

Faculty of Humanities & Social Sciences

**Post-Graduate Diploma
in
Buddhist Studies**

P.G. Diploma, Buddhist Studies

Curriculum

1999



Curriculum Development Centre
Tribhuvan University
Kirtipur, Kathmandu
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Post-Graduate Diploma in Buddhist Studies

P.G. Diploma, Buddhist Studies

Effective from 1999



Office of the Dean

Faculty of Humanities & Social Sciences

Tribhuvan University

Kathmandu, Nepal

General Objectives

The main objective of this course is to provide a comprehensive knowledge of the origin and development of Buddhism in general with special reference to the introduction and evolution of Buddhism in Nepal and its development into a complex religious system during the medieval period, particularly after the inception of *Mahayana* and *Vajrayana* Schools in the country.

People of Nepal widely practised Buddhism in ancient and medieval periods. They have developed a vast literature, social, cultural and ritual traditions and have preserved the social norms and moral values. These values and educational patterns have firmly preserved their distinctive religious-cultural traditions of this country, thus forming a very potential heritage of Nepal. All such traditions will be areas to be studied under the course of the "Post-Graduate Diploma in Buddhist Studies" (P.G. Diploma in Buddhist Studies) to popularize these traditions for a better future of Buddhist academic tradition in the Kingdom of Nepal. The Buddhists of Nepal have over the ages made laudable contributions by making *stupas*, wood-works, stone-works, painting, etc. which are the exceptional repositories of Nepal. They reflect the artistic genius of the Buddhist architects, craftsmen, painters, woodcarvers, which is the visible document of highest - standard cultural and religious tradition of Nepal. They have even today become the prima-facie cause of the development of tourism in the Kingdom. Education about these splendid traditions will be given to the students by acquainting them with various aspects of Nepalese Buddhism and help preserve the Buddhist cultural traditions of the country. This course will help to have deeper interactions with the Buddhist countries of the world for a better academic exchange in the days ahead.

This course has been divided into five papers, each paper of 10 units, 100 marks, and 150 teaching hrs. Where the paper has been divided into two groups containing heterogeneous course contents, separate papers and copies will be given to the students at the time of examination and the students will have to write answers on the two groups in two separate answerbooks. In the fifth paper group B provision has been made for writing thesis, which will be of 50 full marks. The students will have to submit their thesis as per the rules of Tribhuvan University.

Course Structure

Paper	Code No.	Subject	Full Marks
I	BS. 501	Buddhist Religion and Philosophy	100
II	BS. 502	History of Buddhism and Buddhist Literature	100
III	BS. 503	Buddhist Art and Architecture	100
IV	BS. 504	Buddhism of Nepal	100
V	BS. 505	a) Buddhist Heritage of Northern Nepal - 50 b) Thesis - 50	100

Entrance Qualification

A candidate having a degree of graduation in any subject from Tribhuvan University (T.U.) or from any university recognized by Tribhuvan University, Nepal, can apply for entry into "P.G. Diploma in Buddhist Studies" programme of T.U. one has to appear in the entrance examination and the selection is made on the basis of merit.

Duration and Grading

The Post-graduate Diploma in Buddhist Studies is completed in one academic year, and the grading is as follows:

75 % or above	-	Distinction
60 % or above	-	First Division
50 % or above	-	Second Division
40 % or above	-	Third Division

Buddhist Religion and Philosophy

BS. 501

Paper: I

F.M.: 100

Teach. Hrs.: 150

Course Objectives

The main objectives of this course is to provide a comprehensive knowledge of Buddhist Religion and Philosophy in the context of the religion and philosophy of the world. Special emphasis will be placed on the Buddha's basic principles and doctrines and the development of Buddhist Philosophy in the subsequent phases.

Course Contents

Units

Teach. Hrs.

- | | | |
|------------|--|-----------|
| I | Religion | 15 |
| | a) Definition : Nature and Concepts | |
| | b) General Introduction to World Religions: Hinduism, Islam, Confuciousism, Christianity and Judaism | |
| | c) Buddhism as a Religion | |
| | d) A brief introduction to Jainism | |
| II | Philosophy | 15 |
| | a) Definition : Nature and Concepts | |
| | b) General Introduction of Upanisadic, Nyaya, Sankhya, Yoga, Vaisesika, Purvamimamsa, Uttaramimamsa Carvaka and Jain | |
| | c) Buddhist Philosophy: The Middle Path (madhyamapratipada) | |
| | d) Significance of the Buddha's Silence | |
| III | Basic Philosophical Teachings of the Buddha | 15 |
| | a. <u>Four Noble Truths</u> | |
| | i. Suffering (duhkha) | |
| | ii. Arising of Suffering (duhkhasamndaya) | |
| | iii. The Cessation of Suffering (duhkhanirodha) | |
| | iv. The Path Leading to the Cessation of Suffering (duhkhanirodhagamini pratipada) | |
| | b. <u>Law of Dependent Origination</u> | |
| | i. Ignorance (avidya) | |
| | ii. Karmic Propensities (samskara) | |
| | iii. Consciousness (vijnana) | |
| | iv. Name and Form (nama-rupa) | |
| | v. The Six Sense Spheres (sadayatana) | |
| | vi. Contact (sparsha) | |

- vii. Feeling (vedana)
 - viii. Craving (trisna)
 - ix. Grasping (upadana)
 - x. Becoming or Existence (bhava)
 - xi. Old Age and Death (jaramarana)
 - c. **World With Three Characteristics**
 - i. Impermanence (anitya)
 - ii. Suffering (dukkha)
 - iii. Selflessness (anatma)
- IV Buddhist Liberation 15**
- a. **Arahat and Nirvana**
 - i. Stream Enterer (srotapanna)
 - ii. Once-returner (sakrdagamin)
 - iii. Non-returner (anagamin)
 - iv. Arahat
 - b. **Bodhisattva and Buddhattva**
 - i. Concept of Bodhisattva in Theravada Buddhism
 - ii. Concept of Bodhisattva in Mahayana Buddhism
 - iii. Bodhisattva Bhumi-s:
 - a. pramudita
 - b. vimala
 - c. prabhakari
 - d. arcismati
 - e. sudurjaya
 - f. abhimukhi
 - g. durangama
 - h. acala
 - i. sadhumati
 - j. dharmamegha
 - iv. Buddhattva (Buddhahood)
- V Buddhist Ethics and Perfections 15**
- a) Precepts: i) pancasila ii) astasila, iii) dasasila
 - b) pratimoksa: i) parajika ii) sanghadisesa iii) pacitteya iv) sekhiya
 - c) Bodhisattva - samvara: i) astadasa mulapatti (18), ii) 46 bodhisattva pracitta
 - d) paramita-s: i) Theravada approach, ii) Mahayana approach
- VI Buddhist Meditation 15**
- A General Introduction of Samadhi or Dhyana**
- a. Samatha Meditation
 - b. Vipasyana Meditation

VII	Four Philosophical Schools of Buddhism	15
	<ul style="list-style-type: none"> i. Vaibhasika: Its propounders, texts and principles ii. Sautrantika: Its propounders, texts and principles iii. Madhyamika: Its propounders, texts and principles iv. Yogachara: Its propounders, texts and principles 	
VIII	Religio-philosophical Interpretation of Mahayana Buddhism:	15
	<ul style="list-style-type: none"> a. <u>Religious practices</u> <ul style="list-style-type: none"> i. Mahayana: Meaning, definition, objectives ii. Bodhicitta : Meaning, two stages of Bodhicitta <ul style="list-style-type: none"> -Bodhi- Pranidhicitta, -Bodhi- Prasthancitta iii. Bodhisattva: Meaning, objectives iv. Bodhisattvacarya: Practice of Paramita-s as the Bodhisattvacarya v. Dasabhumisvara as the gradual stages of a Bodhisattva vi. Saptavidhanuttarapuja: The mental worship of Mahayana vii. Recitation of Mahayana Sutra: The meritorious act b. <u>Philosophy</u> <ul style="list-style-type: none"> i. Avarana-s: Meaning, types- klesavarana <ul style="list-style-type: none"> - jneyavarana ii. Nairatmya-s: Meaning, types- pudgala nairatmya <ul style="list-style-type: none"> - dharma nairatmya iii. Satya-s : Meaning, types - sambritisatya <ul style="list-style-type: none"> - paramartha Satya iv. Svabhava-s: Meaning, types- parikalpita <ul style="list-style-type: none"> - paratantra - parinispanna v. Sunyata : Meaning, types 	
IX	Religious - Philosophical Interpretation of Vajrayana Buddhism	15
	<ul style="list-style-type: none"> a. <u>Religious Practices</u> <ul style="list-style-type: none"> i. Vajrayana:- Meaning Definition, Objectives ii. Vajrayana Sadhana: Bijaksara, Devata, Mandala, Puja, Lasya-Nrtya, Giti, Stuti, Dharani, Mantra iii. Abhiseka-s: <ul style="list-style-type: none"> - Position of the Guru, Required qualification of a disciple - Pancabhiseka 	

- b. **Philosophy**
 - i. Prajna - Upaya; Male - Female and Sunyata-Karuna
 - ii. Advaya, Mahasukha
 - iii. Philosophical concept of Pancabuddha, Sriheruka Hevajra and Kalacakra
 - iv. The concept of cittamatra and its implication in Vajrayana
- c. **An Outline of the Religious Concepts and Philosophical Doctrines of the following Lamastic Buddhism**
 - i. Rinin-ma-pa
 - ii. Sa-ska-pa
 - iii. Bkah-rgyud-pa
 - iv. Dge-lugs-pa

X

Some Important Concepts of Buddhism

15

- i. pancaskandha-s
- ii. dhatu-s and ayatana-s
- iii. Four brahmavihara-s
- iv. tri-sarana
- v. tri-yana
- vi. bodhicitta
- vii. sila-samadhi-prajna
- viii. hetu-pratyay
- ix. pudgalanairatmya and dharmanairatyma
- x. klesavarana and jneyavarana
- xi. punyasambhara and jnanasambhara

Recommended Readings:

1. Acharya, Baladeva Upadhyaya, *Bauddha Darsan Mimamsa*, Third Edition, Varanasi: Chaukhamba Vidhya Bhawan, 1978.
2. Acharya, Narendra Dev, *Boudha Dharma- Darshan (Hindi)*, Reprint, Delhi: Motilal Vanarasidas, 1994.
3. Bapat, P.V. *2500 Years of Buddhism*, Fifth Reprint, Delhi: Publication Division, Ministry of Information and Boradcasting Government of India, 1987.
4. Bhattacharya, B., *Buddhist Exoterism*, Reprint, Delhi: Motilal Banarasidass, 1980.
5. Buddhaghosa, Bhadantacariya, (Tr. Bhikshu Nanamoli), *The Path of Purification*, Singapore Buddhist Meditation Center, 1956.
6. Chatterjee, A.K., *The Yogacara Idealism*, Delhi: Motilal Banarasidas, 1962.

7. Dasgupta, S.B., *An Introduction to Tantric Buddhism*, Third Edition, Calcutta: University of Calcutta, 1974.
8. Dutt, Nalinaksha, *Mahayana Buddhism*, Delhi: Motilal Banarasida, 1978.
9. Geshe, Lhundup Sopa & Jeffrey Hopkins, *Practice and Theory of Tibetan Buddhism*, India: B.I. Publication, 1976.
10. Gyaltsen Sakya Dragpa, (Tr. Dr. Mark Tatz), *Chandragomin's Twenty Verses on Bodhisattva Vow*, India: Library of Tibetan Works and Archive, 1982.
11. Gutschow, Neil, *The Nepalese Chaityas*, London: Axel Menges, 1997.
12. Jaidev Singh, *An Introduction to Madhyamaka Philosophy*, Delhi: Motilal Banarasida, 1968.
13. Mittal, K.K., *Sunyavada- The Madhyamika Thought*, Delhi: Department of Buddhist Studies, University of Delhi, 1993.
14. Murti, T.R.V., *The Central Philosophy of Buddhism*. London: Unwin Paperbacks, 1955.
15. Pande, G.C., *Studies in Mahayana*, Saranath: Central Institute of Higher Tibetan Studies, 1993.
16. Piyadassi, Thera, *The Buddha's Ancient Path*. London: Rider and Company, 1964.
17. Radhakrishnan, S. *Indian Philosophy* Vol.I, Oxford University Press, 1929.
18. Shastri, Acarya Shanti Bhikshu, *Bodhicaryavatara (Hindi)*. Lucknow: Buddha Vihara, 1983.
19. Singh, Amar, *The Sautrantika Analytical Philosophy*, Delhi: Dharma Cakra Publications, 1995.
20. Soma Thera, *The Way of Mindfulness*, Reprinted by Singapore Buddhist Meditation Center, First Revised Ed. 1981.
21. Suzuki, Beatrice Lane, *Mahayana Buddhism- A Brief Outline*, New York: Macmillan Company, 1969.
22. Upadhyaya, Bharatsimha, *Bauddhadarsana Tatha Anya Bharatiyadarsana*, Vols.2, Reprint, Delhi: Motilal Banarasidass, 1996.

History of Buddhism and Buddhist Literature

BS. 502

Paper: II

F.M. : 100

Teach. Hrs.: 150

Course Description

This course consists of two groups, namely, Group A: History of Buddhism and Group B: History of Buddhist Literature. Group A will deal with the origin of Buddhism, emergence of various Buddhist sects, schools and expansion of Buddhism in South-East Asia and North-East Asia. This group is divided into five units. Group B will deal basically with the Buddhist Pali and Sanskrit literature. Tibetan Buddhist literature will also be studied in brief.

Course Objectives

The main objectives of this course is to provide a historical account of Buddhism and a chronological as well as descriptive account of Buddhist Literature.

Course Contents

Group A: History of Buddhism 50

Group B: History of Buddhist Literature 50

Group A: History of Buddhism

Units		Teach. Hrs.
I	Origin and Development of Buddhism	15
	i. Life of the Buddha	
	ii. Buddha's First Sermon	
	iii. Formation of Buddhist Order and its Role in the Propagation of Buddhism	
	iv. Mahaparinirvana and Distribution of Buddha's relics	
II	The Role of Buddhist Councils in the Promulgation of Buddhist Canons	15
	i. The First Council	
	ii. The Second Council including the Great Council of Mahasanighika	
	iii. The Third Council	
	iv. The Fourth Council	
III	The Development of Different Schools in Buddhism	15
	i. Development of Eighteen Buddhist Schools	
	ii. Development of Mahayana Buddhist School	
	iii. Development of Vajrayana Buddhist School	

IV	Expanism of Buddhism in Asia	15
	i. Buddhism in South East Asian Countries (Sri Lanka, Myanmar, Thailand and Indo-China)	
	ii. Buddhism in the North-East Asian Countries (Tibet-China, Mongolia, Japan, Korea)	
V	An Introduction to Buddhist Monastic Universities	15
	i. Nalanda	
	ii. Vallabhi	
	iii. Vikramasila	
	iv. Jagaddala	
	v. Odantapuri	
	Group B. <u>History of Buddhist Literature</u>	50
	(a) <u>Buddhist Pali Literature</u>	30
VI	A General Introduction to the Pali Tipitaka-s	
VII	A General Introduction to the Anupitaka-s Milindapanha, Visuddhimagga, Mahavamsa	
VIII	A General Introduction to the Pali Commentary works Dhammapada Atthakatha, Jataka Atthakatha	
	(b) <u>Buddhist Sanskrit Literature</u>	30
IX	A General Introduction to the Mahasanghika and Sarvastivadi Literature Mahavastu, Sarvastivada Tripitaka-s	
X	A General Introduction to the Nava- Vaipulyasutra-s Lalitavistara, Saddharmapundarika, Prajnaparamita (astahasrika).	
XI	A General Introduction to the Tantra Literature Guhyasamaja Tantra, Hevajra Tantra and Kalacakratantra.	
	(c) <u>Tibetan Buddhist Literature</u>	15
	(a) Bkah - hgyur	
	(b) Bstan- hgyur	

Recommended Readings

Group A : History of Buddhism

1. Bapat P.V. (ed.), *2500 Years of Buddhism*, Fifth Edition, Delhi: Publication Division, Ministry of Information and Broadcasting, Govt. of India, 1987.
2. Dutt, Nalinaksha, *Buddhist Sects in India*, Second Edition, Delhi: Motilal Banarasidass, 1978.
3. Hazra, Kanai Lal, *The Rise and Decline of Buddhism in India*, Delhi: Munshiram Manoharlal, 1995.
4. Mukharji, Radhakumud, *Asoka*, Delhi: Motilal Banarasidass, 1972.
5. Pande, G.C., *Studies in the Origins of Buddhism*, Fourth Edition, Delhi: Motilal Banarasidass, 1995.

Group B: History of Buddhist Literature

1. Banerjee, A.C., *Sarvastivada Literature*, Reprint, Calcutta: The World Press Pvt. Ltd., 1979.
2. Banerjee, Biswanath, *Sri Kalacakratantra- Raja*, Calcutta: The Asiatic Society, 1985.
3. Bapat P.V. (ed.), *2500 Years of Buddhism*, Fifth Edition, Delhi: Publication Division, Ministry of Information and Broadcasting, Govt. of India, 1987.
4. Csoma De Koros, Alexander, *Analysis of Kanjur*, Second Edition, Delhi: Sri Satguru Publishers, 1982.
5. Farrow, G.W. and I. Menon, *The Concealed Essence of the Hevajra Tantra*, Delhi: Motilal Banarasidass, 1992.
6. Law, B.C., *A History of Pali Literature*, 2 Vols., Delhi: Indological Book House, 1983.
7. Snellgrove, D.L., *The Hevajra Tantra*, Part I, Reprinted, London: Oxford University Press, 1980.
8. Wayman, Alex, *Yoga of the Guhyasamaja Tantra*, Delhi: Motilal Banarasidass, 1977.
9. Winternitz, Maurice, *History of Indian Literature*, Vol. II, Reprint, Delhi: Motilal Banarasidass, 1993.

Buddhist Art and Architecture

BS. 503

Paper: II

F.M.: 100

Teach. Hrs.: 150

Course Objectives

The main objectives of this course is to provide a comprehensive knowledge of Buddhist Art and Architecture from the beginning to the present time emphasizing the basic features of its development in different historical periods. Special emphasis will be laid on the various forms and patterns of Nepalese Buddhist Art and Architecture and their role in the development of the Buddhism in the Kingdom of Nepal.

Course Content

Units	Teach. Hrs.
I	15
Literary and Archaeological Sources for the Study of the Buddhist Art and Architecture.	
i. Literary	
ii. Archaeological : Rock-cuts, Cave Stones, Stucco, Clay, Terracotta, Metal, Wood, Cloth and Paper	
Group A: <u>Buddhist Art</u>	
II	15
Origin and Development of Buddhist Art	
i. Symbolic representation of the Buddha	
ii. Contributions of Gandhara, Mouryan, Sunga, Kushana, Gupta and Pala-Sena arts to the development of Buddhist Art in India and Nepal	
iii. Study of the canons of early Buddha and Bodhisattva images and sculptural art representing Buddhism	
III	15
The Study of Nepalese Buddhist Images	
i. stone, stucco, clay and terracotta	
ii. metal	
iii. wood	
iv. painting	
IV	15
Comparative Study of the Buddhist Art-traditions of India and Nepal	
V	15
The Study of Nepalese Paintings	
i. Manuscript Paintings	
ii. Wall Paintings	
iii. Painting Traditions of Northern Nepal	
iv. Miscellaneous	

Group B: Buddhist Architecture

- VI Origin and Development of Buddhist Architecture in Nepal 15**
- VII Stupa Architecture of Nepal 15**
- i. Comprehensive study and salient features of the stupas of India and Nepal
 - ii. Chief features of Svayambhu, Baudha, Namobuddha, Tukan-Bahal, Srigha-bahal and Cilanco-chaityas
- VIII Vihara Architecture of Nepal 15**
- i. Comparative study and stylistic features of Vihara architecture of India and Nepal
 - ii. A brief study of the historical Viharas of Nepal - Gum Vihara, Mana Vihara, Raj Vihara,
 - iii. A survey study of the existing Viharas - Rudravarna Vihara,, Hiranyavarna Vihara, Bhaskaravarna Vihara, Mayuravarna Vihar, Keshachandra Paravarta Vihara, Gunakar Mahavihara, Tengboche Gumba
- IX An Outline Study of the Famous Buddhist Temples of Nepal 15**
- i. The Red Matsyendra Temples of Bungmati and Patan
 - ii. Seto Matsyendra Temple of Jana Bahal, Kathmandu
 - iii. Adinath Temple of Chobhar
 - iv. The Karunamaya Temple of Nala
- X A Comprehensive Study of Buddhist Art and Architecture with Special Focus on the Excavated and Existing Remains of the Following Sites 15**
- i. Surkhet
 - ii. Ramgrama, Lumbini, Kapilvastu
 - iii. Mustanga, Western Nepal
 - iv. Kathmandu Valley
 - v. Solukhumbu

Recommended Readings

1. Agrawal V.S., *Indian Art*, Varanasi: Prithvi Prakashan, 1965.
2. Ananda, K. Coomarswami, *History of Indian and Indonesian Art*, London: 1927.
3. Ariand K. Coomarswami, *The Origin of the Buddha Image* Delhi: Munshiram Monoharilal Publisher Pvt. Ltd., 1972.
4. Bajracharya, M.B., *Nepalko Madhyakalin Kala*.
5. Banerjee, N.R., *Nepalese Architecture*, Delhi: Agam Kala Prakasan, 1980.
6. Banerjee, N.R., *Nepalese Architecture*, Delhi: Agam Kala Prakasan, 1980.
7. Bangdel, Lain S. *Inventory of Stone Sculptures of the Kathmandu Valley*, Kathmandu: Royal Nepal Academy, 1995.
8. Battacharya, B. *The Indian Buddhist Iconography*, Delhi: Asian Educational Services, 1993.
9. Battacharya, D.C. *Studies in Buddhist Iconography*. Delhi: Manohar, 1978.
10. Bendall, Cecil, *A Journey of Literary and Archeological Research in Nepal and Northern India During the Winter of 1884-85*. Reprint Biblioltheca Hiamalayica Series 3, Vol. 2, Kathmandu: Ratna Pustak Bhandar, 1974.
11. Bernier, Ronald M. *The Temples of Nepal: An Introductory Survey*. Kathmandu: Voice of Nepal, 1970.
12. Bernier, Ronald M., *The Nepalese Pagoda: Origins and Style*, Delhi: S Chand & Company Ltd., 1979.
13. Bernier, Ronald M., *The Temples of Nepal*, Second Edition, Delhi: S Chand & Company Ltd., 1978.
14. Bhattacharya B.ed. *Sadhanamala* Baroda: Oriental Institute, 1925, Vol. II.
15. Bhattacharya, Benoytosh, *The Indian Buddhist Iconography* 2nd revised ed. Calcutta: Firma K.L. Mukhopadhyay, 1968.
16. Bhattacharya, Benoytosh, ed. *Nispannayogavali* Gaekwad's Oriental Series No. 109. Baroda: Oriental Institute, 1949.
17. Bhattacharya, Benoytosh, ed. *Sadhanamala* 2 vols. 2nd ed. Gaekwad's Oriental Series No. 26, Baroda: Oriental Institute, 1929.
18. Bhattacharya, Deepak Candra, *Tantric Buddhist Iconographic Sources*, New Delhi: Munshiram Manoharlal, 1974.
19. Bhattasali, Naline Kanta, *Iconography of Buddhist and Brahmanical Sculptures in the Dacca Museum*. Varanasi: Indological Book House, 1972.

20. Bhikshu Sudarshan, *Nepali Viharaka Visheshtaharu*, Kathmandu, 1997.
21. Bhiksu Sudarsan, *Padmapani Bodhisattva*, Ratnaman Asokaman Shakya.
22. Bronz, P. *Indian Architecture (Buddhist and Hindu Period)* 3rd Ed. India, 1956.
23. Brown, P. *Indian Architecture (Hindu and Buddhist Period)*.
24. Brown, Percy, *Indian Architecture (Buddhist and Hindu)*. Seventh Reprint, Bombay: Taraporiwala Son & Company Pvt. Ltd., 1976.
25. Brown, Percy, *Indian Paintings Under the Mughal*, Delhi: Cosmo Publications, 1981.
26. Burnier, Ronald M. *The Temple of Nepal*. Kathmandu: 1970.
27. Coomar Swami, Anand K. *The Origin of the Buddha Images*. Delhi: Munshiram Manohar Lall, Pub., 1972.
28. Coomaraswami, Ananda Kumar, *Elements of Buddhist Iconography*, Cambridge: Mass, 1935.
29. Das, Gupta, *Nepalese Miniatures*.
30. Dasgupta, R., *Nepalese Miniatures*, Varansi: Bharatiya Bidya Prakashan, 1968.
31. Deva Krishna, *Buddhist Art of India and Nepal*, Saranath: Central Institute of Higher Tibetan Studies, 1987.
32. Dietrich Seekal, *The Art of Buddhism* Trans. By Ann. E. Keep. London: Methuew, 1965.
33. Dobbins, K. Walton, *The Stupa and Vihara of Kaniska I*, Calcutta: The Asiatic Society, 1971.
34. Hawell, E.B., *Indian Sculpture and Painting*, Third Edition, Delhi: Cosmo Publications, 1980.
35. Hawell, E.B., *The Ancient and Medieval Architecture of India*. London: John Murray, 1913.
36. History of Indian & Indonosian Art.
37. Jass, Burgess, *Buddhist Art in India*, Reprint, Delhi: S. Chand & Company Pvt. Ltd.,
38. John K. Locke, *Buddhist Monasteries of Nepal*, Kathmandu: Sahayogi Press, 1985.
39. Josi, Satya Mohan, *Nepal Bauddha Kala*, Kathmandu: Dharmodaya Sabha, 2500 Buddha Samvat.
40. Walton Doffins, "The Stupa and Vihara of Kaniska" I, Kathmandu: *The Asiatic Society*.
41. Kern, H. *Manual of Indian Buddhism*, Delhi: Motilal Banarasidas, 1974, 1989.

42. Korn, Wolfgang, "The Traditional Architecture of the Kathmandu Valley". *Bibliotheca Himalayica*, Series 2, Vol. 2, Kathmandu: Ratna Pustak Bhandar, 1976.
43. Korn, Wolfgang, *The Traditional Architecture of Kathmandu Valley*, Kathmandu: Ratna Pustak Bhandar, 1972.
44. Kramrish, Stella, *The Art of Nepal*. New York: Asia Society, 1964.
45. Lock, John K. *Buddhist Monasteries of Nepal*, Kathmandu: Sahayogi Press Pvt. Ltd, 1985.
46. Lock, John K. "Rato Matsyendranath of Patan and Bungamati", Kathmandu: T.U. INAS *Historical Series* No.5., 1973.
47. Lokesh Chandra, *Buddhist Iconography*
48. Macdonald A.W. & A.V. Stahl, *Newar Art*, Delhi: Bikash Publishing House, 1979.
49. Murthy, K. Krishna, *Sculptures of Vajrayana Buddhism*, Delhi: Classics India Publications, 1989.
50. Murthy, Krishna K. *Sculptures of Vajrayana Buddhism*, Delhi: Classiss India Pub., 1989.
51. Murthy, Krishna K., *Iconography of Buddhist Deity Heruka*, Delhi: Sundeep Prakashan, 1988.
52. Niels Gutschow, *The Nepalese Caitya*, London: Axel Menges, 1997.
53. Pal, P. *The Arts of Nepal*, Vol. I & II, Leiden: E.J. Brill, 1974.
54. R. Bernier, *The Nepalese Pagoda*.
55. Regmi, D.R. *Ancient Nepal*, Calcutta: Firma K.L.M., 1965.
56. Regmi, D.R. *Medieval Nepal I & II*, Calcutta: Firma K.L.M., 1965-66.
57. Roerich, Jeorge, *Tibetan Paintings*, Delhi: Gian Publishing House, 1985.
58. Deo, *Glimpses of Nepalese woodwork*.
59. Sarasvati, *A Survey of Indian Art*.
60. Shakya, H.R. *Caitya Thagu Atmakatha (Nepal Bhasa)*, Patan: Byakharaj Bajracharya, 1993.
61. Shakya, Min Bahadur, *The Iconography of Nepalese Buddhism*. Lalitpur: Handicraft Association of Nepal, 1994.
62. Sharma, P.R. *An Introduction to the Art and Architecture of Karnali Basin*.
63. Sharma, R.C., *The Splendour of Mathura Art and Museum*, Delhi: D.K. Printworld Pvt. Ltd., 1994.
64. Singh, Madanjeet, *Himalayan Art*, UNESCO Art Books, New York: Grafic Society, 1968.

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72. Swasti Ratna Shakya (ed.), *Buddhist Art and Culture*, Kathmandu: 1991.
73. Vajracarya, Manavajra, *Nepalko Madhyakalin kala*, Kathmandu: HMG Ministry of Information and Broadcasting, n.d.
74. Winstedt, Richard, *Indian Art*, London: Sidgwick and Jackson, 1966.
75. Wolfgang Korn, *The Traditional Architecture of the Kathmandu Valley*, Kathmandu: Ratna Pustak Bhandar, 1979.

Journals:

1. Deo, Shantaram Bhalcandra, "Glimpses of Nepal Woodwork", *The Journal of the Indian Society of Oriental Art* n.s. 3 (1968-9), entire volume.
2. Kooij, Karel Rujik van. "The Iconography of the Buddhist Wood Carvings in a Newar Monastery in Kathmandu (Chusyabaha)", *Journal of the Nepal Research Centre* 1:39-82.
3. Slusser, Mary, and Gautamvajra Vajracarya, "Early Nepalese Sculptures", *The Illustrated London News*, 160:68-73.
4. -----, "Some Nepalese Stone Sculptures: A Reappraisal within Their Cultural and Historical Context", *Artibus Asiae* 35: 1-2, 79-138.
5. -----, "Some Nepalese Stone Sculptures: Further Notes", *Artibus Asiae*, 35:3, 269-70.

Buddhism of Nepal

BS. 504

Paper: IV

F.M.: 100

Teach. Hrs.: 150

Course Objectives

This course introduces the students to the unique Buddhist Tradition and Culture, which have been practised by the Buddhist societies of Nepal since the beginning of Buddhism in the country. The main objective of this course is to impart basic knowledge about Buddhist societies and their sacraments, festivals, cultural values and practices, philosophy, literature and scholars of Nepal.

Course content:

Units		Teach. Hrs.
I	Introduction and Development of Buddhism in Nepal	15
	i. Mythological accounts as depicted in the Svayambhu Purana	
	ii. Literary sources: Buddhist literature, chronicles and foreign accounts	
	iii. Historical accounts of Buddhism with special reference to archaeological evidences from the Licchavi and Malla periods	
II	Buddhist Societies of Nepal	15
	i. Buddhist Societies of Kathmandu Valley: their occupations and their contributions	
III	Buddhist Sacraments of Nepal	15
	i. An Introduction to Samskara karma	
	ii. The Theravadin rites: birth, entry to monkhood, vivaha, pamsakula (death rites) in Nepal	
	iii. The ten Vajrayana rites (dasakarma): the garbhadhana, pumsavana, simantopanayana, jatakarma, namakarana- upanayana, annaprasana, cudakarma, bratabandha, vratamoksana and panigrahana,	
	iv. The other rites: brdhopanayana, and sacraments after death.	
	v. An out line study in the sacraments of other Buddhist community: Tamang, Gurung and Thakali	
IV	Buddhist festivals and pilgrimage sites of Nepal	15
	a. <u>Buddhist festivals</u>	

	<ul style="list-style-type: none"> i. Significance of festivals in Buddhist society. ii. Historical review of the Buddhist festivals in Nepal iii. Important Buddhist festivals of Nepal- Buddha jayanti, vihara puja, samyakbhoja, pancadana, gunla dharma and nalaseva, rato and seto Matsyendranatha rathajatra 	
	<ul style="list-style-type: none"> b. <u>Buddhist Pilgrimage Sites of Nepal</u> <ul style="list-style-type: none"> i. Concepts of pilgrimage in Buddhism ii. History of Buddhist pilgrimage iii. Buddhist pilgrimage sites of Nepal- Lumbini, Ramgram, Svayambhu, Baudha, Four-Kurunamaya-s of Valley, Four Yogini-s of Valley, Dvadasatirtha-s and AstavaitaragaTirtha-s 	
V	Moral practices in Nepalese Buddhism	15
	<ul style="list-style-type: none"> i. Buddhist Ordination ii. Vajracharya Initiation iii. Vrata-s : types, objectives 	
VI	Spiritual Practices in Nepalese Buddhism	15
	<ul style="list-style-type: none"> i. Samadhi: threefold-samadhi: the ritualistic aspect ii. Threefold- samadhi: the practical aspect iii. Yoga- sadangayoga: pratyahara, dhyana, pranayama, dharana, anusmrti, samadhi. 	
VII	Conceptual Framework of Nepalese Buddhism	15
	<ul style="list-style-type: none"> i. The Mahayana theory ii. The Vajrayana theory iii. The Four Philosophical Schools of Buddhism: Vaibhasika, Sautantrika, Madhyamika and Yogacara 	
VIII	Buddhist Order and Monasteries of Nepal	15
	<ul style="list-style-type: none"> a) Buddhist order (sangha) and monasteries in ancient period b) Traditional Buddhist orders and monasteries of Nepal <ul style="list-style-type: none"> i. Traditional Orders: Sakya-Bhikshu-sangha, and Acharya (Vajracharya)- <i>Sangha</i>. ii. The baha-s and bahi-s of Kathmandu Valley iii. Sacred order in the Gompas of Northern Nepal 	
IX	Buddhist Literature of Nepal and Prominent Nepalese Buddhist Acharya-s of ancient period	15
	<ul style="list-style-type: none"> a. <u>Buddhist Literature of Nepal</u> <ul style="list-style-type: none"> i. Importance and Position of Navasutra-s in Nepalese Buddhism 	

- ii. Importance and position of Pancaraksha sutra, Mahapratyngira sutra, Aparimityu sutra, and Grahamatrika patha
- iii. A general introduction to Buddhist tantra literature: Durgati parisodhana tantra, Karaviratantra, samarodaya tantra, and Vajravarahikalpa.

b. **Prominent Nepalese Buddhist Acharya-s**
 Buddhahadra, Silamanju, Bandhudatta,
 Bagisvarakirti, Advayavajra, Samantasri
 Punyakarabhadra

X Recent Awakening of Buddhism in Nepal 15

- i. The Theravada movement in Nepal after 1940 A.D.
- ii. The Mahayana development with special reference to the
- iii. Scholarly contributions of Pt. Amritananda, Dharmaditya and Nisthananda
- iv. Advent of Northern Buddhist schools in Kathmandu Valley.

Recommended Readings

1. Amritananda, Bhiksu, *A Short History of Theravada Buddhism in Modern Nepal*, Third Edition, Kathmandu: Anandakuti Vihara Trust, 1986.
2. Anderson, Mary M. *The Festivals of Nepal*. London: Geo. Allen and Unwin Ltd., 1971.
3. Aryal, Mukund, ed. *Dharmakosha Sangrha*. Kathmandu: Royal Nepal Academy, 1999.
4. Bajracharya, B.R. *Buddhism of Nepal*, Kathmandu: Anandkuti Vihara Trust, 1986.
5. Bajracharya, Badriratna and Ratnakaji, *Nepal Jana-Jivana Kriya Paddhati*, Kathmandu: Authors, 1963.
6. Bajracharya, Mana Bajra, *Mythological History of the Nepal Valley from Swayambhu Purana*, Kathmandu: Avalok Publishers, 1978.
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8. Banerjee, B. Ed. *Srikalacakratantraraj*. Calcutta: The Asiatic Society, 1985.
9. Banerjee, Biswanath, *Srikalacakratantra-Raja*, Calcutta: The Asiatic Society, 1985.

10. Bapat, P.V. ed. *2500 Years of Buddhism*, Fifth Reprint, Delhi: Division of Publication, Ministry of Information and Broadcasting, Govt. of India, 1987.
11. Bu-sTon, *The History of Buddhism in India and TibetI*, Delhi: Sri Satgura Publication, 1986.
12. Chatterjee, A.K., *The Yogacara Idealism*, Delhi: Motilal Banarasidass, 1962.
13. Farrow, G.W. and I. Menon, *The Concealed Essence of the Hevajra Tantra*, Delhi: Motilal Banarasidass, 1992.
14. *Gopalarajavamsavali*, Edited and translated by Dhanavajra Vajracarya and Kamal P. Malla, Nepal Research Centre Publication No. 9. Wiesbaden: Franz Steiner Verlag, 1985.
15. Gyawali, Surya Bikram, *Nepal Upatyakako Madhyakalin Itihas*, Kathmandu, Royal Nepal Academy, 2019 V.S.
16. Hasrat, Bikrama Jit, ed. *History of Nepal*, As told by its own and contemporary chroniclers Hosiarpur: Author, 1970.
17. Joshi, S.L. *Nepal Under Amisuvama*, Delhi: Anmol Publications, 1993.
18. Lama, Taranath. *History of Buddhism in India*. Trans. Lama, Rigzim, Lundup (Hindi), Patna: K.P. Jayaswal Research Institute, 1971.
19. Lock, John K. *Rato Matsyendranth of Patan and Bungamati*. Tribhuvan University, Institute of Nepal and Asian Studies, Historical Series no. 5. Kathmandu: 1973.
20. ---- *Karynamanya*, The Cult of Avalokitesvara-Matsyendranth in the Valley of Nepal. Kathmandu: Sahayogi Prakashan/CNAS, 1980.
21. Mitra, Rajendralal, *Sanskrit Buddhist Literature of Nepal*. 1982. Reprint. Calcutta: Sanskrit Pustak Bhandar, 1971.
22. Mittal, K. K., *Sunyavada - The Madhyamika Thought*, Delhi: Department of Buddhist Studies, University of Delhi, 1993.
23. Mukharji, Radhakumud, *Asoka*, Delhi: Motilal Manarasidas, 1972.
24. Nepali, Gopal Singh, *The Newars*, Bombay: United Asia Publications, 1965.
25. Oldfield, Henry Ambrose, *Sketches from Nipal*, 2 vols, 1880, Reprint, Delhi: Cosmo Publications, 1974.
26. *On Yuan Chwang's Travels in India*, Trans. Thormas Walters, Delhi: Munshi Ram Manohar Lal, 1961.
27. Pradhan, B.L., *Buddhism in Nepal (Nepali)*. Kathmandu: Royal Nepal Academy, 1990.

28. Ram, Rajendra, *A History of Buddhism in Nepal* (A.D. 704-1396). Delhi: Motilal Banarasidas, 1978.
29. Roerich, George, ed. and tr. *The Blue Annals* 2 vols. Calcutta: The Royal Asiatic Society of Bengal, 1949.
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42. Vajracharya, Dhanavajra, *Licchavikalaka Abhilekh*, Second Edition, Kirtipur: CNAS, 1997.
43. Wright, Daniel ed. *History of Nepal* Translated from the Parbatiya by Munshi Shew Shunker Singh and Pandit Sri Gunanand. 1958. Reprint. Kathmandu: Nepal Antiquated Book Publishers, 1972.

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1. Allen, Michael, "Buddhism Without Monks: The Vajrayana Religion of the Newars of Kathmandu Valley," *South Asia* 3 (1973):1-4.

2. Brough, John, "Nepalese Buddhist Rituals," *Bulletin of the School of Oriental and African Studies* 3 & 4 (1948): 668-76.
3. Chattopadhyaya, K.P. "An Eassy on the History of Newar Culture", *Journal and Proceedings, Asiatic Society of Bengal*, n.s. Vol. 19, 10: 465-560.
4. Dip, Dhruba Krsna, "panc Dhyani Buddha", *Prajna* 9:36-44,
5. Gutschow, Niels and Hemraj Sakya, "The Monasteries (baha and bahi) of Patan-- A Contribution Towards the Cultural Topography of a Newar Town," *Journal of the Nepal Research Centre* 161-174.
6. Joseph, Marietta B. "The Vuiharas of the Kahmandu Valley: Reliquaries of Buddhist Culture", *Oriental Art*, Vol. XVII, 2: 1-23.
7. Leinhard, Siegfried. "Nepal: the Survival of Indian Buddhism in a Himalayan Kigdom", in Heinz Bechert and Richard Gombrich eds., *The World of Buddhism, buddhist Monks and Nuns in Society and Culture* (London: Thames and Hudson, 1984), p. 108-14.
8. Lock, John K. "Newar Buddhist Initiation Rites". *Contributions to Nepalese Studies* Vol. II, 1:1-23.
9. Macdonald, Alexander W. "A Little-read Guide to the Holy Places of Nepal." *Kailash* Vo. 3 2:89-19.
10. Panta, Mahesh Raj, "Newara Kingdom and Brahaman, Regarding Rajvihara", *Purnima*, Kathmandu: No. 85.
11. Panta, Mahesh Raj, "Two Manuscripts of Prajnaparamita", *Purnima*, Kathmandu: No. 73.
12. Panta, Mahesh Raj, "Two Manuscripts of Prajnaparmita", *Purnima*, Kathmandu: No. 74.
13. Riccardi, Theodore, Jr. "Buddhism in Ancient and Early Medieval Nepal", in A.K. Narain, ed., *Studies in History of Buddhism* (Delhi: B.R. Publishing Corp., 1980), p.265-281.
14. Shastri, G. C. "Hinduism and Buddhism in Nepal." *Ancient Nepal* 4:48-51.
15. Vajracarya, Dhanavajra, "Cumvihara", *Madhuparka*, Baisakh, 2029 V.S. 22-25.
16. -----, "Samsuddhinko Akraman," *Purnima* 8:6-13.
17. Vajracarya, Kabiraj Dhanaratna, "Kasi Svayambhu Nepalma Agama," *Gorkhapatra*, 8 Kartik 2032, p.8.

Buddhist Heritage of Northern Nepal and Thesis

BS. 505

**Paper: V
F.M. : 50
Teach. Hrs.: 75**

Group A: Buddhist Heritage of Northern Nepal

Course Objectives

The Nepal Himalaya presents distinct religious values. The main objectives of teaching this course is to provide general knowledge of Himalayan Buddhist heritage in terms of sacred-secular concept, cosmology, aesthetic values, peace, spiritual and source of inspiration.

Course Contents

Units		Teach. Hrs.
I	Land, People and Cosmology	15
	a. <u>Land and People</u>	
	i. Geography, ecology and environment	
	ii. Buddhist communities of the Nepal Himalayas	
	iii. Their occupations	
	b. Prayers, Sermons, death and demons in Northern Buddhist cosmology	
II	History of Buddhism in Northern Nepal	15
	a) Introduction of Bon religion	
	b) Historical development of Lamaistic Buddhism in Tibet and Nepal Himalayas	
	c) Buddhism in Laddakh, Sikkim and Bhutan	
	d) Schools of Lamaistic Buddhism	
	i. Rnin-ma-pa	
	ii. Sa-skyapa	
	iii. Bkah-rgyud-pa	
	iv. Dge-lugs-pa	
	v. Rime	
III	Monastic Institutions	15
	i. Organization of monastic institutions	
	ii. Hierarchy of the Lamas	
	iii. Religious calendar of Gompa	
	iv. Altar worship and ritual objects	
	v. Relationship between Animism and Buddhism	

IV Buddhist Pilgrimage and Festivals 15

a. Pilgrimage

- i. Religious significance of four major pilgrimages and eight minor pilgrimages
Kailasha- Manasarovara, Kathmandu Valley, Lapchi in Dolakha, Chari in Sikkim, Lumbini, Bodhagaya, Saranath, Muktinath

b. Buddhist Festivals

- i. Lo Sar
- ii. Nyungne
- iii. Yar tong
- iv. Tyiji
- v. Dumji
- vi. Mani Rimdu
- vii. Nara

V Study of Important Buddhist Centers of the Nepal Himalayas 15

- i. A general Survey of Himalayan Buddhist monasteries in Nepal.
- ii. Limi Gompa in Humla
- iii. Bon Gompa in Dolpa
- iv. Tsarang Gompa in Mustang
- v. Tashi Gompa (Nunnery) in Dolakha
- vi. Thubten Chhyo Ling Gompa and Tengboche Gompa in Solukhumbu.

Recommended Readings:

1. Bell, Sir Charles, *Religions of Tibet*, reproduced, Delhi: Low price Publications, 1997
2. Donald, S. Lopez, *Religion of Tibet*, Revised Edition. Delhi: Munshiram Manoharlal, 1997.
3. Giupspe, Tucci, *The Religion of Tibet*, Delhi: Allied Publishers, 1980.
4. Kunwar, Ramesh Raj, *Fire of Himal : An Anthropological Study of the Sherpas of Nepal Himalayan Region*. Delhi: Nirala Publications, 1989.
5., *Tourism and Development* (Only Pilgrimage Chapter), Kathmandu: Laxhmi Kunwar, 1997.
6., *Himalayan Heritage, A Study of Society, Culture and Nepal*, Kathmandu: Laxhmi Kunwar, 1999.
7. Samual Geoffrey, *Civilized Shaman*, Nepal Edition, Kathmandu: Mandala Book Point, 1995.

8. Snellgrove, D.L. *Buddhist Himalaya*, London: Bruno Cassirer (Publishers) Ltd, 1957.
9. Stein, R. A., *Tibetan Civilization*, London: Faber & Faber Ltd. 1972.

In this paper (Paper V, Group B), provision has been made for writing a thesis which will be of 30 marks. The students will prepare and submit their thesis proposals to the Head of the Department before the end of the academic session. The Department will provide supervision during the field work and writing of the thesis. The students shall have to submit the thesis as per the rules of the University.

Group B: Thesis

In this paper (Paper V, Group B), provision has been made for writing a thesis, which will be of 50 marks. The students will prepare and submit their thesis proposals to the Head of the Department before the end of the academic session. The Department will provide supervision during the field work and writing of the thesis. The students shall have to submit the thesis as per the rule of the University.