

**DOMESTIC VIOLENCE AGAINST WOMEN: A CASE  
OF WALING-13, SYANGJA**

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## **LETTER OF RECOMMENDATION**

This dissertation entitled “**DOMESTIC VIOLENCE AGAINST WOMEN: A CASE OF WALING-13, SYANGJA**” has been prepared by **Parishour Neupane** under my supervision and guidance. I, therefore, recommend this dissertation to Evaluation Committee for its final approval.

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## LETTER OF APPROVAL

The Evaluation committee has approved this dissertation entitled “**DOMESTIC VIOLENCE AGAINST WOMEN: A CASE OF WALING-13, SYANGJA**” submitted by **Parishour Neupane** for the partial fulfillment of the requirement for the Masters of Arts Degree in Sociology.

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# TABLE OF CONTENTS

	<b>Page No</b>
<i>Letter of Recommendation</i>	<i>i</i>
<i>Letter of Approval</i>	<i>ii</i>
<i>Acknowledgements</i>	<i>iii</i>
<i>Table of Contents</i>	<i>iv</i>
<i>List of Tables</i>	<i>vi</i>
<i>List of Figures</i>	<i>vii</i>
<i>Abbreviations and Acronyms</i>	<i>viii</i>
<i>Abstract</i>	<i>ix</i>

## CHAPTER I

### INTRODUCTION

1.1	Background of the Study	1
1.2	Statement of the Problem	4
1.3	Objectives of the Study	5
1.4	Significance of Study	5
1.5	Limitations of the Study	5
1.6	Organization of the Study	6

## CHAPTER II

### LITERATURE REVIEW

2.1	Concept of Domestic Violence	7
2.2	Theoretical Overview	14
2.3	Review of Previous Studies	18
2.4	Conceptual Framework	25

## CHAPTER III

### RESEARCH METHODOLOGY

3.1	Rationale of the Selection of the Study Area	26
3.2	Research Design	26
3.3	Nature and Source of Data	26
3.4	Universe and Population	27

3.5	Primary Data collection Tools and Techniques	27
3.6	Data Collection Procedures	28
3.7	Data presentation and Analysis	28

## **CHAPTER IV**

### **DEMOGRAPHIC PROFILE OF THE RESPONDENTS**

4.1	Age Structure	29
4.2	Types of Religion	30
4.3	Caste and Ethnicity	30
4.4	Occupational Status	31
4.5	Literacy	32
4.6	Educational Status	33
4.7	Types of Family	34
4.8	Types of Marriage	35
4.9	Age at Marriage	36

## **CHAPTER V**

### **ANALYSIS OF CAUSES OF DOMESTIC VIOLENCE**

5.1	Knowledge on DVAW	38
5.2	Type of Domestic Violence they Heard	39
5.3	Agents of DVAW	40
5.4	Prevalence of Domestic Violence	40
5.5	Causes of Domestic Violence against Women	41
5.6	Frequency of DVAW in Respondents' Family	43
5.7	Type of Domestic Violence they Suffered	44
5.8	Dispute/Quarrel with Family Members	45
5.9	Reasons for Dispute/Quarrel to the Family Members	46
5.10	Persons Having Dispute/ Quarrel	47
5.11	Disputes/Quarrel that Ends in Physical Violence	47

## **CHAPTER VI**

### **ANALYSIS OF CONSEQUENCES OF DOMESTIC VIOLENCE**

6.1	Impacts on Family	49
6.2	Physical Violence	50
6.3	Treatments to the Physically Injured	51
6.4	Impacts Faced by the Respondents	52
6.5	Frequency of Physical Violence	53
6.6	Psychologically Affected Respondents	53
6.7	Treatments to Psychologically Affected	54
6.8	Impacts to the Respondents	55
6.9	Occurrence of Psychological Violence	56

## **CHAPTER VII**

### **SUMMARY, CONCLUSIONS AND RECOMMENDATIONS**

7.1	Summary	57
7.2	Conclusions	59
7.3	Recommendations	60

<b>REFERENCES</b>	<b>61-63</b>
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### **APPENDICES**

## LIST OF TABLES

	<b>Page No</b>
Table 4.1 Distribution of Respondents by Age	29
Table 4.2 Distribution of Respondents by Religion	30
Table 4.3 Caste and Ethnicity of the Respondents	31
Table 4.4 Distribution of Respondents by Occupation	31
Table 4.5 Distribution of Respondents by Literacy Status	32
Table 4.6 Age at Marriage of the Respondents	37
Table 5.1 Types of domestic Violence they Heard	39
Table 5.2 Agents ofDVAW	40
Table 5.3Causesof domestic violence against women	41
Table 5.4 Frequency of DVAW in Respondent's Family	43
Table 5.5 Type of Domestic Violence they suffer from	44
Table 5.6 Reasons for Dispute/Quarrel to the Family Members	46
Table 5.7 Persons having Dispute/Quarrel of the Respondents	47
Table 5.8 Dispute/Quarrel that Ends in Physical Violence	48
Table 6.1 Impacts on Family due to Domestic Violence	49
Table 6.2 Treatments given to those who are physically injured	52
Table 6.3 Distribution of Respondents by their Impacts	52
Table 6.4 Treatments to Psychologically Affected	54



## LIST OF FIGURES

	<b>Page No</b>
Figure 4.1 Educational Status of the Respondents	34
Figure 4.2 Types of Family	35
Figure 4.3 Types of Marriage	36
Figure 5.1 Knowledge on DVAW	38
Figure 5.2 Prevalence of Domestic Violence	41
Figure 5.3 Dispute/Quarrel with Family Members	45
Figure 6.1 Distribution of Physically injured Respondents due to Domestic Violence	50
Figure 6.2 Distribution of Frequency of Physical Violence	53
Figure 6.3 Distribution of Psychologically Affected Respondents	54
Figure 6.4 Impacts to the Respondents	55
Figure 6.5 Distribution of Occurrence of Psychological Violence	56

## **ABBREVIATIONS AND ACRONYMS**

CBO	Community Based Organization
CBS	Central Bureau of Statistics
CDO	Chief District Officer
CEDAW	Convention on the Elimination of all forms of Discrimination Against Women
DDC	District Development Committee
DFID	Department for International Development
DVAW	Domestic Violence against Women
DWSS	Department of Water Supply and Sewerage
FGDs	Focused Group Discussions
FWLD	Forum for Women, Law and Development
HDR	Human Development Report
IEC	Information, Education and Communication
INGOs	International Non-Governmental Organizations
LACC	Legal Aid Consultancy Center
NGO	Non –government Organization
TU	Tribhuvan University
UN	United Nations
UNDP	United Nations Development Program
UNFPA	United Nations Population Fund
UNICEF	United Nations Children's Fund
USA	United States of America
VAW	Violence against Women
VAW&G	Violence Against Women & Girls
WDO	Women's Development Officer
WHO	World Health Organization
WOREC	Women's Rehabilitation Center

## **ABSTRACT**

*Domestic violence refers to physical, sexual, psychological, and economic abuse from an intimate relationship due to unequal power structure between men and women. It is often underreported because of social stigma, uncertainty of safety, and lack of appropriate response from institutions meant to protect them. Data on this issue is scarce as there are very few studies on the subject. A higher level of domestic violence against women exists in Nepal and highly educated families as well because they are taught their duties but not their rights so those who decide to come forth demanding justice face an uphill task. It is said that there are more than 100 discriminatory legal provisions against women that denied them from enjoying equal rights within the law and being protected from violence from families, communities and the state. Women are thus denied the most fundamental Human Rights: namely life, liberty, bodily integrity and dignity of the person. Women's organizations and Mother Groups in rural areas have started reacting through social action and mass protest against it. This paper tries to reveal the causes and consequences of domestic violence against women.*

*For the purpose of the study, the researcher had applied the social science research methodology. The study was held on both exploratory and descriptive research design. The sources of data were both primary and secondary and the natures of data were both secondary were both qualitative and quantitative. 100 samples are chosen purposively for the study.*

*The problem of domestic violence against women has grown so terribly huge and has rooted up to the depth of this society that to prevent easily in just a click remains a fantasy. Though most of the respondents are familiar about domestic violence, majority of the cases are related with beating, battering, punish their spouse by drinking alcohol and drug abuse, patriarchy, child marriage/ polygamy are the major causes of domestic violence in that area that causes domestic violence. Physical torture is common to the victims whereas other types are less common. Most of the disputes happened on simple matters such as simple mistakes and verbal abuse which end with violence which are happened within the household chores. Mother in law*

*and husbands are mainly involved in such disputes. So, efforts should be done from the basic level by educating every people and make them aware.*

*Most of the respondents are facing different problems. Physical injury, mental tension, depression are common consequences among the respondents. A few of the respondents are treated physically and psychological counseling. So, careful and effective efforts should be made first in household level, then in the society and then in the national level to gain a satisfactory progress against the domestic violence cases.*