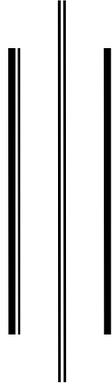
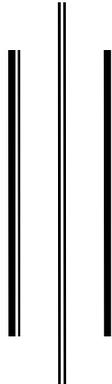


TRIBHUWAN UNIVERSITY

**OCCUPATIONAL CHANGE AND LIVELIHOOD STRATEGIES
AMONG MAGAR COMMUNITY IN DANGSE, WARD NO.10, OF
WAALING MUNICIPALITY, SYANGJA**



**A DISSERTATION
SUBMITTED TO THE CENTRAL DEPARTMENT OF GEOGRAPHY
IN THE PARTIAL FULFILLEMENT FOR THE REQUIREMENT OF
MASTER'S DEGREE OF HUMANITIES AND SOCIAL SCIENCES IN
GEOGRAPHY**



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ABBREVIATION

C.D.	-	Central Department
CBS	-	Central Bureau of Statistics
CD	-	Compact Disk
DVD	-	Digital Video Deck
F	-	Female
Fig.	-	Figure
GIS	-	Geographical Information System
Govt.	-	Government
H/H	-	Households
HMG	-	His Majesty Government
m.	-	Meter
M	-	Male
M.A.	-	Master's of Arts
NFDIN	-	Nepal Federation of Indigenous Nationalities
Ph.D.	-	Doctor of philosophy
Pvt.	-	Private
SLC	-	School Leaving Certificate
S.N.	-	Serial Number
Sq.km.	-	Square Kilometer
T.U.	-	Tribhuvan University
TN	-	Total Number
VDC	-	Village Development Committee
Ward no.	-	Ward Number

GLOSSARY

Adhiya	Share Cropping
Arni	Snacks
Lama	Witch Doctor
Ora	Picnic
Parma (Mela)	Exchange of labour
Dalits	The lowest caste among the castes as divided by Hindu caste system
Doko	kilta
Nanglo	A typical Nepali rope to carry heavy load
Gundri	A typical Nepali mat woven with dry paddy hay
Jhakri Pratha	Shamanism
Jaisi	Lower class of Brahmins
Sorathi, Maruni and Kaura	Typical Magar cultural dances
Kulo	Drain
Selroti	A typical Nepali bread, which is circular in shape
Rodhi	A typical Magar custom involving a competitive song and dance practices
Batuk(Bara)	A typical Magar bread, which is taken with local wine
Kutumba	The relatives from the daughter or sister's side
Luto	Measles
Jaand	Local beer
Raksi	Local wine
Panchawali	Five sacrifices offered to the goddess Durga

Dhiki janto	Typical Nepali mills
Kol	A wooden device for squeezing citrus fruits
Kot	A temple in which the ancient weapons are kept and worshipped every year on the occasion of Maha Ashtami
Dagbatti	A fire given by a son to his parents at their death as a part of funeral ritual
Theki	A wooden pot used for collecting yoghourt
Sagun (Pahur)	Gift
Janti	Marriage procession
Chhewar	An initiation ritual in which the maternal uncle cuts the hair of the male child for the first time
Dhup	smell, smell stick
Dhule	Dusty
Khet	Paddy field
Bari	Field
Kharbari	Meadow