

# **ACTIVITIES OF FEMALE TEACHERS FOR THEIR PROFESSIONAL DEVELOPMENT**

**A Thesis Submitted to the Department of English Education  
In Partial Fulfilment for the Masters of Education in English**

**Submitted by  
Sita Shrestha**

**Faculty of Education  
Tribhuvan University, Kirtipur  
Kathmandu, Nepal**

**2015**

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## **RECOMMENDATION FOR ACCEPTANCE**

This is to certify that **Miss Sita Shrestha** has prepared this thesis entitled **Activities of Female Teachers for their Professional Development** under my guidance and supervision.

I recommend this thesis for acceptance.

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## **DECLARATION**

I hereby declare that to the best of my knowledge this thesis is original; no part of it was earlier submitted for the candidature of research degree to any university.

Date: 11/ 04 / 2015

.....

**Sita Shrestha**

# **DEDICATION**

**Dedicated**

**to**

**My Parents who devoted their entire life to make me  
what I am today**

## ACKNOWLEDGEMENTS

First of all, I would like to express my sincere and hearty gratitude to my respected Guru and thesis supervisor **Mr. Ashok Sapkota**, Teaching Assistant, Department of English Education, T.U., Kirtipur, for his invaluable suggestions, encouragement and cooperation to bring the thesis in this form from the very beginning.

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**Sita Shrestha**



## ABSTRACT

This research work entitled **Activities of Female Teachers for their Professional Development** has been carried out to find out the attitudes of female teachers towards their profession, the activities that the female teachers do for their professional development and the challenges and obstacles for female teachers in teaching profession. The study was carried out considering the female teachers and their invaluable contribution towards their profession. The primary data was collected from the twenty female teachers six schools from Bara, Simara selected by using the non- random purposive sampling procedure. The data obtained from the respondents through the questionnaire have been analyzed and interpreted using simple statistical tools. The study shows that all the female teachers have the same views regarding the challenges and obstacles in their teaching. The major challenges included, lack of time for the preparation due to various responsibilities at home and school both, lack of appropriate teaching materials, the concept of the society that males are more superior than the females, which has direct effect on their profession. Furthermore, they view that, it is very necessary to bring different programmes like, special training packages, developing documentary films related to female teachers, to raise the condition of female teachers up and cope with those challenges.

This thesis comprises five chapters. The first chapter deals with general introduction, objectives of the study and significance of the study. The second chapter deals with the review of the related literatures, implication of review for the study and conceptual framework. Third chapter deals with methods and procedures of the study. It contains information about design and methods used in the study, population of study, on sampling procedure, tools and techniques, data collection procedures and data analysis and interpretation procedures. Fourth chapter consists of the analysis and interpretation of the results. And the fifth chapter deals with the major findings of the study on the basis of the analysis and interpretation of the collected data. It also deals with some recommendations made, based on the major findings of the study. Finally, the fifth chapter is followed by the references and appendices.

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## LIST OF SYMBOLS AND ABBREVIATIONS

%	-	Percentage
CUP	-	Cambridge University Press
ELT	-	English Language Teaching
i.e.	-	that is
M. Ed.	-	Masters of Education
No.	-	Number
P	-	Page number
PhD	-	Doctor in Philosophy
S.N.	-	Serial Number
TU	-	Tribhuvan University