sectors. The course consists of an introduction, historical dimension of tourism, tourism resources and products of Nepal, Sociology of tourism, tourism planning and policy of Nepal.

Course Objectives:

After completion of the study the students will be able to;

- Understand and be familiar with the concept and phenomenon of tourism as an industry.
- Assess the benefits and costs of tourism.
- Know the nature and characteristics of tourism products and their diversity.
- Illustrate the relationship between tourism and society.
- Analyze the tourism planning and policy of Nepal.

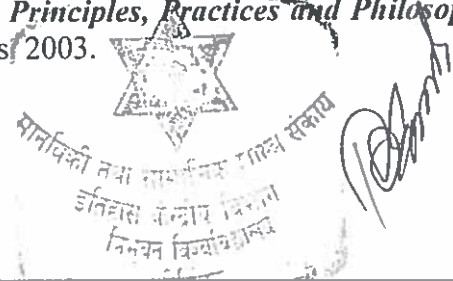
Course Content:

Unit I: Introduction

1. Meaning, Nature, and scope of tourism. Types of Tourism, and Tourist
2. Components of tourism (5A's-Attraction, Accessibility, Accommodation, Amenities, and Activities)
3. Travel Motivation and Determinants
4. Benefits and Costs of Tourism

Required Readings:

- Bhatia, A.K. *Tourism Development, Principles and practices*, Sterling Publishing, New Delhi, 1995.
- Burkart, A.J. and S. Medlik. *Tourism, Past, Present and Future*. Heinemann, London, 1976.
- Goeldner, Charles R and J. R. Brent Ritchie. *Principles, Practices and Philosophy of Tourism*, (Ninth Edition), John Willey & Sons, 2003.



Unit-II: Historical Dimension of Tourism

10

1. Origin and Growth of Tourism in the World
2. Recent Trends in Modern Tourism
3. Growth and Development of Tourism in Nepal
4. Barriers to Modern Tourism

Required Readings:

- Bhatia, A.K. *Tourism Development, Principles and practices*, Sterling Publishing, New Delhi, 1995.
- Burkart, A.J. and S. Medlik. *Tourism, Past, Present and Future*. Heinemann, London, 1976.
- Goeldner, Charles R and J. R. Brent Ritchie. *Principles, Practices and Philosophy of Tourism*, (Ninth Edition), John Willey & Sons, 2003.
- Satyal Y.R., *Tourism in Nepal, A Profile*, Adroit Publishers, New Delhi, 2004.
- Swain, Sampad K, Mishra, J. M.. *Tourism Principles and Practices*, New Delhi: Oxford University Press, 2012.

Unit- III: Tourism Resources and Products

10

1. Concept and types of tourism resources and products
2. Elements and characteristics of tourism products.
3. Distribution of Tourism Products
4. Marketing of tourism products
5. Major tourism products of Nepal



Required Readings:

- Bhatia, A.K., *The Business of Tourism, Concepts and Strategy*. Sterling Publishing, New Delhi, 2006.
- Goeldner, Charles R and J. R. Brent Ritchie. *Principles, Practices and Philosophy of Tourism*, (Ninth Edition), John Willey & Sons, 2003.
- Kotler, Phillip and et.al., *Marketing for Hospitality and Tourism*, Delhi: Pearson Education, 2005
- Swain, Sampad K, Mishra, J. M.. *Tourism Principles and Practices*, New Delhi: Oxford University Press, 2012.
- *Tourism Products of Nepal*, Nepal Tourism Board, 2008.

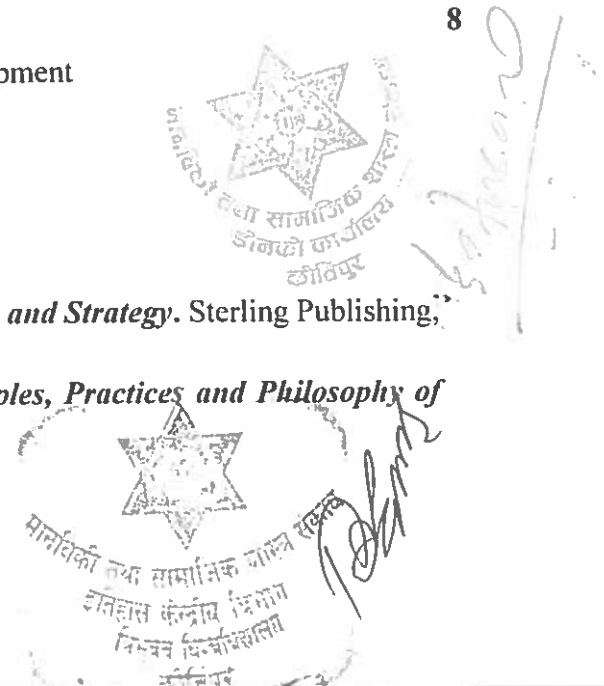
Unit-IV: Alternative Tourism

8

1. Concept and principles of sustainable tourism development
2. Rural and Community Tourism- Homestay tourism
3. Green Tourism or Responsible Tourism

Required Readings:

- Bhatia, A.K., *The Business of Tourism, Concepts and Strategy*. Sterling Publishing, New Delhi, 2006.
- Goeldner, Charles R and J. R. Brent Ritchie. *Principles, Practices and Philosophy of Tourism*, (Ninth Edition), John Willey & Sons, 2003.



- Kafle, Dol Raj (2023). Exploring Homestay Tourism in Nepal: Unveiling Opportunities and Challenges. *Historical Journal* 14(2), 54-64.
DOI: <https://doi.org/10.3126/hj.v14i2.59055>
- Kafle, Dol Raj (2022). Rural Tourism in Nepal: Opportunities and Challenges. *HISAN: Journal of History Association of Nepal* 8(1), 14-23.
DOI: <https://doi.org/10.3126/hisan.v8i1.53064>
- Kunwar, Ramesh Raj. *Tourist and Tourism, Science and Industry Interface*, International School of Tourism and Hotel Management, Kathmandu, 2006.
- Swain, Sampad K, Mishra, J. M.. *Tourism Principles and Practices*, New Delhi: Oxford University Press, 2012.

Unit-V: Tourism Planning and Policy of Nepal

10

- Tourism Policy of Nepal
- Planning of Tourism in Nepal
- Strategies for the Promotion of Nepalese Tourism

Required Readings:

- Five Year Plan for Different periods published by National Planning Commission.
- Agrawal Manoj Kumar and Upadhyaya, Rudra Prasad, **Tourism and Economic Development in Nepal**, New Delhi: Northern Book Centre, 2006.



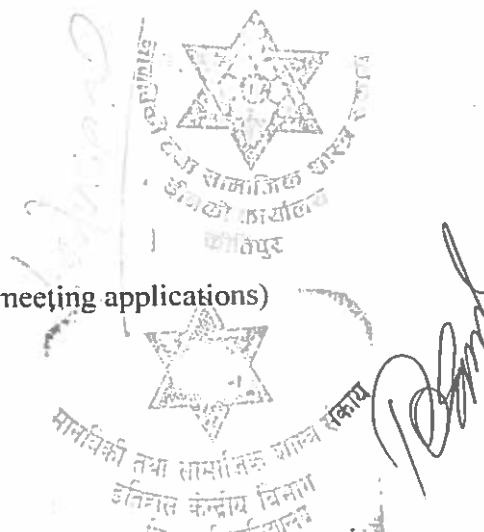
References:

- Five Year Plan for Different periods published by National Planning Commission.
- Kunwar, Ramesh Raj *Anthropology of Tourism*, New Delhi: Adroit Publishers, 2002.
- Kunwar, Ramesh Raj, *Tourist and Tourism, Science and Industry Interface*, International School of Tourism and Hotel Management, Kathmandu, 2006.
- MOCTCA, *Nepal Tourism Statistics Book*, Latest Publication, Kathmandu:
- Poudel, Sri Ram, *Planned Development in Nepal*, Kathmandu: 1983.
- Pradhan, Kamal Maiya. *Macro and Micro Perspectives of Tourism in Nepal*, Kathmandu: Benchmark Education Support Pvt. Ltd., 2008.
- Rakesh, Ram Dayal, *Pilgrimage Tourism in Nepal*, Safari Nepal, Kathmandu, 2001.
- Kafle, Dol Raj, *Introduction to Tourism Development*. Kathmandu: Heritage Publishers and Distributors. Pvt. Ltd.
- Satyal Y. R., *Essentials of Tourism*, Adroit Publishers, New Delhi, 2005.
- Shrestha, Hari Prasad. *Tourism in Nepal: Marketing Challenges*, New Delhi: Nirala Publication, 2000.

Learning Assessments:

The following assessments can be used:

- Problems or casework
- Field study and report writing
- Essay/Term paper topics
- Research/Assignment papers
- Presentations (using collaborative media or meeting applications)



Tribhuvan University
Central Department of History
2024

Level: MA
Semester.: I
Course: Political History of Nepal up to 1951
Code: Hist 504
Credits hours: 3
Total classes: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass marks: 50

Course Description:

This course is to make a general survey of the political history of Nepal up to 1951. This course aims to impart basic knowledge of the political events of Nepal from the ancient to the modern period.

Course Objectives:

- To introduce the political history of Nepal as a survey from the historical period to 1951 or the end of the Rana regime.
- To study the building of Nepal as a nation.
- To provide information about the political activities under the Shah dynasty.
- To give the knowledge on the ruling system of Rana rulers including its end.

Course Content:

Unit I: Ancient and Medieval Period

1. Brief Introductory History of Ancient Nepal
2. Brief Note on the Early Medieval Period
3. Brief Note on Later Medieval Period.
4. Brief History of the Rise and Development of Regional States in Western and Eastern Nepal.

Required Readings:

- Aryal, I. R. & Dhungyal T. P. (1970). *A New History of Nepal*. Nepal: Voice of Nepal.
- Jha, Hit Narayan (1970.). *The Lichchhavis*. Varanasi: Chowkhamba Publications.
- Joshi, Hari Ram (1998.). *Pages of the Forgotten Past*. Lalitpur: Sushil Ram Joshi.
- Shah, Rishikesh (1992). *Ancient and Medieval Nepal*. New Delhi: Manohar Publications.
- रेग्मी, जगदीशचन्द्र (वि.सं. २०५४), *लिच्छवी इतिहास*, काठमाडौं: नेपाल र एशियाली अनुसन्धान केन्द्र



Unit II: Unification and Consolidation of Nepal (1742-1816)

10

1. Role of Kings, Regents and Courtiers.
 - a. Prithivi Narayan Shah.
 - b. Pratap Singh Shah
 - c. Rajendra Laxmi.
 - d. Ran Bahadur Shah.
 - e. Bahadur Shah.
 - f. Bhim Sen Thapa.

Required Readings:

- Pradhan, Kumar (1991). *The Gorkha Conquests: The Process and Consequences of the Unification of Nepal, with Particular Reference to Eastern Nepal*. Oxford University Press. ISBN 978-0195627237.
- Regmi, D. R., Modern Nepal, 2 Vols., Calcutta: Firma K. L. Mukhopadhyay, 1975.
- Stiller, Ludwig F. (1975). *The Rise of the House of Gorkha*. Ranchi: Patna Jesuit Society.
- Vaidya, T. R. (1994). *Advanced History of Nepal*. New Delhi: Anmol Publications,

Unit III: Court Politics (1775-1806) and Political Instability (1837-1846)

12

1. Familial Feuds in the Shah Dynasty
2. Rise and Fall of Thapas and Pandey
3. Queens and Political Instability

Required Readings:

- Regmi, D. R. (1975). Modern Nepal, Vol. 2., Calcutta: Firma K. L. Mukhopadhyay.
- Vaidya, T. R. (1994). *Advanced History of Nepal*. New Delhi: Anmol Publications.
- Whelpton, John (1992). *Kings, Soldiers and Priests*. New Delhi: Manohar Publications.

Unit IV: Rise and Fall of the Ranas

1. Establishment and Consolidation of the Rana Regime.
2. Conspiratorial Politics within the Rana regime.
3. Role of socio-political groups in the anti-Rana Movement

Required Readings:

- Amatya, Shaphalya (2004). *Rana Rule in Nepal*. Delhi: Nirala Publications.
- Sever, Adrian (1993). *Nepal Under the Ranas*. Delhi: Oxford and IBH Publishing Co.,
- Whelpton, John (2005). *A History of Nepal*. London: Cambridge University Press.

Unit V: Democratic Movement and Overview

8

1. The Movement of 1950-51 and People's Participation.
2. The 1950-51 Movement: Restoration or Revolution or political change



Handwritten signature



Required Readings:

- Joshi, Bhuvan Lal and Leo E. Rose (1966). *Democratic Innovations in Nepal*. Berkeley: University of California Press. (Reprinted by Mandala Publication, Kathmandu, 2004).
- Uprety, Prem. R. (1992). *Political Awakening in Nepal*. New Delhi: Commonwealth Publishers.
- Chatterjee, Bhola (1977). *Nepal's Experiments with Parliamentary Democracy*. New Delhi: Ankur.

References:

- Adhikari, Suryamani (1988). *The Khasa Kingdom*, Jaipur: Nirala Publications.
- Das, Basudev Lal (2010). *The Senas of Makawanpur*. Birgunj: Bharati Nilaya.
- Jani, M. S. (1972). *The Emergence of A New Aristocracy in Nepal*. Agra: Sri Ram Mehra.
- Joshi, Shankar Lal (1989). *Amsuvarma and His Times*. New Delhi: Anmol Publications.
- Manandhar, Tri Ratna (1986). *Nepal: The Years of Trouble*. Kathmandu: Purna Devi Manandhar.
- Pandey, Ram Niwas (1997). *Making of Modern Nepal*. Jaipur: Nirala Publications.
- Regmi, D. R. (1960). *Ancient Nepal*. Calcutta: Firma K.L. Mukhopadhyay,
- Regmi, D. R. (1965). *Medieval Nepal Part I*. Calcutta: Firma K. L. Mukhopadhyay.
- Regmi, D. R. (1966). *Medieval Nepal, Part II*. Calcutta: Firma K. L. Mukhopadhyay.
- Slusser, Mary Shepherd, (1983.). *Nepal Mandala, 2 Vols*. Princeton: Princeton University Press.
- Uprety, Prem R. (1992.) *Political Awakening in Nepal*. New Delhi: Commonwealth Publishers.
- आचार्य, वावुराम (वि.सं. २०६१), श्री ५ वडामहाराजाधिराज पृथ्वीनारायण शाहको संक्षिप्त जीवनी (भाग १-४), काठमाडौं: साभा प्रकाशन ।
- खनाल, मोहनप्रसाद (वि.सं. २०५६), *सिमरौनगढको इतिहास*, काठमाडौं: नेपाल र एशियाली अध्ययन केन्द्र ।
- नेपाल, ज्ञानमणि (वि.सं. २०५२), *नेपालको महाभारत*, काठमाडौं: साभा प्रकाशन ।
- नेपाली, चित्तरञ्जन (वि.सं. २०२०), श्री ५ रणवहादुर शाह, काठमाडौं: मेरी राजभण्डारी ।
- नेपाली, चित्तरञ्जन (वि.सं. २०२२), *जनरल भीमसेन थापा र तत्कालीन नेपाल*, काठमाडौं: रत्नपुस्तक भण्डार ।
- वज्राचार्य, धनवज (वि.सं. २०३०), *लिच्छविकालका अभिलेख*, काठमाडौं: नेपाल र एशियाली अध्ययन संस्थान ।
- सुवेदी, राजाराम (वि.सं. २०५४) *कर्णाली प्रदेशको मध्यकालीन इतिहास*, काठमाडौं: साभा प्रकाशन ।
- सुवेदी, राजाराम (वि.सं. २०५५), *वाइसी राज्यको ऐतिहासिक रुपरेखा*, काठमाडौं: नेपाल र एशियाली अध्ययन केन्द्र ।



Handwritten signature in blue ink.



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: I
Course: History of Modern India (1947- 2019)
Code: Hist. 505
Credits Hours: 3
Total Classes: 48
Full Marks: 100 [Theory 60/Practical 40]
Pass Marks: 50

Course Objective:

The objectives of this course are to analyse the emergence of India as a sovereign nation since 1947. Focused mainly on political history, the course examines the political parties, foreign policy issues and constitutional developments. Political polarization and the politics of coalition rule also will be critically analyzed.

Course Contents:

Unit: I Congress Hegemony (1947-77)

1. India under Nehru (1947-64)
 - a. Five-year plan
 - b. Language issue
 - c. Hindu Muslim personal Laws
 - d. Women and Dalit.
 - e. Non-aligned movement
2. Lal Bahadur Shastri as a Prime Minister:
 - a. Agriculture Reform: Jay Jawan Jay Kissan
 - b. War with Pakistan 1965 and Tashkent Accord
3. Rise of Indira Gandhi and Hegemony of the Congress Party (1966 -75)
 - a. Controversy over presidential election and division of congress party.
 - b. Indira Gandhi's success in the 1971 election.
 - c. Proclamation of emergency and end of Congress rule



Required Reading:

- Chandra. Bipan et, al India since independence, New Delhi: Penguin Books. 2008.p-275-79 www.slideshare.net
- India since independence p-276-80 www.slideshare.net
- Brass, Paul r. the politics of India since Independence. New Delhi: Foundation Books 1984, second edition, 1994.
- Ali Taria, The Nehru's and Gandhi London per books ltd, 1985.
- Chandra Bipin ital. India since Independence New Delhi, penguin books 2008.
- Nayar, Kuldip, India after Nehru. New Delhi: Vikas Publishing House Pvt.ltd..1977.
- The assassination of India Gandhi: The collected stories. Vol.1 Jan 1 2019
- Sahgal Nayantara Indira Gandhi: Her road to power Macdonald publication Delhi: 1983

Unit II: Janata interregnum, Congress return and afterwards (1977-2020)

- a. Rise and fall of Janata party rule (1977-1979)
- b. Return of Indira Gandhi and her assassination (1980-84)
- c. The Rajiv years (1984-89)
- d. The Congress rule (1991-96)
- e. politics of coalition rule (1996-2014)
- f. Rise of BJP
- g. Narendra Damodar Das Modi Era (2014-2020)



Required Reading:

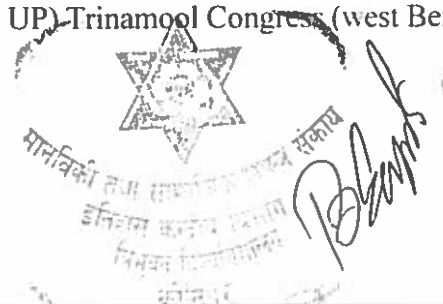
- Nayar, Kuldip, India after Nehru. New Delhi: Vikas Publishing House Pvt.ltd..1977.
- The assassination of India Gandhi: The collected stories. Vol.1 Jan 1 2019
- Sahgal Nayantara Indira Gandhi: Her road to power Macdonald publication Delhi: 1983
- Chandra Bipin, et.al India after Independence, New Delhi, Bipin Chandra and Mridula Mukherjee and others 2008.

Unit: III: Political Parties and Their Role in Indian Politics

- a. Indian National Congress
- b. Communist party CPI and CPM
- c. Bhartiya Janata party
- d. Bhartiya Samajwadi party.
- e. AAP
- f. NCP

2. Major Regional parties and their impact on National Politics:

- a. Akali Dal, (Punjab)
- b. Samajwadi and Janata Dal united (Bihar and UP)-Trinamool Congress (west Bengal)
- c. Shiva Senna (Maharashtra)
- d. DMK
- e. RLD



Required Reading:

- Satish Mishra regional parties and Indian politics, Oct 7, 2016.
- Ronald Peter Dsouza Sridharan Indian's Sage publishing in India September 2006
- Ajay K. Mihara, Lars Peter Schmidt, Regional/state parties in India an annotated Almanac New Delhi: Centre for Public Affairs, 2014.
- Dasharatha Bhuiyan, Role of Regional political party in India, Jan 1 2007.
- Myron Weiner party politics in India: The Development of malty parties: Princeton: Princeton University, 1957
- Ed. Ronald, Peter, Indian's political parties (reading Indian Government and Politics, 2024
- Razzak Abdur, political parties in India UPL. The University Press Ltd. 1990
- Kumar Gopal, Regional political party and states political: New Delhi, Deep and Deps publication 1990.

Unit: IV Constitutional Development

9

- a. Formation of constitutional assembly
- b. Making of the parliamentary model constitution
- c. The era of major change 1975-79: 42 and 44 amendments and Article 376
- d. Judiciary and fundamental rights
- e. Indian federalism



Required Reading:

- Kulkarni, CM. India Economic Journal, vol 6 1 Jan 1959
- Ustin Granville, working a democratic constitution: New Delhi: Oxford University Press. 1999
- Anubhav Pandey, Federalism under the Indian Constitution, 2 fibs, 2019
- Singh M.P. federalism in India: Delhi: sage publication 25 Jan 2022
- Das Basu, Durga, introduction to the constitution of India; 2nd edition, Delhi, LexisNexis, Jan 1 2015
- Aron, The constitution of India (A constitutional analysis: Thiruvengadam, Hart publishing 2017

Unit: V: Foreign Affairs

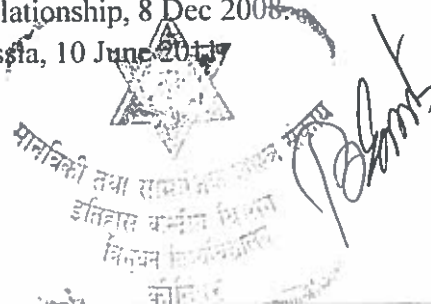
7

- a. Relation with Pakistan war, negotiations and treaties
- b. Relations with Bangladesh, Sri Lanka, Nepal and Bhutan.
- c. Relation with Western powers USA and USSR (Russian Federation).
- d. India's Relation with China.



Required Reading:

- Sister Gupta, Kashmir: A study in India Pakistan Relations London: Asia Publishing House for Indian Council of World Affairs, 1966
- Dutta, V. P. India and world, New Delhi 1990
- Stephen P. Cohen India and America an emerging relationship, 8 Dec 2008.
- Am Kanwal Sibal, India's relations with US and Russia, 10 June 2017



Tribhuvan University
Central Department of History
New Syllabus 2024

Level: MA
Semester: II

code	Subject	Credit hours
551	Major events of international history (1945- 2021)	3
552	Recent political history of Nepal (1951-2017)	3
553	Administrative history of Nepal up to 2015	3
554	Historical studies of East Asian Nations	3
555	Oral history	3



Tribhuvan University
Central Department of History

2024

Level: MA

Semester: II

Course: Major Events of International History (1945-2021)

Code: Hist 551

Credits hours: 3

Total classes: 48

Full Marks: 100 [Theory 60 / Practical 40]

Pass marks: 50

Course Description:

The general objective of this syllabus is to impart knowledge on various aspects of International History focusing on the post-World War scenario up to the conflict in Afghanistan.

Course Objective:

The specific objectives of this course are to make students able to:

- Analyse major events of the world after 1945 and assess the impact of these events on world politics,
- Evaluate the role of UNO and its achievement in keeping peace in the world,
- Examine the impact of the Cold War and the role of NATO and the Warsaw Pact on armament race in the world,
- Access the circumstances for the rise of dictatorship in Europe. and nationalism in Asian and African countries.
- Analyse terrorism as a new threat to the World Peace.

Course Content:

Unit I: Post-World War II: The Cold War Crisis

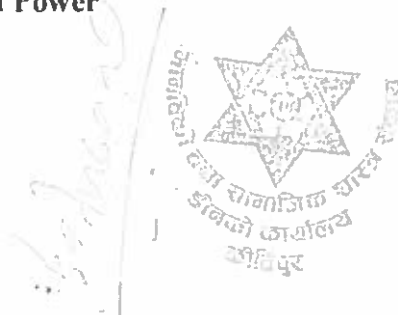
1. Cold War: Background, Origin and Development
2. The Berlin Crisis of 1948-49, 1961.
3. The Cuban Missile Crisis of 1962.
4. Korean and Vietnam Wars

Required Readings:

- Kissinger, Henry, *Does America Needs A Foreign Policy?*, London: Simon & Schuster, 2001.
- McWilliams, Wayne C. and Harry Piotrowski, *The World Since 1945*, New Delhi: Viva Books, 2012.
- Aylett, J. F., *The Cold War and After*, London: Hodder and Stoughton, 1996.
- Chomsky, Noam, *The Culture of Terrorism*, Montreal: Black Rose Books, 1990.
- Heater, D., *The Cold War*, London: Oxford University Press, 1970.

Unit-II: Polarization of the World Power

1. NATO VS Warsaw Pact



2. The European Economic Community (EEC)
3. Nuclear Non-Proliferation Agreement

Unit III: Nationalism and End of Colonialism

10

1. The French in Vietnam and the Battle of Dien Bien Phu.
2. The US Policy in Vietnam and Its Defeat, Vietnam Unified.
3. The Birth of Israel State and the Arab-Israel Wars.
4. Decolonization in Africa: The British, French in Algeria. Belgian and Portuguese Departures from the African Continent.

Required Readings:

- Best, Antony. et al, International History of the Twentieth Century and Beyond, London: Routledge, 2009.
- Hobsbawm, Eric, The Age of Extremes: A History of the World, New York: Vintage, 1996.
- Williams, Wayne C. and Harry Piotrowski, The World Since 1945, New Delhi: Viva Books, 2012.

Unit IV: Communist World after Stalin

10

1. Khrushchev and De-Stalinization of Russia.
2. Sino-Soviet Split and Its Impact on the Communist World.
3. Mikhail Gorbachev and the disintegration of the USSR.
4. The End of the Cold War: A New World Order

Required Readings:

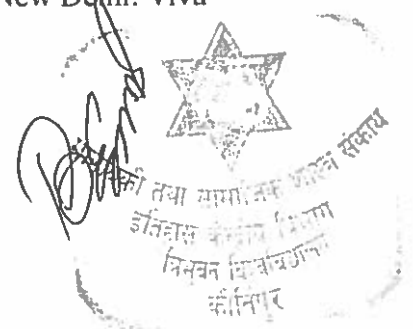
- Brown, Archie, The Rise and Fall of Communism, London: Bodley Head, 2009.
- Hobsbawm, Eric, The Age of Extremes: A History of the World, New York: Vintage, 1996.
- Service, Robert, Comrades: Communism: A World History, London: Pan Books, 2008.
- Mikhail Gorbachev, Perestroika: New Thinking for Our Country and the World (New York: Harper & Row, 1987), excerpt.

Unit V: The War on Terror

1. The Iran-Iraq War 1980.
2. The Gulf War 1990.
3. 9/11/2001 attack in the US and its consequences
4. US War in Afghanistan against Al Qaida and Taliban 2001-2021

Required Readings:

- Best, Antony et al, International History of the Twentieth Century and Beyond, London: Routledge, 2009.
- Hobsbawm, Eric, The Age of Extremes: A History of the World, New York: Vintage, 1996.
- Huntington, Samuel P., The Clash of Civilization and the Remaking of World Order, New Delhi: Penguin Books, 1997
- Kissinger, Henry, Does America Needs A Foreign Policy?, London: Simon & Schuster, 2001.
- McWilliams, Wayne C. and Harry Piotrowski, The World Since 1945, New Delhi: Viva Books, 2012



References:

- Beahr, P. and L. Gordonker, United Nations at the End of 1990s, London: MacMillan, 1999.
- Coll, Steve, Ghost Wars The Secret History of the CIA, Afghanistan and Bin Laden, from the Soviet Invasion to September 10, 2001, London: Penguin Books, 2004.
- Hobsbawm, Eric, Nations and Nationalism Since 1780. London: Cambridge University Press, 1991.
- Ulam, A., The Communist: The Story of Power and Lost Illusions 1948-1991, New York: Scribner, 1992.
- Westad, O. A. (ed.), Reviewing the Cold War, London: Frank Cass, 2000.

Learning Assessments:

Assessments can be used:

- Asynchronous web discussions
- Problems or casework
- Project work
- Research/Assignment papers
- Class Discussion
- Presentations (using collaborative media or meeting applications)



Tribhuvan University
Central Department of History

2024

Level: MA
Semester: II
Course: Recent Political History of Nepal (1951-2017)
Code: Hist. 552
Credits hours: 3
Total classes: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass marks: 50

Course Description:

This course is to survey the History of Political Development in Nepal after the political movement of 1950-51 up to the General Election of 2017. After completion of this course, students will be able to know about the specific issues in the recent history of Nepal.

Course objectives:

- To introduce the recent political history of Nepal.
- To study the different types of politics implemented in Nepal in different periods and issues.
- To study the different Nepali political thoughts from a historical perspective.

Course Content:

Unit I: Nepal from 1951 to 1990

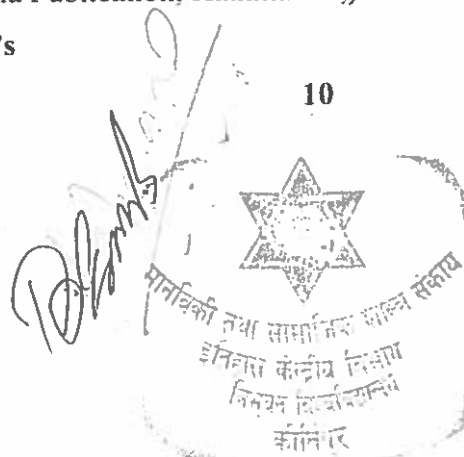
1. Political Instability 1951-58.
2. Working of Parliamentary System (1959-60) and Its Abolition.
3. Panchayat System: From its Origin to Implications of National Referendum.
4. People's Movement of 1990: A Critical Appraisal.

Required Readings:

- Baral, L. R., (1983.). Nepal's politics of referendum, Delhi: Vikas Publishing House,
- Brown, T. Louis, (1983.). The Challenge to Democracy in Nepal. London: Routledge,
- Chattarjee, Bhola(1977). Nepal's experiments with parliamentary democracy. New Delhi: Ankur,
- Joshi, Bhuvan Lal and Leo E. Rose (1966). Democratic innovations in Nepal. Berkeley: University of California Press, , (Reprinted 2004. by Mandala Publication, Kathmandu,).

**Unit II: Establishment of Multi-Party Democracy and People's
Movement of 2006**

1. A Decade of Political Experiment: 1990-2001.
2. Brief Survey of Maoist Insurgency in Nepal.



3. Royal Palace Massacre, Rise of King Gyanendra and his steps.
4. People's Movement of 2006 and End of the Monarchy.

Required Reading:

- Adhikari, Aditya (2014). *The bullet and the ballot Box: The story of Nepal's Maoist revolution*. London and New York: Verso
- Brown, T. Louis (1996). *The Challenge to democracy in Nepal*, London: Routledge.
- Gregson, Jonathan (2002) . *Blood against the snow. The tragic story of Nepal's royal dynasty*. London: Fourth State
- Hoftun, Martin et al, (1999). *People, politics and ideology*. Kathmandu: Mandala Book Point,
- Thapa, Deepak, (2003). *A kingdom under siege*. Kathmandu: The Print House,.
- थापा, रामेश्वर, (२०७५), *वारुदमाथि उड्दा, काठमाडौं: बुक हिल पब्लिकेशन ।*
- पोखरेल, राजकुमार (२०६८), *नारायणहिटी दरवार र देशभक्तको अवसान, काठमाडौं : ओरियण्टल पब्लिकेशन*

Unit III: Parties' politics and the different governments

12

1. Nepali Congress and the Government led by G P Koirala.
2. CPN -UML and the Government led by Manmohan Adhikari
3. Coalition Cabinet led by Sher Bahadur Deuba. Lokendra Bahadur Chand, Surya Bahadur Thapa and Girija Prasad Koirala.
4. Government led by Krishna Prasad Bhattarai. Girija Prasad Koirala and Sher Bahadur Deuba.
5. Split in CPN -UML and Nepali Congress.
6. Parties' politics under King Gyanendra and the abolition of the Monarchy
7. Governments led by Pushpa Kamal Dahal. Madhav Kumar Nepal, Jhala Nath Khanal, Baburam Bhattarai and Sushil Koirala.

Required Readings:

- Hachhetu, Krishna (2006). *Political Parties of Nepal*. Nepal: Social Science Baha.
- Devendra, Jonathan (2013). *Massacre at the palace: The doomed royal dynasty of Nepal*. New York: Hyperion. ISBN 0-7868-6878-3.
- Pokhrel, Rajkumar, (2007). *A journey of the communists of Nepal, twenty-three years history of CPN-UML*. Damak: Mass line publication.
- थापा, गगन (प्रधान सम्पा.) (२०७८), *नेपाली कांग्रेस : ऐतिहासिक दस्तावेज*, काठमाडौं: शिखा बुक्स ।

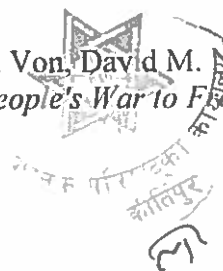
Unit IV: Peace Process and the Elections of Constituent Assembly

8

1. The Comprehensive Peace Agreement.
2. Federalism in Nepalese Politics.
3. Elections of Constituent Assemblies.
4. Election of Parliament 2017

Required Readings:

- Einsiedel, Sebastian Von, David M. Malone and Suman Pradhan (eds. 2012). *Nepal in Transition (From People's War to Fragile Peace)*, New York: Cambridge University Press.



- Pyakurel, Uddhab Prasad and Indra Adhikari. 2013. *State of Conflict and Democratic Movement in Nepal*. Delhi: Vij Books India.
- Raghavan, V. R. (ed.) (2011), *Internal Conflict in Nepal (Transnational Consequences)*, New Delhi: Vij Books India.

Unit V: History of Political Thought in Nepali Politics

8

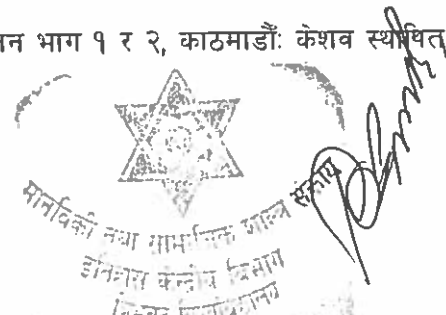
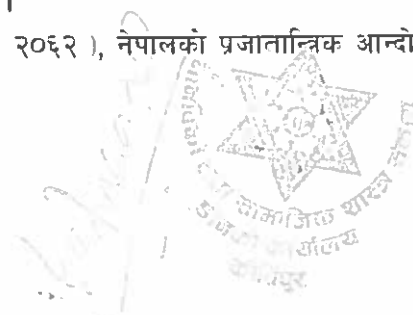
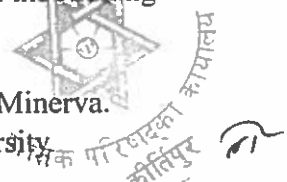
1. Prithvi Narayan Shah's Ditya Upadesh in contemporary politics.
2. King Mahendra's View on Nationalism
3. B.P. Koirala's View on Democratic Socialism
4. Madan Bhandari's view on People's Multiparty Democracy

Required Readings:

- Busky, Donald F. (2000). *Democratic Socialism: A Global Survey*. Westport, Connecticut: Praeger Publishers. ISBN 9780275968861.
- Hechter, Michael (2000). *Containing Nationalism*. UK: Oxford University Press. ISBN 978-0-19-829742-0.
- Stiller, L. F. (2023). *Prithvi Narayan Shah in the light of Ditya upadesh*. Educational Publishing House.
- Krishnamurti Y.G. (January 1, 1966). *King Mahendra of Nepal (A biography)*. Amazon book club.
- Chatterji, Bhola (1982). *B.P. Koirala: Portrait of a revolutionary*.
- Pande Mahendra (Chief Ed.2023). *State society and development: PMPD perspectives*. (Journal of Madan Bhandari Foundation. Vol. 1 NO.1. ISSN: 2990-791.

References:

- Acharya, Baburam. *Shree Panch Bada Maharajdhiraj Prithivi Narayan Shah ko Sanxipta Jiwani, Part I (in Nepali)*.
- Baral, L. R. (2012). *Nepal Nation-State in the Wilderness*. New Delhi: Sage Publications India,.
- Baral, L. R. (1977). *Oppositional Politics in Nepal*. New Delhi: Abhinav Publications,.
- Berman, Sheri (1998). *The Social Democratic Moment: Ideas and Politics in the Making of Interwar Europe*. Cambridge, Massachusetts: Harvard University Press. ISBN 9780674442610
- Chatterji, Bhola (1990). *B. P. Koirala: Portrait of a Revolutionary*. India: Minerva.
- Gellner, Ernest (2008). *Nations and Nationalism*. New York: Cornell University Press. ISBN 978-0-8014-7500-9
- Parmanand, (1977). *The Nepali Congress Since its Inception*. New Delhi: Ankur.
- Raeper, William and Hoftun Martin (1992). *Spring Awakening: An account of the 1990 revolution in Nepal*, New Delhi: Viking Books India.
- Shah, Rishikesh, *Politics in Nepal*. New Delhi: Manohar, 1993.
- Vaidya, T.R. (1993). *Prithvi Narayan Shah: The Founder of Modern Nepal*. Delhi: South Asia Books.
- गौतम, भास्कर र चिरन मानन्धर (सम्पा.), माओवादी सङ्घर्ष: शान्तिपूर्ण रूपान्तरण, काठमाडौं: मार्टिन चौतारी, वि.सं. २०६५ ।
- गौतम, राजेश (वि.सं. २०६२), नेपालको प्रजातान्त्रिक आन्दोलन भाग १ र २, काठमाडौं: केशव स्थापित ।



- थापा, रामेश्वर, (२०७५), वारुदमाथि उड्दा, काठमाडौं: बुक हिल पब्लिकेशन ।
- पंगेनी, भवेश्वर, पश्चिम नेपालमा प्रजातान्त्रिक आन्दोलन: २००७, कपिलवस्तु: शोभादेवी भोलानाथ ट्रष्ट, वि.सं. २०५३ ।
- प्रसाई, सी के. (वि.सं. २०७७), आजको सरल राजनीति र व्यवहारिक राजनीतिको प्रारम्भीक रुपरेखा. काठमाडौं : पैरवी बुक हाउस ।
- नेकपा (एमाले)(२०५०), राजनीतिक प्रतिवेदन: पाँचौँ राष्ट्रिय महाधिवेशन २०४९ माघ १४-२० मा पारित, बागवजार : नेपाल कम्युनिष्ट पार्टी (एमाले) ।
- शाह विवेक, (वि.सं. २०६७) मैले देखेको दरवार, सैनिक सचिवको स्मरण, नेपाल: यति पब्लिकेशन ।



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: II
Course: Administrative History of Nepal up to 2015
Code: Hist. 553
Credits hours: 3
Total classes: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass marks: 50

Course Description:

This course aims to make a general survey of the Nepalese administrative system of modern Nepal. It intends to give information about the administration, policies, ideals and objectives, and structure at the central, district and local levels.

Specific objectives:

- Providing general knowledge to the students from the ancient to the modern period of Nepal on central, District and local (rural) level administrations.
- To gain knowledge of the relationship between the central and local (District and rural) administration of Nepal.
- Analysis of the development of the administrative system in Nepal in different periods and times.

Course Content:

Unit I: Introduction to Nepalese Administration

1. Development of Administration in the Ancient Period
2. Characteristic of Medieval Administration

Required Readings:

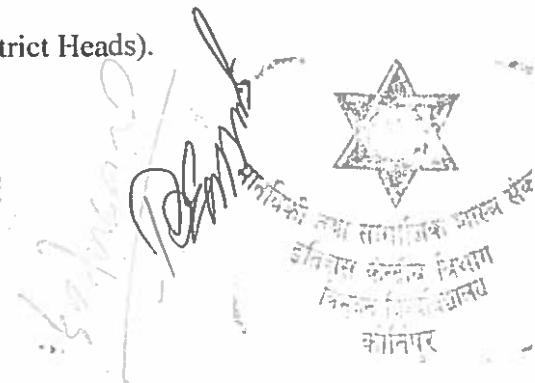
- Shrestha, Tulsi Narayan (2005) *Nepalese Administration: A Historical Perspective*. Kathmandu: Ratna Pustak Bhandar.
- वैद्य, तुलसीराम र बज्राचार्य, भद्ररत्न (वि.सं. २०५५०). मध्यकालिक नेपालको प्रशासनिक इतिहास, काठमाडौं: नेपाल र एशियाली अनुसन्धान केन्द्र ।

Unit II: Administrative Innovations in Nepal During 1769-1951

1. Changes in the Administrative System.
2. Central Administration and its Functionaries.
3. District Administration (Powers, Position and Functions of District Heads).
4. Local Administration.



11



Required Readings:

- Agrawal, Hem Narayan (1976). *The Administrative System of Nepal*. Delhi: Vikas Publishing House.
- Hodgson, B. H. (1880). *Miscellaneous Essays Relating to Indian Subjects, Vol. II*. London: Teubner and Co.
- Kumar, Satish (1967). *Rana Polity in Nepal*. Bombay: Asia Publishing House.
- पंगेनी, भवेश्वर (वि.सं. २०६५), *नेपालको प्रशासनिक इतिहास (भाग २), पाल्पा गौडा प्रशासनका दुई दशक*, (वि.सं. १८६१- १८८१), काठमाडौं : श्रद्धा स्रष्टा प्रकाशन ।
- भट्टराई, घनश्याम (वि.सं. २०५९), *राणाकालीन जिल्ला प्रशासनमा वडाहाकिमहरुको भूमिका*, काठमाडौं: नेपाल र एशियाली अनुसन्धान केन्द्र ।
- वैद्य, तुलसीराम र त्रिभुवन मानन्धर (वि.सं. २०५३), *आधुनिक नेपालको प्रशासनिक इतिहास (१७६८ देखि १९५१)*, काठमाडौं: नेपाल र एशियाली अनुसन्धान केन्द्र ।

Unit III: Administrative Development During 1951-1990

11

1. Administrative Reforms (Buch Commission, Tanka Prasad Acharya, Vedananda Jha and Bhekh Bahadur Thapa).
2. The Civil Service Act 2013 BS.
3. Decentralization and Area Administration.
4. District Administration.
5. Provincial Government, (formation, functions, and activities after 2015).

Required Readings:

- Poudyal, Madhab P. (1989). *Administrative Reforms in Nepal*. Delhi: National Book Organisation,
- Shrestha, Tulsi Narayan (1996). *The Concepts of Local Government and Decentralization*. Kathmandu: Ratna Pustak Bhandar.
- Webster, Neil. (2018). *A Study of Social Mobilization in the Local Governance Sector (LGCDP) and Community Development Programme (CDP) in Nepal*. Oxford: HEART.

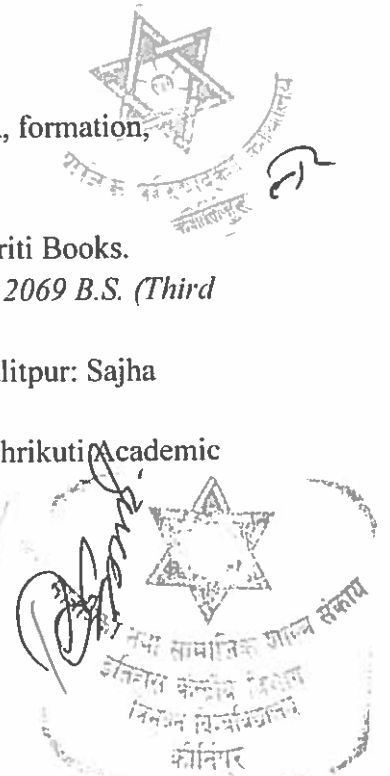
Unit IV: Post-Democracy Period Administration (1990-2017)

10

1. Administrative Reform Commission, 2048 B.S and Its Implementation.
2. Central Administrative Organization.
3. Decentralization and Local Governance.
4. Local Governance Act 2055 B.S.
5. Administrative Changes. (Local Government Act 2017 its implementation, formation, rights, duties and functions).

Required Readings:

- Khanal, Rabindra (2006). *Local Self Governance in Nepal*. Lalitpur: Smriti Books.
- Nepal Government-*Local Governance Act 2055 B.S. & Civil Service Act 2069 B.S. (Third Amendment and Local Government Act 2074 B.S.)*.
- Pant, Shastra Dutta (B.S. 2057). *Aspect of Decentralization in Nepal*. Lalitpur: Sajha Prakashan.
- Rijal, Yogendra Raj. (2018). *Local Government in Nepal*. Kathmandu: Bhrikuti Academic Publication.



Unit V: Provincial and central administration under the Federal structure of the state 10

1. State Executive, its formation and functions.
2. State legislature and its formation.
3. Chief District Administration and Chief District Officer under a federal system.
4. Federal Administration of Nepal under the Republic of Nepal.
 - a) Federal Administrations of executive, Legislative and judicial including structure and functions.
 - b) Relations between executive, Legislative and judiciary in Nepal.

Required Readings:

- Nepal Government (2020 or 2077 B S). *Federation, providence and local level (coordination and inter-relation Act 2020)*. Nepal: Kanoon Kitab Byabastha samitee.
- DRCN (September 2019). *Formation and functioning of provincial institutions in the federal structure*. Nepal: Democracy Resource Centre Nepal.
- Subedi, Giridhari (October 2020). Fundamentals of provincial governance in Nepal's federalism. *Journal of Political Science*, 20: 76-98. Doi: 10:3126/jps. v20i0.31796.

References:

- Adhikari, Krishna Kanta (1984). *Nepal Under Jang Bahadur*. Kathmandu: Buku,
- Baral, Lok Raj and et.al (2004). *Nepal, Local Leadership and Governance*. New Delhi: Adroit Publisher.
- Chhetri, Than Bahadur. (2017). Local democracy without elections: The politics in Nepal. *Journal of Political Science*, 17: 63-81.
- Poudel, Jaya Prasad. (2018). *Municipality and Gaunpalika of Federal Republic State Nepal*. Kathmandu: Mega Publication and Research Center.
- Poudyal, Madhab (1991). *Public Administration and Nation Building in Nepal*. Delhi: National Book Organization.
- Shrestha, Buddhi Man. (2017). *Local Governance in Nepal: A Case of Local Resource Mobilization of District Development Committee*. Unpublished PhD Dissertation. FoHSS, Tribhuvan University.
- Shrestha, Mangal Krishna (1975). *Public Administration in Nepal*. Kathmandu: Educational Book Enterprises.
- Subedi, Girdhari. (2020). Fundamentals of provincial governance in Nepal's federalism. *Journal of Political Science*. 20: 76-98.
- Tharu, Mahesh. (2017). *Effectiveness of Local Government Service Delivery in Federal Context: A Study of Banganga Municipality, Kapilvastu*. Unpublished MA Thesis, Central Department of Political Science, Tribhuvan University.
- पंगेनी, भवेश्वर (वि.सं २०६४). *नेपालको प्रशासनिक इतिहास (वि.सं १८२५-१९०३)*. शाहकालीन प्रशासनमा सुब्बा, काठमाडौं: विद्यार्थी पुस्तक भण्डार ।
- भट्टराई, घनश्याम (ई.सं २००८), *नेपालको स्थानीय प्रशासनको इतिहास, १७६८-१९५१ ई.सं.*, नयाँ दिल्ली : एड्रियट पब्लिसर्स ।



Tribhuvan University
Central Department of History

2024

Level: MA
Semester: II
Course: Historical Studies of East Asian Nations
Code: Hist. 554
Credits Hours: 3
Total Classes: 48
Full Marks: 100 [Theory 60/Practical 40]
Pass Marks: 50

Course Description:

This course intends to trace the history of modern China, Japan and Korea. The course aims to impart basic knowledge of different phases of the history of Modern China from 1917 to 1989 which will enable the students to understand Republican China as well as Maoist and Post-Maoist Era of Communist China. This course is also designed for the students to study the history of Modern Japan from 1921 to 1973 which will enable them to be acquainted with the role of Japan in the Asian and World Affairs including the emergence of post-war Japan as a World Economic Power. The course also aims to familiarize the students with the history of Modern Korea from 1876 to 1953.

Course Contents:

Unit I: Republican China (1917-1949)

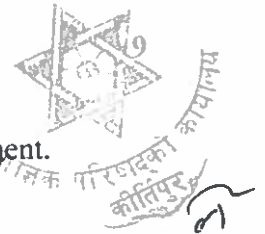
1. The May Fourth Movement.
2. Emergence of Mao Tso Tung and the growth of the Chinese communist movement.
3. The Civil War and the Establishment of the People's Republic of China.

Required Reading:

- Fairbank, John K., Edwin Reischauer and Albert M. Craig, East Asia: Tradition and Transformation, Boston: Houghton Mifflin Company, 1989.
- Hsu, Immanuel C.Y., the Rise of Modern China, New York: Oxford University Press, 1995.
- MacLeay, Henry, The Modern History of China New York: Frederick A. Praeger, 1967

Unit II: People's Republic of China (1949-1989)

1. The Great Leap Forward (1958-1960)
2. The Cultural Revolution (1966-1976)
3. The Gang of Four.
4. The Tien -an -mien Square incident of 1989.
5. Teng Hsiao-Ping's Reforms (1978-1988)
6. Economic development



Required Reading:

- Beasley, W.G., the Modern History of Japan, New York; Frederick A. Praeger, 1967.
- Fairbank, John K., Edwin Reischauer and Albert M. Craig, East Asia: Tradition and transformation. Boston: Houghton Mifflin Company, 1989.

Unit-III: Rise of Militarism in Japan and the Second World War

10

1. Japan as a regional power.
2. Washington Conference of 1921.
3. Rise and Growth of Militarism and ultra-Nationalism in Japan.
4. Sino-Japanese War of 1937 and the impact of the Pacific Wars.

Required Reading:

- Beasley, W.G., the Modern History of Japan, New York; Frederick A. Praeger, 1967.
- Fairbank, John k., Edwin Reischauer and Albert M. Craig, East Asia: Tradition and transformation, Boston: Houghton Mifflin Company, 1989.
- Pyle, Kenneth B., the Making of Modern Japan, Delhi: Surjeet Publications, 1981.

Unit IV: Post-War Japan (1945-1973)

8

1. The Allied Occupation of Japan (1945-1952)
2. The San Francisco Peace Treaty and U.S. Japan Security pact.
3. The Emergence of Post-War Japan (1945-1973 as a world economic power.

Required Reading:

- Beasley, W.G., the Modern History of Japan, New York; Frederick A. Praeger, 1967.
- Fairbank, John K., Edwin Reischauer and Albert M. Craig, East Asia: Tradition and transformation, Boston: Houghton Mifflin Company, 1989.
- Pyle, Kenneth B., the Making of Modern Japan, Delhi: Surjeet Publications, 1981.

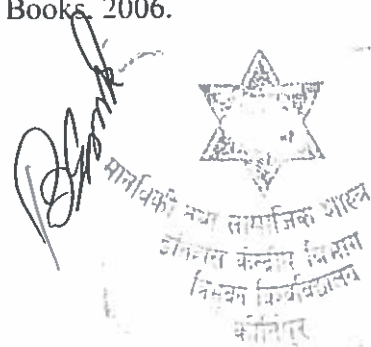
Unit – V: Introduction to Korean History 1876-1953)

11

1. The general Introduction to modern Korean History.
2. Japan's Colonial rule (1910-1945).
3. Peasantry and penetration of communist ideas in Korea.
4. Korea's partition and war of 1950-1953.

Required Reading:

- Nahm, Andrew C., Introduction to Korea History and Culture, New Jersey: Holly International Corp., 2006.
- Nahm, Andrew C., Tradition and transformation, New Jersey: Holly International Corp., 1989.
- Pratt, Keith. and Everlasting Flower: A History of Korea, London: Reaktion Books, 2006.



References:

- Eckert. Andrew J, et al, Korea Old and New: A History, Seoul: Ilchokak publishers, 1990
- DUUS. Peter (ed.) The Cambridge History of Japan, vol. 6 Cambridge: Cambridge University press, 1989.
- Fairbank. John King, China: A New History, Cambridge: Harvard University press, 1994.
- Lew. Young Ick, Brief History of Korea; A Bird's-eye View, New work: the Korea society, 2002.



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: II
Course: Oral History
Code: Hist. 555
Credits hours: 3
Total classes: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass marks: 50

Course Description:

This course is designed to acquaint the students with the concept and practice of oral history. Oral sources play an important role in making or interpreting history. However, such sources are still not much used in history writing in Nepal. This course gives students introductory knowledge about the use and importance of oral history.

Course Objectives:

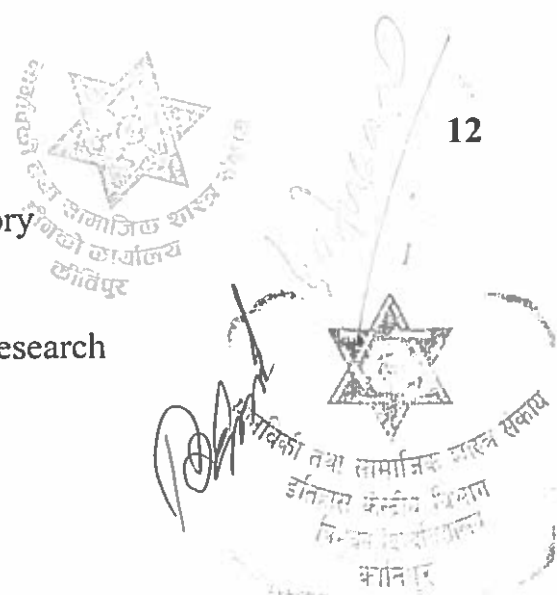
- Able to interpret oral sources for making history,
- To acquaint with the use or importance of oral history.
- Apply the tools and techniques of interpretation of oral sources in history writing,
- Know and apply the tools and techniques of memory transmission.
- Be familiar with the oral sources and the varieties of Nepal,
- Understand the importance of oral sources and use them in writing Nepalese history,

Course Content:

Unit I: Introduction to Oral History

1. Introduction of Oral History
2. Meaning, Definition, and Forms of Oral History
3. Oral History Vs Oral Traditions
4. Use of Oral History as Evidence
5. Limitations of Oral Traditions in Historical Research

12



Required Readings:

- Charlton, Thomas L., Lois E. Myers and Rebecca Sharpless (eds.), *Handbook of Oral History*, UK: Alta Mira, 2006.
- Ritchie, Donald A., *Doing Oral History*, New York: Twayne Publishers, 1995.
- Tosh, John, *The Pursuit of History*, London: Longman, 1991.

Unit II: Historiography of Oral History

10

1. Brief History of the Oral History in the World
2. Practice of Writing Oral History in Nepal

Required Readings:

- Adhikari, K. K., *A Brief Survey of Nepali Historiography*, Kathmandu: Sahayogi Press, 1980.
- Charlton, Thomas L., Lois E. Myers and Rebecca Sharpless (eds.), *History of Oral History: Foundation and Methodology*: Alta Mira, 2007.
- Henige, David, *Oral Historiography*, New York: Longman, 1982.
- Onta, P.R., 'Rich Possibilities: Notes on Social History of Nepal', *Contributions to Nepalese Studies*, Vol. 21 No. 1, Jan.1994.

Unit III: History and Memory

8

1. History and Memory: Connections and Separation
2. Memory and Transmission: - Tradition, Media of Communication, Material and Environmental Aspects

Required Readings:

- Kumar, Ravinder, *The Place of Oral Sources in Historical Research, in The Making of a Nation: Essays in Indian History and Politics*. Delhi: Manohar, 1989.
- Thompson, Paul, *Voice of the Past: Oral History*, Oxford: Oxford University Press, 2000.
- Tosh, John, *The Pursuit of History*, London: Longman, 1991 (Reprint).

Unit IV: Historical Interpretation of Oral Sources

10

1. Transcription and Preservation of Oral Sources
2. Establishing Reliability and Validity
3. Analysis of Oral Sources

11



Required Readings:

- Baum, Willa K., *Transcribing and Editing Oral History*, Alta Mira, American Association for State and Local History, 1997.

Unit V: Oral Sources as Evidence of the History of Nepal

8

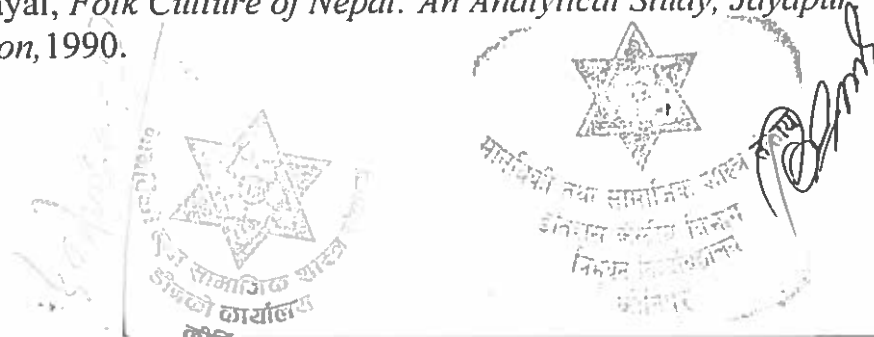
1. Memoirs
2. Autobiographies/Biographies
3. Interviews
4. Literature
5. Folklores
6. Hearsay
7. Myth and Legend
8. Traditions and Customs, etc.

Required Readings:

- Jest, Corneille, 'The Study of Oral Traditions in Nepal', *European Bulletin of Himalayan Research*, No. 3, 1991.
- Ulrike Miller-Boker, 'The Voices from Chitwan: Some Examples of the Tharus' Oral Tradition,' *Himalaya*, (the Journal of the Association for Nepal and Himalayan Studies), Vol. 19, No. 2, 1999.
- Vansina, Jan, *Oral Tradition as History*, Nairobi: East African Educational Publishers, 1997.
- पाण्डे, भीमबहादुर, त्यसबखतको नेपाल, भाग १ र २, काठमाडौं: नेपाल र एशियाली अनुसन्धान केन्द्र, वि.सं. २०३८ ।
- भट्टराई, घनश्याम, 'नेपालको इतिहासलेखनमा मौखिक स्रोतको महत्त्व र उपयोग', इतिहास प्रवाह, वर्ष २, अङ्क २, काठमाडौं: रत्नराज्य क्याम्पस, त्रि.वि. ।
- भोटको सवाई, काठमाडौं: रत्न पुस्तक भण्डार, वि.सं. २०५० ।
- सम, बालकृष्ण, मेरो कविताको आरधना, उपासन १३, काठमाडौं: साझा प्रकाशन, २०५४ वि.सं. ।

References:

- Barbara, Allen, and William Lynwood Montell, *From Memory to History: Using Oral Sources in Local Historical Research*, Jackson: University Press of Mississippi, 1991.
- Dunaway, David K. and Willa K. Baum (eds.), *Oral History, An Interdisciplinary Anthology*, Nashville: American Association for State and Local History, 1984.
- Perks, Robert and Thomson Alistair (eds.), *The Oral History Reader*, London: Routledge, 2006.
- Rakesh, Ram Dayal, *Folk Culture of Nepal: An Analytical Study*, Jayapur: Nirala Publication, 1990.

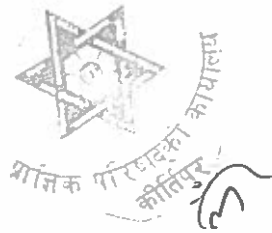


- Whelpton, John, 'The Ancestors of Jang Bahadur Rana: History, Propaganda and Legend,' *Contributions to Nepalese Studies*, Vol. 14 No. 3, Aug. 1987, pp. 161-191.
- नेपाल (यात्री), पूर्णप्रकाश, भेरी लोकसाहित्य, काठमाडौं: नेपाल राजकीय प्रजाप्रतिष्ठान, वि.सं. २०४१।
- सिजापति, रामविक्रम, नेपाली लोककथा संगालो, काठमाडौं: रत्न पुस्तक भण्डार, वि.सं. २०५४।

Learning Assessments:

When moving from assessments in a classroom setting to online assessments the following assessments can be used:

- Asynchronous web discussions
- Problems or casework ✓
- Scenarios (Real life situation)
- Essay/Term paper topics ✓
- Research/Assignment papers ✓
- Presentations (using collaborative media or meeting applications)



Tribhuvan University
Central Department of History
New Syllabus 2024

Level: MA
Semester: III

code	Subject	Credit hours
601	Socio-ethnic history of Nepal	3
602	Research Methodology in history	3
603	Archival Science and museology	3
604.1	Regional History of Nepal	3
604.2	Rural History of Nepal	
604.3	Military history of Nepal	
605.1	Constitutional history of Nepal	3
605.2	Political history of South Asian Nations	
605.3	Legal history of Nepal	



Tribhuvan University
Central Department of History

2024

Level: MA
Semester: III
Course: Socio-Ethnic History of Nepal
Code: 601
Credits hours: 3
Total class: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass Marks: 50

Course Objects:

This course of study focuses on the Ethno-history of Nepal. Its general objective is to make student acquaint with the conceptual structure of ethno-history, the ethnic context of Nepalese society and history, and ethnic politics and relations among ethnic, caste and racial groups.

Course Contents:

Unit I: Introduction to Ethno-History

10

1. Defining and sources of ethno-history
2. A Brief account of the meaning, scope, and nature of the Ethnic History of Nepal
3. Major Ethnic groups and their social life.

Required Reading:

- Axtell, James, Ethno-history: An historians 'viewpoint,' Ethno-history, Vol.26, No.1, Winter, 1979.
- Ethno-history; A researcher's Guide, Studies in Third World Societies publication 35. College of William and Mar, 1986.
- Che Hiong Tong, Identity and ethnic relations in Southeast Asia: racializing Chineseness, London: Springer, 2010.
- Bharawaj, Narad (May 2015). Rudiments of Ethno-history, Voice of History, vol. XXXVIII.
- महर्जन, राजेन्द्र (सम्पा.), वदलिदो नेपाली समाज, काठमाडौं : फाइन प्रिन्ट, मिति अनुल्लेखित ।

Unit- II: Ethnic Nationalities and the Nepalese Society

10

1. Ethnic structure of the Nepalese Society.
2. Tribes, castes and Racial Groups.
3. Adivasi / Jana Jati in the context of Nepal's political history.
4. Defining Indigenous nationalities in the context of Nepal.
5. Socio-cultural diversity of ethnic groups



Required Reading:

- Amartya, Soorya Lal, 'Ethnic Minority of Nepal.' Journal of Nepal Council of World Affairs, 1996.
- Bhatta Chan, K.B., Minorities and Indigenous people of Nepal, Kathmandu, NCARD, 2008.
- Dahal, Dili Ram, 'Social Composition of the Population: Caste/Ethnicity and Religion in Nepal,'
- Kafle, Dol Raj (2021). Caste System in Medieval Nepal. *Tribhuvan University Journal* 36(2), 94-104. DOI: <https://doi.org/10.3126/tuj.v36i02.46645>
- Gurung, Harka Bahadur, 'Ethnic Demography of Nepal www.nepaldemocracy.com/ethnicity/ethnic_demography.htm
- Hachhethu, Krishna, 'Democracy and Nationalism interface between state and ethnicity in Nepal,' Contributions to Nepalese Studies, Vol. 30, No 2, 2003.
- Yudell, Michael, 'A short history of race Concept.' Gene Watch, 2009.

Unit- III: Ethnicity and Ethno-Politics in Nepal

10

- 1 The various ethnic groups in Nepal and their interests.
- 2 Understanding ethnopolitics
- 3 Rise and structure of ethno-polities.
- 4 efforts to maintain Ethnic Identity
- 5 political aspects of ethnic identity in Nepal.

Required Reading:

- Gaige, Fredrick H., Regionalism and National Unity in Nepal, New Delhi: Vikas Publishing House, 1975.
- Kukuczka, Anne, 'Negotiating ethnic Identity in the Himalaya- The Tamang in Nepal, 'Sudasein-Chronik [South Asia-Chronicle] 1/2011 pp. 393-437
- Lawoti, Nahendra and Arjun Gunaratne. Ethnicity, Inequality and politics in Nepal, New Delhi: Manohar Publication, 2010.
- Nepal: Identity politics and federalism, Asia report No. 199, 13 Jan. 2011, International Crisis Group

Unit- IV: Ethnic Relations in Nepal

10

1. Aryans and the non-Aryan religion and Culture
2. The State and Ethnicity since the 18th century onwards.
3. Nature of Ethnic Relations in Nepal

Required Reading:

- Gunaratne, Arjun, 'Shaping the Tourists Gaze: Representing Ethnic difference in a Nepali Village,' Journal of the Royal Anthropological Institute, Vol. 7, No. 3, 2001.
- Gurung, Om, 'Nepalma Adivasi- Janajati Andolan ko Itihas (History of the movements of Indigenous nationalities in Nepal), Adivasi Janajati Journal, No. 3, 2010

- Hofer, Andras, The Caste Hierarchy and the State in Nepal: A study of the Muluki Ain of 1854. Innsbruck: University Verlag Wagner. 1979.
- Levinson, David 9ed.0, Ethnic Relations a cross-cultural encyclopedia, Santa Barbara: ABC- CLIO, 1994.
- कार्की, ज्ञान बहादुर, नेपालमा जातपात तथा छुवाछुतको इतिहास, काठमाडौं: एशिया पब्लिकेशन्स वि.सं. २०६८ ।

Unit V: Indigenous Organizations and Movements

8

- 1 Trace the Historical development of the Adivasi/Janajati and Dalit movements in Nepal.
- 2 Organizational Development of Indigenous Societies
- 3 Recent political development and ethnic relations
- 4 Indigenous Movements- Nature and Significance

Required Reading:

- Bhandari, R., Nanda, Shrestha and Dahal, 'Rising Ethno-Cultural Nationalism in Nepal: Postmodern Illusion or democratic Delusion?' Sociological Bulletin, 58: 1, April 2009.
- Gurung, Om, 'Nepalma Adivasi- Janajati Andolan ko Itihas (History of the movements of Indigenous nationalities in Nepal), Adivasi Janajati Journal, No. 3, 2010
- Rhoads, Edward J.M., Manchus and Han: Ethnic Relations and Political Power in Late King and early republican China 1861-1928, Seattle: University of Washington, 2000.
- Shneider man, Sara and Mark Turin, 'seeking the tribe ethnopolitics in Darjeeling and Sikkim, ' Himal south Asian, March-April 2006
- Kafle, Dol Raj (April, 2023). History of Untouchability in Nepal. *Voice of History*, Vol. 31 (1), 10-17.
- अधिकारी, नारायण प्रसाद र अरु, आर्य खसका १५००० वर्ष, काठमाडौं: मधुवन प्रकाशन, वि.सं. २०७० ।
- सापकोटा, विष्णु, काभ्रे जिल्लाका दमाई जाति विगत र वर्तमान, वनेपा: शब्दयात्रा प्रकाशन, वि.सं.२०६९ ।



१)



Handwritten signature

Tribhuvan University
Central Department of History

2024

Level: MA

Semester: III

Course: Research Methodology

Code: Hist 602

Credits hours: 3

Total classes: 48

Full Marks: 100 [Theory 60 / Practical 40]

Pass marks: 50

Course Description:

This course is designed to impart the basic knowledge of research methods to students and familiarise them with the tools and techniques of historical research. It will facilitate students to understand and apply historical research methods and techniques independently.

Course Objectives:

- To make students understand the research methods and techniques;
- To make able to apply research tools and techniques
- To develop a research proposal, review the literature, and identify the research problem
- Apply appropriate analytical tools for data analysis and prepare a research report
- Undertake research project independently
- Assess the importance of studying the past and presenting conclusions informed by historical research;
- Able to conduct historical research in a library and archive independently and objectively.

Course Contents:

Unit: I: Introduction to Research Methodology

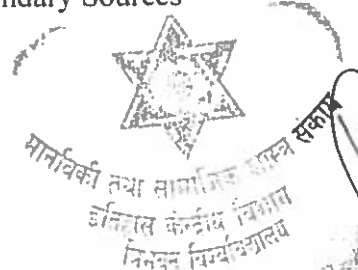
1. Meaning, Definition, and Objectives of Research
2. Types of Research
3. Scientific Research Process
4. Characteristics of Scientific Research
5. Philosophical Assumptions of Research

Required Readings:

- Kothari, C. R., *Research Methodology: Methods and Techniques*, New Delhi: Wiley Eastern Limited, 2004.
- Pant, P. R., *Social Science Research*. Kathmandu: Buddha Publications, 2006.

Unit II: Historical Research: Concept and Sources

1. Meaning and Characteristics of Historical Research
2. Sources for the study of history- Primary and Secondary Sources
3. Primary vs. Original Source



10

10

4. Historical Evidence: Written, Mute, and Verbal (Consciously Transmitted or Unconsciously Transmitted Sources)
5. Quantification (with special reference to history by numbers)

Required Readings:

- McDowell, W.J. *Historical Research: A Guide*. London: Longman, 2002
- Shafer, R. J., *A Guide to Historical Method*, Illinois: Dorsey Press, 1969.

Unit III: Methods and Processes of Historical Research

8

1. Selection of Topics
2. Defining Problems or Research Questions
3. Review the Literature
4. Research Design
5. Research strategy (content analysis, case study, phenomenology, narrative inquiry)
6. Component of Research Proposal.

Required Readings:

- Ali, B. Sheik, *History: Its Theory and Method*, Madras: McMillon, 1993.
- Gottschalk, L., *Understanding History*, New York: Knopf, 1950, (2nd edition), 1968.
- Creswell, J. W. & Cresswell. J. D. (2018). *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches*. Sage Publication. <https://libraryguides.vu.edu.au/apa-referencing/7GettingStarted>
- Shafer, R. J., *A Guide to Historical Method*, Illinois: Dorsey Press, 1969.
- Tosh, John, *The Pursuit of History*, London: Longman, 1991.

Unit IV: Data Collection and Analysis

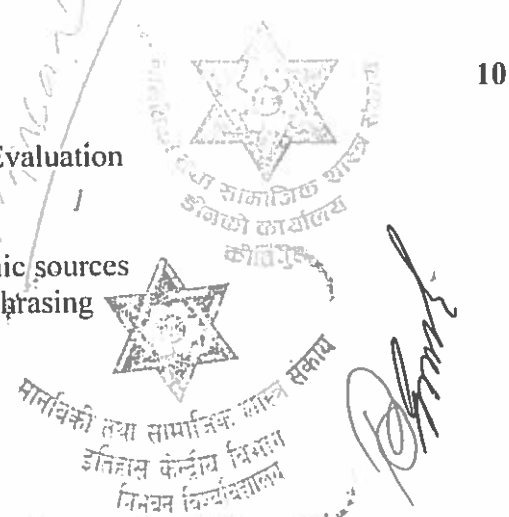
1. Methods of Data Collection in History
2. Interpretation and Generalization of Historical Sources.
3. External and Internal Criticism- Problems of authenticity and credibility
4. History and Auxiliary sciences- Chronology, Archaeology, Epigraphy, Numismatics, Philology and Linguistics. Paleography and Diplomatic, Sigillography.
5. Data criticism (Internal and external)

Required Readings:

- Ali, B. Sheik, *History: Its Theory and Method*, Madras: McMillon, 1993.
- Gottschalk, L., *Understanding History*, New York: Knopf, 1950, (2nd edition), 1968.
- Sreedharan, E., *A Manuel of Historical Research Methodology*, Trivandrum: Centre of South Indian Studies, 2007.

Unit V: The Art of Research Writing

1. The Bibliographical Aids
2. Note-taking; Organization of Materials and Their Evaluation
3. Style of Writing
4. Citation and Footnotes
5. Bibliography and References. Referencing electronic sources
6. Use of Quotation- short and block quotation; paraphrasing



7. Revising and Organizing Research Work
8. Typography: Font, Size, Margin, Spacing of Paragraph, Pagination, Header and footer, Title page designing, Table of content designing; Indexing.
9. proposal writing

Required Readings:

- McDowell, W.J., *Historical Research: A Guide*, London: Longman
- Pant, P. R., *Social Science Research*, Kathmandu: Buddha Publications, 2006.
- Shafer, R. J., *A Guide to Historical Method*, Illinois: Dorsey Press, 1969.

References:

- Aydelotte, W. O., *Quantification in History*, Addison, Wesley, 1971.
- Brazhun, J. and Groff, H. F., *The Modern Researcher*, Harcourt, Brace Jovanovich, 1972.
- Brundage, Anthony, *Going to the Sources: A Guide to Historical Research and Writing*. 2nd edition, Harlan Davidson, 1997.
- Carr, E.H., *What is History?* London: Penguin Books, 1987.
- Floud, Roderick, *An Introduction to Quantitative Methods for Historians*, London: Methuen, 1970.
- Gottschalk, L., et.al., *The Use of Personal Documents in History and Sociology*, Bulletin 53, (1954), Social Sciences Research Council, 32 Park Avenue, New York.
- Hockett, H. C., *The Critical Methods in Historical Research and Writing*, New York: Macmillan, 1964.
- Kerlinger, Fred N., *Foundation of Behavioural Research*, 3rd eds. Bangalore, Prism Books, 1995.
- Krishnaswamy, O. R. and Ranganathan, M., *Methodology of Research in Social Sciences*, Mumbai: Himalaya Publishing House, 2008.
- Kuppurum, G. and Kummudamini, K., *Methods of Historical Research*, New Delhi: Sundeep Prakashan, 2002
- Phillips, Bernard S., *Social Research*, New York: McMillan, 1991.
- Turabian, Kale L., *A Manual of Writers of Term Papers, Theses and Dissertations*, 6th Revised Edition, Chicago: University of Chicago Press, 1996.
- Young, P. V., *Scientific Social Surveys and Research*, New Delhi: Princeton Hall, 1984.

Learning Assessments:

The following assessments can be used:

- Problems or casework
- Scenarios (Real life situation)
- Essay/Term paper topics
- Research/Assignment papers
- Presentations (using collaborative media or meeting applications)



Tribhuvan University
Central Department of History

2024

Level: MA

Semester: III

Course: Archival Science and Museology

Code: Hist. 603

Credits hours: 3

Total classes: 48

Full Marks: 100 [Theory 60 / Practical 40]

Pass marks: 50

Course Description:

The main objective of this course is to provide knowledge on archeology in history and its types and significance. of historiography through classroom methods or otherwise. Students will learn archival science and museology from the perspective of history.

Specific Objectives:

- Learning of archival science and museology from the perspective of history.
- To achieve knowledge on the major study in archaeological documents in history writing.
- To gain information and knowledge of museology in writing history.

Course Content:

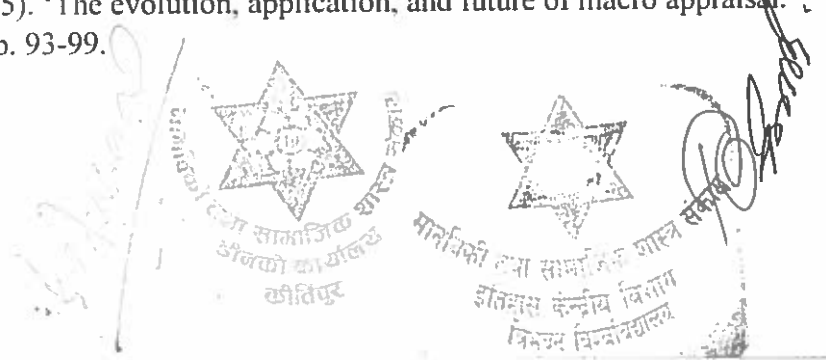
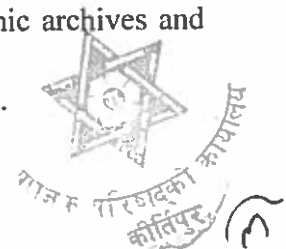
Unit I: Study of Archives

12

1. History of Archives
2. Types of archives (Private archives, Business Archives, Ecclesiastical archives, local archives, archives of historical manuscripts, migrated archives, cartographic archives and micro-fisc, micro-film and micro=card).
3. Archival materials (Documents, written records, electronics/digital records).
4. Record system (Active and inactive, retention and appraisal).

Required Readings:

- Dunbar, Anthony W. (2006). 'Introducing critical race theory to Archival discourse: Getting the conversation started. *Archival Science*, 6, pp. 109-129.
- Furne, Jonathan (2004). 'Conceptual analysis: A method for understanding information as evidence and evidence as information. pp. 233-265.
- Loewen, Candace (2005). 'The evolution, application, and future of macro appraisal. *Archival Science*, 5. pp. 93-99.



- Schellenberg, T. R. (1996). *Modern archives principles and techniques*. Chicago: The Society of American Archivists.
- Schellenberg, T. R. (1956). The appraisal of modern records. *NARA Bulletin No.8*, www.archives.gov/research/alic/reference/archives-resources/appraisal-of-records.html

Unit II: Preservation of Archives

8

1. Records Preservation and Preservation Management
2. Archive Buildings
3. Documents Conservation and Treatment.

Required Readings:

- Fahey, Mary (2014). The care and preservation of archival materials. www.thehenryford.org/research/caring/materials.aspx
- IRMT. (1999). *Managing archives: A procedures manual*. London: International Records Management Trust.
- Koltun, Lilly (2002). The architecture of archives: Whose form, what functions?' *Archival Science*, 2:, pp. 239-261.

Unit III: Development of Archives in Nepal

10

1. Manuscript as a source of history
2. Available manuscripts (temples, monasteries, private collections in different libraries, national archives and other government/ non-government offices).
3. Techniques of conservation and restoration of archives.
4. Ancient Monument Preservation Act 1956 and Archival Preservation Act 1989.

Required Readings:

- HMG. (1956). Ancient Monuments Archives Preservation Act 1956 नेपाल कानून आयोग ।
- HMG. (1989). Archives Preservation Act 1989 वा नेपालीमा अभिलेख संरक्षण सम्बन्धी ऐन २०४६, श्री ५ को सरकार, न्याय तथा कानून मन्त्रालय ।
- Rana, S. M (2048 BS). Development of national archives in Nepal. *Abhilekh*, 9(9), pp-122-124.
- Singh, Griha Man(2052 B.S.). Preservation of writing Materials in the national archives of Nepal', *Abhilekh*, 13(13), pp. 84-102.
- डगोल, बलरामदास, (२०४१), 'अभिलेख, राष्ट्रिय अभिलेखालय र नेपाल,,', *अभिलेख*, २ : २ ।

Unit IV: Museology and History

10

1. Study of theories of museology
2. History of museum development in the world.
3. History of museum development in Nepal.
4. History and significance of Major museums of Nepal.



Required Readings:

- Dolak, Jan (2022). *Museology and its theory*. Technical museum in BRNO (e-book).
- Hagen, H. A. (Mar., 1876). The Origin and Development of Museums (Concluded). *The American Naturalist*, Vol. 10, No. 3, pp. 135-148 (14 pages).
<https://www.jstor.org/stable/2447931>.
- Simmons, John E. (July 7, 2016). *Museum: A history*. Rowman & Littlefield Publishers.
- Dwivedi, Pashupati Kumar (1976). *Museums in Nepal*. Kathmandu: Sushila Dwivedi.

Unit V: Museum Management

8

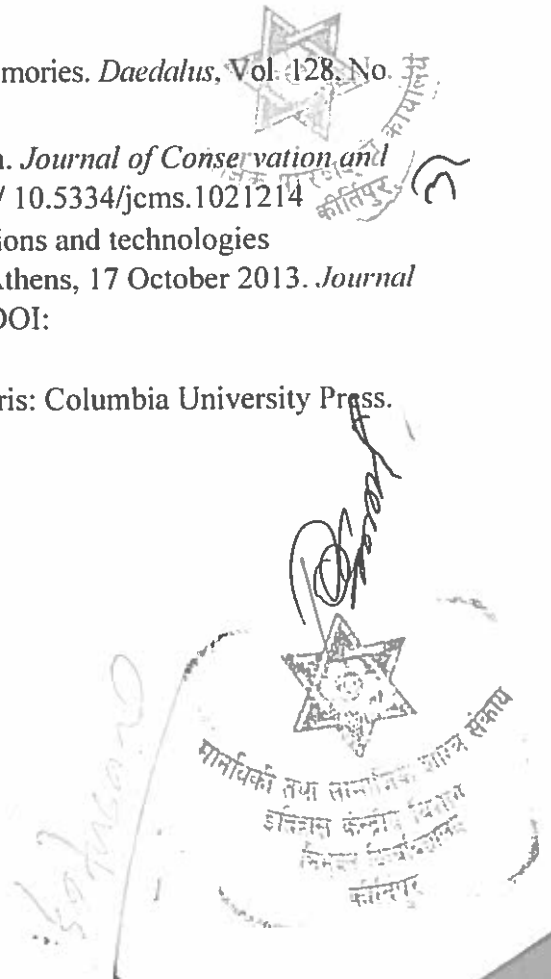
1. Museum Administration (introduction, role, principles).
2. Museum management and challenges (collection, conservation, exhibition, preservation, education)
3. Importance of the museum study in History.

Required Readings:

- Goode, G. Brown. *The principles of museum administration*. [S.l: s.n. Retrieved from <https://doi.org/10.5479/sil.146431.39088000212969>
- Ray, Dhriti (n.d.). *Museum management and administration*. Pathshala, MHRD. A paper.
- Pastore, Sara (2020). Beyond the modern museum. A theoretical framework for a musical landscape analysis. *Open Edition Journal*. 48-2 pp.178-192.
<https://doi.org/10.4000/iss.2720>.

References:

- Bonnie, Pitman (Summer, 1999). Muses, museums, and memories. *Daedalus*, Vol. 128, No. America's Museums, pp. 1-31
- Bounia, A. (2014). Codes of ethics and museum research. *Journal of Conservation and Museum Studies*, 12(1): 5, pp. 1-7, DOI: <http://dx.doi.org/10.5334/jcms.1021214>
- Christidou, D. (2014). The educational museum: Innovations and technologies transforming museum education. The Benaki Museum, Athens, 17 October 2013. *Journal of Conservation and Museum Studies*, 12(1): 1, pp. 1-3, DOI: <http://dx.doi.org/10.5334/jcms.1021211>.
- Evan, F. B. (1979). *History of archive administration*. Paris: Columbia University Press.



Goode, G. Brown (1989). *Museum history and museum of history*. New York: The Knickerbocker Press.

Hathpalie, Yespal(1973). *Conservation and restoration of archival materials*. Paris: UNESCO.

Helary, Jenpinson(1965). *A manual of archives administration*. London: Ind Humphries.

Henriksen, Ellen K. and Frøyland, Merethe (October 2000) . The contribution of museums to scientific literacy: views from audience and museum professionals. *Public Understand. Sci.* 9 .393–415. Printed in the UK PII: S0963-6625(00)17549-6 . ResearchGate.



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: III
Course: Regional History of Nepal
Code: Hist 604.1
Credits Hours: 3
Total Classes: 48
Full Marks: 100 [Theory 60/Practical 40]
Pass Marks: 50

Course Objectives:

The objective of this course is to make a general survey of the regional history of Nepal up to 1804. This course aims to impart basic knowledge of various principalities of Nepal from the Medieval period to the modern period.

Course Content:

Unit I Origin, Growth and Fall of Principalities

15

1. Khasiya Malla Kingdom
2. Baise and Chaubise states
3. Doya principality of Tirahut
4. Malla kingdom of Kathmandu valley
5. Sen states (Palpa, Makawanpur and Vijayapur)

Requires Reading

- Adhikari, Suryamani, The Khas kingdom, New Delhi: Nirala Publication, 1997.
- Pande, Ram Nivas, Making of modern Nepal, New Delhi: Nirala Publication, 1997.
- Regmi, D.R. Medieval Nepal (Vol. I, II) New Delhi: Rupa and Co. 2007.
- उपाध्याय, शंकर कुमार, सिमरौनगढको इतिहास, वीरगंज : स्यामा उपाध्याय वि.सं. २०५६ ।
- खनाल, मोहनप्रसाद, सिमरौनगढको इतिहास, काठमाडौं, नेपाल र एशियाली अनुसन्धान केन्द्र, वि.सं. २०५६ ।
- घिमिरे, विष्णुप्रसाद, पाल्पा राज्यको इतिहास (भाग १) चितवन श्रीमती पदमा घिमिरे, वि.सं. २०६९ ।
- सुवेदी, राजाराम, कर्णाली प्रदेशको मध्यकालिन इतिहास, काठमाडौं, साभा प्रकाशन, वि.सं. २०५४ ।
- सुवेदी, राजाराम, बाइसी राज्यको ऐतिहासिक रूपरेखा, काठमाडौं, नेपाल र एशियाली अनुसन्धान केन्द्र, वि.सं. २०५५ ।
- श्रेष्ठ, रमेशकुमार, सेनवंश र विजयपुर राज्य, शोध पत्र विद्यावारिधि, त्रि.वि.मानविकी तथा सामाजिक शास्त्र संकाय डीनको कार्यालय कीर्तिपुर, वि.सं. २०७१ ।

Unit II: Political History of Petty States

15

1. Malla kingdom of Kathmandu valley
2. Doya principality of Tirahut
3. Baisi and chaubisi state
4. Sen states



Required Reading:

- Das, Bashudev lal, the Sena's of Makawanpur, Birganj, Bharati Nilaya. 2010.
- Slusser, Mery shepherd, Nepal Mandala book point 1998.
- उपाध्याय शंकर कुमार, सिमरौनगढको इतिहास, वीरगंज, शंकर कुमार उपाध्याय वि.सं. २०५६ ।
- सुवेदी, राजाराम, बाइसी राज्यको ऐतिहासिक रुपरेखा, काठमाडौं, नेपाल र एशियाली अनुसन्धान केन्द्र, वि.सं. २०५५ ।

Unit: III: Socio-cultural and Administrative System in Baisi and Chaubisi States 10

1. Social structure- caste
2. Cultural systems- festivals and folk culture
3. General sketch of the administrative structure

Requires Reading:

- Maskey, Govinda, Social life in Nepal, New Delhi, Anmol publication. 1996.
- अधिकारी, सूर्यमणि, बाइसे राज्यको इतिहास, काठमाडौं, भुँडीपुराण प्रकाशन, वि.सं. २०५६ ।
- सुवेदी, राजाराम, डोटीको इतिहास, भोजपुर, रणवहादुर राई, वि.सं. २०६० ।
- शर्मा, डिल्लीराज, गण्डकी प्रसवण क्षेत्रको सांस्कृतिक सम्पदा, काठमाडौं, नेपाल र एशियाली अनुसन्धान केन्द्र, वि.सं. २०६० ।
- शर्मा, जनकलाल, हाम्रो समाज एक अध्ययन, काठमाडौं, साभ्ना प्रकाशन, वि.सं. २०४९ ।
- सापकोटा, विष्णु, काभ्रे जिल्लाका दमाई जाति विगत र वर्तमान, वनेपा: शब्दयात्रा प्रकाशन, वि.सं. २०६९ ।
- श्रेष्ठ, विहारीकृष्ण, कर्णाली लोकसंस्कृति (खण्ड ३) काठमाडौं, नेपाल राजकीय प्रज्ञा प्रतिष्ठान, वि.सं. २०२८ ।

Unit: IV Inter-state Relations 8

1. Baise
2. Chaubise
3. Mallas of Kathmandu valley
4. Sena

Requires Reading:

- Adhikari, Suryamani, The Khas Kingdom, Jaipur, Nirala Pu8blications. 1988.
- अधिकारी, सूर्यमणि, पश्चिम नेपालको खस अधिराज्य, काठमाडौं, नेपाल र एशियाली अनुसन्धान केन्द्र, वि.सं. २०६१ ।
- खनाल, मोहन प्रसाद, वृहत जुम्ला राज्यको ऐतिहासिक विवेचना, काठमाडौं, रत्नाकर देवकोटा, वि.सं. २०६४ ।
- श्रेष्ठ, टेकवहादुर, पर्वत राज्यको राजनैतिक रुपरेखा, काठमाडौं, नेपाल र एशियाली अनुसन्धान केन्द्र, वि.सं. २०७४ ।
- श्रेष्ठ, रमेशकुमार, सेनवंश र विजयपुर राज्य, विराटनगर, श्रीमती लोचन थापा, वि.सं. २०७४ ।
- श्रेष्ठ, रमेशकुमार, चौदण्डी राज्यको इतिहास, विराटनगर, श्रीमती लोचन थापा, वि.सं. २०७४ ।



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: III
Course: Rural History of Nepal
Code: Hist 604.2
Credits Hours: 3
Total Classes: 48
Full Marks: 100 [Theory 60/Practical 40]
Pass Marks: 50

Course objectives:

This course of study focuses on the Rural history of Nepal intends to focus on local histories of rural Nepal. After the completion of the term, the learning outcome is expected to provide students with the knowledge of related conceptual aspects of rural history including local, every day and micro-histories. At the same time, students will be able to learn about the development of rural history models, rural aspects of Nepal and rural political development.

Course Contents:

Unit I: Introduction to Rural History

12

1. Meaning of rural history
2. Sources and methods
3. Construction of rural history through changes- rural roads and electricity.

Required Reading:

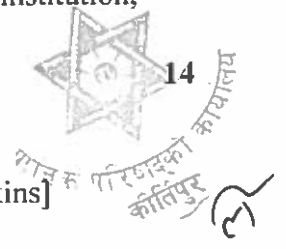
- Finberg, H.P.R., "The Local historian and his theme," in H.P.R. Feinberg and V.H.T. Skipp, Local history: objective and pursuit, Devon:
- Finnegan, Ruth, Michael Drake and Jacqueline Eustace (eds.), sources and methods for family and community historians-A Handbook,
- Wu yuan Peng and Jiahua Pan, " Rural electrification in China: History and institution," China and World Economy, Vol. 14, No. 1, 2006 pp.71-84

Unit II: Conceptual Aspect of Rural History

1. The Concepts of Everyday, local and Microhistory
2. Various schools of thought:
 - a. British Orthodox [Jeremy Burckhardt] and the new school [Alun Howkins]
 - b. American South, North and the Frontier schools
 - c. French Annales school

Reading Reading:

- Barron, Hal S., 'Rediscovering the Majority: The New Rural History of the nineteenth-century North,' Historical Methods, Fall 1986, Vol. 19 No. 4. pp. 141-152.
- Brewer , John, 'Micro- history and the histories of every day life.' CASLMU e-series, Summer 5, 2010; www.cas.uni-muenchen.de/publikationen//e-series/casereries-nr5.pdf



- Brooks, Pamela, 'How to Research Local History: Find out all about your House, Village or Town, Oxford: How to books, 2008.
- Burchardt, Jeremy, 'Agricultural History, Rural history. or Countryside history?' Historical journal, 50, June 2007, pp. 465- 481.
- Burke, Peter, The French Historical Revolution: the Annales School 1829-1889, Stanford: Stanford University Press, 1990.
- Chakravarti, Uma, Everyday lives, Everyday histories: Beyond the Kings and Brahmins of Ancient India, New Delhi: Tulika Books, 2006.
- Hans Renders en Binne de Haan (eds.), Theoretical discussions of Biography: Approaches from History, Micro-history, and Life writing, New York: The Edwin Mellen Press, 2013.
- Hicks, Granville, 'Local history,' The Wisconsin Magazine of History, Vol. 36, No.1, Autumn 1952, pp. 28-31.
- Swenson, Timonthy, Researching and Writing local history, Fremont: Museum of local history, 2011.
- Swierenga, Robert, P., 'The New Rural History: Defining the Parameters,' Great Plains Quarterly, 1981, paper 1872, University of Nebraska, pp. 211-223.

Unit III: Understanding Rural Areas of Nepal

12

1. Nepalese villages- socio-economic, religious, racial and economic structures
2. Traditional historical and socio-cultural village institutions
3. Village societies and Governance in Historical perspective

Required Reading:

- Dasgupta, Biplab (ed.), Village Studies in the Third World, New Delhi: Transaction publishers, 1978.
- Davis, Rochelle, Palestinian Village Histories: Geographies of the Displaced, Stanford: Stanford University Press, 2010.

Unit IV: Political History of Rural Societies

10

1. Political revolutions and rural societies
2. Rural Leadership structures
3. Rural Social resistance, Peasant discontent, and socioeconomic changes
4. Significance in Local history since 1950.

Required Reading:

- Davis, Rochelle, Palestinian Village Histories: Geographies of the Displaced, Stanford: Stanford University Press, 2010.
- Thapa, Shanker, Peasant Insurgence in Nepal, Bhaktapur: Nirmala K.C., 2001.



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: III
Course: Military History of Nepal
Code: Hist 604.3
Credits Hours: 3
Total Classes: 48
Full Marks: 100 [Theory 60/Practical 40]
Pass Marks: 50

Course Description:

The course is designed to make students understand the contribution of the Nepalese army in the nation-building process and its role in international peacekeeping. The course consists of the history of military historiography, principles of war, major battles, their consequences, strategies, and administration of the Nepalese army.

Course Objectives:

On completion of this course, students will be able to understand:

- understand and explain the different facets of the military history of Nepal;
- describe the military policy, strategies, and organizational structure of the military administration of Nepal at different periods;
- analyze the causes and effects of wars fought by the Nepalese army at different times;
- assess the Nepalese army's role in the UN peacekeeping mission.
- examine the civil-military relations and activities of the Nepalese army for peaceful purposes.

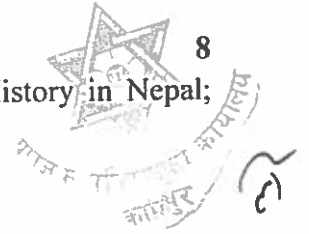
Course Contents:

Unit I: Introduction to Military History

1. Definition and Scope of Military History, Historiography of Military History in Nepal; Importance of Studying Military History, Sources of Military History.

Required Readings:

- Mallick, P. C., *Principles of War, Time for Relook*, New Delhi: KW Publishers Pvt. Ltd, 2009.
- Morillo, Stephen, and Pavkovic Michale F., *What is Military History?* Malden (USA): olity Press, 2013.



Unit- II: Military Organization in Nepal

10

1. Military System of Ancient and Medieval Times: Growth of Military Organization in Modern Times; Major Departments; Military Hierarchy and Functionaries; Laws and Regulations; Modern Military Policy and System of Nepal.

Required Readings:

- Manandhar, Triratna and Others, *Nepali Sena ko Itihas*. Kathmandu: Nepali Jungi Adda, 2069 B.S.
- Vaidya, Tulasi Ram and Others, *Nepal ko Sainik Itihas (Vol. 2)*, Kathmandu: Nepali Jungi Adda, 2065 B.S.
- Sharma, Shiva Prasad and others (eds.), *Nepal ko Sainik Itihas*, Kathmandu: Shahi Nepali Jungi Adda, 2049 B.S.
- Pangen, Bhabeshwor, *Nepali Sena Sambandhi Ain-B.S. 2009 to 2063*, Kathmandu: Shradha Shrestha Prakashan, 2069 B.S.

Unit III: Major Wars Fought by Nepalese Army

12

1. Principles of War, War Strategies and its Nature: War strategies of- Battle of Sindhuligadhi; Nepal-Tibet (China) Wars of 1788-89 and 1791-92; Third Nepal-Tibet Wars of 1855-56; Anglo-Nepal War (1814-16).

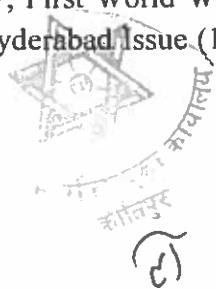
Required Readings:

- Chaudhary, K. C., *Anglo-Nepalese Relations: From the Earliest Times of the British Rule in India till the Gorkha War*, Calcutta: Sri Dinesh Chandra Bose, 1960.
- Husain, Asad, *British India's Relations with the Kingdom of Nepal*, London: George Allen and Unwin Ltd., 1970.
- Mishra, T.P., *Taming of Tibet*, Jayapur: Nirala Publications, 1993.
- Ramakant, *Indo-Nepal Relations 1816-1877*, New Delhi: S. Chand and Company, 1968.
- Rose, Leo E., *Nepal: Strategy for Survival*, Delhi: Oxford University Press, 1973.
- Uprety, P. R., *Nepal-Tibet Relations, 1850-1930*, Kathmandu: Puga Nara, 1980.

Unit IV: Contribution of Nepalese Army in International Arena

10

1. Indian Revolt of 1857; First World War (1914-1918); Afghan War (1919); Second World Wars (1935-1939); Hyderabad Issue (1948); Role of Nepalese Army in UN Peace-keeping Mission.



Handwritten signature



Required Readings:

- Uprety, P.R., Nepal: A Small Nation in the Vortex of International Conflicts, Kathmandu: Pu Gomi, 1984.
- Manandhar, Tri Ratna, et. al., Nepali Sena ko Itihas. Kathmandu: Nepali Jungi Adda, 2069 B.S
- Sharma, Shiva Prasad, et.al. (eds.), Nepal ko Sainik Itihas, Kathmandu: Shahi Nepali Jungi Adda, 2049 B.S.

Unit V: Civil-Military Relations in Nepal

8

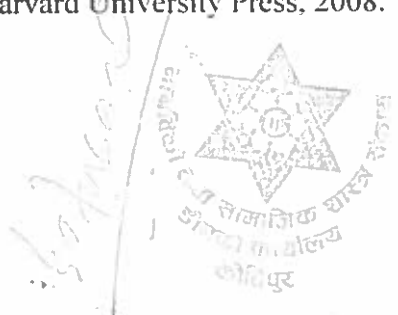
1. Humanitarian & Welfare Work of Nepalese Army, Nepalese Army and Developmental Work; Nepalese Army in Internal Peace-keeping.

Required Readings:

- Basnyat, Prem Shingh, *Nepal ma Tibbati Sharanarathi haruko Pravesh tatha Khampa Vidroha*, Kathmandu: Pragati Pustak Sadan. 2065 BS.
- Manandhar, Tri Ratna and et.al, Nepali Sena ko Itihas, Kathmandu: Nepali Jungi Adda, 2069 B.S.
- Sharma, Shiva Prasad and et.al. (eds.), Nepal ko Sainik Itihas, Kathmandu: Shahi Nepali Jungi Adda, 2049 B.S.
- Sharma, Sudhir (eds), Nepali Sena: Nagarik Niyantran Ko Chunauti, Kathmandu: Martin Chautari, 2067 B.S.

References:

- Acharya, Baburam, Shri Panch Badamaharaj Prithvi Narayan Shah Ko Jivani, 4 vols., Kathmandu: Shree 5 Maharajadhirajko Pramukh Sambad Sachivalaya, 2025 B.S.
- Bowdish, Randall G., Military Strategy: Theory and Concepts, (Ph.D. Dissertation) Nebraska: University of Nebraska, 2013.
- Collins, John M., Military Strategy, Principles, Practices and Historical Perspectives, Virginia: Brassey's Inc., 2002.
- Clausewitz, On War, New Delhi: Nataraj Publishers, 2013 (Indian eds.)
- Gat, Azar, A History of Military Thought. From Enlightenment to Cold War, New York: Oxford University Press, 2001.
- Gray, Collin S., Modern Strategy, New York: Oxford University Press, 1999.
- Hamal, Laxman B., Military History of Nepal. Kathmandu: Sharda Pustak Mandir: 1995
- Hart, B.H. Liddell, Strategy, New York, Meridian. 1991.
- Huntington, Samuel P., The Soldier and the State: The Theory and Politics of Civil-military Relations, Harvard (USA): Harvard University Press, 2008.



- Khanduri, C. B., The Rediscovered History of Gorkhas, Delhi: Gyan Sagar Publication, 1997.
- Manandhar, Tri Ratna, Nepal Bhot Bibad, Kathmandu: Nepal Ra Asiyali Anusandhan Kendra, 2041 B.S.
- Manandhar, Tri Ratna, Some Aspects of Rana Rule in Nepal. Kathmandu: Purnadevi Manandhar, 1983.
- Manandhar, Vijaya, Kumar, A Comprehensive History of Nepal-China Relations up to 1955 A.D., Vols. I & II, New Delhi: Adroit Publishers, 2004.
- Mehata, Ashok K., The Royal Nepalese Army: Meeting the Maoist Challenge, New Delhi: Rupa & Co., 2005.
- Mishra, T. P., Nepal Bhot Sambandhama Gylbo Kanda, Kathmandu: Bansa Misha Prakashan, 2053 B.S.
- Mishra, T. P., Angrej Bhot Bibad ma Nepalko Bhumika, Kathmandu: Sumita Pokhrel, 2054 B.S.
- Pangeni, Bhaveshwor, Nepalko Sainik Itihas: Shree Kali Bahadur Gana, Kathmandu: Shree Kali Bahadur Gana, 2069 B.S.
- Pant, Dinesh Raj, Gorkha ko Itihas, vol. 1-4, Kathmandu: Author, Different Dates.
- Pemble, John, Britain's Gurkha War: The Invasion of Nepal- 1814-1816, South Yorkshire: Frontline Books, 2009
- Somdhoj Bista, Shahi Sainik Itihas. Kathmandu: Narayan Jung and Narendra man, 2020 B.S.
- Subba, Dil Bikram, Government's Strategy Against The Maoist Insurgency, (unpublished thesis) Faculty of the U.S. Army Command and General Staff College, Fort Leavenworth, Kansas, 2010
- Tek Bahadur Khatri, Shahi Nepali Sena ko Itihas, Kathmandu: Sharada Kumari, 2041 B.S.
- Purnima vols 1-8, Samshodhan Mandal, Kathmandu
- Related Issues of 'Sipahi' published by Nepal Army.

Learning Assessments:

The following assessments can be used:

- Problems or casework
- Essay/Term paper topics
- Research/Assignment papers
- Project work and Presentations



Tribhuvan University
Central Department of History

2024

Level: MA
Semester: III
Course: Constitutional History of Nepal
Code: Hist 605.1
Credits hours: 3
Total classes: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass marks: 50

Course Description:

The objective of this course is to analyse the constitutional development in Nepal from 1948 to 2015, focusing mainly on the changing role of monarchy, party and non-party politics and their impact on constitutional changes, establishment of Republic and representative institutions as mediums of constitutional governments, and supremacy of judiciary as custodian of constitutional rule.

Course Objectives:

- To introduce the constitutional development of Nepal.
- To study the constitutional changes in Nepal.
- To study the executive, judiciary and legislature of Nepal.

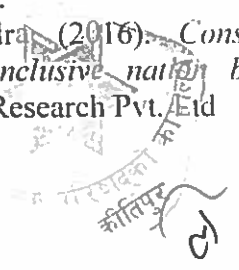
Course Content:

**Unit I: A Brief Study of the Constitutional Development in
Nepal since 1948**

1. Government of Nepal Act 1948 - Main Features.
2. Interim Government of Nepal Act –Main Features and Various Amendments.
3. The Constitution of the Kingdom of Nepal 1959 - Main Features.
4. The Constitution of Nepal 1962 including its amendments (1967, 1975 and 1980). - Main Features of the constitution, proclamation of National Referendum.
5. The Constitution of the Kingdom of Nepal 1990 - Main Features.
6. Interim Constitution of Nepal 2007. Main Features
7. Constitution of Nepal 2015

Required Readings:

- Agrawal, H. N., Nepal (1980.). *A study in constitutional change*. New Delhi: Oxford and IBH Publishing Co.
- Bhandari, Surendra (2016). *Constitutional design and implementation dynamics: Federalism and inclusive nation building in Nepal*. Kathmandu: Himal Innovative Development and Research Pvt. Ltd



- Dahal, Ram Kumar (January 1, 2001). *Constitutional and political developments in Nepal till 1994*, Ratna Pustak Bhandar: 1st edition
- Neupane, P. (1969). *The Constitution and constitutions of Nepal*. Kathmandu: Ratna Pustak Bhandar.
- नेपालको अन्तरिम संविधान २०६३ काठमाण्डौ: कानून किताब व्यवस्था समिति ।
- नेपालको संविधान २०७२ नेपाल : कानून किताब व्यवस्था समिति ।

Unit II Monarchy: Changing Nature and Abolition

10

1. Role of Monarchy in the 1950's Movement.
2. Monarchy's activities during the Interim Period (1951-59).
3. The Royal Coup of 1960.
4. Monarchy under the Panchayat System.
5. Monarchy from 1990 to the establishment of the federal system.

Required Readings:

- Joshi, Bhuvan Lal and Leo E. Rose, (1966). *Democratic Innovations in Nepal*, Berkeley; University of California,
- Toffin, Gerard, *From Monarchy to Republic*, Kathmandu: Vajra Books, 2013.
- Shah, Rishikesh (1990). *Three Decades of Two Kings*. New Delhi: Sterling Publishers.
- John Whelpton (2005). *A History of Nepal*. Cambridge University Press.

Unit III: Party/non-Party Politics and Constitutional Changes

12

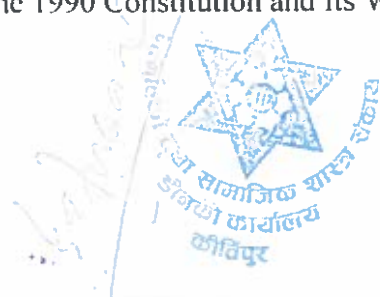
1. Party Politics During Interim Period (1951-58)
2. Party Politics during the Parliamentary Rule (1959-60)
3. Party/non-Party Politics During the Panchayat Era.
4. Party Politics after 1990.
5. Maoist Insurgency and Its Impact on Party Politics.
6. Constitutional changes in 2006 and 2015.

Required Readings:

- Baral, Lok Raj (1977). *Oppositional politics in Nepal*, New Delhi: Abhinav Publications,
- Shah, Rishikesh (1992). *Politics in Nepal 1980-91*, New Delhi: Manohar,.
- Vaidya, Ratnakamala. (2001). *Nepal in a political crisis*. Kathmandu: Systematic Printing Service
- Einsiedeln, Sebastian, Malone. David & Pradhan, Sagar(2012). *Nepal in transition: From people's war to fragile peace*. ResearchGate. DOI:10.1017/CBO9781139021869
- Hutt, Michael,(2004). *Himalayan people's war: Nepal's Maoist rebellion*, (London: Hurst and Co.).

Unit IV: The Representatives Institutions

1. Nature of Central Legislature under the 1951 Constitution.
2. The Advisory Assemblies--Composition, Functions, and Their Impact on Nepal's Politics, regarding Constituent Assembly Issue.
3. Working of Parliament under the Parliamentary Rule (1959-60).
4. Working of National Panchayat and Local Councils under the Panchayat System.
5. Central Legislature under the 1990 Constitution and Its Working.



6. Constituent Assembly and its work as a Legislative Parliament.
7. Parliament under the constitution of 2015 and dismiss of house of representative.

Required Readings:

- Baral, Lok Raj (1 January 2004). *Nepal: Political parties and parliament*. Delhi: Adroit Publishers
- Vaidya, Ratna Kamal. (2001). *Nepal is in a political crisis*. Kathmandu: Systematic Printing Service
- Joshi, Bhuvan Lal and Leo E. Rose (1966.). *Democratic Innovations in Nepal*, Berkeley: University of California.
- Khanal, Ravindra (n.d.). *Local governance in Nepal*, Lalitpur: Smriti Books

Unit V: Judicial Supremacy and its Practice

8

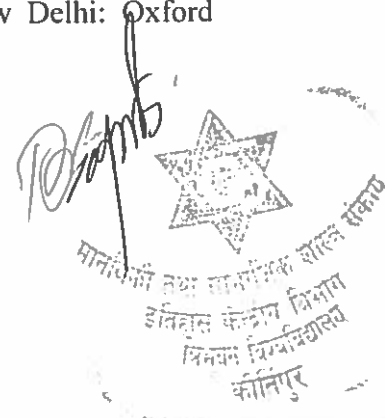
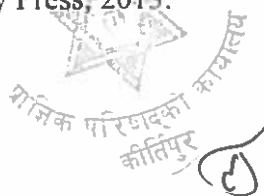
1. Judiciary under the Rana Rule.
2. Evolution and Working of Judiciary (1951-60) Regarding Crown Vs Judiciary.
3. Position and Working of Judiciary Under the Panchayat System.
4. Question of Judicial Supremacy from 1990 to 2015 regarding the Supreme Court's Handling of Constitutional Cases.
5. Supreme Court's verdict on the dissolution of People's Representative (Parliament) in February 2021.

Required Readings:

- उप्रेती, भरतराज र कनक विक्रम थापा (सम्पा.) *नेपालको संवैधानिक कानून*, काठमाण्डौ: कानून अनुसन्धान तथा विकास फोरम, (वि.सं. २०४९)।
- खनाल, रेवतीरमण (वि.सं. २०५९)। *नेपालको कानुनी इतिहासको रूपरेखा*, काठमाण्डौ: सरस्वती खनाल।
- श्रेष्ठ, ज्ञानेन्द्र वहादुर, (वि.सं. २०४४)। *नेपालको कानुनी इतिहासको रूपरेखा*, काठमाण्डौ: पैरवी प्रकाशन।
- अधिकारी, विश्वदीप (वि.सं. २०७९/८०)। *नेपालको कानुनी इतिहास तथा न्याय व्यवस्था*, काठमाण्डौ, संस्कार बुक्स एण्ड पब्लिकेशन्स।

References:

- Baral, Lok Raj (1993). *Nepal: Problems of Governance*, New Delhi: Konark Publishers.
- Sharma, Jana, *Democracy without Roots*, Delhi: Book Faith India, 1998. Whelpton, John, *A History of Nepal*, Cambridge: Cambridge University Press, 2005.
- Baral, Lok Raj, *Nepal's Politics of Referendum*, New Delhi: Vikas Publishing House, 1983.
- Brown, T. Louise., *The Challenge to Democracy in Nepal*, London: Routledge, 1996.
- Chatterjee, Bhola, *Nepal's Experiments with Democracy*, New Delhi: Ankur Publishing House, 1977.
- Chauhan, R.S., *The Political Development in Nepal, 1950-70*, New Delhi: Associating Publishing House, 1971.
- Dahal, G. (2014). *Constitutional Assembly of Nepal: a milestone for peace, development and political stability*. *Journal of KMC of Interdisciplinary Studies*, 4, 70-77.
- Gupta, Anirudha. *Politics in Nepal*, Bombay: Allied Publishers, 1964.
- Malagodi, Mara. *Constitutional Nationalism and Legal Exclusion*, New Delhi: Oxford University Press, 2013.



- Rose, Leo E. and Margaret Fisher, *The Politics of Nepal*, Ithaca: Cornell University Press. 1970. 9. Shah, Rishikesh. *Nepali Politics: Retrospect and Prospect*, New Delhi: Oxford University Press. 1978.
- Bhandari, Surendra (2014). *Self-determination & constitution making in Nepal: Constituent assembly, inclusion, & ethnic federalism*. Singapore: Springer Science+Business Media
- Karki, Arjun and David Seddon (eds.), *The People's War in Nepal: Left Perspectives*, (New Delhi: Adroit, 2003).
- Sagar S.J.B. *Rana Singha Durbar: Rise and Fall of the Rana Regime of Nepal 2017*. Rupa Publications India
- Shaha, Rishikesh (December 1, 1990). *Politics in Nepal, 1980-1990: Referendum, stalemate, and Triumph of People Power*. South Asia Books; Revised, Subsequent edition.
- Thapa, Deepak, with Bandita Sijapati, (2003). *A Kingdom Under Siege: Nepal's Maoist Insurgency, 1996-2003*. (Kathmandu: The Printhouse.



Handwritten signature: *Shah*

Tribhuvan University
Central Department of History
2024

Level: MA

Semester: III

Course: Political History of South Asian Nations

Code: Hist 605.2

Credits hours: 3

Total classes: 48

Full Marks: 100 [Theory 60 / Practical 40]

Pass marks: 50

Course Description:

The objective of this course is to discuss in brief the recent history of Afghanistan, Bangladesh, Pakistan, and Sri Lanka. Focused mainly on political development with a socio-economic background, the course analyses democratic and authoritarian rule, ethnic conflicts and the role of foreign powers.

Course Objectives:

- To analyze the geo-political situation of South Asia
- To evaluate the British rule in the South Asian region before the independence of India and Sri Lanka.
- To analyze the history and politics of South Asian Nations
- To assess the objectives and working of the SAARC
- To evaluate the military rule in Bangladesh and Pakistan
- To analyze the civil war in Sri Lanka and Afghanistan.

Outcomes:

- Familiarize with the geopolitics and history of South Asian Nations
- Examine the Afgan political system and its challenges,
- Analyse the role of the Taliban in Afghanistan and its impacts,
- Evaluate the politics of Bangladesh and its struggle for democracy
- Make an analytical review of the Pakistani Democratic government and the role of the Military in National politics
- Examine the Sri Lankan struggle for colonialism and Factionalism (Tamil Insurgency) and consolidation of a democratic system of government.
- Critically analyse the causes and effects of LTTE insurgency in Sri Lanka



Course Content:

Unit I: Introduction to Modern South Asia

8

1. Historical setting: Geo-political situation
2. British Rule in South Asia: India and Sri Lanka and its impact on South Asian history
3. Brief history and politics of Maldives
4. SAARC–Foundation, Working and Future

Required Readings:

- Baxter, Craig *et al*, *Government and Politics in South Asia*, Boulder: Westview Press, Latest Edition.
- Jalal, A., *Democracy and Authoritarianism in South Asia*, New Delhi: Foundation Books, 1995

Unit II: Afghanistan

10

1. Historical Background Till 1973:
2. Foundation of Republic and its activities:
3. Coup of 1978 and afterwards:
4. Taliban insurgency and its suppression:

Required Readings:

- Haque, Aziz-ul (ed.). *Afghanistan: Past, Present and Future*, Islamabad: Institute of Regional Studies, 1997.
- Rubin, Barnett R., *The Search for Peace in Afghanistan*, New Haven: Yale University Press, 1995.

Unit III: Bangladesh

1. Formation of Bangladesh and Mujib Era
2. Political instability and Ziaur Rehman's regime:
3. Rise and Fall of Ershad (1982-90)
4. Parliamentary Rule since 1990:

Required Readings:

- Ahmed, Mouded, *Democracy and the Challenge of Development*, New Delhi: Vikas Publishing House, 1995.
- Mascarenhas, Anthony, *Bangladesh: A Legacy of Blood*, London: Hodder and Stoughton, 1986.

Unit IV: Pakistan

10

1. Formation of Pakistan and Political Instability:
2. The Ayub rule and Military takeover:
3. Rise and Fall of Z. A. Bhutto and Military Rule (1971-88):



4. Democratic Experiments, Military Coup (1999) and Afterwards:

Required Readings:

- Talbot, Ian, *Pakistan: A Modern History*, New Delhi: Oxford University Press, 1999.
- Hamid, Yusuf, *Pakistan: the Political Development*, Lahore: Sang-e-Meel Publications, 1999

Unit V: Sri Lanka

10

1. Historical background till 1948
2. Parliamentary Rule (1948-78)
3. Presidential System since 1978
4. LTTE insurgency and its fall

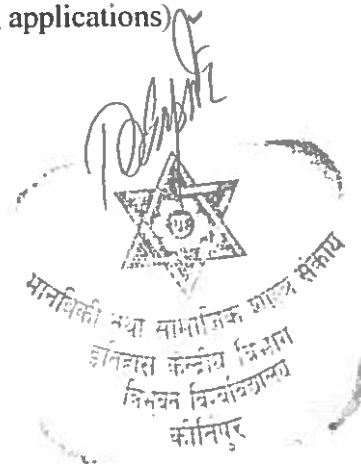
Required Readings:

- De Silva, C.R., *Sri Lanka: A History*, New Delhi: Vikas Publishing House, Latest Edition.
- Wilson, A.J., *Sri Lankan Tamil Nationalism*, New Delhi: Penguin Books, 2000.

Learning Assessments:

When moving from assessments in a classroom setting to online assessments the following assessments can be used:

- Asynchronous web discussions
- Problems or casework ✓
- Scenarios (Real life situation)
- Essay/Term paper topics ✓
- Research/Assignment papers ✓
- Presentations (using collaborative media or meeting applications) ✓



Handwritten signature

Tribhuvan University
Central Department of History
2024

Level: MA
Semester: III
Course: Legal History of Nepal
Code: Hist 605.3
Credits Hours: 3
Total Classes: 48
Full Marks: 100 [Theory 60/Practical 40]
Pass Marks: 50

Course Description:

The objective of this course is to analyse the legal history of Nepal from ancient, medieval and unification period to the recent era. The ancient and medieval periods will be introduced in specific issues in brief. It focuses on the Codes of 1854, 1963 and *Muluki Samhita* of 2017 with particular some issues. The course also traces the history of crime and punishment in Nepal and the evolution of procedural law and judicial administration for the proper implementation of different laws.

Course objectives:

- To introduce the legal system of Nepal from the ancient to the modern (republican era) period.
- To review the development of the legal system in Nepal.
- To evaluate the crime and punishment system in Nepal.

Course Content:

Unit I: Legal System in Ancient and Medieval Nepal

8

1. Introduction to Legal System.
2. Ancient Nepal (Through inscriptions).
3. Medieval Nepal (With special references to Codes of Jayasthiti Malla and Ram Shah)

Required Readings:

१. वज्राचार्य, धनवज्र (वि.सं. २०२५). लिच्छविकालको न्याय व्यवस्थाको एक भ्रूलक. पूर्णिमा, अंक १६।
२. रेग्मी, जगदीशचन्द्र (वि.सं. २०३६). नेपालको वैधानिक परम्परा. काठमाडौं: पाठ्यक्रम विकास केन्द्र।

Unit II: The 1854 Code

1. Legal System before 1854 (With special reference to Hodgson's writings).
2. The 1854 Code and Its Amendments.
3. Family Law (Husband and Wife; Marriage, Judicial Separation and Divorce; Inheritance, Caste Hierarchy). Property Law (Partition; Credit and Debt, Guthi System, Wage Labour). Criminal Law (Homicide, Theft, Injury, Forgery).



Required Readings:

1. Pradhananga, Rajit Bhakta (2001). *Homicide Law in Nepal*. Kathmandu: Ratna Pustak Bhandar.
2. श्री ५ सुरेन्द्र विक्रम शाहदेवको शासनकालमा बनेको मुलुकी ऐन (वि.सं.२०२२). काठमाडौं: कानून तथा न्याय मन्त्रालय .

Unit III: The 1963 Code

10

1. Legal Changes After 1951.
2. The 1963 Code and Its Amendments. (Family Law, Property Law, Criminal Law, Fiscal Law, Women's Rights).

Required Readings:

- जा। खनाल, रेवतीरमण (मिति अनु.), *मुलुकी ऐन: एक विवेचना*, काठमाडौं: रत्नपुस्तक भण्डार ।
द्द। मुलुकी ऐन २०२०, काठमाडौं: कानून तथा न्याय मन्त्रालय (संशोधन समेत) ।
घ। नेपाल सरकार (२०७४)। *मुलुकी देवानी संहिता २०७४*, कानून किताव व्यवस्था समिति ।

Unit IV: Muliki Samhita (Code) 2017

10

1. Nepal National Civil Code (Act) 2017. (Law relating to person, Family Law, Property Law.
2. National Penal (code) Act 2017. (General knowledge of criminal activities).
3. Nepal-Criminal (code) Act 2017 (General knowledge of criminal justice).

Required Readings:

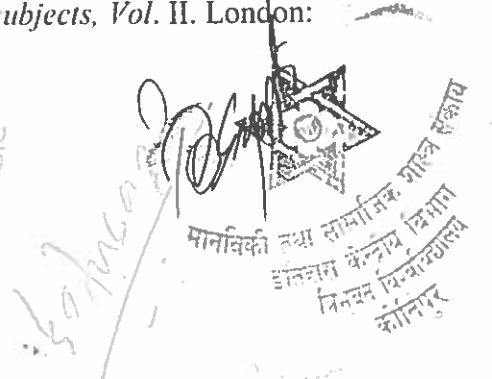
- Vaidya, Tushi Ram and Tri Ratna Manandhar (1984). *Crime and punishment in Nepal*. Kathmandu: Bini and Purna Devi.
- Yojan, Yam Kumar (19 Aug. 2019). *An analysis of major elements of a valid contract under Muluki civil code, 2074*. www.SSRN.
- आचार्य, माधव प्रसाद र रजित भक्त प्रधानाङ्ग (वि.सं.२०४९), *फौजदारी कानून र फौजदारी न्याय*, काठमाडौं: रत्नपुस्तक भण्डार ।
- नेपाल सरकार (२०७४), *मुलुकी अपराध (संहिता) ऐन २०७४*, कानून किताव व्यवस्था समिति ।

Unit V: Crime and Punishment

1. Crime and punishment in ancient and medieval Periods.
2. Crime and punishment during the Shah Dynasty.
3. The 1854 Code and Afterwards.
4. The 1963 Code and Afterwards (Crime against State, Body, Property; Religious and Sexual Crimes).
5. National Penal (code) Act 2017.
6. Nepal-Criminal (code) Act 2017.

Required Readings:

1. Hodgson, B. H. (1880). *Miscellaneous essays relating to Indian subjects, Vol. II*. London: Turner.



2. Manandhar, Tri Ratna (1983). *Some aspects of Rana's rule in Nepal*. Kathmandu: Purna Devi.

घा खनाल, रेवतीरमण (वि.सं. २०५९), नेपालको कानुनी इतिहासको रूपरेखा, काठमाडौं: सरस्वती खनाल ।

द्वा नेपाल सरकार (२०७४), मुलुकी देवानी संहिता २०७४, कानून किताव व्यवस्था समिति ।

छा नेपाल सरकार (२०७४), मुलुकी फौजदारीसंहिता २०७४, कानून किताव व्यवस्था समिति ।

References:

- Adhikari, Krishna Kant (1984). *Nepal under Jang Bahadur*. Kathmandu: Buku.
- Agrawal, Hem Narayan (1976). *The Administrative system of Nepal*. Delhi: Vikas Publishing House.
- Hofer, Andras (1979). *The Caste hierarchy and the state in Nepal*. Innsbruck: Universitat Verlag Wagner.
- Kumar, Satish (1967). *Rana polity in Nepal*. Bombay: Asia Publishing House.
- Regmi, Jagdish Chandra (ed.) (2038 BS). *The judicial system of King Surendra*. Kathmandu: Nepal Antiquary.
- Regmi, M.C. (1975). Preliminary Notes on the Nature of Rana Law and Government,' *Contribution to Nepalese Studies, Vol. 2, No. 2*.
- Riccardi, Theodore (1977). The royal edicts of King Ram Shah of Gorkha. *Kailash, Vol. 5, No. 1*.
- Sharma, P. R. (1977). Caste social mobility and Sanskritization: A study of Nepal's legal code. *Kailash, Vol. 5, No. 4*.



Manandhar

Tribhuvan University
Central Department of History
2024

Level: MA

Semester: IV

Course: History of Diplomacy and International Relations

Code: Hist 651

Credits hours: 3

Total classes: 48

Full Marks: 100 [Theory 60 / Practical 40]

Pass marks: 50

Course Description:

This course is designed to impart the fundamental concepts and practices of diplomacy and international relations. The main aim of this course is to give the students of history a comprehensive knowledge of the basic concepts, historical development, and changes in the practice of diplomacy and modern international relations.

Course Objectives:

The specific objectives of this course are as follows.

- To impart knowledge on various aspects of diplomacy and international relations.
- To educate the student about the changing pattern of diplomacy and the recent trend in international relations.

Learning Outcomes:

The Learning outcomes of the course are to:

- i. analyse the basic traditional and modern perspective of diplomacy,
- ii. assess the historical development of the practice of diplomacy,
- iii. develop the analytical approaches to understand diplomacy and international relations.

Course Contents:

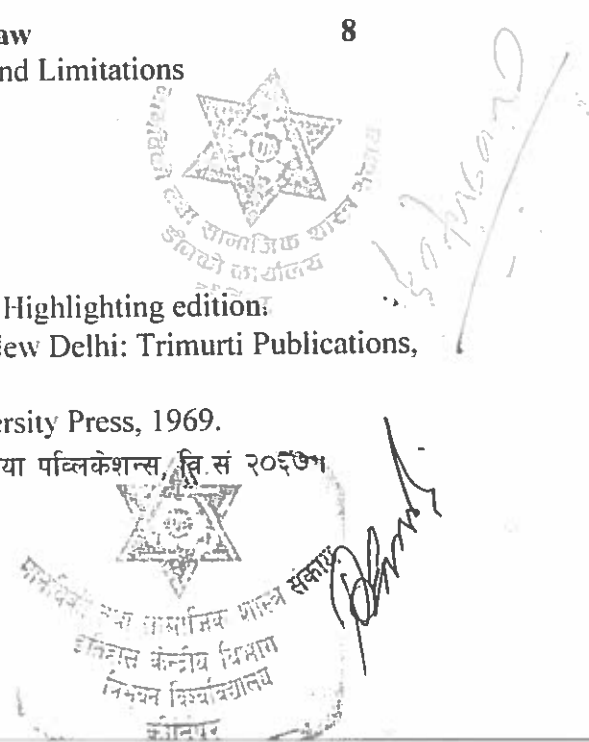
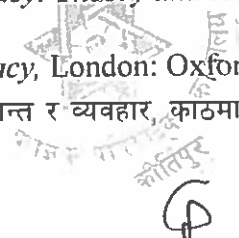
Unit I: Diplomacy, Foreign Policy, and International Law

8

1. Diplomacy- Definition, Origin, significance, Scope, and Limitations
2. Types of Diplomacy
3. Diplomacy and Foreign Policy
4. Diplomacy and International Law
5. History of Diplomacy

Required Readings:

- Kissinger, H. (1995). *Diplomacy*. Simon & Schuster: Highlighting edition.
- Mookerjee, G. K., *Diplomacy: Theory and History*. New Delhi: Trimurti Publications, 1973.
- Nicolson, Harold, *Diplomacy*, London: Oxford University Press, 1969.
- रेग्मी, कमल देव, कूटनीति: सिद्धान्त र व्यवहार, काठमाण्डौ: एशिया पब्लिकेशन्स, त्रि सं २०६७



Unit-II: Patterns of Diplomatic Relations

10

1. Oriental Diplomacy
2. Old, New and Quiet Diplomacy
3. Foreign Service and Diplomatic Nomenclatures
4. Diplomatic Procedure (appointment, reception, and recall of diplomats)
5. Characteristics/qualifications of diplomats
6. Functions of Diplomats
7. Diplomatic Immunities and Privileges
8. Breach of Diplomatic Relations

Required Readings:

- Barton, RP., *Modern Diplomacy*, Delhi: Pearson, 2006.
- Dexter, Perkin, *The Diplomacy of a New Age*, Calcutta: Scientific Book Agency, 1968.
- Mookerjee, G.K., *Diplomacy: Theory and History*, New Delhi: Trimurti Publications, 1973.
- Nicolson, Harold, *The Evolution of Diplomatic Method*, London: Constables and Co., 1954.
- Satow, Ernest, *A Guide to Diplomatic Practices*, London: Longmans, 1966.

Unit III: Changing Trends of Diplomacy

10

1. Transition from Old to New Diplomacy
2. Decline and Revival of Diplomacy
3. The Changing Nature of Diplomacy

Required Readings:

- Barton, RP., *Modern Diplomacy*, Delhi: Pearson, 2006.
- Dexter, Perkin, *The Diplomacy of a New Age*, Calcutta: Scientific Book Agency, 1968.
- Mookerjee, G.K., *Diplomacy: Theory and History*, New Delhi: Trimurti Publications, 1973.
- Nicolson, Harold, *The Evolution of Diplomatic Method*, London: Constables and Co., 1954.
- Satow, Ernest, *A Guide to Diplomatic Practices*, London: Longmans, 1966.

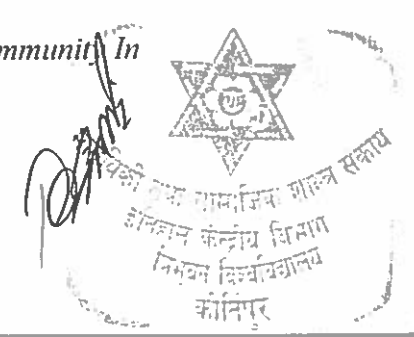
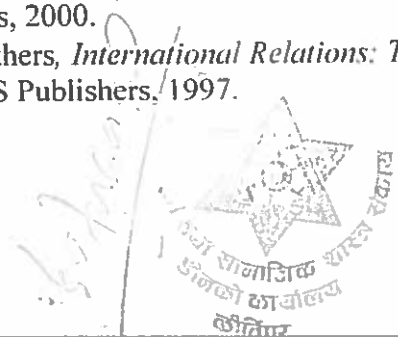
Unit IV: International Relations: Introduction and Major Trends

10

1. Meaning, Significance and Development
2. War, Negotiation and Peace
3. International Conflict
4. The League of Nations and United Nations Organizations
5. Relations Among the European Countries Between the Two Great World Wars
6. Foreign Policy of USA 1919-1933

Required Readings:

- Bartlett, C.J., *The Global Conflict: International Rivalry of Great Powers 1880-1990*, London: Longman, 1994.
- Bennis, F. Lee, *Europe since 1914*, New York: Appleton Century Crafts, 1954.
- Chhabra, H.K., *History of Modern World since 1914*, Delhi: Surjeet Publications, 1989.
- Longsam, W. C., *The World Since 1914*, Delhi: Surjeet Publications, 1995.
- Morgenthau, Hans J., *Politics Among Nations: The Struggle for Power and Peace*, New Delhi: Kalyani Publishers, 2000.
- Palmer, Norman D. & Others, *International Relations: The World Community In Transition*, Delhi: AITBS Publishers, 1997.



- Wolfson, R., *From Peace to War: European Relations 1919-39*, London: Oxford, 1985.

Unit V: Post-War International Relations

10

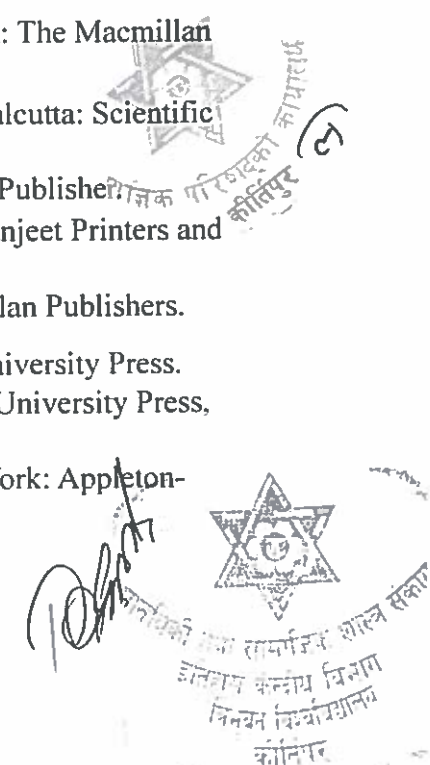
1. Sino-Japanese Relations
2. Foreign Policy of Mussolini and Hitler
3. Policy of Appeasement
4. Second World War and its Impact
5. Recovery of Europe after the War: The Marshall Plan.
6. Cold War Confrontation after the World War II
7. Role of Regional Organisations in Diplomacy

Required Readings:

- Beasley, E., *Japanese Imperialism 1894-1945*, London: Oxford University Press, 1987.
- Carr, E.H., *International Relations Between the Two World Wars 1919-1939*, London: Macmillan and Co., 1965.
- Taylor, A. J. P., *The Origin of Second World War*, New York: Fawcett World Library, 1969.
- Aylett, J. F., *The Cold War and After*, London: Hodder and Stoughton, 1996.
- Heater, D., *The Cold War*, London: Oxford University Press, 1970.

References:

- Barston, R.P. (1969). *Modern Diplomacy*. Addison Wesley: Longman Ltd.
- Best, Anthony & Others, *International History of the Twentieth Century and Beyond*, Delhi: Routledge India, 2009.
- Bjola, Corneliu and Kornprobst, Markus (2013). *Understanding International Diplomacy: Theory, Practice and Ethics*. London: Routledge.
- Black, J. (2011). *A History of Diplomacy*. Reaktion Books.
- Carr, E.H., *Twenty Years Crisis, 1919-1939: An Introduction to the Study of International Relations*, London: Macmillan and Co., 1962.
- Cooper, Heine and Thakur (eds.) (2013). *The Oxford Handbook of Modern Diplomacy*. Oxford: Oxford University Press.
- Kerr and Sharp (eds.) *The SAGE Handbook of Diplomacy*, London: SAGE Publications.
- Kissinger, H. (1995). *Diplomacy*. Simon & Schuster; Highlighting edition.
- Lauren, Paul G. (ed.), *Diplomacy: New Approaches in History, Theory, Policy*, New York: The Free Press, 1979.
- Nicolson, Harold (1956). *Evolution of Diplomatic Method*. New York: The Macmillan Company.
- Palme, Norman, D, & Howard C. Perkins, *International Relations*, Calcutta: Scientific Book Agency, 1969.
- Palmer and Perkins (2007). *International Relations*. India: A.I.T.B.S. Publisher
- Pannikar, K.M., *The Principles and Practice of Diplomacy*, Delhi: Ranjeet Printers and Publishers, 1952.
- Satow, Ernest (1922). *Guide to Diplomatic Practice*. London: Macmillan Publishers.
- Siracusa, J. (2010). *Diplomacy: A Very Short Introduction*. Oxford University Press.
- Taylor, A.J.P., *The Struggle for Mastery in Europe*. London: Oxford University Press, 1965.
- Wrights, Quincy (1955). *The Study of International Relations*. New York: Appleton-Century-Crofts, Inc.



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: IV
Course: Economic History of Nepal
Code: Hist. 652
Credits Hours: 3
Total Classes: 48
Full Marks: 100 [Theory 60/Practical 40]
Pass Marks: 50

Course Description:

The objective of this course is to analyse the economic history of Nepal from the ancient, medieval and unification period to the recent era. But the ancient and medieval as well as earlier modern periods will be introduced in specific issues in brief. It focuses on the history from the perspective of economic development and activities in Nepal. The course also traces the history of agriculture, trade and commerce and industrial development in Nepal.

Course objectives:

- To introduce the economic system of Nepal from the ancient to the postmodern (republican era) period.
- To review the development of the economic system in Nepal.
- To evaluate the economic activities in Nepal.

Course Content:

Unit 1: Introduction of Economic Development in Nepal from Ancient Period to 1951. 10

1. Economic resources, (Agriculture trade and commerce)
2. Trade and commerce with India, Tibet (China) and other countries.
3. Revenue system in Nepal.
4. Development and growth of Industries in Nepal.

Required readings:

- Osmani, S. R. and Bajracharya, B. B. (Revisit March 2007). *The economic development of Nepal: A long term perspective.*
https://www.google.com/search?q=economic+history+of+nepal&oeq=economic+his&gs_lcrp=EgZjaHJvbWUqCQgAEAAyExiABDIJCAAQABgTGIAEMgYIARBFQDkyCQgCEAAyExiABDIJCAMQABgTGIAEMgkIBBAAGBMYgAQvCQgFEAAyExiABDIJCAYQABgTGIAEMgkIBxAAGBMYgAQvCQgIEAAyExiABDIJCAkQABgTGIAEQAIAsAI&sourceid=chrome&ie=UTF-8



- <https://www.studocu.com/row/document/st-xaviers-college-nepal/english/the-economic-development-of-nepal-a-long-term-perspective/51946754>
- Regmi, M.C. (1971). *A study of Nepali economic history (1768-1846)*. New Delhi: Manjusri Publishing House.
- Thapa, K. B. (1995). *The main aspect of the social, economic and administrative history of modern Nepal*. Nepal: Ratna Pustak Bhandar.

Unit II: History of Economic Development in Nepal from 1951 to 2019/20

12

1. Sources of Government's Revenue.
2. Planning and priority in Economic Development.
3. Monetary policy, and the Development of the Banking system.
4. Policy of privatization and industrial condition in Nepal.
5. Situation of trade and commerce up to the 15th plan in Nepal.

Required Readings:

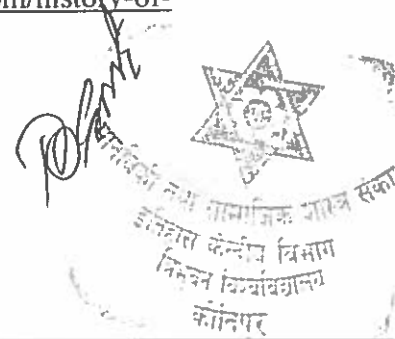
- Government of Nepal, National Planning Commission. Reports from the First to Fifteenth Plans. National Planning Commission, Nepal.
- K.C. R. B. (2008). privatization and its impact in Nepal (Regarding two (BPPM & HBFT) companies privatized in 1992/93). Thesis, Submitted to KDI School of Public Policy and Management in partial fulfilment of the requirements for the degree of Master of Public Policy.
- Kandel, R. C. (October 2020). *Contribution of tax revenue to the national revenue of Nepal*. Business Administration. International Business. Centria University of Applied Sciences (An unpublished Thesis of Master's Degree).
<https://elibrary.tucl.edu.np/bitstream/123456789/4550/2/CHAPTER.pdf>.
- National Planning Commission, Nepal, (From 1956 to 2023 or up to the 15th plan). All concept papers of the Commission.
- Pokhrel, D.R. (2023). Banking system development in Nepal: A comparative analysis. 大阪産業大学経済論集 =
- Osaka Sangyo University journal of economics 7(2), 2006.2.

Unit III: Agrarian Condition in Nepal

1. Introduction of Agrarian condition of Nepali Peasants before 1951.
2. Brief History of Nepali Peasants' Movement and Emergence of Different Interests Organizations of Peasants in Nepal.
3. Relations between Peasants and landlords in Nepali Society.
4. Changes in landholding practice after 1964.

Required Readings:

- Khadka, R.K. (Saturday, December 26, 2020). History of land rights movement in Nepal. *Online Khabar*, Saturday, March 23, 2024. <https://english.onlinekhabar.com/history-of-land-rights-movement-in-nepal.html>.



- ज्यापु, राम बहादुर, (मिति अनु.) नेपालमा किसान आन्दोलन, काठमाडौं: युवा साहित्य गोष्ठी ।
- बुढाथोकी, पदम बहादुर, (२०४८). नेपालमा किसान आन्दोलन, भक्तपुर: लेखक स्वयम् ।

Unit IV: Land Tenure in Nepal

10

1. Land tenure system: Introduction of Raikar, Birta, Guthi, Jagir Rakam and Kipat land.
2. Categories of Lands: Forest land, agricultural land, bush, marshland, grassland, snowland, glacier, rock, flood land, Shelter land, and vegetation-less land.
3. The machinery of land administration
4. Land relationship between landlords, cultivators and government.
5. A Brief history of the land revenue collection system in Nepal.
6. Land use policy 2015.

Reading Readings:

- Dhakal, Suresh.(January, 2011). *Land Tenure and Agrarian Reforms in Nepal: A study report*. Community Self Reliance Centre (CSRC).
- Acharya, Babu Ram (June 2008). *Land tenure and land registration in Nepal integrating generations*. Stockholm, Sweden 14-19: FIG Working Week.
- Regmi, M.C. (1976) . *Land tenure and taxation in Nepal*. Kathmandu: Ratna Pustak Bhandar.
- HMG, (1964). *Land Reform Act of 1964*. Nepal: Kanoon Kitab Byabastha Samitee.
- Nepal Government (2015). *Land use policy*. Kathmandu: Government of Nepal, Ministry of Land Reform and Management (MoLRM).

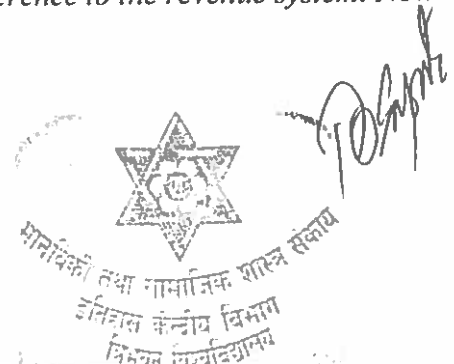
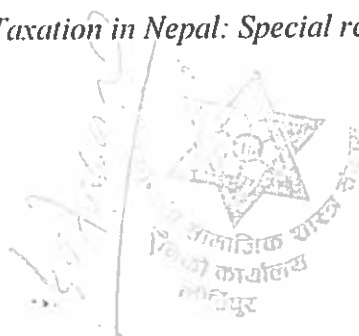
Unit V: Taxation in Nepal

10

1. Historical study on land taxation in Nepal
2. Remittance
3. Types of tax (Direct tax, Personal income tax, Entitlement tax, Indirect tax, Business income tax, VAT, Presumptive tax, Allowable deductions, Property tax.).
4. Revenue system in Nepal.

Required readings:

- Regmi, M.C. (1976). *Land tenure and taxation in Nepal*. Kathmandu: Ratna Pustak Bhandar.
- Karky, J. (1982). A study in revenue collection in Nepal: 1846-1923. *Contributions to Nepalese Studies*. Centre for Nepal and Asian Studies (CNAS), Tribhuvan University (TU), Nepal. Volume 9, Number 1 & 2, December 1981/June 1982.
- Upadhyaya, T.R. (2022) *Nepa Taxation*. Different editions. PKF T.R. Upadhyaya and Co. https://pkf.trunco.com.np/files/pressReleases/1657006776_Nepal%20Taxation_2022_2022_0627071956.pdf.
- Banstola, Kedar (1995). *Taxation in Nepal: Special reference to the revenue system*. New Delhi: R>D. Publication.



References:

- Mastran, S. (2021). Opportunities and Challenges of Online Banking in Nepal. *The Batuk*, 7(2), 37–51. <https://doi.org/10.3126/batuk.v7i2.39498>.
- Nepal Rastra Bank (every issue). *NRB Economic Review*. Economic Research Department, Nepal Rastra Bank.
- HMG (2023 B.S.). *Land reforms planning and programme*. Kathmandu: His Majesty's Government Department of Land Reform.
- Regmi, M.C. (1976). *Land ownership in Nepal*. Berkely: University of California. Press.
- Stiller, L.F. (1976). *The Silent cry*. Kathmandu: Sayogi Press.
- Nepal Government (including 2010). *Nepal Revenue Act 2034 B.S. [all amendments including Republic Strengthening and Some Nepal Laws Amending Act, 2066 (2010AD)]*. Nepal Law Commission.
- Mishra, Tirtha Prasad (1991), *The taming of Tibet*. Jaipur: Nirala Publication.
- Seddon, David, Blaikie, Piers M. &, Cameron, John (2002). *Peasant and workers in Nepal*. Adroit Publishers.
- Sen, Jahar (1977). *Indo-Nepal Trade in the Nineteenth Century*. Calcutta: Firma K.L.M.
- थपा, के.वि, पी. तिम्सिना, र एम. दाहाल (२०५४). *आधुनिक नेपालको आर्थिक इतिहास*, काठमाडौं: नेपाल तथा एसियाली अनुसन्धान केन्द्र, त्रि. वि.।



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: IV
Course: Diplomatic History of Nepal
Code: Hist. 653
Credits hours: 3
Total classes: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass marks: 50

Course Objectives:

This paper is prescribed to meet the following objectives:

- To impart knowledge of Nepal's relations with India, China, Tibet, and other countries.
- To educate the students about the trend of Nepalese foreign policy.
- To acquaint the ward with the role of Nepal in the UN and other regional agencies.
- To familiarize with the economic diplomacy of Nepal.

Course Content:

Unit I: Nepalese Foreign Policy: A Historical Perspective

8

1. Determinants of Nepalese Foreign Policy.
2. Nepal-India-Tibet-China Relations up to 1768.
3. Development of Diplomatic Practices.
4. Circumstances Leading to Outbreak of Anglo-Gorkha War and Motives of the War.
5. Sugauli Treaty and Its Impact.

Required Readings:

- Banskota, Purshottam (1994). *The Gurkha connection*. Jayapur: Nirala Publications,.
- Chaudhary, K.C. (1960). *Anglo-Nepalese relations*. Calcutta: Dinesh Chandra Bose.
- Husain, Asad (1970). *British India's relations with the kingdom of Nepal*. London: George Allen Unwin.
- Majumdar, Kanchanmoy (1973). *Political relations between India and Nepal*. Delhi: Munsi Ram Manohar Lal.
- Pradhan, Biswa (1997). *Behaviour of Nepalese foreign policy*. Kathmandu: Mrs. Durga Devi Pradhan.
- Ramakant (1968). *Indo- Nepalese relations*. Delhi: S. Chand and Co.

Unit II: Innovations in Foreign Policy

12

1. Ranas' Policy towards India: Opening of New Avenue.
2. Rana Prime Minister's Visit to Europe.
3. Nepalese Role in the Revolt of 1857, World Wars, and During Hyderabad Crisis.
4. Friendship Treaty of 1923 and Its Significance.



5. The Gorkha Recruitment issue.
6. Nepal- India Treaties of 1950-60.

Required Readings:

- Banskota, Purshottam (1994). *The Gurkha connection*. Jayapur: Nirala Publications.
- Husain, Asad (1970). *British India's relations with the kingdom of Nepal*. London: George Allen and Unwin.
- Majumdar, Kanchanmoy (1973). *Political relations between India and Nepal*. Delhi: Munsri Ram Manohar Lal,.
- Ramakant (1968). *Indo- Nepalese relations*. Delhi: S. Chand and Co.

Unit III: Nepal-Tibet-China Relations

12

1. Brief Survey of Nepal- Tibet-China Relations up to 1769.
2. Crises in Nepal –Tibet Relations 1788-92, 1883-84, and 1928-30.
3. Quinquennial Missions to China.
4. Nepal's Role in the Anglo-Tibetan Conflict of 1903-04, and Sino-Tibetan Turmoil of 1908-12.
5. Nepal-China Treaty of 1956 and 1966; Sagarmatha, Mustang and Khampa Issues.
6. Nepal- China Relations and Treaty of Belt Road Initiative (BRI).

Required Readings:

- Manandhar, Tri Ratna and Mishra, Tirtha Prasad (1986). *Nepal's quinquennial missions to China*. Kathmandu: Purna Devi and Pushpa Mishra.
- Manandhar, Vijay Kumar(2004). *A comprehensive history of Nepal-China relations up to 1955*. Vols.1 & 2, Delhi: Adroit Publications,.
- Mishra, Tirtha Prasad (1993). *The taming of Tibet*. Jayapur: Nirala Publications.
- Rose, Leo E. (1973). *Nepal: Strategy for survival*. Delhi: Oxford University Press.
- Somarajah, Muthucumaraswamy (June 2020) Chinese investment treaties in the Belt and Road Initiative area, *The Chinese Journal of Comparative Law*, Volume 8, Issue 1. Pages 55–78, <https://doi.org/10.1093/cjcl/cxaa008>, 21 May 2020.
- Uprety, Prem R. (1980). *Nepal–Tibet relations*. Kathmandu: Puga Nara,.

Unit IV: Nepal-India Relations 1951-1990

10

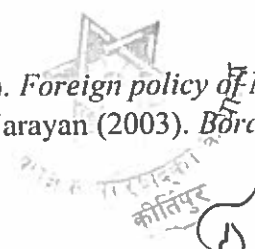
1. Era of Special Relationship with India:
 - a. The Koshi and Gandak Agreements
 - b. Trade and Transit Treaties of 1960
2. Crises in Nepal-India Relations-1971, 1989-90 and 2015.
3. Susta, Kalapani and Mechi Border Issues.
4. The Tanakpur Case and the Integrated Treaty of Mahakali.
5. Treaty of Bilateral Investment Promotion and Protection Agreement (BIPPA), Double Taxation Avoidance Agreement (DTAA) and The Agreement on the South Asian Free Trade Area (SAFTA).

Required Readings:

- Muni, S.D.(1973). *Foreign policy of Nepal*. Delhi: National Publishing House..
- Shrestha, Budhi Narayan (2003). *Border management of Nepal*. Kathmandu: Bhumi Chitra Co..



Handwritten signature



Handwritten signature

- Agreement between the Government of Nepal and the Government of India for Promotion and Protection of Investments (Official text).
- पोखरेल, राजकुमार, (मिति अनुल्लेखित), नेपालको पूर्वी सिमानामा भारतीय अतिक्रमण, काठमाण्डौ: निरन्तर प्रकाशन ।
- श्रेष्ठ, बुद्धि नारायण (वि.सं. २०७१). नेपालको सिमाना, काठमाण्डौ: भूमिचित्रकं, वि.सं. २०५७ ।
- श्रेष्ठ, बुद्धि नारायण, सीमा संग्राम, काठमाण्डौ : रत्नसागर प्रकाशन ।

Unit V: Diversifications in Nepalese Diplomacy

6

1. Nepal and The Non-aligned Movement
2. Nepal , SAARC and BIMSTEC.
3. Nepal and UN
4. Nepal's Relations with the West (UK, USA and Russia, including MCC with USA)

Required Readings:

- Maskey, Bishwa Keshar & Dahal, Dev Raj (1995). *Nepal's participation in the United Nations peacekeeping operations: Report of the round table*. Kathmandu: United Nations Association of Nepal.
- Shrestha, Seeta (1974). *Nepal and UN*. Kathmandu: Sindhu Publications.
- Alimov, Yuri Ivanovich (1987). *The rise and growth of non-aligned movement*. Moscow: Progressive press.

References:

- Aris, Michael. & Others (eds.) (1980). *Tibetan studies in honour of Hugh Richardson*. Delhi: Vikas Publishing House,.
- Basnyat, Prem Singh (2007). *Nepalese army in Tibetan Khampa disarming mission*. Kathmandu: Sarwochcha Mana Singh Basnyat.
- Dhanalaxmi, Ravuri (1981). *British attitude to Nepal's relations with Tibet and China*. Delhi: Bahri Publications.
- Landgren, Karin (ed.) (2012). *Nepal's peace process at the United Nations – II*, Lalitpur: Himal Books..
- Manandhar, T.R. (1983). *Some Aspects of Rana Rule in Nepal*. Kathmandu: Purna Devi Manandhar,.
- Nepali Political Science and Politics (1998). *Nepalese foreign policy* Issue. No. 6 & 7. Kathmandu: Political Science Association of Nepal.
- Ramakant (1976). *Nepal, China and India*. New Delhi: Abhinav Prakasan,.
- Sharma, Jagadish (1986). *Nepal struggles for existence*, Kathmandu: Communications.
- के.सी. सुरेन्द्र (वि.सं. २०६१). नेपालको कूटनीतिक इतिहास, काठमाण्डौ: पैरवी प्रकाशन ।
- मानन्धर, त्रिरत्न (वि.सं. २०४१). नेपाल (भोट विवाद, काठमाण्डौ: ने.ए.अ.के. ।
- मिश्र, तीर्थ प्रसाद (वि.सं. २०५४). अंग्रेज - भोट विवादमा नेपालको भूमिका, काठमाण्डौ: सुमिता पोखरेल ।
- मिश्र, तीर्थ प्रसाद (वि.सं. २०५३). नेपाल भोट सम्बन्धमा ग्याल्बो काण्ड, काठमाण्डौ: वंश मिश्र प्रकाशन ।
- सापकांटा, विष्णु (वि.सं. २०६९). इतिहासका केही आयामहरु वानेश्वर : रत्न पुस्तकालय ।



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: IV
Course: History of Conflict and Peace
Code: Hist 654.1
Credits hours: 3
Total classes: 48
Full Marks: 100 [Theory 60 / Practical 40]
Pass marks: 50

Course Description:

This course is designed to provide students a historical insight into the current issues of Nepalese history. This course's main objective is to make students able to understand the historical dimension of contemporary socio-political issues of Nepal like human rights, gender discrimination, social exclusion and inclusion, peace and conflicts, and their role in change.

Course Objectives:

On completion of this course, students will be to;

- explain the chief features and changing characters of Nepalese society,
- make aware the people of the issues of gender discrimination and existing efforts of the government for women's empowerment,
- analyze the human rights issues of Nepal and existing legal provisions and practices,
- describe social exclusion in Nepal and the government's efforts of inclusion.
- explain the impact of exclusion on the society and social movement against exclusion.
- elaborate on the nature, causes, and effects of conflict in Nepal.
- assess the impact of peace agreements with insurgent groups.

Course Contents:

Unit-I: Introduction to the Nepalese Society

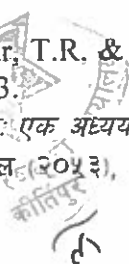
1. Nepalese Social Structure
2. Evolution and Changes
3. Ethnic and Socio-cultural system
4. Values of Different Social Groups

Required Readings:

- Chauhan, R.S., *Society and State Building in Nepal*, New Delhi: Sterling Publishers Pvt. Ltd., 1989.
- Vaidya, T. R. Manandhar, T.R. & Joshi, S. L. et.al, *Social History of Nepal*, New Delhi: Anmol Publications, 1993.
- शर्मा, जनकलाल, *हाम्रो समाज: एक अध्ययन*, काठमाडौं: साभा प्रकाशन, २०३१ वि. सं.।
- खत्री, प्रेमकुमार र दाहाल, पेशाल (२०५३), *आधुनिक नेपालको सामाजिक इतिहास*, काठमाडौं: साभा प्रकाशन।



8



1

Unit-II: Gender Discrimination

1. Position of Women: Past and Present
2. Issue of Gender Discrimination- Social, Economic, Political and Legal
3. Movement of Women's Rights in Nepal
4. Efforts for Women's Empowerment

Required Readings:

- Maskey, Govinda, *Social Life in Nepal*, New Delhi: Anmol Publications, 1996.
- Thapa, Krishna Bahadur, *Position of Women*,
- Cameron, Mary M., *On the edge of the auspicious: gender and caste in Nepal*, Chicago: University of Illinois Press, 1998.
- Upadhyaya, Shizu, *The Status of Women in Nepal—15 Years On*, Studies in Nepali History and Society 1(2): 423-453 December 1996.
- Acharya, Meena, *Gender, Equality and Empowerment of Women*, A Status Report submitted to UNFPA, 1997.
- Mishra, Shanti, *Voice of Truth: The Challenges and Struggles of a Nepalese Woman*, New Delhi: Book Faith India 1994
- Sangralula, Yubaraj, & Pathak, Geeta, *Gender and Laws: Nepalese Perspective*, Kathmandu: Pairavi Prakashan, 2002.

Unit III: Human Rights in Nepal

10

1. Historical Perspectives of Human Rights
2. International Obligations to Protect Human Rights
3. Constitution of Nepal and Human Rights
4. Human Rights: Legal Provisions and its Practices
5. Major Issues of Human Rights in Nepal
6. Role of Civil Society in Protecting Human Rights

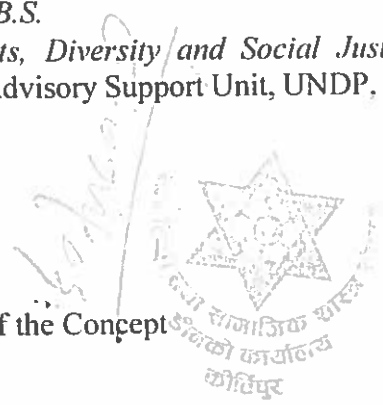
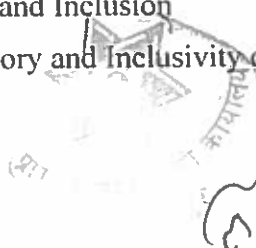
Required Readings:

- गौतम, राजेश, *मानव अधिकारको ऐतिहासिक अवधारणा*, काठमाडौं: अनौपचारिक क्षेत्र सेवा केन्द्र (इन्सेक), २०५२ वि.सं. ।
- *मानव अधिकार संगालो*, काठमाडौं: अनौपचारिक क्षेत्र सेवा केन्द्र (इन्सेक), (२०५३ वि.सं., (दोस्रो संस्करण) ।
- *Human Rights In Nepal One Year After The Comprehensive Peace Agreement*, Kathmandu: United Nations Office of the High Commissioner for Human Rights in Nepal 2007.
- *Constitutions of Nepal- From 2004 to 2063 B.S.*
- Cottrell, Jill & Ghai, Yash, *Human Rights, Diversity and Social Justice*, Report of a Conference organized by the Constitution Advisory Support Unit, UNDP, 29-30 April 2007, Biratnagar, Nepal

Unit-IV: Social Exclusion and Inclusion

10

1. Concept of Exclusion and Inclusion
2. Social Exclusion: History and Inclusivity of the Concept
3. Caste and Ethnicity



4. Social Exclusion: Nepalese Practice by Law and Tradition
5. Ethnic Movement in Nepal
6. Steps taken for Social Inclusion

Required Readings:

- Mishra, Chaitanya and Gurung, Om (eds.), (2012), *Ethnicity and Federalization in Nepal*, Kathmandu: Central Department of Sociology/Anthropology, TU
- Chhetri, Ram Bahadur, Pandey, Tulsiram, and Uprety, Laya Prasad (2010), *Anthropology and Sociology of Nepal*, Kathmandu: Central Department of Sociology/Anthropology.
- Cameron, Mary M., (1998), *On the edge of the auspicious: gender and caste in Nepal*, Chicago: University of Illinois Press
- Gunaratne, Arjun, *Dalits of Nepal: Towards Dignity, Citizenship and Justice*, Nepal Himal Books for the Association for Nepal and Himalayan Studies and Social Science Baha 2010.
- *Unequal Citizens: Gender, Caste and Ethnic Exclusion in Nepal*, Kathmandu: The World Bank, Nepal and DFID Nepal, 2006.

Unit- V: Conflict/Insurgency and Peace

10

1. Causes of Conflict in the Society-Political, Social, Economic, Religious
2. Brief Survey of the Nature and Characteristics of the Student Movement (1980), Peasant Movements (1951-1990), People's Movement (1990 & 2006), Maoist Insurgency (1992-2006) and Madhesh Movement (2006).
3. Peace Agreements with Maoist Party (2006) and Madhesi Janaadhikar Forum (2007) and its assessment.

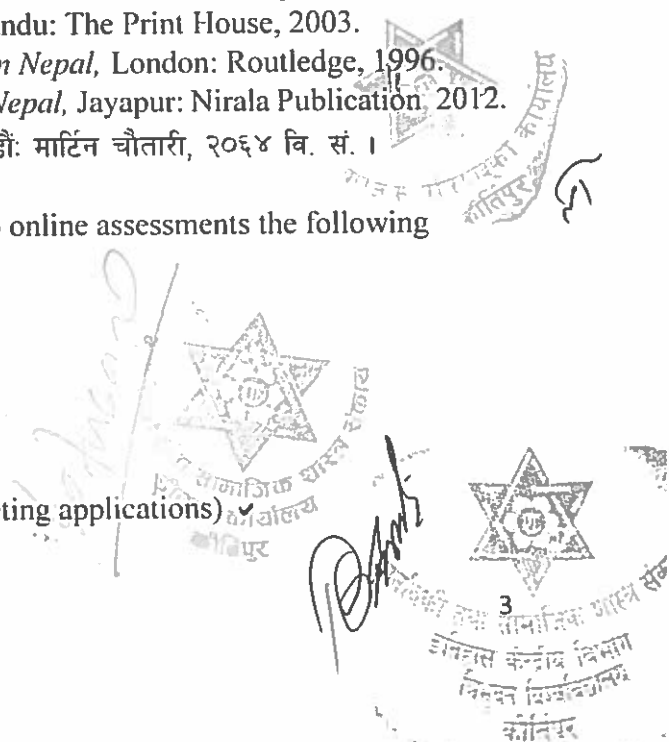
Required Readings:

- Baral, Lok Raj (ed.), *Nepal Facets of Maoist Insurgency*, New Delhi: Adroit Publisher, 2011 (Reprint).
- Thapa, Shanker (2001), *Peasant Insurgence in Nepal 1951-1960*, Bhaktapur: Nirmala K.C.
- Thapa, Deepak, *A Kingdom Under Siege*, Kathmandu: The Print House, 2003.
- Brown, T. Louis, *The Challenges to Democracy in Nepal*, London: Routledge, 1996.
- Ojha, Meena, *Student Politics and Democracy in Nepal*, Jayapur: Nirala Publication, 2012.
- गौतम, भाष्कर (सम्पा.), *मधेश विद्रोहको नालीबेली*, काठमाडौं: मार्टिन चौतारी, २०६४ वि. सं. ।

Learning Assessments:

When moving from assessments in a classroom setting to online assessments the following assessments can be used:

- Asynchronous web discussions
- Problems or casework ✓
- Scenarios (Real life situation)
- Essay/Term paper topics ✓
- Research/Assignment papers ✓
- Presentations (using collaborative media or meeting applications) ✓



References:

- Acharya, Meena, Padma Mathema & Birbhadra Acharya *Women in Nepal*, Asian Development Bank, Programs Department West and Office of Environment and Social Development, 1999
- Bennett, Lynn. *The Status of Women in Nepal: Tradition and Change in the Legal Status of Nepalese Women* Vol. I Part 2: Kathmandu: CEDA 1979.
- Bhattachan, Krishna B., et.al. *Existing Practices of Caste-based Untouchability in Nepal and Strategy for a Campaign for Its Elimination*, Kathmandu: Action Aid Nepal, 2003.
- *Identity and Society: Social Exclusion and Inclusion in Nepal*, Kathmandu: Mandala Book Point, 2007.
- Joe, Arun, C. *Constructing Dalit Identity*, Jaipur : Rawat Publications, 2007.
- Nepal National Dalit Social Welfare Organization, *Ethnographic Study of Hill Dalits in Nepal*, Lalitpur: Nepal National Dalit Social Welfare Organization, 2006
- Thapa, Deepak (ed.), *Understanding the Maoist Movement of Nepal*, Kathmandu: Martin Chautari, 2003.
- Thorat, Sukhadeo, Umakant (ed.), *Caste, Race and Discrimination: Discourses in International Content*, India: Rawat Publications, 2004.
- Upreti, B.C., *Maoists in Nepal: From Insurgency to Political Mainstream*, Gyan Publishing House, 2008.
- Periodic Publications of Related Institutions.

Learning Assessments:

The following assessments can be used:

- Problems or casework
- Scenarios (Real life situation)
- Essay/Term paper topics
- Research/Assignment papers
- Presentations and group discussions



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: IV
Course: Trans Himalayan Studies
Code: Hist 654.2
Credits Hours: 3
Total Classes: 48
Full Marks: 100 [Theory 60/Practical 40]
Pass Marks: 50

Course Objectives:

- To give a bird's eye view of the political history of Tibet, Bhutan and Sikkim.
- To acquaint the students with the inter-relationship among the Trans-Himalayan countries.
- To impart the knowledge of the social and economic structure of the Trans- Himalayan countries.
- To assess the relations of Nepal with the Trans-Himalayan countries.

Course Contents:

Unit I: Tibet

12

1. A Brief Survey of the Tibetan History up to 1949
2. Development of Buddhism
3. Dalai lama: political, social and religious status
4. Road to Tibet: Chinese, Russian and British Interest During 19TH and 20th Centuries
5. The institution of the Monastery, and its social, religious and political role
6. Chinese occupation of Tibet and after.



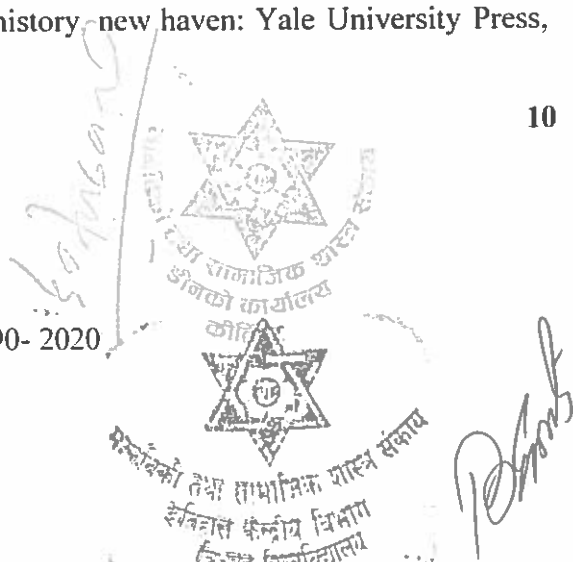
Required Reading:

- Bell, Charles, Tibet: past and present, Oxford: Clarendon Press, 1924.
- Bidyanad, British India and Tibet, Delhi: oxford and IBM Publishing company, 1965.
- Mallik, Inder, Dalai Lamas of Tibet, Delhi: Uppal Publishing house, 1984.
- Richardson, H.E., Tibet and its history, London: Oxford University Press, 1962
- Shakbpa, Tsepon W.D., and Tibet: a political history new haven: Yale University Press, 1967.

Unit- II: A Brief Survey of Bhutan

10

1. Political history of Bhutan
2. Bhutan's relationship with Tibet and India.
3. Religious and cultural status of Bhutan
4. Bhutanese kings: powers and functions
5. Constitutional development in Bhutan after 1990- 2020
6. Role of India in Bhutanese politics
7. The progressive monarchy of Bhutan 2020.



Required Reading:

- Aris, Michael, Views of medieval Bhutan, New Delhi: Roli books international, 1982.
- Collister, Peter, Bhutan and British, London: Srinidia publication, 1987.
- Constitution of Bhutan 2008
- Das, Nirmla, the dragon country, the history of Bhutan. Bombay: The Orient Shajman, 1974.
- Gupta, Santiswari, British relations with Bhutan, Jaipur: Panchasheel Prakashan, 1974.
- Phuntso, karma, the history of Bhutan, Noida: random house India 2013.
- Rahul, Ram, modern Bhutan, New Delhi: Vikas Publishing House, 1971

Unit – III: Survey of Sikkim

10

1. Brief history of Sikkim
2. Impact of Tibet, Nepal and Bhutan on the culture of Sikkim
3. Sikkim's relations with British India in the 18th and 19th centuries.
4. Assimilations of the Nepalese and Bhutanese culture in Sikkim
5. Sikkim Socio-cultural and religious states.
6. Merger of Sikkim with the Republic of India.

Required Reading:

- Das, B.S., The Sikkim Sag, New Delhi: Vikas Publishing house, 1983.
- Grober, B.S., Sikkim and India, stern and consolidation, New Delhi: IV Brothers 1974.
- Kuttoran, George, The Himalayan Gateway rage history and culture of Sikkim, New Delhi: Sterling publication, 1983.
- Basnet, L.B. Sikkim a short political history, New Delhi: 1984.
- Sharma, Nagendra, Nepal's relations with Sikkim and Bhutan 1790 -1900.
- Shukla, Satyendra, R., Sikkim the story of integration, New Delhi: S. Chand and Co, 1970.
- Sharma, Ramesh, image of Sikkim the land people and culture: Sikkim resume publication, 1983.
- Bhattacharya, Pranab Kumar, Aspects of cultural History of Sikkim in coinage, Calcutta: K.P. Bagchi, 1984.
- Coelhy, V. H. Sikkim and Bhutan, London, Sarinda publication, 1987.

Unit – IV: Nepal and the Trans-Himalayan State

8

1. Nepal's role in the trans-Himalayan Trade
2. Recent Bhutanese Refugee problem in Nepal
3. Nepalese Migration in Sikkim
4. Nepal's role in the trans-Himalayan politics

Required Reading:

- Cammann, Schuyler, Trade through the Himalayas. Princeton: Princeton University 1951
- Ghosh, Peu, Bhutanese Refugees: A Forgotten Saga. Kolkata: Mtnerya, 2010.
- Hutt, Michael, Unbecoming Citizens: Culture, Nationhood and the fight of Refugees from Bhutan, New Delhi: Oxford University Press, 2003.

- Mishra, Tirtha Prasad, The Taming of Tibet, Jayapur: Nirala Publications, 1993
- Rose, Leo E., Nepal: Strategy for Survival. Delhi: Oxford University Press, 1973
- Sharma, Nagendra, Nepal's relations with Sikkim and Bhutan, 1790-1900
Kathmandu: Himshikhar Publication 2002
- सापकोटा, विष्णु, लड कर्जन र हिमाली राज्यहरु, त्रि.वि.मानविकि सामाजिक शास्त्र संकाय, (अप्रकाशित शोध प्रबन्ध) वि.सं. २०६२ ।
- नेपाल, ज्ञानमणि, नेपाल सुखिम सम्बन्ध, काठमाडौं : हिमशिखर प्रकाशन, वि.सं. २०४१ ।

Unit – V: Bhutan and its Foreign Relations

8

1. India-Bhutan Treaty of 1949
2. Democratic uprising in Bhutan
3. Bhutan- Nepal relations 1968- 2020
 - a. Nepal – Bhutan treaty
 - b. Refugees problem

Required Reading:

- Kehli Mono Roma, India and Bhutan, a study in interrelations 1772-1910, New Delhi Mun Shreeram and Moharlal publishing house 1981.
- Gupta Santiswori, British relations with Bhutan Jaipur Pancha Seel organisation, 1974.
- Jha, Raj Kumar, The Himalayan kingdom, 1986
- Goel, Political history of Himalayan states Tibet Nepal, Bhutan, Sikkim and Nagaland since 1947, New Delhi: Thomas press, 1972.
- M Fisher and Leo. E. Rose England, India, Nepal, Tibet and China, Berkely 1959.
- Parmanda, The political of Bhutan Re-prospect and prospect, Delhi: Pragati publication.



Handwritten signature



Tribhuvan University
Central Department of History
Revised course of study
2024

Level: MA
Semester: IV
Course: Cultural and Religious History of Nepal
Code: Hist 654.3
Credits Hours: 3
Total Classes: 48
Full Marks: 100 [Theory 60/Practical 40]
Pass Marks: 50

Course Description:

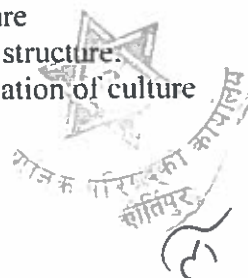
This course of study aims to give a comprehensive overview and framework of the history of Nepal's religion and culture. The themes chosen for the subject so far are highly important and directly relate to people's lives. Also, it aims to provide unique insight into historical knowledge with an emphasis on the historical development of Nepali religions, cultural heritage, religious and cultural legacy, and the lives of individuals in connection to their cultural and religious practices.

Course Contents:

Unit I: Religion and Culture: Concept and Historical Development

10

1. Defining Religion and Culture
 - a. definition, meaning and scope of religion and culture
 - b. development of religion and culture
2. Theoretical Aspects of Religion and Culture
 - a. Western and Oriental theories of religion and culture
 - b. Oriental and Western principles of religion and culture,
3. Introduction to Orientalism: different aspects of oriental religion and culture.
4. Introduction to Western Culture
 - a. Western society,
 - b. lifestyle and culture
5. Comparative Study of oriental and Western Culture
 - a. Similarities and differences between oriental and Western culture
6. Cultural History of Nepal
 - a. Definition and concept of culture
 - b. conceptual base of the cultural structure.
 - c. Cultural identity and transformation of culture



Required Readings:

- Acharya, Prasanta Kumar, Sacred Complex of Buddhi Santana: Anthropological Approach to study Hindu civilization, New Delhi: concept publishing company, 2003.
- Burke, Peter, what is cultural history? 2nd ed., London: Polity Press, 2004.
- Eagleton, Terry, The Idea of culture, New Jersey: Wiley-Blackwell, 2000.
- Sewell, William H., "The Concept of Culture. " in Spiegel, London: Routledge, 2005.
- Smith, Morton, 'Historical methods in the study of Religion', history and theory, vol. 8, 1978.
- Susman, Warren, Culture as History, 2nd ed., N.Y. Smithsonian, 2003.
- Vidyarathi, L.P., Sacred complex of Hindu Gaya, New Delhi: Concept Publishing Company, 1978.

Unit II: Nepalese Culture and Society

8

1. Some Aspects of Nepalese Culture

- a. Meaning and scope of Nepalese Culture.
- b. Aryan and Non- Aryan Culture
- c. Development of Culture and Religion in Nepal
- d. Hindu and Buddhist Religion and Culture

Required Readings:

- Acharya, Madhu Raman, Nepal: Culture shift: Reinventing culture in the Himalayan kingdom, Delhi: Adroit Publishers, 2002.
- Ghosh, Narendra Nath, Indo-Aryan literature and culture, Varanasi: Chow Khamba Sanskriti series, 1965.

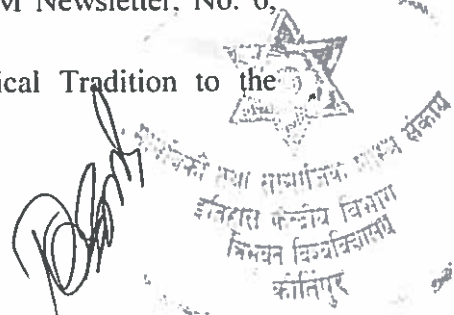
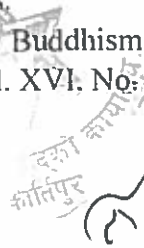
Unit: III History of Religions in Nepal

12

1. Historical Study on Nepalese Religion
 - a. History of the arrival of Islam and Christianity in Nepal
 - b. Brief discussions on the development of Hinduism and Buddhism
2. Structure of Nepalese Society
 - a. Composition of Nepali Society- Hindu society and social organizations,
 - b. Buddhist society and social Organizations
 - c. Islam society and social organizations

Required Readings:

- Michael, Axel, Hinduism: Past and Present, Princeton: Princeton University Press, 2004.
- Perry, Cindy, A Biographical History of the Church in Nepal, Kathmandu: Nepal Church History Project, 2000.
- Shrestha, Khadka Man, History of Buddhism in Nepal, Kathmandu: Kamala Devi Shrestha, 2008.
- Thapa, Shankar, 'Ethnic Variation of Nepal's Muslim Minority'. ISIM Newsletter, No. 6, 2000, Linden University, the Netherlands.
- Thapa, Shankar, 'History of Nepalese Buddhism: from Mythological Tradition to the Lichhchivi period', Voice of History. Vol. XVI, No: Dec. 2001.



- Thapa, Shankar, Newar Buddhism: History, Scholarship and literature, Lalitpur: Nagarjuna publications, 2005 UdL, hubLzrGb|. g]kfnsf] wld{s Oltxf;
- Ojha, N. Bhandari, A. and Shrestha D.L. Christianity in Pokhara (2024), Fishtail Publications
- Shrestha, D.L. (2024), Capuchin Missionaries in Medieval Nepal,

Unit IV: Religious and Cultural Heritage of Nepal

10

1. Cultural Heritage of Nepal
 - a. Tangible and intangible cultural heritages of Nepal,
 - b. Reflection of syncretism in Nepali heritage
2. Religious and Pilgrimage sites of Nepal
 - a. Hindu pilgrimage sites of Nepal.
 - b. Buddhist Pilgrimage Sites of Nepal

Required Readings:

- Iltis, Linda Luis, The Swasthani Vrata: Newar Women and Ritual in Nepal, Vol. 3, Madison: University of Wisconsin—Madison, 1985.
- Oestigaard, Terje, The Deceased's Life Cycle Rituals in Nepal: Present Cremation Burials for the Interpretations of their past. London: British Archaeological Reports, 2000.
- Slusser, Mary Shepherd, Gautama Vajra Vajracharya and Manuela Fuller, Art and culture of Nepal: selected papers Kathmandu: Mandala Bok Point, 2005.
- Thapa, Shankar, Buddhist Sanskrit Literature of Nepal, Seoul: Minijoksa Publishing Co. 2005. Bhardwaj, Surinder Mohan. Hindu Places of Pilgrimage in India: A study in Cultural Geography, California: UC Press. 1983.
- Pratt, James Bissett, The Pilgrimage of Buddhism and a Buddhist Pilgrimage, New Delhi: Asian Educational services, 1996.
- Shakya, Min Bahadur (tr.), Svayambhu Purana, Lalitpur: Nagarjuna Institute of exact methods, 2001.
- Thapa, Shankar, 'Man and Masks: History, Phenomenology and the Art of Expression, 'Rol amba, Vol. XV, Nos.1-2, Lalitpur. 2006

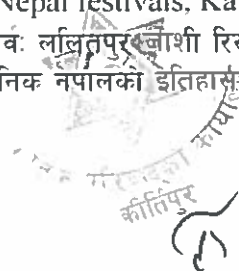
Unit: V: Festivals of Nepal

8

1. Historicity of Nepali Festivals: Dashain, Tihar, Christmas, Id-ul-Fitra, Id-Ul-Ajha, Buddha Jayanti, Lhosar, Udhauri- Ubhauri. Chhat, Maghi, Gaura Parva, Gaijatra, Indra Jatra, Reflection of religious syncretism in Nepali Festivals.

Required Readings:

1. Anderson, Marry, festivals of Nepal 2005; New Delhi: Rupa and Co. 2005.
2. Nepali Gopal Singh, The Newars, Bomby united publisher, 1965
3. जोशी, सत्यमोहन, नेपाली चाडपर्व काठमाडौं नेपाल राजकीय प्रज्ञा प्रतिष्ठान, वि.सं. २०३९ ।
4. सापकोटा, विष्णु, नेपाल चाडपर्वमा छठ पर्व काठमाडौं नेपाल राजकीय प्रज्ञा प्रतिष्ठान, वि. सं. २०६० ।
5. विष्ट, डोर बहादुर, सबै जातको फूलबारी काठमाडौं साभ्ना प्रकाशन वि.सं. २०३९ ।
6. Dep Durba Krishna, The Nepal festivals. Kathmandu: Ratna pustak Bhandar, 1992.
7. जोशी, हरिराम, नेपालको चाडपर्व: ललितपुर जोशी रिसर्च इन्टीच्युट, वि.सं. २०६० ।
8. खत्री, प्रेम र पेशल दाहाल, आधुनिक नेपालको इतिहास: काठमाडौं : नेपाल र एसियाली अनुसन्धान केन्द्र वि.सं. २०५३ ।



Tribhuvan University
Central Department of History
2024

Level: MA
Semester: IV
Course: Course of Thesis
Code: 655
Credits hours: 3×2=6
Total class: 48

Course Description:

This course provides students with practical experience in preparing a thesis. It aims to equip students with the knowledge and skills for developing research proposals, conducting research, and writing a thesis in a standard format. The course is divided into three parts: Academic Writing, Proposal Writing, and Thesis Writing. Academic Writing covers the basics of writing for proposals and thesis academically, Proposal Writing focuses on creating a research proposal, and Thesis Writing involves writing the thesis on a chosen topic. Students will prepare both a proposal and thesis under supervision and present them for evaluation. This course is recommended for only class and examination will not be held.

Course Objectives:

After completion of the study, the students will be able to:

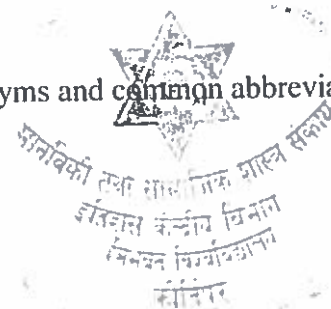
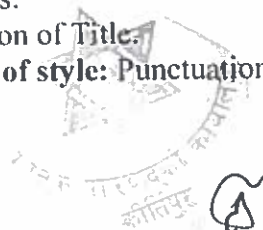
- Equip students with foundational knowledge, processes, and techniques for academic, proposal, and thesis writing.
- Prepare students to develop and present a well-structured research proposal on a relevant topic.
- Enable students to write a thesis in a standard academic format and present it for evaluation in the departmental research committee.
- Foster students' ability to effectively apply various research methods and approaches while writing a thesis.
- Guide students in organizing and structuring their research work, ensuring clarity and coherence in both proposal and thesis writing.
- Encourage critical thinking and problem-solving skills through the process of identifying researchable issues and presenting solutions.

Course Content:

Unit I: Academic Writing

10

1. Concept, Parameters, Process, Techniques and Problems of Academic Writing
2. Writing Guidelines:
 - a. **Title: Formulation of Title.**
 - b. **The mechanics of style: Punctuation, Acronyms and common abbreviations**



[Handwritten signature]

2. 1. 2.

3.

4.

5.

6.

7.

8.

9.

10.