# Tamang and Their Changing Ritual: A Sociological Analysis of Birth rituals at Banepa-14, Khalchok, Kavreplanchok

#### A Thesis Submitted to:

Central Department of Sociology

Faculty of Social Sciences and Humanities, Tribhuvan University, Kirtipur

In Partial Fulfillment of the Degree of Master's in Sociology

### Submitted By:

Shyam Goinjihar

Registration Number: 9-2-413-1-2002

Roll No.: 206 .../.....

Symbol No.: 283213

2077

### LETTER OF RECOMMENDATION

I certify that Mr Shyam Goinjihar has completed this thesis entitled "Tamang and Their Changing Ritual: A Sociological Analysis of Birth rituals at Banepa-14, Khalchok, "Kavreplanchok" under my guidance and supervision. The Thesis embodies the candidate's own work,I recommended this thesis to examination committee for approval and acceptance.:

(Dr.Manahari Dhakal)

Supervisor

Date 2077-12-04

# TRIBHUWAN UNIVERSITY DEPARTMENT OF SOCIOLOGY KRITIPUR. KATHMANDU

### **APPROVAL SHEET**

This Thesis entitled "Tamang and Their Changing Ritual: A Sociological Analysis of Birth rituals at Banepa-14, Khalchok, "Kavreplanchok" written by Mr. Shyam Goinjihar has been evaluated, accepted and approved as partial requirement for the degree of Masters in Sociology in the department of Sociology, Tribhuwan University:

Approved by,
Dr.Manhari Dhakal
Internal Supervisor
Associate Prof. Dr. Yubraj Luintel
Department Head
Bishnu Prasad Basel
External Supervisor

Date: 2077-12-04

### **ACKNOWLEDGEMENTS**

I would like to express my sincere gratitude to Department of Sociology for kindly helped me for the preparation of thesis.

I would also like to extend my sincere gratitude to Dr. Mamhari Dhakal.Iam able to complete my thesis under his close and kind supervision. He has always been availed, whenever I approached. Without his valuable time and suggestion, I could not able to complete in time.

I acknowledge and extend my sincere thanks to my entire respondent and key informer Bikash Tamang for providing me required information.

Mr. Shyam Goinjihar

### TABLE OF CONTENT

Lett	ter of Re	ecommendation	ii
Lett	ter of Ap	pproval	iii
Ack	nowleda	gement	iv
Tab	le of Co	ntent	v
List	of Tabl	e	viii
List	of Figu	re	viii
CH	APTER	ONE: INTRODUCTION	1-4
1.1	Backg	round of Study	.1
1.2	Statem	nent of the Problem	2
1.3	Object	ive of the Study	3
1.4	Signifi	icance of the Study	3
1.5	Limita	tion of the Study	4
CH	APTER	TWO: LITERATURE REVIEW	5-11
2.1	Genera	al Review	5
2.2	Review	w of Previous Study	6
2.3	Chang	e Theory	8
2.4	Birth I	Rituals	10
CH	APTER	THREE: RESEARCH METHODOLOGY	12-13
3.1	Ration	ale of the Selection of Study Area	12
3.2	Resear	rch Design	12
3.3	Nature	12	
3.4	Sampl	e Technique	12
3.5	Data Collection Technique		13
	3.5.1	Interview	13
	3.5.2	Key Informant Interview	13

3.6	Data Ar	nalysis	13
CH	APTER I	FOUR: ANALYSIS AND INTERPRETATION	14-20
4.1	Socio E	conomic Characteristics of the Respondents	14
	4.1.1	Respondents by age and Sex	14
4.2	Decisio	n-making	15
4.3	Religion		
4.4	Family	Structure	16
4.5	Educational status of study area		
4.6	Econom	nic Aspect	17
4.7	Animal husbandry		
4.8	Birth ritual of study area		
	4.8.1	Rituals during pregnancy	18
	4.8.2	Ritual after Birth	18
	4.8.3	Nwaran	19
	4.8.4	Weaning (pasni)	19
	4.8.5	Syama and Chewar	20
CH	APTER I	FIVE: CAUSE OF CHANGE IN BIRTH RITUAL	21-22
5.1	Econom	nic	21
5.2	Educati	on	21
5.3	Modern	ization	21
5.4	Hindutization		22
5.6	Westernization		
5.7	Urbaniz	zation	22
CH	APTER S	SIX: IMPACT OF CHANGES IN BIRTH RITUALS	23-25
6.1	Impact on Rituals changes during Pregnancy		
6.2	Impact	on Rituals changes after Birth	24

6.3	Impact on Rituals changes in Nwaran	24
6.4	Impact on Rituals changes in Weaning (pasni)	25
6.5	Impact on Rituals changes in Syama and Chewar	25
CH	APTER SEVEN: SUMMARY AND CONCLUSION	26-27
7.1	Summary	26
7.2	Conclusion	27

## LIST OF TABLE

Table 1: Respondents by age and sex	14
Table 2: Family type of the study area	16
Table 3: Literacy Rates of the People of Khalchok	16
Table 4: Educational status of Study Area	
LIST OF FIGURE	
Figure-1 Decision-making	15