

Tribhuvan University

Problem Parents and Abject Young Adults in Fleischman's *Breakout* and Klause's *Blood and Chocolate*

A Thesis Submitted to the Central Department of English in Partial Fulfillment of the Requirements for the Degree of Master of Philosophy in English

By

Laxmi Kumari Chaudhary

T.U. Registration no. 6-1-12-148-2006

Central Department of English

Kirtipur, Kathmandu

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Tribhuvan University

Central Department of English

Kirtipur, Kathmandu

Letter of Recommendation

LaxmiKumariChaudhary has completed her M.Phil. Thesis entitled “Problem Parents and Abject Young Adults in Fleischman’s *Breakout* and Klause’s *Blood and Chocolate*” under my supervision. She has carried out her research from December 2017 to July 2018. I hereby recommend this thesis to be submitted for viva voce.

Supervisor

Dr. Hari Adhikari

Central Department of English

TU, Kirtipur

Date:

Tribhuvan University

Faculty of Humanities and Social Sciences

Letter of Approval

This is to certify that the thesis entitled “Problem Parents and Abject Young Adults in Fleischman’s *Breakout* and Klaus’s *Blood and Chocolate*” by Laxmi Kumari Chaudhary, submitted to the M.Phil. Program in English, Central Department of English, Tribhuvan University has been approved by the undersigned members of the Research Committee.

Members of Research Committee:

Internal Examiner

External Examiner

M.Phil. Program Coordinator

Central Department of English

Head of Central Department of English

Date:

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Abstract

This study explores the improper parenting on the invitation of young adult abjection in Paul Fleischman's *Breakout* and Annette Curtis Klause's *Blood and Chocolate*. Young adult characters change the old rules. However, they have to suffer for the innovative world without proper parental guidance. Parents' misjudgements mislead to their young adult daughters and sons. Both novels examine the characteristics of young adults' unfit behaviors against the established social rules. Young adults incessantly search for their own suitable norms and values. Psychological impacts they form from adults' misbehavior. The actions are on a violent-neglectful nature that is based on Julia Kristeva's theory of abjection and Karen Koats' analysis of abjection. Psychologists Lacan, Freud, Psychoanalysts Zimbardo, and Vogel's perspectives of young adults' abjection are discussed in this research work. Young adults are driven by emotion of anger, love, and envy for their decisions that create abjection. The major argument of my thesis is young adults are neglected by parents that makes them rebellious on the breaking rules of society create self-abjection for themselves. Parents, elders, adults are needed to provide them right suggestion in right time for the approval of their powerful physical and mental ability for the right purpose.

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