

**Interaction between Traditional and Modern Health Care Practices: An
Anthropological Study of Pregnancy and Delivery Care Practices in Yangnam
of Panchthar District**

A Thesis Submitted to

**Central Department of Sociology\Anthropology
Faculty of Humanity and Social Sciences
University Campus, Tribhuvan University,
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In Partial Fulfillment of a degree for Master's in Anthropology

By

Tanuja Subedi

Roll No. 126/062

T.U. Registration No. 6-2-2-1140-2002

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LETTER OF RECOMMENDATION

Ms. Tanuja Subedi has completed her thesis entitled **“Interaction between Traditional and Modern Health Care Practices: An Anthropological Study of Pregnancy and Delivery Care Practices in Yangnam of Panchthar District”** under my guidance and supervision. I hereby recommend this thesis for examination by the Thesis Evaluation Committee.

.....

Mr. Kapil Dahal

Lecturer

Central Department of Sociology/Anthropology

Tribhuvan University, Kirtipur

Tribhuvan University
Central Department of Sociology and Anthropology
Kirtipur, Kathmandu

Date: 3rd November, 2010

APPROVAL LETTER

We certify that this thesis entitled **“Interaction between Traditional and Modern Health Care Practices: An Anthropological Study of Pregnancy and Delivery Care Practices in Yangnam of Panchthar District”** submitted by Mrs. Tanuja Subedi has been approved by the thesis evaluation committee under the central department of Sociology/A Anthropology, Tribhuvan University in partial fulfillment of the requirements for Master’s degree in Anthropology.

Thesis Evaluation Committee

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Dr. Om P. Gurung
Department Head and Associate Professor

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Mr. Madhusuan Subedi
External Examiner

.....

Mr. Kapil Dahal
Thesis Supervisor

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List of Abbreviations

AHW: Auxiliary Health Worker
ANC: Antenatal Care
ANM: Auxiliary Nurse Midwives
HP: Health Post
HMG: His Majesty's Government
IMR: Infant Mortality Rate
INGO: International Non-Governmental Organization
MDG: Millennium Development Goal
MNTE: Maternal and Neonatal Tetanus Elimination
NGO: Government Organization
PHCC: Primary Health Care Center
SBA: Skilled Birth Attendant
SBC: Safe Birthing Center
TBA: Traditional Birth Attendant
TT: Tetanus Toxoid
UN: United Nations
UNICEF: United Nations Children's Fund
VDC: Village Development Committee
WHO: World Health Organization