

**Tribhuvan University**  
**Faculty of Humanities and Social Sciences**

**Psychosexual Revelation in Kamala Das' *My Story***

**A Dissertation**

**Submitted to the Faculty of Humanities and Social Science**

**In Partial Fulfillment of the Requirements for the**

**Degree of Masters of Arts in English**

**By**

**Sakuntala Baral**

**Central Department of English**

**Kirtipur, Kathmandu**

**March, 2015**

**Central Department of English**

**Kirtipur, Kathmandu**

**Letter of Recommendation**

Sakuntala Baral has completed her thesis on ‘Psychosexual Revelation in Kamala Das’ *My Story*’ under my supervision. She carried out this research paper from September 2014 to March 2015. I hereby recommend her thesis to be submitted for viva voce.

---

Dr. Anirudra Thapa

Supervisor

Date: \_\_\_\_\_

## Letter of Approval

This thesis entitled, 'Psychosexual Revelation in Kamala Das' *My Story*' submitted to the Centre Department of English, Tribhuvan University, by Sakuntala Baral has been approved by the undersigned member of the research committee.

Members of Research Committee:

---

---

Internal Examiner

---

---

External Examiner

---

---

Head

Central Department of English

---

Date: \_\_\_\_\_

## **Acknowledgements**

I am particularly grateful to my thesis supervisor Mr. Anirudra Thapa, a lecturer of Central Department of English, Tribhuvan University, Kirtipur for his priceless supervision on my research.

I am equally gratified to Prof. Dr. Amma Raj Joshi, the head of Central Department of English, TU, Kirtipur, for his patronage to complete this study. Likewise, my respectable teachers Hemlal Pandey, Jivanath Lamsal, Raju Baral and Khemraj Khanal are praiseworthy for their kind suggestions and help to conduct this research.

How can I be silent without honoring my parents who are encouraging me at every step of life? Therefore, I express the inexpressible respect to my father, mother, sister and brother.

Finally, all my friends, including Deep, Subodh, Manju, Bikash, Sulochana deserve thanks for their company whether, to collect materials or to discuss ideas.

Sakuntala Baral

March, 2015

## **Abstract**

The thesis entitled "Psychosexual Revelation in Kamala Das' *My Story*" concerns with the emotional and behavioral aspect of sexuality of the narrator. The unfulfilled inner biological sexual need remains in the latent level as the society takes it as a taboo. But that unfulfilled desire determines the behavior of narrator in the performance level. Kamala Das, a woman of forty two years is suffering from both mental as well as physical problems in her life. The main reason for it, is the repression of her sexual desire. The society of post-independence India is patriarchal rule based where the exploration of sexual desire is obscene and is a crime. She fights against the canonical rules of patriarchal society and openly speaks her sexual needs and desires, though it is restricted in contemporary society. She presents herself as a representative of all women in patriarchal society. As a victim of patriarchal society, she faces many problems in her life.

Through *My Story*, she expresses her sexual desires and her attempt to fulfill it. Her struggle to fulfill the unfulfilled sexual desire shows her awareness of sexuality. Das confesses her pre-marital and post marital love affairs, homosexual and heterosexual relationship, unsuccessful married life and her quest for love and sex. By revealing her dark desires, she wants to go against of the society where such sexual revelation is not taken as a matter of discussion. These all events provide background for the psychosexual development of the autobiographer in this thesis work. This paper is conducted, particularly on the basis of Freudian psychoanalysis where Das's emotional and behavioral aspect is studied minutely.

## Contents

	Page No
Acknowledgement	
Abstract	
I. Psychosexual Revelation and Kamala Das's <i>My Story</i>	1-14
II. Exploration of Inner Self and Patriarchy	15-45
III. Manifestation of Psychosexual Aspect in <i>My Story</i>	46-48
Works Cited	