

Tribhuvan University

Psychological Interaction in Transitional Phase between Childhood to Adulthood in

Sandra Cisneros's *The House on Mango Street* and Stephen Chbosky's

The Perks of Being a Wallflower

A Dissertation Submitted to the Central Department of English in Partial Fulfillment

of Master of Philosophy in Humanities

Submitted by

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Letter of Recommendation

Sandeshori Maharjan has completed his thesis entitled “Dialectics of Expressivity and Adaptation in Stephen Chbosky's *The Perks of Being a Wallflower* and Sandra Cisneros's *The House on Mango Street*” under my supervision. She researched it from January 2021 to November 2023. I hereby recommend his research work be submitted for viva voce.

Prof. Dr. Dhruva Karki

Supervisor

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Letter of Approval

This thesis entitled "Dialectics of Expressivity and Adaptation in Stephen Chbosky's *The Perks of Being a Wallflower* and Sandra Cisneros's *The House on Mango Street*" submitted to the Central Department of English, Tribhuvan University, by Sandeshori Maharjan, has been accepted by the undersigned members of the Research Committee for the award of the Degree of Master of Philosophy in English.

Members of the Research Committee:

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Abstract

This work has explored psychological interaction and transformation of young between child to adult period which is transitional phase of individual life. The novels, Stephen Chbosky's *The Perks of Being a Wallflower* and Sandra Cisneros's *The House on Mango Street*, present child characters who are in between childhood to adulthood phase and experience complicated world after they are connected in external world. The crucial phase of life is in continual change and everyone experiences physical, psychological and intellectual shifting. The phase relates to external world and experiences them but it determines personal choice, familial influence and socio-cultural learning. The theoretical insight coming age of narrative introduces idea that childhood to adulthood phase is considered as identity formation. In course of creating and forming personal self, both psychological aspect and external factor have perpetual influence. During the phase, an individual experiences physical, psychological and ideological change and it is difficult to manipulate them.

Esperanza and Charlie in the novels are unable to interact with external factors and find contradictory reality as they have wished or dreamt. Without have sufficient interaction and communication, both of them experience suffocated and isolated. Though having similar group, both of them have different socio-cultural context and as the context their experiences are different. The transformation results in both of the characters differently. Esperanza realizes the discrimination over the girls. Similarly, she finds how girls endeavor to live in their world of dream that turns into reality at a time in life. However, she seeks to come out of that world so that she can live and survive alone in the apartment. The transformation of Charlie presents him as a different character.

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