

Tribhuvan University

Influence of *Karmayoga* in Mahatma Gandhi's Life

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Letter of Recommendation

Mr. Rajendra Lamsal has completed his thesis entitled “**Influence of *Karmayoga in Mahatma Gandhi's Life***” under my supervision. He carried out his research from September 2009 (A.D.) to April 2010 (A.D.). I hereby recommend his thesis be submitted for viva voce.

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Letter of Approval

The thesis entitled "**Influence of *Karmayoga* in Mahatma Gandhi's Life**" submitted to the Central Department of English, Tribhuvan University by Rajendra Lamsal has been approved by the undersigned members of the Research Committee.

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Rajendra Lamsal

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Abstract

This research has attempted to explore the fact that Mahatma Gandhi's life was hugely influenced by the philosophy of *karmayoga* of *The Gita*. Gandhi's peaceful crusade against hatred and animosity was fortified by his firm conviction in non-violence and self-less action, which are the main forces of *karmayoga*. Gandhi devoted his whole life for the sake of humanity and became martyr for the same, but he never expected anything in return. His rejection of political power and position was motivated by the philosophy of *karmayoga*. Gandhi remained unperturbed under any circumstance and was never won over by sensory emotions. He had full grip over the sense organs and his mind was trained to perceive the world equanimously. Gandhi had assimilated the fact that *yoga* should not be made an excuse for lethargic gossip and retreat to indolence rather it must be the approach to serve humanity selflessly. Hence, in this research, the researcher has tried to assess Gandhi's life in the criterion of *karmayoga*.

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