# ROLE OF MICROFINANCE SERVICES ON LIVING STANDARD

## (A CASE STUDY OF PHALEWAS MUNICIPALITY AT PARBAT)

A Thesis

By

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## **RECOMMENDATION LETTER**

This thesis entitled "**ROLE OF MICROFINANCE SERVICES ON LIVING STANDARD** (A CASE STUDY OF PHALEWAS MUNICIPALITY AT PARBAT." submitted by Dhurba Tiwariis an original piece of research work carried out by the candidate under my supervision. Literary presentation is satisfactory and the thesis is in a form suitable for publication. Work evinces the capacity of the candidate for critical examination and independent judgment. Candidate has put in at least 60 days after registering the proposal. The thesis is forwarded for examination.

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## **APPROVAL SHEET**

We, the undersigned, have examined the thesis entitled "ROLE OF MICROFINANCE SERVICES ON LIVING STANDARD (A CASE STUDY OF PHALEWAS MUNICIPALITY AT PARBAT) presented by DhurbaTiwari, a candidate for the degree of Master of Business Studies (MBS) and conducted the viva voce examination of the candidate. We hereby certify that the thesis is worthy of acceptance.

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## **CERTIFICATION OF AUTHORSHIP**

I certify the work in this thesis has not previously been submitted for a degree nor has it been submitted as part of requirements for a degree except as fully acknowledged within the text.

I also certify that the thesis has been written by me. Any help that I have received in my research work and the preparation of the thesis itself has been acknowledged. In addition, I certify that all information sources and literature used are indicated in the reference section of the thesis.

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DhurbaTiwari November, 2018

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> DhurbaTiwari Researcher

#### ABSTRACT

Microfinance is not a new development. It provides the collateral free loans to poor people, especially in rural areas, at full-cost interest rates that are repayable in frequent installments. Mfs is now being considered as one of the most important and an effective mechanism for poverty alleviation through which to disseminate precious information on ways to improve the health, education, legal rights, sanitation and other living standards, which are of relevant concerns for the poor. Likewise, many micro-credit programs have targeted one of the most vulnerable groups in society – women, who live in households with little or almost no assets. By providing opportunities for self-employment, many studies have concluded that these programs have significantly improved women's security, autonomy, self confidence and status within the household.

Several microfinance institutions are working in Parbat district, but NirdhanUthhanBikash Bank and NESDO Nepal are chosen for the study. These institutions are working tremendously to the empowerment, poverty reduction and improvement of living standards for the poor people in Phalewas Municipality at Parbat district. They are not only working in Parbat district but also providing help and support, and are the source of motivation to other MFIs around the whole Nepal. The study has chosen random sampling technique and has interviewed the people who are already involved in microfinance activities. Therefore, the accuracy of the analysis heavily relies on the data provided by the people, interviewed.

From the analysis of data, thestudy found that microfinance has the positive impact on the standard of living of the poor people and on their life style. It has not only helped the poor people to come over the poverty line, but has also helped them to empower themselves. There is an argument that the interest rate of MFIs is high. In spite of the debate about higher interest rate, MFIs are contributing not only in alleviating the poverty and improving the living standards of the poor people, also offering extensive human development programs in Nepal.

# TABLE OF CONTENTS

	Page No.
TITLE PAGE	i
CERTIFICATION OF AUTHORSHIP	ii
RECOMMENDATION LETTER	iii
APPROVAL SHEET	iv
ACKNOWLEDGEMENTS	V
TABLE OF CONTENT	vi
LIST OF TABLE	ix
LIST OF FIGURE	Х
ABBREVIATIONS	xi
ABSTRACT	xii
CHAPTER-I INTRODUCTION	1-19
1.1 Background of the Study	1
1.1.1 History of Microfinance	3
1.1.2 Microfinance in Nepal	5
1.1.3 Microfinance in Parbat District	8
1.1.3.1 NirdhanUtthanLaghubittyaSanstha Ltd	9
1.1.3.2 NESDO Nepal	10
1.2 Statement of the Problem	12
1.3 Purpose of the Study	13
1.4 Conceptual Framework	13
1.5 Significance of the Study	14
1.6 Hypothesis of the Study	15

1.7 Limitations of the Study	15	
1.8 Chapter Plan	16	
CHAPTER-II LITERATURE REVIEW	17-35	
2. Conceptual Review	17	
2.1. Meaning of Microfinance	17	
2.1.1 Features of Microfinance	17	
2.1.2 Functions of Microfinance	18	
2.1.3 Models of Microfinance	20	
2.1.3.1 Garmeen Joint Liability group Model	20	
2.1.3.2 Self-Help Group Model	21	
2.1.3.3 Village Banking Model	23	
2.1.3.4 Community Banking Model	23	
2.1.3.5 Rotating Saving and Credit Associations	24	
2.1.3.6 Cooperative Model	24	
2.1.3.7 Small Farmers Co-operatives ltd	25	
2.2 Review of Journals and Articles	25	
2.3 Review of the Previous Case and Thesis		
2.4 Research Gap34		
CHAPTER-III METHODOLOGY	36-38	
3.1 Research Design 36		
3.2 Population and Sample 36		
3.3 Source of Data 36		
3.4 Data Collection Procedure36		
3.5 Data Analysis Tools and Techniques37		

3.5.1 Correlations	37
. 3.5.2 Goodness of Fit	38
CHAPTER IV-RESULT	39-51
4.1 Reliability Test	39
4.2 Respondent's Profile	40
4.3 Descriptive Analysis of Respondent Status	42
4.4 Descriptive Statistics of Five Point Likert Scale Questionnaire	45
4.5 Godness of Fit	49
4.6 Major Finding of the Study	49
CHAPTER V – CONCLUSION	52-55
5.1 Summary	52
5.2 Conclusion	53
5.3 Implications	54
Reference	56
Appendices	59

## LIST OF TABLES

Table	Page
4.1.1 Reliability Test	39
4.2.1 Character of Respondent's on the Basis of Gender	40
4.2.2 Character of Respondent's on the Basis of Marital Status	40
4.2.3 Character of Respondent's on the Basis of Age	40
4.2.4 Character of Respondent's on the Basis of Education	41
4.2.5 Character of Respondent's on the Basis of Occupation	41
4.3.1 Paired Sample T-test of IncomeLevel	42
4.3.2 Paired Sample T-test of Consumption Level	43
4.3.3 Paired Sample T-test of Education Level	43
4.3.4 Paired Sample T-test of Health Status	44
4.3.5 Paired Sample T-test of Saving	45
4.4.1 Descriptive Statistics of Poverty Reduction Tool	45
4.4.2 Descriptive Statistics of Customer Satisfaction Tool	46
4.4.3 Descriptive Statistics of Relationship Tool	47
4.4.4 Descriptive Statistics of Summated Value of Dependent Variables	48
4.5.1 Goodness of Fit of Regression	49

# LIST OF FIGURES

Figure			
1.1	Conceptual Framework		14
4.1	Figurative Presentation of Poverty Reduction Tool		46
4.2	Figurative Presentation of the Customer Satisfaction Tool		47
4.3	Figurative Presentation of the Relationship Tool		48

# **ABBREVIATIONS**

ADB		: Agriculture Development Bank
ADB	:	Asian Development Bank
ADB	:	Asian Development Bank
ADBN	:	Agriculture Development Bank Nepal
B.S.	:	Bikramsambat
%	:	Percantage
CDF	:	Cooperative Development Fund
DCRDC	:	Dhaulagiri Community Resources Development Center
e.g.	:	Example
i.e.	:	That is
IBP	:	Intensive Banking Program
Km	:	Kilometer
Ltd.	:	Limited
Mf	:	Microfinance
MFI	:	Microfinance Institution
MFIs	:	Microfinance InstitutionService
MFs	:	Microfinance
MFs	:	Microfinance Service
NBL	:	Nepal Bank Ltd.
NCCC	:	National Cooperative Consultation Committee

NCDB	:	National Cooperative Development Board
NESDO	:	Nepal Educational and Social Development Organization
NGO	:	Non-Government Organization
NRB	:	Nepal Rastra Bank
NUBL	:	NirdhanUtthan Bank Limited
OLS	:	Ordinary Least Square
PSL	:	Priority Sector Lending
RBB	:	RastriyaBanijya Bank
RMDC	:	Rural Microfinance Development Center
RMP	:	Rural Microfinance Project
ROSCA	:	Rotating Saving Credit Association
Rs.	:	Rupees
SAFAL	:	Sustainable Access to Financial and Livelihood
SFCL	:	Small Former Cooperative Limited
SHG	:	Self Help Group
Sig.	:	Significant
SKBBL	:	Sana KisanBikas Bank
SPSS	:	Statistical Package for Social Science
Std.	:	Standard
UN	:	United Nation
VDC	:	Village Development Committee