

**STATUS AND IMPACT OF WOMEN EMPOWERMENT: A  
CASE STUDY OF LAKHANPUR VILLAGE OF KAMAL  
RURAL MUNICIPALITY, JHAPA**

**A Thesis**

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**Submitted by**

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**March, 2018**

## RECOMMENDATION LETTER

The thesis entitled '**Status and Impact of Women Empowerment: A Case Study of Lakhanpur Village of Kamal Rural Municipality, Jhapa**' has been prepared by Mrs. Damber Kumari Chemjong under my guidance and supervision. I hereby forward this thesis to the evaluation committee for the final evaluation and approval.

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## **APPROVAL LETTER**

The thesis entitled ‘**Status and Impact of Women Empowerment: A Case Study of Lakhanpur Village of Kamal Rural Municipality, Jhapa**’ submitted by Mrs. Damber Kumari Chemjong in partial fulfillment of the requirements for the Master’s Degree (M. A.) in Rural Development has been evaluated and approved by the evaluation committee.

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## DECLARATION

I hereby declare that the thesis entitled **‘Status and Impact of Women Empowerment: A Case Study of Lakhanpur Village of Kamal Rural Municipality, Jhapa’** submitted to the Central Department of Rural Development, Tribhuvan University, is entirely my original work prepared under the guidance and supervision of my supervisor. I have made due acknowledgements to all ideas and information borrowed from different sources in the course of writing this thesis. The result of this thesis have not been presented or submitted anywhere else for the award of any degree or for any other purpose. I assure that no part of the content of this thesis has been published in any form before.

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Date: 2074-12-05  
(2018-03-19)

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Finally, I must appreciate the kind help of all my friends during the preparation of this thesis work.

March, 2018 Damber Kumari Chemjong

## ABSTRACT

This study analyzed status and impact of women empowerment, particularly in Lakhanpur Village of Kamal Rural Municipality, Jhapa. The general objective of this study was to explain role of empowered women in household and social level. Likewise, the specific objectives were to examine socio-economic status of selected empowered women, to identify the causes and consequences of gender inclusion as well as to analyze changing role of women in household/social level due to women empowerment.

This study depends mainly upon primary data. Primary data were obtained from the field survey through household, observation, and informal interview. For the study, the total sample size was 150 households selected from ward no. 7 of Kamal Rural Municipality using purposive sampling method. Out of the 150 respondents, 46 percent respondents were from age group 30-49 years followed by 32.67 percent respondents from age group 15-29 years. Majority of the respondents were married (90%) where 6.4 percent widow and 2.4 percent separated respondents. More than three quarters of female had got married within their age 10-19 years where as 50 percent respondents had got married at the age group 15-19 years. And the mean age of marriage was 18.91 years of the respondents.

Among 150 sampled households, only 27 female headed households were found and the remaining 123 households were male headed households. Majority of the respondents had attended the primary level education (32.97%). Only 2 percent respondents had attended Bachelor of Master Level education. Most of the respondents (69.33%) reported that they were not interested for further study due to economic problem, traditional belief, because of her family and husband; they had not got the opportunity to study. Majority of the respondents had taken decision on their children's education in co-operation with their husband. Majority of the respondents had taken decision to buy or sell any surplus food in the household. It was found that 24.42 percent respondents took her decision to participate in any social activities. The socio-cultural setting and practices were the main causes of exclusion where lack of education, economic dependency, lack of awareness among women and poor mechanism of governments were also seen the cause of women's exclusion.

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## **ABBREVIATION /ACRONYMS**

AGI	Alan Guttmacher Institute
CWDAW	Convention on the Elimination of all forms Discrimination against Women
ESP	Enabling State Programme
FGDS	Focus Group Discussions
FWLD	Forum for Women Legal and Development
GDI	Gender Development Index
GEM	Gender Empowerment Measures
ICCPR	International Covenant on Civil and Political Rights
ICESCR	International Covenant on Economic, Social Cultural Rights
DFID	Department for International Development
ICPD	International Convention on Population and Development
MA	Master in Arts
MWCSW	Ministry of Women Children and Social Welfare
MDGs	Millennium Development Goals
NPC	Nepal Planning Commission
PAN	Population Association of Nepal
PSSN	Population Students' Society of Nepal
QEH	Queen Elizabeth House
SIRF	Social Inclusion Research Fund
SRS	Simple Random Sampling
UNDP	United Nation for Development Programme
UNFPA	United Nations population Fund
UNIFEM	United Nations Development Fund For Women