

**The Life Style Change of Dalit People:
A Case Study of Ilam Municipality-11, Soyak, Ilam**

A Thesis

Submitted to

**The Faculty of Humanities and Social Sciences, Tribhuvan University,
Mahendra Ratna Multiple Campus, Ilam Department of
Rural Development, For the Partial Fulfillment of
the Requirements for Master's Degree of
Arts(M.A.) in Rural Development**

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LETTER OF RECOMMENDATION

The thesis entitled **The Life Style Change of Dalits People: A Case Study of Ilam Municipality-11, Soyak, Ilam** has been prepared by **Puspa Lal Acharya** under my guidance and supervision. I hereby forward this thesis to the evaluation committee for final evaluation and approval.

Bed Nath Giri
(Supervisor)

Date: 17 /11/ 2075
1 /03/ 2019

APPROVAL SHEET

The thesis entitled **The Life Style Change of Dalit People: A Case Study of Ilam Municipality-11, Soyak, Ilam** submitted by Puspa Lal Acharya in partial fulfillment of the requirements for the Master's Degree (M.A.) in Rural Development has been approved by the evaluation committee.

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Declaration

I hereby heartily declare that the thesis **The Life Style Change of Dalit People: A Case Study of Ilam Municipality-11, Soyak, Ilam** has been prepared by **Puspa Lal Acharya** and submitted to the Department of Rural Development, Mahendra Ratna Multiple Campus, Ilam. It is my original and empirical work prepared under the intellectual guidance of my respected supervisor Bed Nath Giri, faculty of the Department of Rural Development. I truly state that I have borrowed all ideas and information from different source for the preparation of this thesis.

I make due acknowledgements to them declaring that the results of this thesis have not been presented and submitted anywhere else for the award of any degree and for any other proposes. I want to assure that any part of the contents of this thesis has not been published in any form before.

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ABSTRACT

The Life Style Change of Dalit People: A Case Study of Ilam Municipality-11, Soyak, Ilam is the subject matter of being concern because no doubt that Nepal very diverse from of various caste, ethnicity and language. Such diversification has been a glory to the country. Every caste has their own social-culture and occupational aspects. Socio-cultural and occupational of any community affects the economy level. Thus the study of socio-economic status of Dalits peoples the general information about overall Dalit. The Dalit people were fully interdependence with other caste people. The socio-economic condition of Dalit is poor then other castes/ethnic groups. Caste-based discrimination and discrimination among religions is gradually decreasing in the society.

The study is "Life Style Change of Dallit people". It has been carried out using primary data sources obtained from Dalit people settlement area of Ilam Municipality 11. The general objectives of this study area is to find out the Life style change o Dalit community in Ilam Municipality 11. The specific objectives of study area are: 1) To introduce of Dalit in the study area. 2) To study the social aspect of Dalit. 3) To describe the occupational aspect of Dalit. and 4) To analyze new occupational condition of Dalit.

Descriptive research Design has been adopted for this study and other method of methodology techniques, data collection, interview, sampling and group discussion etc are used. There were sixty household of community in Ilam municipality 11(Soyak-6). 13 households were selected as sample size. To generate the primary data the structured questionnaire, key informant, interview and observation also limited by simple random sampling from the Dalit household of this Ilam Municipality 11. Large No of Dalit people of this Municipality is poor, Socio-economic and cultural status also poor .Some people goes out country to earn. The economic condition of Dalit of this study area slowly modernized and it is going to modern way. So, the situation of traditional iron-based occupational is in decreasing stage.

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ACRONYMS/ABBREVIATIONS

RD: Rural Development

CBOs: Community Based Organizations

DWO: Dalit welfare Organization

FGD: Focus Group Discussion

INGO: International Non-Government Organization

JUP: Jana Utthan Pratisthan

NGO: Non-Government Organization

NPC: National Planning Commission

UNDP: United Nation Development Program

VDC: Village Development Committee