

**ECONOMIC FACTORS AFFECTING ON EDUCATION LEVEL AND
MENTAL HEALTH AMONG HIGHER SECONDARY SCHOOL STUDENTS
IN KATHMANDU, NEPAL**

A Dissertation

**Submitted to the Central Department of Education in Partial Fulfillment of the
Requirement for the Degree of Master of Education in Economics**

BY

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Jun 2016

DECLARATION

I declare that the thesis entitled **“ECONOMIC FACTORS AFFECTING ON EDUCATION LEVEL AND MENTAL HEALTH AMONG HIGHER SECONDARY SCHOOL STUDENTS IN KATHMANDU, NEPAL”** is a record of independent research work carried out by me under the supervision and guidance of **“Mr. Jagadish Murti Koirala”**. This has not been previously submitted for the award of any degree or other similar title.

Bir Bahadur Gharti

RECOMMENDATION LETTER

This thesis entitled “**ECONOMIC FACTORS AFFECTING ON EDUCATION LEVEL AND MENTAL HEALTH AMONG HIGHER SECONDARY SCHOOL STUDENTS IN KATHMANDU, NEPAL**” has been prepared by **BIR BAHADUR GHARTI** under my supervision for Partial Fulfillment of the Requirements for the degree of Master of Education in Economics Education. I hereby, forward it with recommendation for the official approval by the Thesis Committee.

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APPROVAL SHEET

We certify that this thesis “**ECONOMIC FACTORS AFFECTING ON EDUCATION LEVEL AND MENTAL HEALTH AMONG HIGHER SECONDARY SCHOOL STUDENTS IN KATHMANDU, NEPAL**” submitted by BIR BAHADUR GHARTI to the Department of Economics Education, Central Department of Education, Faculty of Education, Tribhuvan University, in partial fulfillment of the requirements for the Degree of Masters of Education in Economics Education has been found satisfactory in scope and quality. Therefore, we accept this thesis as a part of the said degree.

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ACKNOWLEDGEMENT

I am blessed to be surrounded by many extraordinary people in my life. Without them, it would not be possible for me to do this research. The successful accomplishment of this research study is an outcome of not only a single hand but collective efforts of many helping hands. I would like to acknowledge them for valuable suggestions, guidance, time and co-operation.

First of all, I would like to express my deep gratitude to Central Department of Economics of Education Kritipur Tribhuvan University for providing and to conduct this study as a partial fulfillment of requirement of the Master's Degree of Economics Education program.

I would like to offer my heartfelt appreciation to my research supervisor Mr. Jagadish Murti Koirala for valuable guidance, keen interest, inspiration and tireless effort through the study. My sincere gratitude goes to Head of Department Mr. Min Raj Paudel I would like to express my sincere gratitude to Prof. Dr. Mahesh Raj Dahal, Prof. Dr. Dhurba Raj Shiwakoti, Mrs Padma Kafle, Mr. Bishnu G. C. (Lecturer, Central Department of Health, Physical and Population Education) for their extraordinary effort for the guidance of my research study. I would also like to thanks for Mr. Narayan Bhattarai.

My deep appreciation goes to College chief, Mr. Lil Bahadur Pun of Angles Heart Higher Secondary School and Co-coordinator, Mr. Kumar Thapa of Pasang Lhamu College and the management team for granting the permission to collect data for the study.

I would like to extend my sincere thanks to all the respondent of Angles Heart Higher Secondary School Manamaiju, Kathmandu and Pasang lhamu College, Samakhusi, Kathmandu for their valuable time, co-operation and information during the time of interview without which this study would not have been possible.

Finally a vote of thanks goes to all those especially to my colleagues who directly or indirectly contributed for the successful completion of the study.

Bir Bahadur Gharti

ABSTRACT

This study has been undertaken in partial fulfillment of requirement for the degree of Master of Economics Education in Tribhuwan University.

Objectives of the study were to find out Economic factors affecting on education level and mental health among higher secondary school students in Kathmandu so as to bring out good level of awareness and positive attitude towards education and mentally ill people. This quantitative and qualitative study included 180 respondents taken from Angles Heart Higher Secondary School Manamaiju, Kathmandu and Pasang lhamu College, Samakhusi, Kathmandu. Non-probability purposive sampling technique was followed. For this study, structured questionnaire was used to collect data.

Out of 180 respondents, highest economic factors that affecting on education and mental health were family income is 10,000-20,000 which is 48.3 percentage, in cost of treatment of mental illness psychosis is highest cost which is 38.88 percentage, economic problem take place 16.3 percentage from total numbers of causes of mental illness followed by loss of job which is 11.1 percentage. The findings showed that Majority of the respondents were from science faculty, unmarried, Hindu and Business of Parent's Occupation. Majority of the respondents had heard about mental illness (93.9%). The misuse of drug was ranked first among all the causes of mental illness where as the cause for mental illness was only 7.2 percent and 3.3 percent by evil spirit and god's punishment respectively.

Majority of the respondents preferred Hospital for the treatment for mental illness (54%) followed by Yoga and meditation Centre (25%). Majority of the respondents i.e. 58.3 percent knew about mental illness through Media (Electronic and Print media) followed by seeing mentally ill people (29.4%). Majority of the respondents had seen someone with mental illness (82.1%) among which 15.3 percent were within the family. The most common type of mental illness seen by the respondent was depression (40.5%). Majority of the respondents had heard about depression (90.5%) and schizophrenia (72.4%). In future studies, it may be beneficial to use qualitative methods to determine the basis for positive views as well as determine whether other variables, such as contact with peers who have benefited from mental health services, are influencing positive perceptions of those with mental health problems.

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LIST OF ABBREVIATIONS

GDP	Gross Development Product
WHO	World Health Organization
UK	United Kingdom
ICD	International Classification of Diseases
US	United States
DSM	Diagnostic and Statistical Manual of Mental Disorders
IE	Information, Education and Communication
SPSS	Statistical Package of Social Science
ADHD	Attention Deficit Hyperactivity Disorder
ECA	Extra-Curricular Activities

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