

**ROLE OF MOTHER'S GROUP IN IMPROVING COMMUNICATION
SKILLS AND SOCIO CULTURAL STATUS OF WOMEN
(A Study on Pokhara Lekhanath Metropolitan City, Pokhara- 11, Fulbari)**

**A Thesis Submitted to the Faculty of Humanities and
Social Sciences, Department of Sociology and
Rural Development, for the Partial Fulfillment
of Master Degree in Sociology**

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This is certified that Mrs. Basanta Adhikari has completed her thesis entitled Role of Mother's Group in Improving Communication Skills and Socio Cultural Status of Women(A Study on Pokhara Lekhanath Metropolitan City, Pokhara- 11, Fulbari). Under my supervision and guidance in partial fulfillment of requirements for the Degree in Master of Arts in Sociology and Rural Development in the form and standard required by the Tribhuvan University. I recommend her thesis for find and approval and acceptance.

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LETTER OF ACCEPTANCE

The Thesis entitled Role of Mother's Group in Improving Communication Skills and Socio Cultural Status of Women (A Study of Bhanu Marga and Dharahara Marga). carried out by Mrs. Basanta Adhikari Under the supervision of Tej Prasad Subedi has been approved by undersigned Thesis Evaluation Committee.

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ABBREVIATIONS

ADB	:	Asian Development Bank
AIDS	:	Acquired Immune Deficiency Syndrome
CBO	:	Community Based Organization
CBPR	:	Community Based Participatory Research
CBS	:	Central Bureau of Statistics
CD	:	Community Development
CDO	:	Chief District Officer
CED	:	Community Economic Development
CF	:	Community Forest
CMIS	:	Community Managed Information System
FUG	:	Forest Users Groups
GAD	:	Gender And Development
GER	:	Gross Enrollment Rate
GO	:	Government Organization
HIV	:	Human Immuno Deficiency Virus
ILO	:	International Labour Organization
INGO	:	International Non-Governmental Organization
M.G.	:	Mothers Group
MDG	:	Millennium Development Goal
NDHS	:	Nepal Demographic Health Survey
NER	:	Net Enrollment Rate
NGO	:	Non-Governmental Organization
PBM	:	Pharmacy Benefit Manager
SLC	:	School Leaving Certificate
SPSS	:	Statistical Package for Social Science
TU.	:	Tribhuvan University
UN	:	United Nation

UNDP	:	United Nation Development Program
UNESCO	:	United Nation Educational, Scientific and Cultural Organization
USAID	:	United Stated Agency for International Development
WAD	:	Women and Development Committee
WID	:	Women in Development

ABSTRACT

This study had primary focused on assessing the role and effectiveness of mothers group in development of communication skills and socio-cultural status of women in Fulbari-11, Bhanu Marga and Dharahara Marga and surrounding locality of Kaski District. In fact it was the general objective of this study however its specific objectives were: To find out the impact of communication of women of mothers group within a society. To explore the major causes behind the establishment of mothers group, To analyze the socio-cultural status of women of the mothers group. From methodological point of view it has followed both descriptive and exploratory research designers as demanded by the nature of the subject matter its study area was located at Bhanu Marga and Dharahara Marga. In this way altogether 134 women respondents were mothers group.

It has made use of more qualitative data collected by using interview schedule as the main tool for data collection observation technique. Key informant interview etc. also helped to collect some important qualitative data. Due to the use of more qualitative data the study has been made of qualitative nature as per the interest of the researcher. The questions in this interview schedule were structure open nature. But in this course the study also has made use of some quantitative data also collected from the same tool. Though the main data used here are primary areas but some secondary data also have been managed analyzed by making used of a computer program, Statistical Package for Social Science (SPSS) presentable data have been shown by using tables frequencies percentage.

On the basis of the above finding it can be concluded that the mothers group has been successful in achieving its goals and objectives to increase the socio-cultural status to date if the same trend continues surely on that area (BhanuMarga and DharaharaMarga) will be in the more benefited side and will be one of the exemplary place by mothers' group activities. Though the activities and programs of the another group are not according to the community development model as practiced by various NGOs, CBOs and INGOs in a community but these have been contributing a lot in the development of their community in various ways. Similarly they are also playing significant role in empowering the people in the community directly or indirectly and also enhancing communal feeling and solidarity. They now know the importance of developing and enhancing communication skills which has help them prosper personally and professionally.

generally mothers group are the group of women only and mostly men in the community are not found to be giving enough attention and support to it. But here is case is different analyzing the support and contribution made by local men in the effort of the mothers group. It can be concluded that real achievement of development of community can be made it both men and women all together forgetting their physical and socio culture differences such development can be sustainable in the long run.