**kl/R5]b M Ps**

**kl/ro**

b]zsf] ljsf; lzIffsf] hudf cl8Psf] x'G5 . lzIffsf] ljsf; kf7\oqmd dfly lge{/ /x]sf] x'G5 . JolStsf] ;jf{ËL0f ljsf;sf nflu lzIff g} cfwf/ :tDe xf] . To;}n] JolStsf] ;jf{ËL0f ljsf;n] b]z ljsf;df 6]jf k¥'ofO/x]sf] x'G5 . o; cy{df b]zsf] ;jf{ËL0f ljsf;sf nflu kf7\oqmd dxTjk"0f{ tTjsf] ?kdf /x]sf] 5 .

**!=! cWoogsf] k[i7e"ld**

dfgj ;Eotfsf] ;'?jft b]lv g} k|ToIf, ck|ToIf ¿kdf lzIffsf] ljsf; x'b} cfPsf] dflgG5 . ;dosf] ult;+u} w]/} ptf/r9fjx? kf/ub}{ g]kfnsf] lzIff k|0ffnL cfhsf] l:ylt ;Dd cfOk'u]sf] 5 . k|lqmofut ?kn] eGg] xf] eg] g]kfndf lzIffsf] ljsf; lj=;+= !(!) ;fndf /f0ff k|wfgdGqL hËjxfb'/sf] kfnf b]lv ePsf] kfOG5 . pgn] c+u|]hL k|f/lDes :s'nsf] :yfkgf u/L lzIffsf] cf}krfl/s ;'?jft u/]sf lyP . k|frLg ;+:s[t / jf}4 lzIffsf] k/Dk/fdf ;+:yfut lzIffsf] gofF hu a;fNg] sfddf oxL c+u]|hL lzIff klxnf] ePsf] b]lvG5 . t/ jf:tljs cy{df lzIff If]qdf ;'wf/sf] sfo{ lj=;+= @))& ;fndf k|hftGqsf] pbo kl5 dfq} ePsf] kfOG5 . -clwsf/L, @)^^\_

lzIffsf nIo tyf p2]Zox? k'/f ug{sf nflu kf7\oqmddf tL nIo tyf p2]Zox?;Fu ;DalGwt laifoj:t'x? l;nl;n]jf/ 9+un] /fVg] ul/G5 . ljBfnodf lzIfsn] s] k9fpg]<, slt k9fpg]<, s:nfO{ k9fpg]<, s;/L k9fpg]<, k9fPsf s'/fnfO{ s;/L d"NofÍg ug]{<, To;} u/L ljBfyL{x?n] klg s] k9\g]<, sxfF k9\g]<, s;/L k9\g]< cflb k|Zgsf pQ/x? kf7\oqmd dfkm{t g} k|fKt ug{ ;Sb5g .

**!=!=! :yfgLo kf7\oqmdsf] kl/ro**

k/Dk/fut wf/0ff cg';f/ sIff sf]7fdf lzIf0f ul/g] ljifosf] ;"rLnfO{ g} kf7\oqmd elgof] . o; wf/0ff cg';f/ kf7\of+znfO{ g} kf7\oqmd eGg] u/]sf] kfOG5 . cfw'lgs / lj:t[t tyf Jofks b[li6sf]0fsf cfwf/df eGg'kbf{ kf7\oqmd To:tf] z}lIfs of]hgf xf] h;n] ljBfyL{x?sf] pd]/, Ifdtf, cfjZostf / rfv cg';f/sf 1fg ;Lk xfl;n u/fpg lgb]{zg lbG5 . ljBfyL{sf z}lIfs k|flKtdf s] s:tf lzIf0f ljlwx? lqmofsnfkx? / d"NofÍg k|ljlwx? ckgfpg' kb{5 elg lzIfsnfO{ lgb]{zg lbG5 . o; cfwf/df tf]lsPsf] ;dofjlwdf k|fKt ug]{ 1fg, ;Lk / wf/0ffsf] k|flKtsf nflu cFuflng] ;Dk"0f{ sfof{ljlwnfO{ ;d]l6Psf] lzIf0f l;sfO{ lqmofsnfkx?sf] k"j{ of]hgf g} kf7\oqmd xf] . t;y{ kf7\oqmd Pp6f j[xt z}lIfs sfo{qmdsf] ;+ul7t / of]hgfj4 ;+ufnf] xf] .

kf7\oqmdnfO{ ljleGg JolQm tyf ;+:yfx?n] km/s km/s 9+un] kl/eflift u/]sf] kfOG5 . s]lx dxTjk"0f{ kl/efiffx? tn k|:t't ul/Psf] 5 .

⦁ælzIffsf p2]Zox? k|flKtsf nflu ljBfno tyf lzIfsx?åf/f ljBfyL{sf nflu tof/ u/]sf] of]hgf / lgb]{zg cg';f/sf] ;Dk"0f{ cg'ejx?nfO{ kf7\oqmd elgG5 Æ—o"g]:sf]

⦁ælzIffsf nIo xfl;n ug{sf nflu agfPsf] z}lIfs sfo{qmd g} kf7\oqmd xf] Æ. -lzIff dGqfno M @)@\*\_

⦁ækf7\oqmdnfO{ ;Dk"0f{ dfgj hfltsf] 1fg tyf cg'ejx?sf] ;f/sf] ?kdf lng'kb{5Æ . —k|mf]a]n

⦁ækf7\oqmd z}lIfs sfo{sf] Ps of]hgf xf]Æ . —lxN8f tfjf

:yfgLo cfjZostfdf cfwfl/t lzIff;DalGw ;r]tgf ;fdu|L @)^$ cg'';f/ “:yfgLo ;/f]sf/jfnfx?sf] cfjZostf, rfxgf / pgLx?s} ;xeflustfdf :yfgLo ljifoa:t'nfO{ ;dfa]z u/L lgd{f0f tyf sfof{Gjog x'g] kf7\oqmd g} :yfgLo kf7\oqmd xf]” **.** :yfgLo 1fg, ;Lk / k|ljlwnfO{ ;d]6L tof/ kfl/Psf] kf7\oqmdnfO{ g} :yfgLo kf7\oqmdsf ?kdf lng ;lsG5 h;n] :yfgLotfnfO{ hf]8 lbG5 . :yfgLo ;/f]sf/jfnfO{ :yfgLo ljifosf] 5gf]6 u/L k7gkf7g u/fpg] clwsf/ k|fylds lzIff kf7\oqmd @)^@ n] o;clw g} lbO{;s]sf] 5 .

k|fylds lzIff kf7\oqmddf /flvPsf ljifox? dWo] ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifosf] \*) k|ltzt s]Gb|n] / @) k|ltzt :yfgLo txn] lgdf{0f ug]{ Joj:yf 5 . To;} u/L dft[efiff jf :yfgLo ljifosf] k"/} kf7\oqmd :yfgLo txaf6 lgdf{0f ug]{ eGg] Joj:yf u/LPsf] 5 . s'g} klg ljBfnon] !)) k"0ff{Ísf] :yfgLo kl/j]zcg';f/ dft[efiff jf :yfgLo ljifosf] ?kdf cGo s'g} :yfgLo jftfj/0f cg's'nsf] ljifo 5gf]6 u/L kf7\oqmd lgdf{0f u/L k7gkf7g ug'{kg]{ k|fjwfg k|fylds tx @)$( sf] kf7\oqmddf /flvPsf] 5 / kl/dflh{t kf7\oqmd @)^@ n] To;nfO{ lg/Gt/tf lbg] k|of; u/]sf] 5 .

:yfgLo kf7\oqmdn] tf]s]sf] ;do / kf7\oef/ cg';f/ lzIf0f l;sfO ug'{kb{5 . :yn e|d0f, cWoog e|d0f cflb ubf{ cGo ljifosf] k7gkf7gnfO{ afwf gkg]{ u/L n}hfg] Joj:yf ldnfpg'kb{5 . :yfgLo kf7\oqmddf ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifox?sf] :yfgLo c+zsf] ?kdf /x]sf] @) k|ltzt kf7\oj:t' 5'6\ofO{Pcg';f/ g} k7gkf7g u/fpg'kg]{ 5 . o;sf nflu ;fdflhs cWoognfO{ jflif{s %÷^ xKtf, To;}u/L l;h{gfTds snfnfO{ / zf/Ll/s lzIffnfO{ klg jflif{s #÷$ xKtf / :yfgLo ljifosf nflu jflif{s !@\* 306L k7gkf7g u/fpg] Joj:yf ug'{kb{5 . sIffsfo{, of]hgfsfo{, ;xeflutf, cjnf]sgsf cfwf/df ljBfyL{ d"NofÍg ug'{kb{5 . - kf7\oqmd ljsf; s]Gb|, -@)^$\_\_

g]kfndf ljBfno lzIffsf nflu tof/ u/LPsf] æ/fli6«o kf7\oqmd k|f?kÆ n] z}lIfs If]qdf b]vf kg]{ z}lIfs d'4f / r'gf}ltnfO{ ;Daf]wg ug{ :yfgLo cfjZostfdf cfwfl/t lzIffnfO{ ljz]if hf]8 lbPsf] 5 . s]lGb|o lgsfoåf/f kf7\oqmd tof/ ul/ sfof{Gjogdf NofO{g] kf7\oqmd s]lGb|o kf7\oqmd xf] . xfd|f] b]zdf kf7\oqmd ljsf; s]Gb|af6 ljsl;t Ps} k|sf/sf] kf7\oqmd b]zdf nfu' ul/+b} cfPsf] 5 . s]lGb|o kf7\oqmd vf; :yfg ljz]ifsf] cfjZostfdf dfq cfwf/Lt geO{ cf}ift cfjZostfnfO{ b[li6ut u/L tof/ kfl/g]] ePsf] x'gfn] o; k|sf/sf] kf7\oqmdn] :yfgLo cfjZostfnfO{ k|ltlglwTj ug{ ;Sb}g . ljZjJofkL ?kdf ;f]r /flv :yfgLo ?kdf sfof{Gjogdf Nofpm eGg] dWodfuL{ / ;dGjosf/L cjwf/0ffnfO{ d"t{ ?k lbgsf nflu :yfgLo kf7\oqmdsf] cfjZostf /x]sf] 5 . o;n] z}lIfs ljs]lGb|s/0fnfO{ k|jw{g ub{5 . :yfgLo ;/f]sf/jfnfx?sf] cfjZostf, rfxfgf / plgx?s} ;xeflutfdf :yfgLo ljifoa:t'nfO{ ;dfj]z u/L ljsf; / sfof{Gjog x'g] kf7\oqmd g} :yfgLo kf7\oqmd xf] . k|yflds lzIff kf7\oqmd @)$( n] Ps ljifo :yfgLo kf7\oqmdsf] k|fjwfg u/] klg sfof{Gjogdf cfpg ;s]g . g]kfnsf] kl/k]Ifdf ljBfno txdf :yfgLo kf7\oqmd sfof{Gjogsf] tx ;Dd k'¥ofpg vf]lhPsf] of] g} klxnf] k|of; xf] . s'g} klg ljBfnon] !)) k"0ff{Ísf] :yfgLo kl/j]; cg';f/sf] dft[efiff jf :yfgLo ljifosf] ?kdf cGo s'g} :yfgLo jftfj/0f cg's'nsf] ljifo 5gf]6 u/L kf7\oqmd lgdf{0f u/L k7g kf7g ug'{ kg]{ k|fjwfg k|fylds tx @)$( sf] kf7\oqmddf /flvPsf] 5 / kl/dflh{t kf7\oqmd @)^# n] To;nfO{ lg/Gt/tf lbg] k|of; u/]sf] 5 . -kf7\oqmd ljsf; s]Gb| M @)^&\_

xfd|f] d'n'sdf ljBfno lzIff Jojxfl/s ePg, o;n] :yfgLo cfjZostfsf s'/f ;d]6]g, o'jf ju{df cfkm\gf] df}lns snf, ;+:s[lt k]zf k|lt rf;f] x6]/ uof], kf7\oqmd s]Gb|d'vL dfq eof] eGg] h:tf u'gf;fnfO{ ;Daf]wg ug{ :yfgLo kf7\oqmdsf] cjwf/0ff cuf8L NofOPsf] 5 . ljBfno lzIffsf] /fli6«o kf7\oqmd k|f?kn] :yfgLo kf7\oqmdsf] cjwf/0ffnfO{ ;d]6]sf] 5 .

k|fylds lzIff kf7\oqmd @)^@ cg';f/, -sIff !—#\_ sf] kf7\oqmdsf] 9fFrf

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| --- | --- | --- | --- |
| qm=;= | ljifo | kf7\oef/ | k"0ff{Í |
| != | g]kfnL | \* | !)) |
| @= | cª\u|]hL | % | !)) |
| #= | ul0ft | ^ | !)) |
| $= | ;fdflhs cWoog / l;h{gfTds snf | ^ | !)) |
| %= | lj1fg, :jf:Yo / zf/Ll/s lzIff | % | !)) |
| ^= | :yfgLo ljifo ÷ dft[efiff | $ | !)) |
|  | hDdf | #$ | ^)) |

k|fylds lzIff kf7\oqmd @)^% cg';f/, -sIff $—%\_ sf] kf7\oqmdsf] 9fFrf

|  |  |  |  |
| --- | --- | --- | --- |
| qm=;= | ljifo | kf7\oef/ | k"0ff{Í |
| != | g]kfnL | \* | !)) |
| @= | cª\u|]hL | % | !)) |
| #= | ul0ft | ^ | !)) |
| $= | ;fdflhs cWoog / l;h{gfTds snf | % | &% |
| %= | l;h{gfTds snf | # | @% |
| ^= | lj1fg tyf jftfj/0f | $ | %) |
| &= | :jf:Yo / zf/Ll/s lzIff | $ | %) |
| \*= | :yfgLo ljifo ÷ dft[efiff | $ | !)) |
|  | hDdf | #( | ^)) |

To;}u/L :yfgLo kf7\oqmdsf] af/]df ePu/]sf] Joj:yf o;k|sf/ /x]sf] 5 .

|  |  |  |  |
| --- | --- | --- | --- |
| qm=;= | ljifo | s]Gb|n] tf]Sg] ljifoj:t'sf] efu | :yfgLo txaf6 tf]Sg] ljifoj:t'sf] efu |
| != | :yfgLo ljifo -:yfgLo txaf6} 5gf]6 x'g]\_ | — | !)) k|ltzt |
| @= | ;fdflhs cWoog | \*) k|ltzt | @) k|ltzt |
| #= | zf/Ll/s lzIff | \*) k|ltzt | @) k|ltzt |
| $= | l;h{gfTds snf | \*) k|ltzt | @) k|ltzt |

cg';"rL !, @ / # df qmdzM ;fdflhs cWoog, ;[hgfTds snf / zf/Ll/s lzIff ljifodf :yfgLo c+zsf] ?kdf ePsf @) ljifoj:t' -;Defljt If]q\_ x?n] klg :yfgLo kf7\oqmdsf] af/]df yk hfgsf/L k|fKt x'g]5 .

**!=!=@ :yfgLo kf7\oqmddf dft[efiff**

efiffj}1flgsx? aRrfn] af]Ng hfg]sf jf l;s]sf klxnf] efiffnfO{ dft[efiff eGb5g\ cyf{t aRrfn] af]Ng yfn]sf] klxnf] efiff g} dft[efiff xf] . t/ eflifs clwsf/sdL{x? cfkm\gf hflt jf ;d'bfosf] efiff klg dft'efiff xf] eG5g\ . csf]{ Pp6f dt klg kfO{G5 h'g efiff /fd|f];Fu hfGb5 / h'g efiffdf sfo{Ifdtf ;xh x'G5 Tof] p;sf] dft[efiff xf] . efiff clwsf/sdL{ 6f]e] :s'6gfa—sfª\uf; / /f]j6{ lkmlnK;G;n] rf/cf]6f cfwf/df dft[efiffsf] kl/efiff k|:t't u/]sf 5g .

!= pTklQ -d"n\_ sf] cfwf/df M— ;a}eGbf klxn] l;s]sf] efiff

@= klxrfgsf] cfwf/df M— -s\_ :jo+n] d]/f] dft[efiff xf] eg]/ .

-v\_ Tof] p;sf] dft[efiff xf] eg]/ c?n] klxrfg u/]sf] efiff

#= ;Ifdtfsf] cfwf/df M— cfkm"n] /fd|f];Fu hfg]sf efiff-x?\_

$= sfo{sf cfwf/df M— cfkm"n] w]/} k|of]u ug]{ u/]df efiff-x?\_

dflysf] kl/efiff cg'';f/ aRrfn] ;a}eGbf klxn] l;s]sf] efiff g} dft[efiff xf] . o;sf ;fy} jStf :jo+n] bfjL ug]{ u/]sf] efiff / c?x?n] klxrfg ul/lbPsf] efiff klg dft[efiff xf] . pbfx/0fsf] nflu tfdfËx?n] cfkm"n] af]Ng] efiff tfdfË efiff xf] eg] l5d]lsx?n] klg pgLx??n] af]Ng] efiffnfO{ tfdfË efiff g} eg]sf x'G5g . clg cfkm"n] /fd|f];Fu hfg]sf] / k|of]u ug]{ u/]sf] efiff klg dft[efiff x'g elgPsf] 5 . ;fdfGotM dflg;n] cfkm\gf] pTklQ / klxrfgsf] cfwf/df dft[efiff ls6fg u/]sf] x'G5 . ;|f]t M— lnª\Uo'l:6s Xo'Dofg /foG6;\M cf]e/sldª lnª\Uo'l:6s l8l:qmldg];g -!((%\_

g]kfnsf] ;+ljwfg @)&@ n] g]kfnnfO{ jx'hflto, ax'eflifs, ax'wfld{s, ax';f+:s[lts ljz]iftfo'Q, ef}uf]lns ljljwtf o'Qm /fi6« elg kl/eflift u/]sf] 5 . g]kfnsf] ;+ljwfg @)&@ n] efiffsf] ;DaGwdf pNn]v u/]sf sfg'gL dfGotfx? tkl;n adf]lhd /x]sf 5g\ .

tkl;nx?

!= efu ! wf/f ^=/fi6«efiffM g]kfndf af]lng] ;a} dft[efiffx? /fi6«efiff x'g .

@= efu ! wf/f &=;/sf/L sfdsfhsf] efiffM -!\_ b]jgfu/Ls lnlkdf n]lvg] g]kfnL efiff g]kfnsf] ;/sf/L sfdsfhsf] efiff x'g]5 . -@\_ g]kfnL efiffsf cltl/St k|b]zn] cfkm\gf] k|b]zleq ax';+Vos hgtfn] af]Ng] Ps jf Ps eGbf a9L cGo /fi6«efiffnfO{ k|b]z sfg'g adf]lhd k|b]zsf] ;/sf/L sfdsfhsf] efiff lgwf{/0f ug{ ;Sg]5 . -#\_ efiff ;DalGw cGo s'/f efiff cfof]usf] l;kmfl/;df g]kfn ;/sf/n] lg0f{o u/]adf]lhd x'g]5 .

g]kfnsf] /fli6«o hgu0fgf @)^\* cg';f/ g]kfndf dft[efiffsf] ;+Vof !@# j6f b]vfPsf] 5 eg] @)%\* n] (@ j6f dfq pNn]v ul/Psf] lyof] . @)^\* ;fnsf] hgu0fgf cg';f/ g]kfndf ;a}eGbf a9L af]lng] dft[efiff g]kfnL xf] . /fli6«o hgu0fgf @)^\* ;fnsf] k|ltj]bg cg';f/ g]kfndf af]lng] k|d'v !) dft[efiffx? tn tflnsfdf k|:t't ul/Psf] 5 .

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| qm=;= | efiff | hg;+Vof | qm=;= | efiff | hg;+Vof |
| != | g]kfnL | !,!\*,@^,(%# -$$=^ \_ | @= | d}ynL | #),(@,%\*) -!!=& \_ |
| #= | ef]hk'/L | !%,\*$,(%\* -^ \_ | $= | yf? | !%,@(,\*&% -%=\* \_ |
| %= | tfdfª | !#,%#,#!! -%=! \_ | ^= | g]jf/ | \*,$^,%%& -#=@ \_ |
| &= | aflHhsf | &,(#,$!\* -# \_ | \*= | du/ | &,\*\*,%#) -# \_ |
| (= | 8f]6]nL | &,\*&,\*@& -# \_ | !)= | pb'{ | ^,(!,%$^ -@=^ \_ |

;|f]t M— /fli6«o hgu0fgf @)^\* sf] k|ltj]bg

g]kfndf af]lng] () k|ltzt eGbf a9L efiffx? ef/f]k]nL, ef]6ad]{nL, cfUg]o / b|lj8 efiffkl/jf/ cGtu{t g} kb{5g . cflbjf;L hghflt pTyfg k|lti7fg P]g @)%\* n] xfn g]kfnsf %( j6f hfltx?nfO{ cflbjf;L hghfltsf] ;"rLdf ;"rLs[t u/]sf] 5 . @)^\* ;fnsf] hgu0fgf cg';f/ ;a}eGbf w]/} hg;+Vof ePsf] hghflt du/ -!,\*&,&## hgf\_ xf] eg] ;a}eGbf yf]/} hg;+Vof ePsf] hghflt s';'08f -@&#hgf\_ xf] .

**!=!=# dft[efiff ÷ :yfgLo ljifo**

k|fylds lzIff kf7\oqmd, @)^%df dft[efiff÷:yfgLo ljifosf ;DaGwdf ePsf gLltut k|fawfgx? o;k|sf/ /x]sf 5g\ .

-s\_ ljVfnodf k7gkf7g x'g] dft[efiffsf] 5gf]6 ubf{ ax';+Vos ljBfyL{n] af]Ng] dft[efiff 5gf]6 ug'{kg]{ 5 .

-v\_ dft[efiffsf] k7gkf7g u/fpg g;lsg] ljBfnox?df :yfgLo txsf nflu pkof]uL k];f, Joj;fo, wd{, k/Dk/f, ;+:s[lt, /Lltl/jfh, :yfgLo ;Dkbf, jftfj/0f ;+/If0f, v]tLkftL, :yfgLo k|ljlw, rf8kj{, ;fdflhs Jojxf/ cflb :yfgLo ljifo 5gf]6 u/L k7gkf7g u/fpg ;lsg] 5 .

-u\_ dft[efiff÷:yfgLo ljifosf] kf7\oqmd tyf kf7\o;fdu|L ;|f]t s]Gb|sf] ;xof]u / lhNnf kf7\oqmd ;dGjo ;ldltsf] ;dGjodf ljb\ofnoaf6} lgdf{0f ug{ ;lsg] 5 . lhNnfe/ Pp6} vfnsf] ljifo ldNbf] b]lvPdf lhNnf:t/df / ;|f]ts]Gb|:t/df dfq ldNg] ljifo ePdf ;|f]ts]Gb|:t/Lo ?kdf kf7\oqmd lgdf{0f ug{ ;lsg] 5 .

-3\_ kf7\oqmddf :yfgLo c+z M ;fdflhs cWoog, ;[hgfTds snf / zf/Ll/s lzIff ljifosf] @) kf7\oef/sf] kf7\oqmd / kf7\o;fdu|L ljb\ofno cfkm}Fn] lgdf{0f ug{ ;Sg]5g\ .

-ª\_ :yfgLo ljifosf] kf7\oqmd cGtu{t ;+:s[tsf ljifoj:t' klg k7gkf7g ug{ ;lsg] 5 .

dft[efiffsf] k7gkf7gsf] nflu cfjZos kf7\oqmd, kf7\ok':ts, kf7\o;fdu|L tyf lzIfssf] Joj:yf ug'{kg]{ cfhsf] d'Vo cfjZostf / ;d:of klg /x]sf] 5 . kf7\oqmd / kf7\o;fdu|Lsf] cfjZostfnfO{ k"/f ug{ /fli6«o :t/df s]lx ljifosf kf7\ok':ts k|sf;g eO{/x]sf] / kf7\o;fdu|Lsf] ljsf; ug{ :yfgLo txdf ljBfno :jo+n] :yfgLo ;/f]sf/jfnfx?sf] ;xof]udf kf7\oqmd tof/ u/L k|of]udf Nofpg ;lsg] k|fjwfg ljBdfg kf7\oqmdn] Joj:yf u/]sf] 5 . To:t} dft[efiffdf lzIf0fsf nflu cfjZos kf7\oqmd tyf kf7\o;fdu|L ;|f]ts]Gb|sf] ;xof]u / lhNnf kf7\oqmd ;dGjo ;ldtLsf] ;dGjodf ljBfnoaf6 lgdf0f{ u/L sfof{Gjog ug{ ;lsG5 .

**!=@ ;d:ofsf] syg**

g]kfnsf k|fylds ljBfnox?df :yflgo kf7\oqmdsf] ?kdf :yflgo dft[efiffsf] kf7\oqmd tof/ u/L lzIf0f ug{ kfpg] Joj:yf 5 t/ clwsf+z ljBfnox?df c+u|]hL ljifonfO{ g} :yflgo ljifosf] ?kdf cWofkg u/fpg] u/]sf] kfOG5 . o;n] Psftkm{ /fHon] Joj:yf u/]sf] cj;/sf] k|of]u x'g ;ls/x]sf] 5}g\ eg] csf]{ tkm{ ;d'bfo;Fu ;DalGwt ljifoj:t' tyf Tof] ;d'bfosf] dft[efiff g} nf]k x'g] t x}g eGg] cj:yf l;Hf{gf u/fPsf] 5 . :yfgLo ljifosf] kf7\oqmddf dft[efiffsf] k|of]un] l;sfOdf ;xhtf, ;/ntf / k|efjsf/Ltfdf a[l4 x'g]g}5 . jt{dfg cj:yfdf s]lx ;d'bfon] dfq cfkm\gf] hflto klxrfg, efiff ;flxTosf] pTyfg / ;Dj4{g eGbf hflto jf eflifs ?kdf km/s b]vfpg :yfgLo kf7\oqmddf dft[efiffsf] k|of]u u/]sf] kfOG5 . ljBfnosf] ks8 If]q ePsf] 7fpFdf j;f]af; ug]{ afx'Notf ePsf] hfthfltsf] dft[efiffdf k|fylds txsf] :yfgLo kf7\oqmdsf] lgdf{0f / sfof{Gjogsf] ca:yf s:tf] 5 < pQm efiffdf kf7\oqmdsf] lgdf{0f / sfof{Gjogdf s] s:tf ;d:of lyP jf 5g\ < lsg :yfgLo kf7\oqmd lgdf{0fdf dft[efiffsf] k|of]u ePg < :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf ePsf ;d:ofx? s] s;/L ;dfwfg u/Lb} cfO/x]sf] cj:yf 5 < eGg] s'/fx? o; cWoogsf nflu ;d:ofsf ?kdf /x]sf 5g\ .

**!=# cWoogsf] cf}lrTo**

k|:t't cWoog cg';Gwfg Pd=P8 bf];|f] aif{sf] kf7\oqmd tyf d"NofÍg d"n ljifosf] cf+lzs cfjZostf k"/f ug{sf nflu ul/Psf] ePtf klg o;n] lgDg cf}lrTo /fVb5 .

-s\_ :yflgo kf7\oqmd lgdf{tfx?sf nflu pkof]uL x'G5 .

-v\_ k|fylds ljBfnodf :yfgLo kf7\oqmd sfof{Gjogsf] nflu pkof]uL x'G5 .

-u\_ kf7\oqmd sfof{Gjogsf] cg'udg tyf k/fdz{ stf{x?sf] nflu pkofuL x'G5 .

-3\_ :yflgo kf7\oqmd ;DaGwdf cWoog cg';Gwfg stf{x?sf] nflu pkof]uL x'G5 .

**!=$ cWoogsf] p2]Zox?**

of] cWoogsf p2]Zox? lgDgfg';f/ /x]sf 5g\ .

-s\_ k|fylds txdf :yfgLo kf7\oqmd ;DaGwL jt{dfg lzIff gLlt / Joj:yfsf] ljZn]if0f ug]{ .

-v\_ k|fylds txdf :yflgo kf7\oqmd lgdf{0fsf] cj:yf cWoog ug]{ .

-u\_ k|fylds txdf :yflgo kf7\oqmd sfof{Gjogsf] cj:yfsf] cWoog ug]{ .

**!=% cWoogsf] kl/;Ldf**

o; cWoognfO{ k"jf{~rnsf] cf]vn9'Ëf lhNnf cGtu{tsf 5gf]6df k/]sf % j6f ;fd'bflos k|fylds ljBfnox?, lt ljBfnosf k|=c=x?, Joj:yfkg ;ldltsf cWoIfx?, tL ljBfno /x]sf ;|f]t s]G›sf ;|f]tJolStx?, lhNnf lzIff clwsf/L, lhNnf lzIff sfo{nosf :yflgo kf7\oqmd x]g]{ clws[t, :yfgLo ljifosf lzIfsx?, ;DalGwt ljBfnosf ljBfyL{x? / k|fylds txdf :yfgLo kf7\oqmdsf] ?kdf lgdf{0f ug{ ;lsg] !)) k"0ff{Ísf] :yfgLo ljifo / @) k|ltzt cGtu{tsf] ;fdflhs cWoog, ;[hgfTds snf / zfl//Ls lzIffsf] -:yflgo c+z\_ kf7\oqmddf l;ldt ul/Psf] 5 .

**!=^ kfl/eflifs zAbx?**

:yfgLo kf7\oqmd M— :yfgLo ;/f]sf/jfnfx?sf] cfjZostf, rfxfgf / ;xeflutfdf :yfgLo ljifoj:t'nfO{ ;dfj]z u/L lgdf{0f tyf sfof{Gjog x'g] kf7\oqmd .

;fd'bflos ljBfno M– g]kfn ;/sf/af6 ljBfnosf] ;Dk"{0f vr{ Joxf]g]{ u/L cg'dlt / :jLs[lt k|fKt ljBfno .

k|fylds ljBfno M– sIff ! b]lv % ;Dd ;~rfnLt ljBfno .

lj=Jo=;= cWoIf M– ;fd'bflos ljBfnosf] Joj:yfkgsf nflu cleefjsx? dWo]af6 5gf]6 u/L k7fPsf ljBfno Joj:yfkg ;ldltsf k|d'v JolSt .

;|f]t JolSt M– ;|f]ts]Gb|sf] k|d'v JolSt

lhNnf lzIff clwsf/L -lh=lz=c=\_ M– lhNnf lzIff sfof{nosf] k|d'v JolSt .

cleefjs M b'a} a'afcfdf tyf a'afcfdf gePsf] v08df ;+/IfsTj lbg] JolQm .

k|WofgfWofks -k|=c=\_ M– ljBfnosf] k|d'v JolSt

;/f]sf/jfnf M– :yfgLo :t/df ljleGg If]qaf6 nAw k|lti7Lt JolStx? h:t} -lzIfs, cleefjs, ljb\ofyL{, pBf]uklt, Jofkf/L, a'l4hLlj cflb\_

**kl/R5]b M b'O{**

**cWoogsf] ;}4flGts vfsf tyf ;DalGwt ;flxTosf] k"g/fjnf]sg**

s'g} klg ljifosf] cWoog cg';Gwfg ug'{ cufl8 pŒfm ljifoj:t';“u ;DalGwt lrGtg dgg / cWoog ug'{kg]{ x'G5 . o; qmddf cg';Gwfg ug{ nfluPsf] ljifoj:t';“u ;dfgfGt/ ljifodf ;f] eGbf cufl8 s] s:tf cWoog cg';Gwfg ul/Psf lyP < tL cg';Gwfgsf lgisif{x? s] s:tf lyP < cflb s'/fx?sf] oyf;Dej ;dfnf]rgfTds cWoog ug'{kb{5 . o; sfo{n] cg';Gwfgsf] hu dha't agfpg] sfo{ ug'{sf ;fy} cg';Gwfgsf] ljifoj:t';“u k|uf9 ?kdf kl/lrt x'g / To;;“u ;DalGwt 1fgsf ulx/fO{x? vf]tNg d4t k'¥ofp“b5 . o; cWoogdf k|fylds txsf] :yfgLo ljifosf] kf7\oqmd sfof{Gjogsf] k|efjsfl/tf ;DaGwdf cWoog ug{ nfluPsf]n] o; cWoog;“u ;DalGwt ;Dej eP ;Ddsf z}lIfs If]qsf k':ts, a'n]l6g, kq klqsfdf n]lvPsf ljrf/, n]v, cg'ej ;fy} o; cl3 ul/Psf cg';Gwfgx?nfO{ lgDgfg';f/ k'g/fjnf]sg ul/Psf] 5 –

**@=! cWoogsf] ;}4flGts vfsf**

ljZj a}+sn] ljZjsf ljleGg of]hgfx?sf] ;+/rgfut ;'wf/ pkfudsf] cjwf/0ff cuf8L ;f/] kl5 g]kfndf lj=;=@)%% sf] :yflgo :jfoQ zf;g P]g kZrft ljs]lGb|s/0fsf] z'?jft ePsf] kfOG5 . lzIff If]qdf cfwf/e"t k|fylds lzIff kl/of]hgfn] ljs]lGb|s/0fnfO{ sfo{ ?kdf NofPsf] 5 . xfn lhNnf lzIff of]hgf, gu/ lzIff of]hgf, ufpF lzIff of]hgf, ljBfno ;'wf/ of]hgf o;sf pbfx/0fx? x'g\ . -cof{n M@)^^\_

z}lIfs of]hgf s]lGb|o lglt, lgod tyf lgb{]zg cg';f/ ;~rflnt x'g'nfO{ k|zf;lgs s]lGb|s/0f elgG5 eg] cfly{s clwsf/ / sfof{Gjogsf] clwsf/, lg0f{osf] clwsf/ tyf pTkfbg Pjd\ pkof]usf] clwsf/ :yflgo :t/df x:tfGtl/t eO{ s]lGb|o clwsf/ k|Tofof]lht x'g' ljs]lGb|s/0f xf] . -pkfWofo M @)^%\_

ljZj lzIff ;+wåf/f ;g\ @))) df 8sf/df ;a} /fi6«n] ;g\ @)!% ;Dd ;a}sf nflu lzIff sfo{qmdsf] nIo k'/f ug]{ p2]Zo /fv] cg'?k g]kfnn] klg pQm sfo{qmd k|lt k|lta4tf hfx]/ u/]sf] 5 . ;x;|fAbL ljsf;sf nIox?df ljZjJofkL ?kdf k|fylds lzIff k|fKt ug]{ nIo /x]sf]n] ;f] cg'?k !) cf}+ k~rjlif{o of]hgfdf ;a}sf nflu lzIff sfo{qmdnfO{ qmlds ?kdf sfof{Gjog ub}{ n}hfg] / tbg'?k ;+:yfut Joj:yfklso Pj+ ef}lts cfwf/x?df ;'wf/ ug]{ gLlt /x]sf] 5 . …lzIff ;DaGwL pRr :t/Lo sfo{ ;ldltsf] k|ltj]bg @)%\*Ú, …k|ylds lzIff kf7\oqmdsf] k|efjsf/Ltf cWoog k|ltj]bg @)%(, ;/f]sf/jfnfx?;Fusf] /fli6«o tyf If]lqo uf]i7L tyf sfof{zfnfx?n] k|ylds lzIff kf7\oqmddf :yfgLo ljifoj:t' / ;'rgf tyf ;~rf/ k|ljwL ;DjGwL ljifoj:t'x? ;dfj]if ug{ ;'emfj lbPsf] lyof] . - kf7\oqmd ljsf; s]Gb|, -@)^$\_

;a}sf nflu lzIff / dfWolds lzIff ;xof]u sfo{qmd -;g\ @))# —@))\*\_ n] klg !) b]lv !% ;Dd :yfgLo kf7\oqmdnfO{ hf]8 lbPsf] 5 . log} b:tfj]h, k|fylds txsf] kf7\oqmdsf] ;+/rgf cflbsf] cfwf/df k|fylds lzIff kf7\oqmd, @)^@ -sIff !—#\_ tyf @)^% -sIff $—%\_ n] k|fylds txsf] :yfgLo ljifosf ?kdf !)) tyf ;fdflhs cWoog, zf/Ll/s lzIff / l;h{gfTds snf ljifodf @) kf7\of+z :yflgo :t/sf] /fVg ;Sg] k|fjwfg u/]sf] 5 . o;sf] ;Dk"0f{ lhDdf ljBfnonfO{ g} k|bfg u/]sf] 5 . To;}n] ljBfnonfO{ ;+:yfut ?kdf ;an, ;Ifd / pQ/bfoL / lhDd]jf/ agfpg of] ;|f]t;fdu|Ln] lgZro klg ;xof]u k'¥ofpg]5 . To;}n] cGt/fli6«o kl/j];sf] ;Dbe{df klg :yfgLo kf7\oqmdn] v]Ng;Sg] e"ldsf / ljleGg b]zn] :yfgLo kf7\oqmdsf ;Gbe{df u/]sf] k|of;x?sf] cWoog u/L g]kfnsf] ;Gbe{df o;sf] sfof{Gjog s;/L ug]{ eGg] ;jfndf c? b]zaf6 klg kf7 l;Sg' h?/L 5 . -;r]tgf ;fdu|L @)^%\_

k'gM cf}krf/Ls / cgf}krf/Ls lzIffsf dfWodaf6 ;+VofTds / u'0ffTds hgzlQm pTkfbg ug'{ kb{5 . o;sf nflu ljs]lGb|s[t z}lIfs Joj:yfkgn] dxTjk"0f{ e"ldsf lgjf{x u/]sf] x'G5 . z}lIfs ljs]lGb|s/0fsf ;DaGwdf ljleGg /fi6«x?df ePsf k|of;x? dWo] 8]gdfs{sf] z}lIfs cj:yfnfO{ cWoog ug{ ;lsG5 . TofxfF gu/If]qdf /x]sf ljBfnox?nfO{ cfˆgf] ljBfnosf] ;DaGwdf lg0f{o lng, ljsf; of]hgf agfpg k"0f{ clwsf/ 5 t/ /fHon] a|f]8 g];gn / d'lgl;kn k|m]djs{ k|bfg u/]sf] x'G5 . /fHon] :jk|zfl;t x'g] :jtGqtf ljBfnonfO{ k|bfg u/]sf] 5 . ljBfno s]Gb|af6 k|zfl;t Pj+ ;~rflnt x'g'x'Gg eGg] wf/0f 8]gdfs{df /x]sf] 5 . ljBfnosf] cfly{s cj:yf ;'b[9 ug{ lzIff s/ lng] / k|fKt cfly{s ;|f]t Joj:yfkg ug]{ sfo{ ljBfno cfkm}+n] ub{5 . l:j8]gsf] k|of; klg ljs]lGb|s[t cjwf/0ff cg'?k g} /x]sf] 5 . ToxfF ;/sf/L ljBfnox?sf] ;~rfng ug]{ cleef/f gu/kfnLsfnfO{ 5 tfklg k|flGto ;/sf/nfO{ ;'kl/j]If0f ug]{ clwsf/ ;'lDkPsf] 5 . yfONof08df klg ljBfnonfO{ k7gkf7gsf] :jfottf lbg] k|of; ePsf] 5 .

;r]tgf ;fdu|L -@)^%\_ sf cg';f/ /fli6«o / cGt/fli6«o kl/j]zsf cfwf/df :yflgo kf7\oqmd lgDg l;4fGtdf cfwfl/t x'g'k5{ M–

⦁ kf7\oqmd nf]stflGqs x'g'k5{ .

⦁ kf7\oqmd v'Nnf x'g'k5{ .

⦁ kf7\oqmd ;dfj]zL x'g'k5{ .

⦁ kf7\oqmd ;Gt'lnt x'g'k5{ .

⦁ kf7\oqmd ;dfh / /fli6«o cfjZostf k"/f ug]{ x'g'k5{ .

⦁ kf7\oqmd lhjgf]kof]uL ;Lkdf cfwfl/t x'g'k5{ .

⦁ kf7\oqmd sfdsf] ;+;f/;Fu ;DalGwt x'g'k5{ .

æ/fli6«o / cGt/fli6«o kl/j]z / ;Gbe{sf] cWoog u/L :yfgLo cfjZostfnfO{ ;Djf]wg ug{ :yfgLo kf7\oqmdsf] k|fjwfg k|fylds tx b]lv dfWolds tx;Dd cfjZos eO;s]sf] tYo ljleGg cWoog k|ltj]bgn] cf}NofPsf 5g\ . b]zsf] ef}uf]lns, ;f+:s[lts, hftLo, If]qLo, n}lª\us, juL{o lje]bnfO{ cGTo ug{, ;dfj]zL kf7\oqmddf hf]8 lbg / /f]huf/ Pj+ :j/f]huf/nfO{ k|f]T;fxg ug{ dfWolds txdf klg :yfgLo ljifonfO{ ;dfj]z ug{ cfjZos 5 .Æ

To;}u/L :yfgLo kf7\oqmd s;/L sfof{Gjog ug]{ eGg] ;DjGwdf :yflgo kf7\oqmd lgdf{0f / sfof{Gjog;DaGwL ;r]tgf ;fdu|L -@)^%\_ sf cg';f/

⦁ :yflgo kf7\oqmd sfof{Gjg ug{ pBf]uklt, Jofkfl/, j'l4lhjL, lzIfs, ;|f]t JoflSt cflbnfO{ ;+nUg u/fO{ ;|f]t JolStsf ?kdf sIffsf]7fdf NofO{ cGt/lqmof u/fpg'k5{ . :yflgo JoflSt;+u e]6, cGt/lqmof, :ynut e|d0f, k'/ftflTJfs, ef}uf]lns, P]ltxfl;s, ;fF:s[lts, s[lif Joj;fodf ;+nUg JolSt;Fu uO{ ;fIffTsf/ sfo{ ;d]t u/fpg' kg]{5 .

⦁ ;DalGwt ljBfnosf lzIfs÷lzlIfsf ;f] ljifodf ljz]if1tf xfl;n eP ;f]xLaf6 k7gkf7g u/fpg'k5{ .

⦁ ljifosf] k|s[lt cg';f/ ;d'bfodf /x]sf pSt ljifosf ;Lk Pj+ 1fg ePsf / s'g} Joj;fo u/L a;]sf jf k];fsf JolQmx?nfO{ ljBfnodf cfdGq0f u/L plNnlvt ljifodf 5nkmn, k|Zgf]Q/ u/L ljBfyL{nfO{ l;sfpg ;lsG5 .

⦁ plNnlvt ljifosf] hfgsf/L lng :ynut e|d0f ug'{kg]{, ;f]xL :yfgdf uO{ cWoog ug'{kg]{ ljifodf tt\ :yfgdf g} ljBfyL{nfO{ e|d0f u/fO{ k|ToIf cWoog u/fpg'kb{5 .

⦁ljBfyL{x?nfO{ ljifoj:t'sf] hfgsf/L u/fpg of]hgf sfo{ klg lbg ;lsG5 .

s'g} klg lgsfon] kf7\oqmdsf] lgdf{0f ubf{ kf7\oqmdsf tTJfx?nfO{ ;dfj]z u/L lgdf{0f, ljsf; / sfof{Gjog ug'{[ kg]{ x'G5 . h;sf nflu lxN8f 6fjfsf kf7\oqmd ljsf;sf] gd'gf a9L k|rlnt 5 . lzIff If]qdf ljBfyL{x?sf ljljw rxfgf / z}lIfs k4ltsf] ljljwtf cg';f/ lzIff k|0fflndf /x]sf hl6ntfx? tf]8\g, lzIff If]qdf cleefjsx?sf] OR5f / rfxfgfx?sf] kl/k"{lt ug{, s]lGb|otxaf6 ;Dk|]if0f x'g] ;+~rf/ k|jfx l9nf] x'g] ;d:of ;dfwfg ug{, xfn ljZj Joflks/0fn] ljZje/L g} ljleGg z}lIfs sfo{qmd ;+~rfng eO/x]sf]n] To:tf sfo{qmdx?df k|ltj4tf hgfpg, lzIffdf k|fb]lzsf of]hgfx?sf] sfof{Gjog ug{, lzIff If]qdf :jflDfTjsf] efjgfsf] ljsf; ug{, ljBfnodf z}lIfs u'0f:t/ sfod ug{ ;d]t z}lIfs ljs]lGb|s/0fn] dxTjk"0f{ e'ldsf lgjf{x u/]sf] 5 . g]kfndf k|hftGqsf] k'gM :yfkgf kl5 z}lIfs ljs]lGb|s/0fnfO{ cfTd;fy ub}{ k|yflds txdf :yflgo kf7\oqmdsf] ?kdf P]lR5s ljifo /fVg kfpg] h;df dft[efiff ;dfj]z ug]{ Joj:yf ;fy} ;fdflhs cWoog, ;[hgfTds snf / zfl//Ls lzIff ljifodf :yfgLo c+zsf] ?kdf @) ljifoj:t' :yfgLo kl/j]ifsf] ;dfj]if ug{ kfpg] Joj:yf lyof] . h'g clxn] yk kl/:s[t / z;St ?kdf a9L /x]sf] 5 . cg';"rL !, @ / # df qmdzM ;fdflhs cWoog, ;[hgfTds snf / zf/Ll/s lzIff ljifodf :yfgLo c+zsf] ?kdf ePsf @) ljifoj:t' -;Defljt If]q\_ x? nfO{ cfwf/ dfgL :yfgLo kf7\oqmd lgdf{0f / sfof{Gjog ug{ ;lsg] cfwf/ k|fKt x'G5 .

**@=@ ;DalGwt ;flxTosf] k'g/fjnf]sg**

of] cWoognfO{ k"0f{tf lbgsf nflu cWoog ul/Psf ljleGg ;fdu|Lx? dWo k|d'v s]xL n]vx? o;k|sf/ /x]sf 5g\ .

z}lIfs ljs]lGb|s/0fsf] cjwf/0ffcg'?k :yfgLo cfjZostfnfO{ ;d]6\gsf nflu :yfgLo kf7\oqmd lgdf0f{ / sfof{Gjogdf :ofgLo lgsfonfO{ ;+nUg u/fO{ lzIffdf ;'wf/ ug{ ;lsg] 5 . kf7\oqmd ;'wf/ k4ltn] klg :yfgLo ;/f]sf/jfnfx?sf] ;xeflutfdf :yfgLo kf7\oqmd lgdf{0f / sfof{Gjog kIfdf hf]8 lbG5 . g]kfndf ljBfno lzIffsf nflu tof/ ul/Psf] æ/fli6«o kf7\oqmd k|f?kÆ n] z}lIfs If]qdf b]vf kg]{ z}lIfs d'2f / r'gf}tLnfO{ ;Daf]wg ug{ :yfgLo cfjZostfdf cfwfl/t lzIffnfO{ ljz]if hf]8 lbPsf] 5 . ljs]lGb|s[t z}lIfs Joj:yfkgdf :yfgLo txsf 1fg, ;Lk, bIftf, snf, ;+:s[lt, k];f, Jofj;fo cflb kIfnfO{ ;Djf]wg ug{ :yfgLo kf7\oqmdn] hdsf]{ ug'{k5{ . lzIffnfO{ :yfgLo cfjZostfcg'?k agfpg'kg]{ tYo ljleGg cWoog, k|ltj]bg, uf]li7, ;]ldgf/, kl/of]hgfsf ;'emfj k|ltj]bgn] cf}NofPsf 5g\ . To;}u/L g]kfnsf] cGtl/d ;+ljwfg @)^# sf] efu !&, wf/f !#( df :yfgLo :jfoQ zf;gsf] Joj:yf ul/Psf] 5 . o;df elgPsf] 5, æ:yfgLo :t/b]lv g} hgtfsf] ;fj{ef}d;Qfsf] k|of]u ug]{ cg's"n jftfj/0f agfO{ d'n'ssf] zf;g Joj:yfdf hgtfsf] a9L eGbf a9L ;xeflutf k|j4{g ug{ / hgtfnfO{ :yfgLo :t/df g} ;]jf pknAw u/fpg tyf nf]stGqsf] :yfgLo :t/b]lv g} ;+:yfut ljsf; ug{ ljs]lGb|s/0f tyf clwsf/sf] lgIf]k0fsf cfwf/df :yfgLo :jfoQ zf;g;DaGwL lgsfosf] Joj:yf ul/g] 5 .Æ o;}u/L :yfgLo :jfoQ zf;g P]gdf klg :yfgLo lgsfonfO{ cfjZos lhDd]jf/L / clwsf/ k|bfg u/L :yfgLo lgsfonfO{ ;+:yfut ug{ / hjfkmb]xL agfpg vf]lhPsf] 5 . ljs]lGb|s/0fn] klg :yfgLo lgsfonfO{ ;an, ;Ifd / ;xeflutfd"ns agfpg] k|of; u/]sf] 5 . o;}nfO{ d"t{ ?k lbg /fli6«o kf7\oqmd k|f?kn] :yfgLo cfjZostfdf cfwfl/t lzIffnfO{ cf}krfl/s ljb\ofno lzIff Joj:yfkgdf :yfgLo cg's"ntfsf] cfwf/df kf7\oqmd lgdf{0f / To;sf] sfof{Gjog ug]{ lhDd]jf/L k|bfg u/]sf] 5 .

clwsf/L -@)^\*\_ sf cg';f/ ljs]lGb|s/0f eg]sf] s]lGb|o ;/sf/sf clwsf/, lhDd]jf/L, zlSt, ;fwg, ;|f]t, / pQ/bfloTj :yflgo txsf lgsfodf :yfgfGt/0f ug]{ k|lqmof xf] . ljs]lGb|s/0f k|hftflGqs ;'wf/sf] cleGg tTj xf] h;n] /fhlglts, k|zf;lgs, ljlQo tyf of]hgf ;DalGw clwsf/nfO{ s]Gb|af6 :yflgo ;/sf/sf kl/ifbdf x:tfGt/0f ug]{ k|lqmof cjnDag ub{5 . o;af6 Jofks hg;xeflutf h'6fpg :yflgo hgtfnfO{ cfˆgf] jf/]df cfkm} lg0f{o ug{ ;Sg] u/L ;zStLs/0f ug{ pQ/bfloTj / hjfkm b]xLtf a9fpg klg ;xof]u k'Ub5 . o;n] ;fwg ;|f]tsf] vf]lh, kl/rfng / Jojf:yfkg tyf ;]jf k|afxdf sfo{ s';ntf j9fpg / k|efjsfl/tf Nofpg dxTjk"0f{ ?kdf ;xof]u k'¥ofpF5 . o;df s]Gb|n] lbg] / :yflgo lgsfon] lng] eGbf klg ;fj{ef}d hgtfsf] clwsf/ :yflgo lgsfo dfkm{t hgtfn] g} k|of]u ug{ ;Sg] cj;/ k|bfg ug'{k5{ eGg] dfGotf /flvG5 .

pkfWofo -@)^%\_ sf cg';f/ z}lIfs of]hgf, s]lGb|o gLlt, lgod tyf lgb{]zg cg';f/ ;~rflnt x'g'nfO{ k|zf;lgs s]lGb|s/0f, cfly{s clwsf/ sfof{Gjogsf] clwsf/, lg0f{osf] clwsf/ tyf pTkfbg Pj+ pkof]usf] clwsf/ :yflgo :t/df x:tfGt/0f eO{ s]lGb|o clwsf/ k|Tofof]lht x'g'nfO{ ljs]lGb|s/0f elgG5 . g]kfnsf] ;Gbe{df ;Dk"{0f z}lIfs gLlt, lgod tyf of]hgf s]lGb|o ?kdf alg :yflgo :t/df sfof{Gjog ug'{ kbf{ :yflgo ;|f]t, ;fwgx?sf] plrt kl/rfng x'g g;Sg] / To:tf of]hgfn] :yflgo cfjZostf / hgcfsf+IffnfO{ ;Daf]wg ug{ ;d]t g;Sg] sf/0f z}lIfs If]qdf ;/f]sf/jfnfsf] Go'g ;xeflutfn] z}lIfs u'0f:t/df ;d]t gsf/fTds k|efj k/]sf] oyf{ytf /x]sf] 5 . lzIffsf] v:sbf] u'0f:t/nfO{ dWogh/ ub}{ u'0f:t/ j[lå ug{ clg :yflgo cfjZostf / hgrfxfgfnfO{ ;Daf]wg ug{, :yflgo ;|f]t ;fwgsf] clwStd kl/rfng ug{ ;/f]sf/jfnfx?sf] ;xeflutf j[lå ug'{kg]{ x'G5 . h;sf nflu z}lIfs ljs]lGb|s/0f Pp6f sf];]9'Ëf x'g]5 . z}lIfs ljs]lGb|s/0fn] :yflgo ;|f]t, ;fwg / dfgj ;+;fwgnfO{ :yflgo ?kdf kl/rfng / vkt ug]{ tkm{ hf]8 lbPsf] kfOG5 . z}lIfs s]lGb|s/0fsf sf/0f :yfgLo :t/df ;/f]sf/jfnfx?sf] sd rf;f] / Go'g ;xeflutfsf sf/0f ljBfno Joj:yfkg / kl/rfng ug{ hl6n ePsf] cj:yfdf z}lIfs ljs]lGb|s/0fn] ljBfno If]qdf ;/f]sf/jfnfx?sf] rf;f] j[l4 x'g] / ;xeflutf a9fpg ;lsg] x'gfn] ljs]lGb|s/0fn] z}lIfs u'0f:t/ a9fpg ;xof]u ug]{ tkm{ hf]8 lbPsf] 5 . z}lIfs ljs]lGb|s/0fdf vr{sf] pQ/bfloTj, /fh:j ;+sngsf] lhDd]jf/L cGt/ lgsfo ljlQo x:tfGt/0f, C0f lng] Joj:yfdf :jtGqtf x'g] x'gfn] cfly{s tyf ljlQo :jtGqtf :yflgo txnfO{ lbg'kb{5 . z}lIfs ljs]lGb|s/0fn] b]zsf ljleGg If]q, e"uf]n, hfthflt, efiffeflif, wd{, lnË, j0f{, ;d'x Pj+ ;d'bfonfO{ z}lIfs Gofo lbg ;Sg] ePtf klg ;fdflhs ;+/rgf, b]zsf] s]lGb|s[t zf;g k|0ffnL, k/Dk/fut zf]r / z}nL h:tf kIfdf kl/j{tg gx'Fbf z}lIfs ljs]lGb|s/0f of]hgf / k|zf;lgs ljs]lGb|s/0fdf ;d:of x'g ;Sb5 . z}lIfs ljs]lGb|s/0fsf] cjwf/0ff cg';f/ :yfgLo cfjZostfdf cfwfl/t lzIffsf] hu alnof] agfpg ljBfnosf] cfwf/e"t txb]lv g} :yfgLo kf7\oqmd lgdf{0f / To;sf] sfof{Gjog x'Fb} cfO{/x]sf] 5 .

;r]tgf ;fdfu|L -@)^%\_ sf cg';f/ g]kfn ax'ljljwtfo'St /fi6« xf] . oxfFsf] ef}uf]lns, ;fdflhs, ;f+:s[lts / wfld{s ljljwtfn] ubf{ s]Gb| txaf6 lgdf{0f{ ul/g] kf7\oqmdn] ;du| /fi6«sf] k|ltlglwTj ug{ ;Sb}g . To:t} b]z ljsf;sf ljleGg kIfdf ;a} gful/sx?sf] :jfldTj / ;xeflutf cfjZos x'G5 . o;} ;Gbe{df lzIff If]qsf] ;Gt'lnt / ;d'lrt ljsf;sf nflu :yfgLo ?lr cfjZostfnfO{ ;Daf]wg ug{ :yfgLo ;/f]sf/jfnfx?sf] k|ToIf ;xeflutf cfjZos x'G5 . z}lIfs ljs]lGb|s/0fsf] cjwf/0ffcg'?k :yfgLo cfjZostfnfO{ ;d]6gsf nflu :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf :yfgLo ;/f]sf/jfnfx?nfO{ ;+nUg u/fO{ lzIffdf cfjZos ;'wf/ ug{ ;lsG5 . :yfgLo :t/sf ;dfh;]jL, a'l4hLjL, lzIfs, k|=c=, lzIffljb\, ljBfno lg/LIfs, ;|f]tJolQm, lj=Jo=;=, lz=c=;+ sf kbflwsf/Lx?nfO{ :yfgLo kf7\oqmd lgb]{lzsfn] uxg bfloTj k|bfg u/]sf]5 .

s]lGb|o lgsfoåf/f kf7\oqmd tof/ u/L sfof{Gjogdf NofOg] kf7\oqmd g} s]lGb|o kf7\oqmd xf] . xfd|f] b]zdf kf7\oqmd ljsf; s]Gb|n] kf7\oqmdaf6 b]zel/ Ps} k|sf/sf] kf7\oqmd nfu' ug]{ k|rng /lxcfPsf] 5 . s]Gb|Lo kf7\oqmd vf; :yfg ljz]ifsf] cfjZostfdf dfq cfwfl/t geO{ cf};t /fli6«o cfjZostfnfO{ b[li6ut u/L tof/ x'g] ePsf]n] o; k|sf/sf] kf7\oqmdn] :yfgLo cfjZostfnfO{ k|ltlglwTj ug{ ;Sb}g . :yfgLo ;/f]sf/jfnfx?sf] cfjZostf, rfxfgf / pgLx?s} ;xeflutfdf :yfgLo ljifoa:t'nfO{ ;dfj]z u/L lgdf{0f / sfof{Gjog x'g] kf7\oqmd g} :yfgLo kf7\oqmd xf] . :yfgLo 1fg, ;Lk / k|ljlwnfO{ ;d]6L tof/ kfl/osf] kf7\oqmdnfO{ g} :yfgLo kf7\oqmdsf ?kdf lng ;lsG5 h;n] :yfgLotfnfO{ hf]8 lbG5 .

k|fylds lzIff kf7\oqmd -@)^%\_ sf cg';f/ ljBfnodf k7g kf7g x'g] dft[efiffsf] 5gf]6 ubf{ jx';+Vos ljBfyL{n] af]Ng] dft[efiff 5gf]6 ul/g'kg]{, dft[efiffsf] k7g kf7g u/fpg g;Sg] ljBfnon] :yfgLo txsf nfuL pkof]uL k];f, wd{, k/Dk/f, ;+:s[tL, /Lltl/jfh, :yfgLo ;Dkbf, :yfgLo jftfj/0f ;+/If0f, v]tLkftL, :yfgLo k|ljlw, rf8kj{, ;fdflhs Jojxf/ cflb dWo] Ps ljifo j:t' 5gf]6 u/L k7g kf7g u/fpg ;Sg]5g\ .

k|fylds lzIff kf7\oqmd -@)^@\_ sf cg';f/ k|fylds lzIff kf7\oqmddf /flvPsf ljifox? dWo] ;fdflhs cWoog l;h{gfTds tyf zfl//Ls lzIff ljifosf] \*)Ü s]Gb|n] / @)Ü :yfgLo txn] lgdf{0f ug]{ Joj:yf 5 . To;}u/L dft[efiff / :yfgLo ljifosf] k"/} kf7\oqmd :yfgLo txaf6 lgdf{0f ug]{ eGg] Joj:yf ul/Psf] 5 . s'g} klg ljBfnon] !)) k"0ff{Ísf] :yfgLo kl/j]z cg';f/ dft[efiff jf :yfgLo ljifosf] ?kdf cGo s'g} :yfgLo jftfj/0f cg's'nsf] ljifo 5gf]6 u/L kf7\oqmd lgdf{0f u/L k7gkf7g ug'{ kg]{ k|fjwfg k|fylds txsf] @)$( sf] kf7\oqmddf /flvPsf] 5 / kl/dflh{t kf7\oqmd @)^@ n] To;nfO{ lg/Gt/tf lbg] k|of; u/]sf] 5 .

kf7\oqmd tyf kf7\o;fdu|L ljsf; lgb]{lzsf -@)%(\_ sf cg';f/ kf7\oqmd, kf7\ok':ts lg/Gt/ kl/j{tg x'g] k|lqmof xf] . ctM ;d;fdlos kl/j{tgnfO{ ;dfj]z ug{ o;nfO{ k|To]s gofF d'b|0fdf Go"gtd ?kdf cBfjlws u/fpg' pko'St x'G5 . kf7\oqmd, kf7\ok':ts tyf cGo ;fdu|LnfO{ cBfjlws, kl/dfh{g jf ;'wf/ ug{' kb5{ . df}h'bf kf7\oqmd sfof{Gjog ePsf] % z}lIfs ;q k"/f eP kl5 kl/fdfh{g / !) z}lIfs ;q k"/f eP kl5 k"/} jf cf+lzs kl/jt{g ug{ ;lsG5 .

:yfgLo kf7\oqmd k|of]udf b]vf k/]sf ;d:ofx?df :yfgLo txdf :yfgLo kf7\oqmd lgdf{0f ug{ ;Sg] vfnsf] hgzlSt gx'g', :yfgLo txdf kf7\oqmd ljsf;, lgdf0f{ P+jd\ sfof{Gjog ug]{ ;+:yfut ;+oGqsf] lgdf{0f x'g g;Sg', :yfgLo txdf kf7\oqmd ljsf; lgdf{0f P+jd\ sfof{Gjogsf nflu cfjZos jh]6 gx'g', :yfgLo txdf kf7\oqmd ljsf;, lgdf{0f Pj+ sfof{Gjogdf cfGtl/s tofl/ / tTk/tfsf] cefj x'g', :yfgLo cfjZostdf cfwfl/t kf7\oqmd ljsf;, lgdf{0f Pj+ sfof{Gjog ;DaGwdf lzIfs, k|=c=, lj=Jof=; nufotsf ;/f]sf/jfnfx?sf] Ifdtf j[l¢ x'g g;Sg', :yfgLo txdf kf7\oqmd lgdf{0f / sfof{Gjog ;DalGwt xfn pknAWf u/fOPsf] tflnd / ;|f]t ;fwg ckof{Kt x'g', :yfgLo kf7\oqmdsf If]qdf ;dfj]z ug'{ kg]{ lj1 jf ;|f]t JolStx? pknAw gx'g', ;|f]t s]Gb| / lhNnf lZfIff sfof{nosf] :yfgLo kf7\oqmd ljsf;, lgdf{0f tyf sfof{Gjog ug]{ Ifdtfdf j[l¢ gx'g', ;|f]t s]Gb| / lhNnf lzIff sfof{non] :yfgLo kf7\oqmd ljsf; tyf lgdf{0f / sfof{Gjogdf ;dGjo gug'{, :yfgLo lgsfodf kf7\oqmd ;DalGw hfgsf/L ePsf kbflwsf/Lsf] cefj x'g', lgdf{0f ePsf :yflgo kf7\oqmdsf] sfof{Gjogdf cfjZos k|fljlws ;xof]u ;]jf 6]jf lbg g;Sg', gLltut cGof]ntf /xg' h:tf ;d:ofx? g]kfnsf ;d'bflos ljBfnox?df /x]sf] s'/f j/fn -@)^^\_ n] :yflgo kf7\oqmdsf] Jojxfl/s k|of]u M ;d:of / ;dfwfgdf pNn]v ug'{ePsf] 5 .

tfdfË -@)^&\_ sf] æ:yfgLo kf7\oqmd lgdf{0f / k|of]usf] Joj:yfkgÆ ljifodf ul/Psf] zf]w k|ltj]bg cg';f/ :yfgLo kf7\oqmd cGtu{t :yfgLo dft[efiffdf kf7\oqmd lgdf{0f / k|of]u ;DaGwL ljBdfg Joj:yf / o;sf] sfof{Gjog ;DaGwL ;/f]sf/jfnfx?n] vf;} rf;f] gb]vfPsf]n] :yfgLo :t/df cfjZostfsf afah'b k|of]udf Nofpg g;lsPsf], Pp6f sIffsf]7f leq cnu cnu eflifs ;d'bfosf] pkl:ytL / PSsfO;f} ztflAbsf] a9\bf] dfu c+u|]hL efiffsf] ePsf] eGb} ljBfnox?n] :yfgLo efiffnfO{ k|fyldstfdf g/fv]sf] sf/0f k|fylds txdf :yfgLo kf7\oqmd k"0f{ ?kdf sfof{Gjogdf cfpg g;s]sf] lgisif{df k'u]sf] kfO{G5 .

;r]tgf ;fdfu|L -@)^%\_ df k|fylds kf7\oqmd @)$( n] Ps ljifo :yfgLo kf7\oqmdsf] k|fawfg u/] klg sfof{Gjogdf cfpg ;s]g . g]kfnsf] kl/k|]Iodf ljBfno txdf :yfgLo kf7\oqmd sfof{Gjogsf tx;Dd k'¥ofpg vf]lhPsf] of] ;DejtM klxnf] k|of; ePsf]n] o;sf] ;kmn sfof{Gjogsf nflu s]Gb|, If]q, lhNnf, ;|f]ts]Gb| / ljBfnon] ljz]if kxn ug'{kg]{ b]lvG5 . o;sf ;fy} ;a} kIfsf] ;fd"lxs k|of;af6 dfq} o;nfO{ ;xL cy{df sfof{Gjogdf Nofpg ;lsG5 . To;}n] ljBfnosf] ;+:yfut Ifdtf clea[l4 u/L :yfgLo ;|f]t / ;fwgsf] clwstd pkof]u ug{ ;s]df lgZro klg ;kmntfsf] lzv/df k'Ug ;lsG5 . o;df ;a} kIfsf] ;xof]u, ;xsfo{ / xft]dfnf]sf] vfFrf] / k|ltj4tf cfjZos b]lvG5 .

**@=# ;DalGwt ;flxTosf] k'g/fjnf]sgsf] cf}lrTo**

:yfgLo kf7\oqmd;Fu ;DalGwt ljleGg n]v÷/rgf tyf b:tfj]hx?sf] cWoogsf] qmddf P]g, lgodfjnL tyf lgb{]lzsfdf :yfgLo kf7\oqmd lgdf{0f / sfof{Gjog ;DalGw Joj:yf eP klg k|efjsf/L ?kdf sfof{Gjog geO{ /x]sf] kl/k]Ifdf o; cWoogn] z}lIfs ljs]lGb|s/0fsf] cfjZostf pNn]v ub}{ z}lIfs ljs]lGb|s/0fsf] hudf 6]s]/ :yfgLo kf7\oqmdsf] lgdf{0f / sfof{Gjogsf ;jfndf cfOkg]{ ;d:of ;dfwfg ug{ / ljBfnox?df cfˆgf ;d'bfosf] k|ToIf ;xeflutf x'g] kf7\oqmd 5gf]6df of] cWoog pkof]uL x'g]5 .

z}lIfs gLlt lgdf0f{ s]lGb|o txdf x'g] u/]sf] / sfof{Gjog ug]{ ;jfndf s]lGb|o txsf] of]hgf nfu' ubf{ :yfgLo cfjZostf klxrfg x'g g;Sg], clg :yfgLo ;|f]t / ;fwgsf] pRrtd k|of]u Pj+ ;/f]sf/jfnfsf] ;xeflutf sd /xg] sf/0f z}lIfs u'0f:t/ v:sb} uO/x]sf] cj:yfdf of] cjwf/0ff dxTjk"0f{ b]lvG5 . o; cg';Gwfgn] z}lIfs ljs]lGb|s/0fsf] cfjZostf pNn]v ub}{ z}lIfs ljs]lGb|s/0f nfu' ug]{ ;jfndf cfO{kg]{ ;d:of ;d]t pNn]v u/]sf] sf/0f of]hgfljb, gLltlgdf{0fstf{ tyf ;DalGwt ;/f]sf/jfnfx?mnfO{ pkof]uL x'g]5 .

**kl/R5]b M tLg**

**cWoogsf] 9fFrf / ljlw**

cWoog cg';GwfgnfO{ ;+lIfKt /Jojl:yt agfpgsf nflu cg';Gwfgstf{sf] ?lr, rfxgf, Ifdtf, cj:yf cflbsf cfwf/df tYofÍ ;+sng tyf ljZn]if0fsf] sfo{ljlw tof/ ul/G5 . h'g cWoog ljlw cGt{ut kb{5 .

**#=! cg';Gwfg 9fFrf**

;fdfGotof cg';Gwfg sfo{sf nflu tof/ ul/Psf] a[xt of]hgf tyf /0fgLltnfO{ g} cg';Gwfg 9fFrf elgG5 . cWoog cg';GwfgnfO{ tfls{s lgisif{df k'¥ofpg cWogstf{n] tof/ kfg]{ cg';Gwfg 9fFrf leq cWoogsf] ljifosf] 5gf]6 b]lv lnP/ tYofÍ ;+sngsf nflu hg;+Vofsf] 5gf]6, ;"rgf tyf tYofÍ ;+sng, ljZn]if0f / k|Zt'tLs/0f ;Ddsf sfo{ljlw cjnDjg ug'{kb{5 . o; cWoognfO{ cfjZos kg]{ tYofÍx? ;fdfGotof ljj/0ffTds ?kdf g} k|fKt x'g] ePsf]n] o;nfO{ k"0f{tf lbg u'0ffTds tyf JofVofTds 9fFrf g} cjnDjg ul/Psf]5 . o; cWoogsf] nflu /0flglts 9fFrf o;k|sf/ /x]sf]5 M–

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| qm=;= | p2]Zo | ;fwgx? | k|ltlqmof bftfx? | | | | | |
| lh=lz=c= | k|=c= | lj= Jof= ;= cWoIf | ;|f]t JolQm | :yfgLo pBf]uklt, Jofkf/L =, a'l4hLlj | :yflgo ljifo lzIfs |
| ! | k|fylds txdf :yfgLo kf7\oqmd ;DaGwL jt{dfg lzIff gLlt / Joj:yfsf] ljZn]if0f ug]{ . | cGt/jftf{ |  | √ | √ |  | √ |  |
| k|ZgfjnL | √ |  |  | √ |  | √ |
| b:tfj]h cWoog | p2]Zo;Fu ;DjlGwt b:tfj]hx?sf] cWoog | | | | | |
| @ | k|fylds txdf :yflgo kf7\oqmd lgdf{0fsf] cj:yf cWoog ug]{ . | cGt/jftf{ |  | √ | √ |  | √ |  |
| k|ZgfjnL | √ |  |  | √ |  | √ |
| b:tfj]h cWoog | p2]Zo;Fu ;DjlGwt b:tfj]hx?sf] cWoog | | | | | |
| # | k|fylds txdf :yflgo kf7\oqmdsf] sfof{Gjogsf] cj:yfsf] cWoog ug]{ . | cGt/jftf{ |  | √ | √ |  | √ |  |
| k|ZgfjnL | √ |  |  | √ |  | √ |
| b:tfj]h cWoog | p2]Zo;Fu ;DjlGwt b:tfj]hx?sf] cWoog | | | | | |

**#=@ cWoogsf] hg;+Vof**

o; cWoognfO{ ;du| cWoogsf] ?kdf k|ltlglwTj u/fO{ ;lx lgisif{df k'¥ofpgsf nflu ;fdfGo ;Defjgfo'Qm 5gf]6 ljlw ckgfO{ cf]vn9'Ëf lhNnf cGtu{tsf % j6f ;fd'bflos ljBfnox?, tL ljBfnosf k|=c=x?, Joj:yfkg ;ldltsf cWoIfx?, tL ljBfno /x]sf ;|f]t s]G›sf ;|f]tJolStx?, lh= lz=c=, :yfgLo ljifosf] lzIfsx?, :yfgLo pBf]uklt, Jofkf/L, a'l4hLlj cflbnfO{ hg;+Vofsf] ?kdf lnOPsf]5 .

**#=# gd'gf 5gf]6 k|lqmof**

o; cWoogsf nflu lgDgfg';f/sf] gd'gf 5gf]6 ljlwsf] k|of]u u/L gd'gf 5gf]6 ul/Psf]5 .

**#=#=! lhNnf 5gf]6**

o; cWoogsf nflu p2]Zo d"ns gd'gf 5gf]6 ljlwåf/f cf]vn9'Ëf lhNnf 5gf]6 ul/Psf]5 .

**#=#=@ ljBfno 5gf]6**

o; cWoogsf nflu ;fdfGo ;Defjgfo'Qm 5gf]6 ljlwåf/f % j6f ;fd'bflos ljBfnox? 5gf]6 ul/Psf]5 h;sf] a[l:tt ljj/0f cg';"rL !) df ;dfj]; ul/Psf] 5 .

**#=#=# k|wfgfWofks 5gf]6**

o; cWoogsf nflu 5gf]6df k/]sf ljBfnosf k|= c= x?nfO{ lnOPsf]5 h;sf] a[l:tt ljj/0f cg';"rL !! df ;dfj]; ul/Psf] 5 .

**#=#=$ lj=Jof=;= cWoIf -k|ltlglWf\_ sf] 5gf]6**

o; cWoogsf nflu 5gf]6df k/]sf ljBfnosf lj=Jof=; sf cWoIf jf pgsf k|ltlglw !÷! hgfsf] b/n] lnOPsf]5 h;sf] a[l:tt ljj/0f cg';"rL !@ df ;dfj]; ul/Psf] 5 .

**#=#=% ;|f]t JoflQsf] 5gf]6**

o; cWoogsf] nfuL 5gf]6df k/]sf ljBfnox? /x]sf] ;|f]t s]Gb|sf ;|f]t JolStx?nfO{ gd'gfsf] ?kdf lnOPsf]5 h;sf] a[l:tt ljj/0f cg';"rL !# df ;dfj]; ul/Psf] 5 .

**#=#=^ lhNnf lzIff sfof{nosf k|d'vsf] 5gf]6**

o; cWoogsf nflu 5gf]6df k/]sf] cf]vn9'Ëf lhNnfsf lh=lz=c=nfO{ sfof{no k|d'vsf] ?kdf lnOPsf]5 h;nfO{ cg';"rL !$ df ;dfj]; ul/Psf] 5 .

**#=#=\* ljifo lzIfssf] 5gf]6**

o; cWoogsf nflu p2]Zod"ns gd'gf 5gf]6 ljlwåf/f 5gf]6df k/]sf ljBfnox?jf6 !÷! hgfsf] b/n] :yfgLo ljifo lzIf0f ug]{ lzIfsx?nfO{ gd'gfsf] ?kdf lnOPsf]5 h;sf] a[l:tt ljj/0f cg';"rL !% df ;dfj]; ul/Psf] 5 .

**#=#=( :yfgLo pBf]uklt, Jofkf/L, a'l4hLlj cflbsf] 5gf]6**

o; cWoogsf nflu ;fdfGo ;Defjgfo'Qm gd'gf 5gf]6 ljlwåf/f 5gf]6df k/]sf ljBfnox?sf] If]qdf kg]{ :yfgLo pBf]uklt, Jofkf/L, a'l4hLlj cflbx? dWo] af6 k|lt ljBfno @÷@ hgfsf b/n] gd'gf 5gf]6 ul/Psf]5 h;sf] a[l:tt ljj/0f cg';"rL !^ df ;dfj]; ul/Psf] 5 .

**#=$ tYofÍ ;+sngsf ;|f]tx?**

of] cWoognfO{ lgis{ifdf k'¥ofpgsf nflu tYofÍ ;+sngsf k|fylds / uf}0f b'j} tYofÍ ;+sngsf ;|f]tx?sf] k|of]u ul/Psf]5 .

**#=$=! k|fylds ;|f]t**

cWoog cg';GwfgnfO{ k"0f{tf lbO{ oyf{y glthf k|fKt ug{sf nflu cg';Gwfg stf{ cfkm} cg';Gwfg :yndf uO{ tYofÍ ;+sng ul/G5 eg] Tof] tYofÍsf] k|fylds ;|f]t xf] . o; cWoogdf k|fylds ;|f]tsf] ?kdf cGt/jftf{ / k|ZgfjnL b'a} k|of]u ul/Psf]5 .

**#=$=@ uf}0f ;|f]t -;xfos\_**

cWoog cg';GwfgnfO{ ljZj;lgo tyf j}w agfpgsf nflu k|fylds ;|f]t dfq kof{Kt x'b}g\ . o;sf nflu c?åf/f d'lb|t, ;+slnt tYofÍx? ;+sng ul/G5 . h'g uf}0f ;|f]t x'g . o; cWoogdf b:tfj]hx?, ljBfyL{ ljj/0fx?, kf7\oqmd;Fu ;DjlGwt cGo ;fdu|Lx? uf}0f ;|f]tsf] ?kdf k|of]u ul/Psf]5 .

**#=% cg';Gwfgsf ;fwgx?sf] lgdf{0f**

o; cWoogsf nflu tYofÍ ;+sng ug{ lgDgfg';f/sf ;fwgx?sf] k|of]u ul/Psf]5 .

**#=%=! cGt/jftf{**

o; cWoognfO{ k"/f ug{sf nflu 5gf]6df k/]sf ljBfnosf k|=c=x?, lj=Jof=; sf cWoIfx? / :yfgLo pBf]uklt, Jofkf/L, a'l4hLljx?sf nflu k"j{ tof/ kfl/Psf k|Zgx?sf] ;fxfotfn] cGt/jftf{ ;+~rfng ul/Psf]5 . k|=c= sf nflu cg";'rL % df, lj=Jof=; cWoIfsf nflu cg';"rL ^ df / :yfgLo pBf]uklt, Jofkf/L, a'l4hLljx?sf nflu cg';"rL \* df gd'gf k|Zgx? tof/ ul/Psf]5 .

**#=%=@ k|ZgfjnL**

o; cWoognfO{ k'/f ug{ 5gf]6df k/]sf lh=lz=c=, ;|f]t JolStx? / :yfgLo ljifo lzIf0f ug]{ ljifo lzIfsx?sf nflu k|Zgfjlnsf] k|of]u ul/Psf]5 . lh=lz=c= sf nflu cg';"rL $, ;|f]t JolStx?sf nflu cg';"rL & / :yfgLo ljifo lzIfssf nflu cg';"rL ( df pNn]lvt k|ZgfjnLx?sf] k|of]u ul/Psf]5 . k|ZgfjnL cfkm} pkl:yt eO{ e/fOPsf]5 .

**#=%=# b:tfj]h cWoog**

o; cWoognfO{ k"/f ug{sf nflu p2]Zo;Fu ;DjlGwt cfjZos / pkNAw ePsf ljBfnosf ljleGg ljj/0f tyf tYofÍx?sf] cWoog ul/Psf]5 .

**#=^ ;fwgsf] j}wtf**

o; cWoogdf cfjZos ;fwgx? cWoog u/L lgdf{0f ul/Psf]5 . h;sf] j}wtfsf nflu :jo+ zf]w lgb]{zssf]] ;Nnfx, ;'´fa Pj+d\ lgb]{zgnfO{ cfwf/ dfg]/ ;+;f]wg kl/dfh{g tyf kl/jt{g u/L j}wtf sfod ul/Psf]5 .

**#=& tYofª\s ;+sng k|lqmof**

tYofÍ ;+sngsf nflu cGt/jftf{ ;~rfng ug{ cfkm} ;+nUg eO{ cg';"rL –%, ^ / \* df ePsf] k|Zgx?sf] ;xfotfdf ;"rgf ;+sng ul/Psf]5 . cGt/jftf{df ;xfos k|Zg klg k|of]u ul/Psf]5 . k|ZgfjnLsf nflu cg';"rL — $, & / ( df ePsf k|Zgx?nfO{ k|of]u u/]/ cfkm} ;+nUg eO{ ;"rgf ;+sng ul/Psf]5 . ljBfnodf ePsf clen]v tyf ljj/0fx?sf] cWoog tyf cjnf]sg u/L k|fKt ePsf ;"rgfx?nfO{ ;+sng ul/Psf]5 .

**#=\* tYofÍ ljZn]if0f / k|Zt'tLs/0f k|lqmof**

s'g} klg cWoogsf nflu ;+slnt sRrf tYofÍx?nfO{ Jojl:yt ?kdf k|Zt't ug{ cTofjZos x'G5 . tYofÍ tyf ;"rgfx? ;+sng ul/;s]kl5 To;nfO{ ljleGg ljlw ckgfP/ ljZn]if0f ul/Psf]5 . of] cg';Gwfg u'0ffTds cg';Gwfg ePsf]n] cGt/jftf{ tyf k|ZgfjnLaf6 k|fKt ljj/0ffTds tYofÍ / cWoogsf] ljifo;Fu ;DaGwLt b:tfj]h, clen]v, n]v, /rgf / k|ltj]bgaf6 ;+sng ul/Psf tYofÍx?nfO{ cWoogsf] p2]Zo cg';f/ ljleGg ;d"xdf ljefhg u/L pQm ;d"xx?af6 cfPsf ljifox?nfO{ ljZn]if0f ul/Psf]5 . o;/L ljZn]if0f u/]sf] tYofÍnfO{ k"0f{ :yflkt l;4fGt / ;flxTo;Fu hf]8]/ lgisif{df k'luPsf]5 .

**kl/R5]b M rf/**

**tYofÍsf] JofVof / ljZn]if0f**

:yfgLo kf7\ofqmdsf] lgdf{0f / sfof{Gjog k|lqmof Ps k|fl1s ;fy} k|fljlws sfo{ klg xf] . kf7\oqmd lgdf{0f ubf{ ljleGg lglZrt k|lqmof cjnDag ug'{ kg]{ x'G5 . o; cWoogdf :yfgLo kf7\oqmd lgdf{0f / sfof{Gjog ;DaGwdf cWoog ug{ knfk' ;|f]t s]Gb|df /x]sf tLgj6f / l;:g]/L ;|f]t s]Gb|df /x]sf b'O{j6f ;fd'blos k|fylds tyf dfWolds ljBfnosf k|=c=, lj=Jof=;= cWoIf, ;|f]t JolQm, lhNnf lzIff clwsf/L, ;/f]sf/jfnf, :yfgLo ljifo lzIf0f ug]{ lzIfs, ljBfyL{ tyf To; ;Fu ;DalGwt ljleGg clen]vaf6 ;+slnt ;'rgfx?sf cfwf/df JofVof tyf ljZn]if0f u/L lgisif{ lgsflnPsf] 5 .

pQm kf7\oqmdsf nflu ljifo a:t' 5gf]6 b]lv lnP/ ljsf;sf ;Dk'0f{ k|lqmof :yfgLo txdf g} ug'{ kg]{ pNn]v 5 h;n] ljs]lGb|s/0fsf] l;4fGtnfO{ cufn]sf] b]lvG5 . k"jf{~rn ljsf;If]qsf] cf]vn9'Ëf lhNnfsf ljleGg If]qsf k|fylds txdf :yfgLo kf7\oqmdsf] lgdf{0f / sfof{Gjogsf ;DaGwdf oxfF vf]h ul/Psf] 5 .

**$=! k|fylds txdf :yfgLo kf7\oqmd ;DalGw jt{dfg gLltut Joj:yf**

:yfgLo ;/f]sf/jfnfx?sf] cfjZostf, rfxgf / pgLx?s} ;xeflustfdf :yfgLo ljifoa:t'nfO{ ;dfa]z u/L lgd{f0f tyf sfof{Gjog x'g] kf7\oqmd g} :yfgLo kf7\oqmd xf] . :yfgLo 1fg, ;Lk / k|ljlwnfO{ ;d]6L tof/ kfl/Psf] kf7\oqmdnfO{ g} :yfgLo kf7\oqmdsf ?kdf lng ;lsG5 h;n] :yfgLotfnfO{ hf]8 lbG5 . :yfgLo ;/f]sf/jfnfO{ :yfgLo ljifosf] 5gf]6 u/L k7gkf7g u/fpg] clwsf/ k|fylds lzIff kf7\oqmd @)^@ n] o;clw g} lbO{;s]sf] 5 .

k|fylds txdf :yfgLo kf7\oqmd ;DaGwdf jt{dfg gLlt s] eGb5 eGg] k|Zgdf lhNnf lzIff sfof{no cf]vn9'Ëfsf lh=lz=c= la/]Gb|h+u yfkf eGg'x'G5 k|fylds lzIff kf7\oqmddf /flvPsf ljifox? dWo] ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifosf] kf7\oqmd \*) k|ltzt s]Gb|n] / @) k|ltzt :yfgLo txn] lgdf{0f ug]{ Joj:yf 5 . To;} u/L dft[efiff jf :yfgLo ljifosf] k"/} kf7\oqmd :yfgLo txaf6 lgdf{0f ug]{ eGg] Joj:yf u/LPsf] 5 . s'g} klg ljb\ofnon] !)) k"0ff{Ísf] :yfgLo kl/j]zcg';f/ dft[efiff jf :yfgLo ljifosf] ?kdf cGo s'g} :yfgLo jftfj/0f cg's'nsf] ljifo 5gf]6 u/L kf7\oqmd lgdf{0f u/L k7gkf7g ug'{kg]{ k|fjwfg k|fylds tx @)$( sf] kf7\oqmddf /flvPsf] / kl/dflh{t kf7\oqmd @)^@ n] klg To;nfO{ lg/Gt/tf lbO/x]sf] 5 .

To;}u/L knfk' ;|f]ts]Gb|sf ;|f]t JolQm wgaxfb'/ v8sf eGg'x'G5 :yfgLo ?kdf g} 5gf}6 ul/ kf7\oqmddf ;dfj]z u/L cWofkg ug{ ;lsg] Joj:yf clxn]sf] k|fylds txsf] kf7\oqmddf /x]sf] / xfd|} lhNnfsf w]/} 7fpFdf of] cEof; eO/x]sf] atfpg' eof] . ;fy} :yfgLo ljifosf] ?kdf ax';+Vos ljBfyL{sf] jfx'Notf /x]sf] If]qdf !)) k"0ff{Ísf] dft[efiffsf] k7gkf7g u/fpg ;lsg] gLltut Joj:yf /x]sf] 5 .

>L sfnLsf df= lj= l;:g]/L $ sf k|=c= >L lzj k|;fb bfxfnn] ljBfno cfkm}n] k|fylds txdf ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifodf /x]sf ljifoj:t'x?sf] @) :yfgLo kf7\oqmdsf] c+z cGt{ut :yfgLo kl/j]z, e"uf]n, efiff, snf, ;:s[tL, rf8kj{, l/ltl/jfh, dlGb/, vf]nfgfnf, v]n, pBf]uwGbf, s[lifpkh, hl8a'6L cflbsf] af/]sf ljifoj:t' ;dfj]z u/L kf7\oqmd tof/ kf/L k7gkf7g ug{ ;lsg] clwsf/ ;DalGwt ljBfnonfO{ jt{dfg lzIff gLltn] :ki6 ls6fg ul/lbPsf] 5 .

>L uf]Ndfb]lj k|f=lj= l;dn6f/ knfk' & sf k|=c= lbg]z s'df/ du/n] eGg'eof] g]kfnsf] ;+ljwfg @)&@ sf] efu ! wf/f ^ df g]kfndf af]lng] ;a} dft[efiffx? /fi6«efiff x'g elg pNn]v ul/Psf] 5 . o;}nfO{ 6]s]/ klg dft[efiffdf cfwf/e't lzIff kfpg] cflbjf;L hghftLsf] clwsf/ xf] . To;}n] k|fylds lzIff kf7\oqmd @)^% n] s'g} klg ljBfnon] !)) k"0ffÍ{sf] :yfgLo kl/j]z cg';f/ dft[efiff jf :yfgLo ljifosf] ?kdf cGo s'g} :yfgLo jftfj/0f cg's'nsf] ljifo 5gf]6 u/L kf7\oqmd lgdf{0f u/L k7gkf7g ug'{kg]{ k|fjwfg /x]sf] 5 .

>L cf?e~HofË cf=lj= lblK;ª\ @ anv'sf ljifo lzIfs kfj{tL tfdfËn] xfnsf] k|fylds txsf] kf7\oqmddf ePsf] Joj:yfnfO{ o;/L eGg'eof] . sIff ! b]lv % ;Ddsf] ;fdflhs cWoog, zf/Ll/s lzIff tyf l;h{gfTds snf ljifox?sf] @) kf7\oef/sf] kf7\oqmd / kf7\o;fdu|L ljBfno cfkm}+n] lgdf{0f ug{ ;Sg] 5g . o:tf] kf7\oqmddf sIff ! b]lv # ;Ddsf nflu ;fdflhs cWoognfO{ jflif{s !\* lbg, l;h{gfTds snfnfO{ jflif{s !\* lbg / zf/Ll/s lzIffnfO{ jflif{s !# lbg / sIff $ / % sf nflu ;fdflhs cWoogsf nflu #@ 3G6L, l;h{gfTds snfsf nflu !( 3G6L / zf/Ll/s lzIffsf nflu !@ 3G6L lgwf{/0f ul/Psf] 5 .

>L hnsGof k|f=lj= l;Ns'a];L sfnLsfsf k|=c= a]gL axfb'/ sfsL{n] k|fylds txsf] kf7\oqmd @)^% df :yfgLo c+zsf] ?kdf ;fdflhs cWoog, zf/Ll/s lzIff tyf l;h{gfTds snf ljifox?sf] @) kf7\oef/sf] kf7\oqmd / kf7\o;fdu|L ljBfno cfkm}+n] lgdf{0f ug]{ tyf :yfgLo ljifosf] ?kdf P]= c+u|]hLsf] kf7\oqmddf Listening, Speaking, Reading And Writing sf kf7\oj:t'nfO{ sIffut ?kdf tklzn adf]hLd 5'6\6\ofO{ $% ldg]6sf b/n] xKtfsf] % lbgsf lx;fjn] jflif{s !%) lbg k7gkf7g ug{ ;lsg] k|fjwfg /x]sf] atfpg' eof] .

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Skills | Grade 1 | Grade 2 | Grade 3 | Grade 4 & 5 |
| 45-Minutes Period, 5 days a week for roughly 150 days in one academic year. | Listening | 40 % | 35 % | 30 % | 25 % |
| Speaking | 40 % | 35 % | 30 % | 25 % |
| Reading | 10 % | 20 % | 20 % | 25 % |
| Writing | 10 % | 10 % | 20 % | 25 % |

>L a0ff{b]lj k|f=lj= 8fª\;Lª6f/ $ knfk'sf k|=c= n]vgfy l3ld/] eGg'x'G5 s]lx dft[efiffsf kf7\oqmd / kf7\o;fdu|Lsf] cfjZostfnfO{ k"/f ug{ /fli6«o :t/df k|of; eO{/x]sf] / kf7\o;fdu|Lsf] ljsf; ug{ :yfgLo txdf ljBfno :jo+n] :yfgLo ;/f]sf/jfnfx?sf] ;xof]udf kf7\oqmd tof/ u/L k|of]udf Nofpg ;lsg] k|fjwfg ljBdfg kf7\oqmdn] Joj:yf u/]sf] 5 . To:t} dft[efiffdf lzIf0fsf nflu cfjZos kf7\oqmd tyf kf7\o;fdu|L ;|f]ts]Gb|sf] ;xof]u / lhNnf kf7\oqmd ;dGjo ;ldtLsf] ;dGjodf ljBfnoaf6 lgdf0f{ u/L sfof{Gjog ug{ ;lsG5 .

log} sfg'gL tyf gLltut Joj:yf cg'?k g]kfnsf] k|fylds lzIff kf7\oqmd @)$( df !)) k"0ffÍ{sf] :yfgLo cfjZostfnfO{ cfwf/ dfgL dft[efiff jf :yfgLo kf7\oqmd nfu" ug{ ;lsg] Joj:yf /x]sf] kfOG5 . o;} u/L k|fylds kf7\oqmd @)^@ / k|fylds lzIff kf7\oqmd @)^% df k|fylds txdf !)) k"0ffÍ{sf] :yfgLo ljifo ÷ dft[efiff / ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifodf :yfgLo c+zsf] ?kdf @) kf7\oj:t'sf] kf7\oqmd lgdf{0f u/L cWofkg u/fpg ;lsg] Joj:yf /x]sf] kfOof] . cflbjf;L, cNk;+Vos eflifs ;d'bfonfO{ lzIffsf] kx'Frdf Nofpg ljBfnosf] kf7\oqmddf ljljw :yfgLo ;+:s[tLsf] emns lbg / o;nfO{ jfnjflnsfx?sf] b}lgs hLjg;Fu al9 ;fGble{s u/fpg :yfgLo :t/df ;a}eGbf al9 k|rngdf /x]sf] dft[efiffdf jf g]kfnL efiffdf lzIff lbg ;lsg] k|fjwfg /flvPsf] kfOof] .

o; cWoogsf] qmddf 5gf]6df k/]sf hg;+Vof tyf b:tfj]hx?af6 k|fKt ePsf] ;"rgf / tYofÍsf] ljZn]if0f ubf{ k|fylds txdf :yfgLo kf7\oqmd ;DalGw gLltut Joj:yfx? k|of{Kt gePsf], h] hlt Joj:yf 5g\ tLgsf af/]df ;a} ;/f]sf/Lt kIfx?nfO{ ;"rgf / hfgsf/L gePsf], :yfgLo :t/df af]nrfndf ;a}eGbf al9 af]nrfndf /x]sf] efiffnfO{ dxTj lbg'kg]{ Joj:yfn] cNk;+Vos ;d'bfon] af]Ng] eflifs ;d'bfosf] efiff ;DaGwdf gLltut Joj:yfn] ;Daf]wg ug{ g;s]sf], /fli6«o :t/df k|sfzgdf cfPsf dft[efiffsf kf7\oqmd / kf7\ok':ts afx]s :yfgLo :t/df lgdf{0f ug'{kg]{ kf7\oqmd, kf7\o;fdu|L lgdf{0f ug]{ qmddf ljz]if1 ;xof]u k|fKt ug{ / k|sfzg ug{ cfly{s ;|f]tsf] 5'6\6} Joj:yf gul/Paf6 kf7\oqmd, kf7\o;fdu|L lgdf{0f ug{ sl7gfO{ ePsf], :yfgLo ljifo÷dft[efiff lzIf0fsf nflu 5'6\6} lzIfs b/jGbLsf] Joj:yf gePsf] cflb gLltut Joj:yfdf b]lvPsf sldsdhf]/Lx?nfO{ dgg ug'{kg]{ x'G5 .

**$=@ k|fylds txdf :yfgLo kf7\oqmd lgdf{0fsf] cj:yf**

s]Gb|Lo txdf agfPsf] kf7\oqmdn] dfq :yfgLo cfjZostfsf laifoj:t' ;d]6\g ;Sb}g eGg] d'Vo dfGotfsf cfwf/df :yfgLo kf7\oqmdsf] Joj:yf ul/Psf] xf] . kf7\oqmd lgdf{0f k|lqmof k|fl1s sfo{sf] ;fy;fy} Ps k|fljlws sfo{ klg xf] . To;}n] :yfgLo kf7\oqmd tof/ ubf{ klg lglZrt k|lqmofx? k'/f ug'{kb{5 . o;df ;+nUg JolQmx? klg ljleGg If]qaf6 k|ltlglwTj x'g' h?/L 5 . :yfgLo kf7\oqmd klg cf}krf/Ls ljBfno lzIffdfkm{t sfof{Gjogdf Nofpg'kg]{ ePsfn] o;sf] lgdf{0f k|lqmofdf w]/} s'/fnfO{ ljrf/ k'¥ofpg'kg]{ x'G5 . ;fdfGotM kf7\oqmd tof/ ubf{ lgDglnlvt k|lqmof cjnDag ug'{kg]{ x'G5 .

s\_ cfjZostf klxrfg

v\_ p2]Zo lgwf{/0f

u\_ ljifoj:t' 5gf]6

3\_ z}lIfs ;fdu|L

ª\_ lzIf0fl;sfO lqmofsnfk

r\_ ljBfyL{ d"NofÍg

5\_ ;do lgwf{/0f -kf7\oef/\_

;|f]t M– :yfgLo kf7\oqmd lgdf{0f / sfof{Gjog ;DaGwL ;r]tgf ;fdu|L - @)^% \_

5gf]6df k/]sf kfFr ljBfnox?df /x]sf cflbjf;L÷hghftL tyf cGo hftLsf ljBfyL{x?sf] ljj/0f

z}lIfs ;q @)&# ;fndf egf{ ePsf sIff ! b]lv % ;Dd cWoog/t ljBfyL{ ljj/0f

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| qm=;+= | ljBfno | blnt ljBfyL{ | cflbjf;L hghftL ljBfyL{ | cGo ljBfyL{ | cflbjf;L hghftLsf] cj:yf |
| != | sfnLsf df=lj= l;:g]/L $ | @ | ^! | #) | ^%Ü eGbf a9L |
| @= | uf]Ndf b]lj k|f=lj=knfk' & | ) | (& | ) | !))Ü |
| #= | Af0ff{b]lj k|f=lj= knfk' $ | ( | (% | ) | ()Ü eGbf a9L |
| $= | hnsGof k|f=lj=sfnLsf ( | # | #\* | !) | &$Ü eGbf a9L |
| %= | cf?e~HofË cf=lj=anv' @ | ( | !#^ | ) | (#Ü eGbf a9L |

cf]vn9'Ëf lhNnfdf k|fylds txdf :yfgLo kf7\oqmd, kf7\ok':tssf] lgdf{0f / k|of]usf] cj:yf s:tf] /x]sf] 5 egL v'nf k|ZgfjnL k|of]uåf/f lh=lz=c= ;Fu ;f]lwPsf] k|Zg / k|fKt pQ/sf] ljZn]if0f ubf{ :yfgLo kf7\oqmd nfu' ePsf ljBfnox?df cfjZos kg]{ kf7\oqmd tyf kf7\ok':ts ;DalGwt ljBfnon] g} lgdf{0f u/L k|of]udf Nofpg'kg]{ / o;sf nflu ljBfnox?nfO{ 5'6\6} ah]6 lgsf;f ug]{ Joj:yf gePsf] atfpg'eof] . ljBfno Joj:yfkg ;ldtL / k|=c= :jo+n] o;sf] Joj:yfkg ug'{kg]{ pNn]v ug'{eof] .

cWoogsf] qmddf 5gf]6df k/]sf] ljBfno >L sfnLsf df=lj= l;:g]/Lsf k|=c= >L lzj k|;fb bfxfn;Fusf] cGt/jftf{df pxfFsf] ljBfnodf :yfgLo ljifosf] ?kdf *t/sf/L v]tL* ljifosf] kf7\oqmd ljBfno cfkm}n] lgdf{0f u/L lj=;+= @)^) ;fn b]lv g} k7gkf7g eO/x]sf] s'/f atfpg' eof] . cfkm" :jo+ klg klxn] ;|f]tJolSt ePsf]n] / lj=Jo=;=, lzIfs cleefjs ;+w, cleefjs, ;/f]sf/jfnf cflb ;a}n] ;xof]u klg u/]sf] x'gfn] dnfO{ of] sfd ug{ ;lhnf] ePsf] s'/f atfpg' eof] . ;fy} ;fdflhs cWoog, l;h{gfTds snf tyf zf/Ll/s lzIff ljifox?sf] :yfgLo c+zsf] ?kdf /x]sf] @) kf7\oj:t'sf] ;DaGwdf ljifo lzIfsnfO{ g} atfpg cfu|x ug'{eof] . oxL s'/fnfO{ pSt ljBfnosf ;fdflhs cWoog / l;h{gfTds snf ljifosf ljifo lzIfs u0f]z k|;fb uf}tdn] v'nf k|ZgfjnL dfkm{t lbPsf] pQ/sf] ;ldIff cg';f/ d}n] cGo @ hgf ljifo lzIfsx?;Fu ;dGjo u/L xfdLn] # j6} ljifosf] sIffut ?kdf :yfgLo kl/j]z / jftfj/0f ;'xfpFbf] @) kf7\oqmd lgdf{0f ul/ k|fylds txsf] kf7\oqmddf pNn]v eP adf]lhdsf] kf7\oef/ 5'6\6ofP/ k7gkf7g ug]{ u/]sf 5f} eGg' eof] . t/ ljBfyL{ efOjlxgLx?sf] nflu pSt kf7\oqmd;Fu ;DalGwt kf7\oj:t' 5kfO{ u/]/ lbg ;s]sf 5O{gf} .

>L uf]Ndfb]lj k|f=lj= l;dn6f/ ^ knfk'sf k|=c= lbg]z s'df/ du/;Fusf] cGt/jftf{sf] lgisif{ o;k|sf/sf] /xof] . xfd|f] ljBfnodf ;a} du/ ;d'bfosf ljBfyL{x? /x]sf 5g . xfd|f] cfˆg} snf ;+:s[tL / efiff klg 5 t/ klg xfdLn] :yfgLo ljifosf] ?kdf dft[efiffsf] kf7\oqmd lgdf{0f u/L k|of]u ug{ ;s]sf 5}gf} . xfdL;Fu lzIfs b/alGb kof{Kt 5}g . gLhL :t/af6 ljBfno rnfpg ;xh 5}g To;}n] xfdLn] :yfgLo ljifodf /fd]5fk lhNnfsf] ;fF3'6f/ ;|f]ts]Gb|n] lgdf{0f u/]sf] s[lif ljifosf] kf7\oqmd k|of]u u/]sf 5f} . ToxfFsf] e"uf]n, xfjfkfgL / jfnLgfnL xfd|f] kl/j]z;Fu klg ldN5 . ;fy} ;fdflhs cWoog, l;h{gfTds snf tyf zf/Ll/s lzIff ljifox?sf] :yfgLo c+zsf] ?kdf /x]sf] @) kf7\oj:t' eg] xfdLn] s]Gb|n] lbPsf] kf7\oqmds} k7\oj:t' g} k|of]u u/L/x]sf 5f} . ;s] kl/jt{g u/L k7gkf7g ug'{ eg]sf] xf] . g;Sbf To;}nfO{ k5\ofpFbf s] ef] t < >L j0ff{b]lj k|f=lj= 8flG;ª\6f/ $ knfk'sf k|=c= n]vgfy l3ld/];Fu lnO{Psf] cGt/jftf{sf] lgisif{ klg >L uf]Ndfb]lj k|f=lj= l;dn6f/ ^ knfk'sf k|=c= lbg]z s'df/ du/sf] cleJolSt;Fu ldNb5 . x'g;S5 b'a} ljBfno l5d]sL ljBfno eP/ xf]nf .

cWoog / cg';Gwfgsf] qmddf >L hnsGof k|f=lj= l;Ns'a];L sfnLsf k'uLof] . To; ljBfnosf k|=c= >L a]gL afxfb'/ sfsL{;Fu ePsf] cGt/jftf{af6 cleefjssf] dfu / rfxfgf adf]lhd xfdLn] xfd|f] ljBfnodf !)) k"0ff{Ísf] :yfgLo ljifosf] ?kdf sIff ! b]lv # ;DdnfO{ P]=c+u|]hL / sIff $ / % sf nflu %)÷%) k"0ff{Ísf] Conversation English / General Knowledge u/L @ j6f ljifo ;+o'St ?kdf k|of]u u/]sf 5f} . lsg o;f] ug'{ePsf] elg ToxfFsf lzIffk|]ld ejgfy a/fn;Fu lh1f;f /fVbf xfd|f 5f]/f5f]/Lx? Eff]nLsf lbgdf sf7df8f}+sf gLhL ljBfnox?df k9\5g To;sf nflu pgLx?sf] cfwf/ tof/ kfg{ g} xfdLn] k|=c= ;Fu ;Nnfx u/]/ of] sfo{ u/]sf] s'/f atfpg'eof] . P]=c+u|]hL k9fpg] ljifo lzIfs OlGb/f clwsf/L ;'j]bL;Fu u/LPsf] v'nf k|ZgfjnLaf6 s] yfxf eof] eg] :yfgLo ljifosf] ?kdf k|of]u u/LPsf] kf7\oqmd / kf7\ok':ts b'a} sf7df8f}+sf gLhL ljBfnox?n] k|of]u ug]{ u/]sf] /x]5 . k|=c= sfsL{ ;/n] atfpg' eof] xfdLn] lzIfs b/alGbsf sf/0fn] ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifosf] :yfgLo c+zsf] ?kdf /x]sf] @) kf7\oqmdnfO{ s]lx gu/L s]Gb|n] lbPsf] !)) sf] kf7\oqmdnfO{ lg/Gt/tf lbO/lxPsf] 5 .

hnsGof k|f=lj= l;Ns'a];L sfnLsfsf lj=Jof=;= cWoIf ltns axfb'/ l3ld/] ;Fusf] cGt/jftf{df eGg'eof] clxn]sf] c+u|]hL lzIff k|ltsf] cleefjsx?sf] pRr cfsf+Iff, cGt/fli6«o dfGotf k|fKt efiff cflb sf/0fx?n] ubf{ xfdL ;+o'St ?kdf nflukl/ sfof{Gjogdf NofPsf 5f} . o;}u/L :yfgLo ;/f]sf/jfnf;Fu lnPsf] cGt/jftf{df /fhgLlt1 df]xg k|;fb ;'a]bLn] eGg'eof] ljBfnonfO{ xfdL h'g;'s} ;xof]u ug{ tof/ 5f} . xfdLnfO{ xfd|f ljBfyL{ cAan / u'0f:t/Lo lzIff k|fKt rflxG5 . xfdL xfd|f gfgLx?nfO{ :yfgLo kl/j]zsf] 1fg, ;Lk lbg xfdLn] s] ug'{ k5{ elg lj=Jof=;=, k|=c=, tyf lzIfs ;Fu x/]s ;+o'Q a}7sdf k|Zg ul//fV5f} .

cWoog / cg';Gwfgsf qmddf >L cf?e~HofË cf=lj= lblK;ª\ @ anv'sf k|=c= t]hgf/fo0f rf}w/L;Fu lnOPsf] cGt/jftf{df pxfFn] eGg'eof] clwsf+z tfdfË dft[eflif ljBfyL{x? ePtfklg ljBfnosf] cfly{s cj:yf, efiff lzIfssf] cefj, l5d]sL ljBfnosf] c;xof]u k"0f{ Jojxf/ cflb sf/0fn] ubf{ :yfgLo ljifodf dft[efiffsf] kf7\oqmd lgdf{0f ul/ k7gkf7g ug{ ;ls/x]sf 5}gf} . To;}n] xfdLn] :yfgLo ljifodf :yfgLo :t/df tof/ kf/LPsf] s[lifsf] kf7\oqmd tyf kf7\ok':ts k|of]u u/]sf5f}+ . To;}u/L s]Gb|n] ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifosf] :yfgLo c+zsf] @) kf7\oqmddf lbPsf] clwsf/sf] ljifodf ljifo lzIfs kfj{tL tfdfË;Fusf] k|ZgfjnLaf6 cfkm'n] :yfgLo c+zsf] kf7\oqmd k|fylds txsf] kf7\oqmdn] lbPsf] lgb]{zg cg';f/ tfdfË snf ;:s[tL, l/tLl/jfh, afhfufhf, uLt ;+uLt, rf8kj{, :yfgLo gbLgfnf, d7dlGb/, pBf]uwGbf, hfqf, v]ns'b cflbsf ljifoj:t' 5gf]6 u/L ljBfyL{x?nfO{ k7gkf7g ug]{ u/]sf] hfgsf/L u/fpg'eof] .

o; cWoogsf] qmddf 5gf]6df k/]sf ljBfnosf k|=c=, ljifo lzIfs, :yfgLo ;/f]sf/, lj=Jo=;= cWoIf, ;|f]t JolQ, lh=lz=c= cflb ;Fu ;DalGwt ljifo;Fu ;DaGw /fVg] k|Zgx? dfkm{t lh1f;f /fVbf s]lx ljBfnox?df :yfgLo ljifosf] kf7\oqmd tyf kf7\ok':ts cfkm}n] lgdf{0f tyf pTkfbg u/]sf], s]xL ljBfnodf c? s;}n] lgdf{0f tyf pTkfbg u/]sf kf7\oqmd tyf kf7\ok':ts k|of]u u/]sf] eg] s'g} ljBfnon] s]Gb|n] lbPsf] clwsf/nfO{ ;d]t k|of]u gu/]sf] cj:yf kfOof] . ljBfnosf cfˆg} cfly{s sf/0f, lzIfs b/alGb, ljifo lzIfsx?df kf7\oqmd lgdf{0f ug{ ;Sg] lj1tf gx'g', lh=lz=sf=n] ;dod} ;xof]u gu{g' cflb sf/0fx? klg :yfgLo kf7\oqmd lgdf{0fsf afwsx? x'g eGg ;lsG5 .

**$=#= k|fylds txdf :yfgLo kf7\qmdsf] sfof{Gjogsf] cj:yf**

k|fylds lzIff kf7\oqmdn] afnaflnsfx?sf] dfgl;s, af}l4s, zf/Ll/s, ;+j]ufTds tyf l;h{gfTds Ifdtf ljsf; ug]{ d"n p2]Zo lnPsf] 5 . kf7\oqmdn] ;dfh / /fi6«sf cfjZostf / cfsf+IffnfO{ klg k|ltlalDat u/]sf] x'G5 . kf7\oqmd k|ultzLn / ;'wf/f]Gd'v x'g'kb{5 . ;'rgf / k|ljlwsf] ljsf;n] ubf{ l;sfOsf If]qx? klg yk ePsf 5g eg] k'/fgf] ljifoj:t' / l;sfpg] tf}/tl/sf ;dfh / ;do ;fk]If lglZrt 5}gg\ . nf]stGqsf] :yfkgf ;Fu} lzIffdf ;a}sf] kx'Fr ;dfj];L lzIff x'g'kg]{ s'/f klg pl7/x]sf] 5 . To;}n] kf7\oqmdn] k|Tos ljBfyL{x?nfO{ jt{dfg / eljiodf cfjZos kg]{ ;a} k|sf/sf 1fg, ;Lk / cg'ej k|bfg ug{ ;Sg' kb{5 . kf7\oqmd ljsf;sf qmddf ljBfyL{sf nflu cfjZos kg]{ ;Dk"0f{ 1fg, ;Lk / cg'ej cflb k|fKt ug{ ;Sg] k|sf/sf ;Dk"0f{ kf7\oj:t'x?nfO{ ;dfj]z ug{ cfjZos x'G5 . kf7\oqmddf ;dfj]z ul/Psf kf7\oj:t' jfx]s p2]Zo k|fKt ug{ d2t ug]{ ;fdfu|L, lzIf0f ljlw cflb ;dfj]z x'g' cfjZos 5 . kf7\oqmdnfO{ cu'jfO ug]{ sfo{ lzIfs, ljifo ljz]if1, cleefjs, lzIffljb, jfndgf]j}1flgs, kf7\oqmd ljz]if1 cflbsf] ;+o'St k|of;df ePsf] x'G5 .

lgZro klg :yfgLo cfjZostfdf cfwfl/t lzIffsf] kf7\oqmd lgdf{0f u/L To;sf] sfof{Gjog ug{ hl6n / r'gf}tLk"0f{ sfo{ xf] . g]kfn h:tf] ef}uf]lns, hftLo, ;f+:s[lts ljljwtf Pj+ k];f, Joj;fo / Jofkf/df ;d]t cg]sf}+ leGgtfx? /x]sf 5g\ . 7fFpcg';f/ km/s km/s :yfgLo cfjZostf / dfux? x'g ;S5g\ . ltgLx?nfO{ k"/f ug{ lgs} s7LgfO ef]Ug'kg]{ l:ylt 5 t}klg xfd|f ;fd' y'k|} ;Defjgfx? klg 5g\ . s]Gb|n] lgdf{0f u/]sf] kf7\oqmdn] :yfgLo cfjZostf k"/f ug{ lgZro klg ;Sb}g . xfd|f] h:tf] k];f, Joj;fo, ;+:s[lt, ef}uf]lns ljljwtf ePsf] d'n'ssf nflu :yfgLo cfjZostfdf cfwfl/t lzIffnfO{ ljz]if hf]8 lbg' ;fGble{s / pko'St b]lvG5 .

;fdflhs cWoog ljifon] jfnjflnsfnfO{ ;dfhdf Pj+ ;dfof]hg u/L a:g / ;Eo, ;';+:s[t, ;Hhg, ;'zLn gful/s eP/ afRg l;sfpFb5 . ljBfnosf] aGb sf]7fnfO{ dfq lzIf0f l;sfOsf] ynf] gdfg]/ ljb\ofyL{sf] 3/, jftfj/0f, k|s[lt, ;dfh, ;+:s[lt, rf8kj{, l/ltl/jfh, v]n cflbnfO{ klg l;Sg] ynf]sf ?kdf pkof]u ug'{ kb{5 / kf7\oqmddf klg ToxL cg'?ksf p2]Zox? /fvL kf7\oj:t'x? tof/ kfg{' kb{5 . l;h{gfTds snfsf] kf7\oqmddf afnaflnsfx?sf] k|fs[lts ?kdf x'g] af}l4s / dgf]j}1flgs ljsf;sf nIox? klg ;dfj]z ePsf 5g\ . l;h{gfTds snfn] k9]/ eGbf u/]/ l;Sg] s'/fdf ljZjf; ub{5 . l;h{gfTds snfdf lzIf0f ;fdu|Lx? w]/} dxFuf k|of]u gu/L :yfgLo If]qdf pknAw ;fdu|Lx?sf] k|of]u ug{ k|]l/t ul/Psf] 5 .

**$=#=!= :yfgLo kf7\oqmd s;/L sfof{Gjog ug]{ <**

⦁ :yfgLo kf7\oqmd sfof{Gjg ug{ pBf]uklt, Jofkfl/, j'l4lhjL, lzIfs, ;|f]t JoflSt cflbnfO{ ;+nUg u/fO{ ;|f]t JolStsf ?kdf sIffsf]7fdf NofO{ cGt/lqmof u/fpg'k5{ . :yflgo JoflSt;Fu e]6, cGt/lqmof, :ynut e|d0f, k'/ftflTJfs, ef}uf]lns, P]ltxfl;s, ;fF:s[lts, s[lif Joj;fodf ;+nUg JolSt;Fu uO{ ;fIffTsf/ sfo{ ;d]t u/fpg' kg]{5 .

⦁ ;DalGwt ljBfnosf lzIfs÷lzlIfsf ;f] ljifodf ljz]if1tf xfl;n eP ;f]xLaf6 k7gkf7g u/fpg'k5{ .

⦁ ljifosf] k|s[lt cg';f/ ;d'bfodf /x]sf pSt ljifosf 1fg Pj+ ;Lk ePsf / s'g} Joj;fo u/L a;]sf jf k];fsf JolQmx?nfO{ ljBfnodf cfdGq0f u/L plNnlvt ljifodf 5nkmn, k|Zgf]Q/ u/L ljBfyL{nfO{ l;sfpg ;lsG5 .

⦁ plNnlvt ljifosf] hfgsf/L lng :ynut e|d0f ug'{kg]{, ;f]xL :yfgdf uO{ cWoog ug'{kg]{ ljifodf tt\ :yfgdf g} ljBfyL{nfO{ e|d0f u/fO{ k|ToIf cWoog u/fpg'kb{5 .

⦁ljBfyL{x?nfO{ ljifoj:t'sf] hfgsf/L u/fpg of]hgf sfo{ klg lbg ;lsG5 .

**$=#=@= :yfgLo kf7\oqmd sfof{Gjogsf] ljBfnout cj:yf**

cWoog / cg';Gwfgsf] ;dodf 5gf]6df k/]sf ljBfnox?sf] :ynut e|d0f, 5gf]6df k/]sf k|=c=, lj=Jof=;= cWoIf, :yfgLo ;/f]sf/jfnfx? ;Fu ePsf] cGt/jftf{, 5gf]6df k/]sf lh=lz=c=, ;|f]tJolQm tyf :yfgLo ljifosf ljifo lzIfsx? ;Fu u/LPsf] v'nf k|ZgfjnL, cWoogsf] qmddf cgk]lIft ?kdf e]63f6 ePsf JolQmx?;Fusf] 5nkmn cGt/lqmof tyf cWoogsf] p2]ZonfO{ 5'g] ljleGg b:tfj]hx?sf] cWoogaf6 :yfgLo kf7\oqmdsf] sfof{Gjogdf ePsf] cj:yfnfO{ o; tflnsfdf b]vfO{Psf] 5 .

|  |  |  |
| --- | --- | --- |
| **ljBfnosf] gfd** | **:yfgLo ljifosf] cj:yf** | **;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifox?sf] :yfgLo c+zsf] @) kf7\oqmd** |
| uf]Ndf b]lj k|f=lj= knfk' | sfof{Gjog ePsf] ljifo s[lif | s]lGb|o kf7\oqmdnfO{ g} lg/Gt/tf lbOPsf] |
| Jf0ff{ b]lj k|f=lj= knfk' | sfof{Gjog ePsf] ljifo s[lif | s]lGb|o kf7\oqmdnfO{ g} lg/Gt/tf lbOPsf] |
| hnsGof k|f=lj= l;Ns'a];L | sIff !–# P]= c+u|]hL / sIff $–% df / | s]lGb|o kf7\oqmdnfO{ g} lg/Gt/tf lbOPsf] |
| cf?e~HofË cf=lj= lblK;ª\ | sfof{Gjog ePsf] ljifo s[lif | @) :yfgLo c+zsf] kf7\oqmd lgdf{0f u/L sfof{Gjog u/LPsf] |
| sfnLsf df=lj= l;:g]/L | sfof{Gjog ePsf] ljifo t/sf/L v]tL | @) :yfgLo c+zsf] kf7\oqmd lgdf{0f u/L sfof{Gjog u/LPsf] |

l;:g]/L ;|f]t s]Gb|df ;|f]t JolQm zfGtf axfb'/ sfsL{;Fu u/LPsf] k|ZgfjnLdf pxfFn] :yfgLo kf7\oqmdsf] sfof{Gjogsf] ;DjGwdf o:tf] hfgsf/L u/fpg' eof] . s]xL dft[efiffafx]s cGo ljifosf kf7\ok':ts lgdf{0f ul/Psf] 5}g . :yfgLo cfjZostfnfO{ b[li6ut u/]/ s]Gb|n] g t ;a} :yfgsf nflu kf7\ok':ts tof/ ug{ ;S5 g t s]Gb|n] tof/ ul/lbPsf kf7\k':ts :yfgLo txsf nflu pkof]uL x'g ;St5g\ . ;Dej eP :yfgLo kf7\oqmdsf cfwf/df kf7\ok':ts :yfgLo txdf cfkm}n] tof/ ug'{kb{5 . kf7\ok':ts lgdf{0f ug{ g;lsP klg :yfgLo kf7\oqmdsf] sfof{Gjog ug{ ;lsG5 . :yfgLo kf7\oqmddf ePsf ljifoj:t' ljBfyL{n] k|ToIf b]v]/} ;DalGwt JolQm jf ;|f]tJolQmx?;Fu 5nkmn u/]/, jf:tljs sfddf ;xefuL eP/ jf cEof;af6 l;Sg ;S5g\ . To;}n] :yfgLo kf7\oqmd sfof{Gjogsf nflu kf7\ok':ts geP klg lzIf0fl;sfO lqmofsnfk k|efjsf/L ?kdf ;~rfng ug{ ;lsG5 . pbfx/0fsf nflu t/sf/L v]tLdf :yfgLo hftsf t/sf/Lsf] kl/rosf nflu lzIfs ljBfyL{ / ls;fgaf6 ljBfnodf y/Ly/Lsf t/sf/L hDdf u/]/ k|bz{g ug{ ;lsG5 . tL t/sf/Lsf af/]df cg'ejL ls;fg / s[lif k|fljlwsx?;Fu 5nkmn klg ug{ ;lsG5 . t/sf/Lsf lap pdf/]sf], ;f/]sf], kfgL k6fPsf], t/sf/L afnL x's]{sf], t/sf/L l6k]sf] / t/sf/L afnLnfO{ ls/f / /f]un] gf]S;fg u/]sf s'/f t/sf/L af/Ldf uP/ cjnf]sg ug{ ;lsG5 .

**$=#=#= :yfgLo kf7\oqmd ljsf; / sfof{Gjogsf nflu ;|f]t ;fwgsf] Joj:yfkg / kl/rfng**

:yfgLo kf7\oqmd ljsf; b]lv sfof{Gjog ug]{ ;Dddf ljleGg ef}lts, cfly{s, k|fljlws, k|fl1s cflb ;|f]t ;fwgsf] cfjZostf kb{5 . kf7\oqmd ljsf; b]lv sfof{Gjog;Ddsf] d'Vo lhDd]jf/L :yfgLo :t/df g} lng'kb{5 . o;df s]lGb|o txsf] e"ldsf cToGt uf}0f x'G5 . s]lGb|o txn] k|fljlws nufot s]lx s'/fdf ;xof]u ug}{ ;Sb}g / x'Fb}g eGg] xf]Og t/ o; ljifosf] kf7\oqmd, kf7\o;fdu|L lgdf{0fb]lv cfjZos kg]{ ;|f]tJolQm jf lzIfs ;d]t :yfgLo :t/df g} cfTdlge{/ x'g'kg]{ dfGotf /flvPsf] 5 . h;sf nflu lgDglnlvt tl/sfaf6 ;|f]t;fwgsf] Joj:yfkg ug{ ;lsG5 .

⦁ uf=lj=;=÷gu/kflnsf tyf lh=lj=;=sf] ;xof]u lng ;lsg] .

⦁ :yfgLo :t/df /x]sf ;/sf/L tyf u}/;/sf/L ;+:yfx?;Fu cfjZos ;xof]u lng ;lsg] .

**⦁** :yfgLo k];fsdL{, pBf]u Joj;foL, Jofkf/L cflb;Fu klg ;xsfo{ / ;xof]usf] cfbgk|bfg ug{ ;lsg], pgLx?nfO{ lzIff If]qdf of]ubfg ug'{kb{5 eGg] cjwf/0ffsf] ljsf; u/fpg] .

⦁ cfod"ns ljifox?df cWoogsf] qmddf ljBfyL{x?af6 pTkflbt ;fdu|L ahf/df laqmL u/]/ klg cfDbfgL ug{ ;lsg] .

⦁ :yfgLo kf7\oqmd ljsf; / sfof{Gjogsf nflu ljBnon] ef}lts tyf cfly{s ;|f]tx? h'6fpg kxn ug]{ .

**$=#=$= :yfgLo kf7\oqmd lgdf{0f tyf sfof{Gjogdf ljleGg lgsfox?sf] e"ldsf**

:yfgLo cfjZostfdf cfwfl/t lzIff;DaGwL kf7\oqmd lgdf{0f / sfof{Gjogdf ljleGg lgsfosf] e"ldsf dxTjk"0f{ /xG5 . tL lhDd]jf/ lgsfox? o; k|sf/ 5g\ .

s\_ ljBfno tx ⦁ ljBfyL{ ⦁ lzIfsx? ⦁ cleefas ju{ ⦁ lzIfs cleefas ;+3 ⦁ ljBfno Joj:yfkg ;ldlt

v\_ ufpF ljsf; ;ldlt÷gu/kflnsf tx

⦁ ufpF lzIff ;ldlt÷gu/ lzIff ;ldlt ⦁ ufpF ljsf; ;ldlt÷gu/kflnsf

u\_ ;|f]t s]Gb| tx

3\_ lhNnf tx

⦁ lhNnf lzIff sfof{no ⦁ lhNnf lzIff ;ldlt

⦁ lhNnf kf7\oqmd ljsf; tyf ;dGjo ;ldlt ⦁ lhNnf ljsf; ;ldltsf] e"ldsf ⦁ lhNnfdf wfld{s, ;fdflhs, ;f+:s[lts ;ª\3;+:yfsf] e"ldsf ⦁ k];fut lzIfs, k|lzIfs tyf ;ª\3;ª\u7gsf] e"ldsf ⦁ If]qLo lzIff lgb]{zgfnosf] e"ldsf

ª\_ s]lGb|o tx

⦁ kf7\oqmd ljsf; s]Gb|sf] e"ldsf ⦁ /fli6«o kf7\oqmd ljsf; tyf d"NofÍg kl/ifbsf] e"ldsf ⦁ s]lGb|o kf7\oqmd ;Nnfxsf/ ;ldltsf] e"ldsf

**$=#=%= :yfgLo kf7\oqmd cGtu{tsf ljifoj:t'sf] lzIf0fdf k|of]u ul/Psf] lzIf0f ljlwx?**

5gf]6df k/]sf :yfgLo ljifo lzIf0f ug]{ lzIfsx?n] k|of]u ug]{ lzIf0f ljlw ;DaGwdf k|Zgfjlnsf] ;xof]un] cWoog ubf{ k|fKt glthf tn k|:t't ul/Psf] 5 .

**⦁** kl/of]hgf sfo{ ⦁ cjnf]sg e|d0f ⦁ clego

⦁ :yflgo ;/f]sf/jfnf;Fu 5nkmn ⦁ k|bz{g ⦁ ;xeflutf ⦁ k|of]ufTds sfo{ ⦁ of]hgf sfo{ ⦁ k|Zgf]Q/ ⦁ JofVof

kf7\oqmd cg';f/ ljifo j:t'sf] lzIf0fdf olx g} ljlw k|of]u ug'{ kb{5 eGg] t 5}g t/ k|fylds txsf ;fgf gfgLx?sf nflu ljBfyL{ s]lGb|t ljlwx?sf] k|of]u ug'{ kg]{ x'G5 . h;sf] k|of]u P]= c+u]|hL ljifosf] lzIf0fdf sd b]lvof] t/ t'ngfTds ?kdf s[lif ;fy} ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifosf] @) k|ltzt :yfgLo c+zsf] kf7\oqmdsf] lzIf0fdf afns]lGb|t ljlwsf] k|of]u a9L g} ePsf] kfOof] . h'g /fd|f] kIf xf] .

**$=#=^= :yfgLo ljifo lzIf0f tyf sfof{Gjog ug{ lzIfssf nfuL tflndsf] Joj:yf**

lhNnf lzIff clwsf/L yfkf eGg'x'G5 xfdLn] :yfgLo kf7\oqmd cGtu{tsf ljifoj:t' lzIf0f ug{ lzIfssf nflu a]nfa]nfdf lhNnf :t/df ;~rfng x'g] z}lIfs;fdfu|L ljsf; tflnd, kf7\oqmd ljsf; tflnd ;fy} lhNnf tyf ;|f]ts]Gb| :t/af6 lbOg] ax' eflifs TPD tflndsf ljleGg df]8\o'nx? ;~rfng ug]{ u/]sf 5f} eg] slxn] sfFxL z}lIfs tflnd s]Gb| Og?jf klg k7fpg] u/]sf 5f} . tflndnfO{ yk hf]8 lbb} eGg'eof] lzIfs ljifoj:t'sf] dfq hfgsf/ eP/ k'Ub}g . pxfFsf] o; s'/fn] lzIfsdf lzIf0f l;ksf] lasf;sf nflu tflnd klg cfjZos x'g'kb{5 eGg] s'/fnfO{ k'li6 u/]sf] 5 . t/ h] h:tf] elgPtfklg xfd|f] gd'gf If]qdf kg]{ clwsf+z lzIfsx?sf] cfjfh s] 5 eg] :yflgo kf7\oqmd cGtu{tsf ljifox?sf] lzIf0f ug]{ lzIfsx?nfO{ Joj:yf u/]sf] tflnd ck"/f] / ck'u g} b]lvG5 .

**$=#=&= :yfgLo kf7\oqmdsf] sfof{Gjogdf ljBfyL{ d"NofÍg**

lzIf0f l;sfOsf qmddf / z}lIfs ;qsf] cGTodf kf7\oqmdn] /fv]sf p2]Zox? s] slt dfqfdf xfl;n eP eg]/ x]g{sf nfuL s] s:tf d"NofÍgsf ;fwgx?sf] k|of]u ug'{ x'G5 elg ljifo lzIfsx? ;Fu k|Zgfjlnsf] ;xof]un] /flvPsf] lh1f;fdf ;a} ljifo lzIfsx?n] AoSt u/]sf] cleJolSt Pp6} /x]sf] 5 . :yfgLo kf7\oqmd :yfgLo k];f, Joj;fo, snf, ;+:s[lt h:tf ljifo;Fu ;DalGwt x'G5 . o:tf ljifodf ljBfyL{n]l;Sg'kg]{ s'/f lstfj k9]/ eGbf klg k|ToIf cjnf]sg u/]/, k];f Joj;fosf sfd u/]/ / ;fdflhs ultljlwdf ;xefuL eP/ / cEof; u/]/ l;S5g . To;}n] :yfgLo kf7\oqmd ;Da4 ljifosf] ljBfyL{ d"NofÍg cf}krfl/s ?kdf lg/Gt/ ul/g'kb{5 . o:tf] d"NofÍgnfO{ lg/Gt/ ljBfyL{ d"NofÍg elgG5 .

lg/Gt/ ljBfyL{ d"NofÍgsf nflu k|Zgf]Q/, 5nkmn, ljBfyL{sf lbgfg'lbgsf sfd lqmofsnfksf] cjnf]sg, cleefjsju{sf] /fok|ltlqmof, ljBfyL{sf ;fyL ;d"xsf] k|ltlqmof pkof]uL x'G5g\ . :yfgLo kf7\oqmddf cleefjsju{n] /f]h]sf ljifo / ljifoj:t'sf] lzIf0fl;sfO ul/g] ePsfn] pgLx?;Fu x'g] 5nkmnnfO{ dxTj lbP/ ljBfyL{sf] d"NofÍg ul/g' o'lSt;ª\ut x'G5 . cfjZostf cg';f/ :yfgLo ljifosf] klg lnlvt hfFr lng ;lsG5 . :yfgLo ljifosf] ljBfyL{ d"NofÍg ubf{ pTkfbg k|0ffnLnfO{ ;DalGwt u/fpg' pko'St x'g] 5 . cGo ljifodf h:t} :yfgLo kf7\oqmd ;Da4 ljifosf] klg ljBfyL{sf] k|utL clen]v /flvg'kb{5 . o;sf nflu :yfgLo kf7\oqmdn] tf]s]sf ljifo If]q / To;leqsf ljifoj:t'sf cfwf/df ljBfyL{sf] k|utL x]/]/ clen]vg ug'{kb{5 .

**$=#=\*= k|fylds txdf :yfgLo kf7\oqmd kl/dfh{g tyf ;+zf]wg**

kf7\oqmdsf] ljsf;, kl/dfh{g tyf ;+zf]wg ug]{ sfo{ lg/Gt/ rln/xg] k|lqmof xf] . :yfgLo txsf] kf7\oqmd ljBfno, ;|f]ts]Gb| jf lhNnf lzIff sfof{no h;n] lgdf{0f u/]sf] xf] sfof{Gjogdf k/]sf sl7gfO / cWoogsf] ;'emfj cflbsf cfwf/df p;}n] kl/dfh{g;d]t ug{ ;Sb5 . ljBfno txdf sfof{Gjog ubf{sf avt cfPsf k[i7kf]if0fsf cfwf/df ljBfno :jo+n] klg :yfgLo kf7\oqmd kl/dfh{g ug{ ;Sb5 .

5gf]6df k/]sf ljBfnosf k|=c= tyf lj=Jof=;= cWoIf;Fu ePsf] cGt/jftf{ ;fy} :yfgLo ljifosf ljifo lzIfs / ;|f]tJolSt;Fusf] v'nf k|ZgfjnLn] lbPsf] lg:s{if o:tf] /x]sf] 5 .

>L uf]Ndfb]lj k|f=lj= / >L j0f{b]lj k|f=lj= df z}lIfs ;q @)&@ ;fn b]lv :yfgLo ljifosf] ?kdf s[lifsf] kf7\oqmd nfu' u/LPsf] x'gfn] clxn] ;Dd o;sf] kf7\oqmd kl/dfh{g gePsf] yfxf eof] eg] ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifosf] :yfgLo c+zsf] @) k|ltzt kf7\oqmd s]Gb|sf] g} ePsf]n] o;nfO{ s]Gb|n] g} kl/dfh{g ug]{ atfpg' eof] . To:t} >L hnsGof k|f=lj= l;Ns'j];Ln] klg :yfgLo ljifosf] ?kdf sf7df8f}+sf lghL ljBfnox?n] k|of]u ug]{ P]= c+u|]hL , Conversation English / General Knowledge k|of]u u/]sf] / oL ljifox?sf] kf7\oqmd ;DalGwt k':ts sDkgLn] a]nfa]nfdf kl/dfh{g ug]{ u/]sf] k|=c= n] atfpg' eof] eg] ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifosf] :yfgLo c+zsf] @) k|ltzt kf7\oqmd s]Gb|n] g} kl/dfh{g ug]{ atfpg' eof] . >L cf?e~HofË cf=lj= lblK;ª\df :yfgLo ljifo s[lif /x]sf] / pSt ljifo z}lIfs ;q @)^\* af6 nfu" ePsf] / clxn] ;Dd Ps k6s klg kl/dfh{g gul/Psf] k|=c= rf}w/L ;/n] atfpg' eof] eg] ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifosf] :yfgLo c+zsf] @) k|ltzt kf7\oqmddf a]nfa]nfdf ;do ;fk]If kl/dfh{g ug]{ u/]sf 5f} . o;df ljifo lzIfs kfj{tL tfdfËn] @)&) ;fndf ;fdfGo kl/dfh{g u/]sf] atfpg' eof] . >L sfnLsf df=lj= l;:g]/Ldf eg] z}lIfs ;q @)^) b]lv :yfgLo ljifo ?kdf t/sf/L v]tL nfu' ul/Psf] / kf7\oqmd kl/dfh{g k|lqmof cg';f/ g} lj=;+= @)^$ ;fndf ;fdfGo kl/dfh{g / lj=;+= @)^\* ;fndf s]xL kl/jt{g u/LPsf] pSt ljBfnosf ;/f]sf/jfnf lji0f' s'df/ v8\sfn] atfpg' eof] . ;fy} k|=c= lzj bfxfnn] ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifosf] :yfgLo c+zsf] @) k|ltzt kf7\oqmd xfdLn] z}lIfs ;q @)&! af6 dfq nfu" u/]sf xf} .

**$=#=(= :yfgLo kf7\oqmd sfof{Gjogsf ;d:ofx?**

o; cWoogsf] ljifo;Fu ;DalGwt eO{ ;"rgf tYofÍ ;+sng ug{ k|of]u ul/Psf ;fwgx?af6 k|fKt tYo cg';f/ o; lhNnfdf 5gf]6df k/]sf ljBfnox?sf] k|fylds txdf :yfgLo kf7\oqmd sfof{Gjogdf / sfof{Gjog kl5sf lbgx?df y'k|} ;d:ofx? /x]sf] s'/f k|i6 ePsf] 5 . o;} ;Gbe{df tYofÍ ;+sngsf ;|f]tx?af6 k|fKt ePsf] hfgsf/LnfO{ k|:t't u/LPsf] 5 .

:yflgo kf7\oqmdsf] sfof{Gjog ;DaGwdf s] s:tf ;d:ofx?sf] ;fdgf ug'{ kl//x]sf] 5 eGg] ;DaGwdf k|=c= x? ;Fu lh1f;f /fVbf k|fKt pQ/x?nfO{ ljZn]if0f ug{ lgdf{0f ul/Psf] tflnsf o; k|sf/ 5

:yfgLo kf7\oqmd sfof{Gjogdf b]vf k/]sf ;d:of ;DaGwdf k|=c=sf] wf/0ff

|  |  |  |  |
| --- | --- | --- | --- |
| qm=;= | ;d:ofx? | k|=c=;+Vof | k|ltzt |
| != | :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf ah]6 cefj | # | !))Ü |
| @= | :yfgLo ;/f]sf/jfndf :yfgLo kf7\oqmd ;DalGw hfgsf/L gx'g' | # | !))Ü |
| #= | :yfgLo :t/df kf7\oqmd lgdf{0f ug{ ;Sg] hgzlQm gx'g' | @ | ^^=^^Ü |
| $= | ljBfyL{x?sf] ?rL / rfxgfdf leGgtf | @ | ^^=^^Ü |
| %= | :yfgLo kf7\oqmd cg'udg / lg/LIf0fsf] Joj:yf gx'g' | ! | ##=##Ü |
| ^= | sIff Joj:yfkgdf sl7gfO | @ | ^^=^^Ü |
| &= | :yfgLo ljifo lzIf0f ug]{ lzIfssf nflu tflnd k|z:t} gx'g' | ! | ##=##Ü |
| \*= | cleefjsx?sf] c+u|]hL efiff k|ltsf] df]x | # | !))Ü |

:yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf b]vf k/]sf ;d:of ;DaGwdf cWoog ubf{ :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf ah]6sf] cefj, :yfgLo ;/f]sf/jfnfx?df :yfgLo kf7\oqmd ;DalGw hfgsf/L gx'g', cleefjsx?sf] c+u|]hL efiff k|ltsf] df]xdf !))Ü k|=c= n] cf}Nofpg' eof] . To:t} :yfgLo :t/df kf7\oqmd lgdf{0f ug{ ;Sg] hgzlQm gx'g', ljBfyL{sf] ?lr / rfxgfdf leGgtf, sIff Joj:yfkg sl7gfOdf ^^=^^Ü k|=c= n] /fo JoQm ug'{eof] . :yfgLo kf7\oqmd cg'udg / lg/LIf0fsf] Joj:yf gx'g' / :yfgLo ljifo lzIf0f ug]{ lzIfssf nflu k|z:t} tflndsf] Joj:yf gx'g'nfO{ ##=##Ü k|=c=n] /fo JoSt ug'{ eof] .

:yfgLo kf7\oqmd sfof{Gjog ;DaGw /x]sf ;d:ofx?sf] ;DaGwdf ljBfno Joj:yfkg ;ldltsf cWoIfx?sf] wf/0ff a'‰bf >L sfnLsf df=lj=l;:g]/L tyf >L hnsGof k|f=lj= l;Ns'a];L ( sfnLsfsf lj=Jof=;= cWoIf qmdzM gj/fh v8\sf / tLns axfb'/ l3ld/] sf] ljrf/df :yfgLo kf7\oqmd lgdf{0fsf nflu lj1x? kfpg g;lsPsf], ah]6sf] cefj, lhNnf lzIff sfof{noaf6 ck]Iffs[t ;xof]u k|fKt gx'g', kf7\ok':ts 5kfOdf ;d:of, kf7\ok':ts ljt/0fdf ;d:of, cleefjssf] lrQ a'emfpg ;d:of cflb :yfgLo kf7\oqmd sfof{Gjogsf k|d'v ;d:of /x]sf 5g\ . cGo ljBfnosf cWoIfx?n] :yfgLo kf7\oqmdsf af/]df cfkm"x?nfO{ vf;} s]lx yfxf gePsf] atfpg' eof] .

cWoogsf] nflu 5gf]6 ul/Psf knfk'sf ;|f]tJolSt wg axfb'/ v8\sf / l;:g]/Lsf ;|f]tJolSt zfGtf axfb'/ sfsL{n] ljBfnox?df :yfgLo kf7\oqmd lgdf{0f u/L sfof{Gjogdf Nofpg g;Sg'sf sf/0fx?df ;fwg / ;|f]tx?sf] sld /xg', ljBfnox?sf] ljljwtf, bIf hgzlStsf] cefj, ljZj;lgotfsf] sld, ;/sf/af6 g} 7f]; gLltlgod s8fOsf ;fy nfu' gx'g', cleefjsdf c+u|]hL ljifo k|lt df]x a9L /xg', kf7\oqmd lgdf{0fsf nflu cled'lvs/0f sfo{qmd ;~rfng ug{ g;Sg'nfO{ k|d'v ?kdf jtfpg' eof] .

:yfgLo kf7\oqmd lgdf{0f / sfof{Gjog ;DaGwdf b]vf k/]sf ;d:ofsf] ;DjGwdf lhNnf lzIff clwsf/Ln] :yfgLo kf7\oqmd lgd{f0fsf nflu ljBfnox?af6 k|:tfj gcfpg', ljBfnox?df c+u|]hLnfO{ ;a}eGbf dxTjk"0f{ ljifosf ?kdf g} a9L hf]8 lbg', ;d'bfodf dft[efiffsf lj1 lj¢fg gkfpg' . kfP klg kf7\oqmd ;DalGw hfgsf/L sd} dfq x'g', kf7\oqmd lgdf0f{sf nflu ;/sf/L;|f]tjf6 k"0f{ ah]6sf] Joj:yf ug{ g;Sg', :yfgLo kf7\oqmdsf] sfof{Gjogsf] cg'udg tyf ;'kl/j]If0fsf] :ki6 cfwf/ gx'g', ljb\ofnosf] g]t[Tjn] :yfgLo Kf7\oqmd lgdf{0fdf emGem6 dfGg', ljBfno / eflifs ;d'bfo aLr ;+of]hgsf/L e"ldsf v]Ng] lgsfosf] cefj, ljBfno Joj:yfkg ;ldltnfO{ :yfgLo kf7\oqmd ;DaGwdf hfgsf/L g/xg' cflb :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf k|d'v ;d:ofsf] ?kdf /x]sf] s'/f atfpg' eof] .

:yfgLo kf7\oqmd lgdf{0f / sfof{Gjog ;DaGwdf b]vf k/]sf ;d:of ;DaGwdf % hgf ljifo lzIfssf] wf/0ff a'‰bfsf] glthf lgDgfg';f/ kfOof]

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| qm=; | ;d:ofx? | lzIfssf] ;Vof | lzIfssf] k|lt;t |
| ! | :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf ah]6 cefj | % | !)) |
| @ | :yfgLo kf7\oqmd lgdf{0fsf nfuL hgzlSt cefj | % | !)) |
| # | :yfgLo kf7\oqmd lgdf{0fdf ;/f]sf/jfnfsf] rf;f]df sld | # | ^) |
| $ | kf7\oqmd 5f]6f] ;dodf lgdf{0f u/L sfof{Gjog ug'{ | @ | $) |
| % | ax'eflifs ljBfyL{sf sf/0f sIff Joj:yfkgdf ;d:of | @ | $) |
| ^ | cleefjsx?sf] c+u|]hL efiff k|ltsf] df]x | % | !)) |
| & | Kff7\oqmddf txut ;dGjotf sfod gx'g' | # | ^) |

:yfgLo kf7\oqmd sfof{Gjogsf] ;d:of ;DaGwdf lzIfssf] wf/0ff j'‰bf !))Ü lzIfsx?n] :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf ah]6 cefj, :yfgLo kf7\oqmd lgdf{0fsf nflu hgzlSt cefj, cleefjsx?sf] c+u|]hL efiff k|ltsf] df]xnfO{ ;d:ofsf] ?kdf k|:t't u/] . To:t} ^) Ü lzIfsx?n] :yfgLo kf7\oqmd lgdf{0fdf ;/f]sf/jfnfsf] rf;f]df sld / Kff7\oqmddf txut ;dGjotf sfod gx'g'nfO{ ;d:ofsf] ?kdf b]vfpg' eof] eg] $) Ü lzIfsx?n] kf7\oqmd 5f]6f] ;dodf lgdf{0f u/L sfof{Gjog ug'{, ax'eflifs ljBfyL{sf sf/0f sIff Joj:yfkgdf ;d:ofnfO{{ ;d:ofsf] ?kdf k|:t't ug'{ ePsf]5 .

**$=#=!)= k|fylds txdf :yfgLo kf7\oqmd lgdf{0f / sfof{Gjog ubf{ cfOk/]sf ;d:of ;dfwfgsf pkfox?**

lgZro klg :yfgLo cfjZostfdf cfwfl/t lzIffsf] kf7\oqmd lgdf{0f u/L To;sf] sfof{Gjog ug{ hl6n / r'gf}tLk"0f{ sfo{ xf] . g]kfn h:tf] ef}uf]lns, hftLo, ;f+:s[lts ljljwtf Pj+ k];f, Joj;fo / Jofkf/df ;d]t cg]sf}+ leGgtfx? /x]sf 5g\ . 7fFpcg';f/ km/skm/s :yfgLo cfjZostf / dfux? x'g ;S5g\ . ltgLx?nfO{ k"/f ug{ lgs} s7LgfO ef]Ug'kg]{ l:ylt 5 t}klg xfd|f ;fd' y'k|} ;Defjgfx? klg 5g\ . kf7\oqmd lgdf{0f / sfo{Gjog h:tf] sfo{ ;d:ofaf6 d'St /xg] s'/f ;+ej g} 5}g . o; cy{df of] cWoogdf ;xefuL k|=c=, lj=Jof=;= cWoIf, ;|f]t JolQm, lhNnf lzIff sfof{nosf clws[t, :yfgLo ;/f]sf/jfnfx? / ljifo lzIfsåf/f k|:t't ;d:of tyf gLltx?sf] ;dfwfgsf] pkfo ;DaGwdf rrf{ ul/Psf] 5 .

:yfgLo kf7\oqmd sfof{Gjogdf hlt;'s} ;d:ox? b]lvPtf klg ;dfwfg g} ug{ g;lsg] rflx xf]Og . o;} ;DaGwdf k|=c= af6 JoSt ;dfwfgsf pkfox? lgDg 5g\ –

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| --- | --- | --- | --- |
| qm=;= | ;d:of ;dfwfgsf pkfox? | k|=c=;+Vof | k|ltzt |
| != | :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogsf nflu ah]6 Joj:yfkg u/]/ | # | !))Ü |
| @= | :yfgLo ;/f]sf/jfnfx?nfO{ ;r]lts/0f u/]/ | # | !))Ü |
| #= | kf7\oqmd lgdf{0fsf nflu bIf hgzlQmsf] Joj:yf u/]/ | @ | ^^=^^Ü |
| $= | :yfgLo ljifo lzIf0f ug]{ lzIfssf nflu tflnd lbg] Joj:yf ldnfP/ | # | !))Ü |
| %= | lj1x?sf] ;xof]u lnP/ | # | !))Ü |

:yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf b]lvPsf ;d:of ;dfwfgsf pkfox? ;DaGwdf ;xefuL k|=c=x? dWo] !))Ü n] :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogsf nflu jh]6 Joj:yfkg u/]/, :yfgLo ;/f]sf/jfnfx?nfO{ ;r]lts/0f u/]/, :yfgLo ljifo lzIf0f ug]{ lzIfssf nflu tflnd lbg] Joj:yf ldnfP/, lj1x?sf] ;xof]u lnP/ To:t} ^^=+^^Ü n] kf7\oqmd lgdf{0fsf nfuL bIf hgzlQmsf] Joj:yf u/]/ ;d:of ;dfwfg ug{ ;lsg] s'/f atfpg' eof] .

ljBfno Joj:yfkg ;ldltsf cWoIfx?sf] ljrf/df :yfgLo kf7\oqmd sfof{Gjogdf b]lvPsf ;d:of ;dfwfgsf nflu bIf hgzlQmsf] Joj:yf ug'{ kg]{ , :yfgLo kf7\oqmd lgdf{0f eO{ sfof{Gjogdf /x]sf ljBfnox?df lzIff sfof{noaf6 k|ljlws tyf cfly{s ;xof]u x'g' kg]{ , kf7\ok':tssf] ljsf; tyf d'b|0fdf k|fljlws tyf cfly{s ;xof]u ug'{ kg]{ egL cWoIf åo gj/fh v8\sf-l;:g]/L\_ / lvn axfb'/ tfdfË-anv'\_ n] atfpg' eof] . pxfFsf] ljrf/df :yfgLo kf7\oqmdsf] sfof{Gjogsf] cg'udg tyf ;'kl/j]If0f klg dflyNnf] lgsfoaf6 ul/g' kb{5 .

;|f]ts]Gb| knfk'sf ;|f]tJolSt wg axfb'/ v8\sf / ;|f]ts]Gb| l;:g]/Lsf ;|f]tJolSt zfGtf axfb'/ sfsL{sf] ljrf/df :yfgLo kf7\oqmd ;DalGw ;d:of ;dfwfgsf nflu ljBfnox?df :yfgLo kf7\oqmd lgdf{0f / sfo{Gjogsf nflu ah]6sf] Joj:yf u/L cled'lvs/0f sfo{qmdx? ;~rfng u/L ljBfyL{sf] hftLo Ps?ktf /x]sf ljBfnox?df lzIff sfof{no / ;|f]t s]Gb|n] ;+of]hgsf/L e"ldsf v]ln bIf hgzlStsf] ljsfz tyf Joj:yf ub}{ ;d'bfodf ljZjf;sf] jftfj/0f l;h{gf u/L kf7\oqmd lgdf{0f / sfof{Gjog k|lqmof j9fpg' kb{5 .

:yfgLo kf7\oqmd lgdf{0f / sfof{Gjog ;DaGwdf b]vf k/]sf ;d:ofx?sf] ;dfwfgsf ;DjGwdf lhNnf lzIff clwsf/Ln] ljBfno k|zf;g tyf ljBfno Joj:yfkg ;ldltnfO{ :yfgLo kf7\oqmd ;DaGwdf hfgsf/ tyf ;r]t agfpg' kg]{, ljBfnox?df :yfgLo k7\oqmdsf] lgdf{0f, sfof{Gjog, cg'udg / ;'k]l/j]If0fsf nflu ah]6 Joj:yf ug{'kg]{, ;d'bfodf /x]sf :yfgLo dft[efiffsf ljåfg tyf ljBfno aLr k'nsf] sfo{ :yfgLo lgsfon] ug'{kg{], s]lGb|o txjf6 :yfgLo kf7\oqmd lgdf{0f sfo{nfO{ k|yldstfdf /flv cled'lvs/0f sfo{qmd ;~rfng ug{'kg]{ s'/f atfpg' eof] .

:yfgLo kf7\oqmd sfof{Gjogdf b]lvPsf ;d:ofx?sf] ;dfwfg ;DaGwdf 5gf]6df k/]sf ljBfnosf :yfgLo ljifo lzIf0f ug]{ lzIfsx?;Fu lh1f;f /fVbf k|fKt ;d:of ;dfwfgsf pkfox? lgDg 5g .

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| qm= ; | ;d:of ;dfwfgsf pkfox? | lzIfssf] ;Vof | lzIfssf] k|ltzt |
| ! | :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogsf nflu ah]6 Joj:yfkg u/]/ | % | !)) |
| @ | :yfgLo kf7\oqmd lgdf{0fsfnflu hgzlSt Joj:yfkg u/]/ | % | !)) |
| # | :yfgLo kf7\oqmd lgdf{0fdf ;/f]sf/jfnfnfO{ lhDd]jf/ agfP/ | % | !)) |
| $ | kf7\oqmd lgdf{0fdf lj1sf] ;xof]u pknAw u/fP/ | % | !)) |

:yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf b]lvPsf ;d:of ;dfwfgsf pkfo ;DaGwdf ;xefuL ljifo lzIfsx? dWo] !))Ü -cyf{t ;j}\_ n] :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogsf nflu ah]6 Joj:yfkg u/]/, :yfgLo kf7\oqmd lgdf{0fdf ;/f]sf/jfnfnfO{ lhDd]jf/ agfP/, kf7\oqmd lgdf{0fdf lj1sf] ;xof]u pknAw u/fP/, :yfgLo kf7\oqmd lgdf{0fsf nflu hgzlSt Joj:yfkg u/]/ :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogsf ;d:ofsf] ;dfwfg ug{ ;lsg] wf/0ff /fVg'eof] .

**kl/R5]b M kfFr**

**k|flKt, lgisif{ / ;'emfjx?**

;fd'bflos k|fylds ljBfnodf :yfgLo kf7\oqmdsf] sfof{Gjogsf] cj:yf ;DaGwdf 5gf]6df k/]sf kfFr j6f k|fylds ljBfnox?df tYofÍ ;+sng ul/ cWoog ubf{sf k|flKtx? lgDgfg';f/ 5g .

**%=! k|flKtx?**

:yfgLo cfjZostfnfO{ ;Daf]wg ug{ lzIffnfO{ :yfgLo cfjZostfdf cfwfl/t agfpg' kg]{ dfGotfn] ljZjJoflk ?kdf dxTj kfO/x]sf] jt{dfg cj:yfdf Psftkm{ :yfgLo rfxfgf, cfjZostf, ;fF:s[lts nufj a9\bf] 5 eg] csf]{ tkm{ ljZjJoflks/0fsf] k|efjsf] sf/0fn] Ps :yfgdf l;s]sf] 1fg, ;Lk ljZjsf] csf]{ s'g} :yfgdf pkof]u ug{ ;lsg] cj:yf l;h{gf eO/x]sf] 5 . z}lIfs ljs]Gb|s/0fsf] wf/0f cg'?k k|fylds txdf :yfgLo kf7\oqmd sfof{Gjogsf] cj:yf ;DaGwdf cWoog ubf{sf k|flKtnfO{ lgDgfg';f/ pNn]v ul/Psf] 5 .

cf]vn9'Ëf lhNnfsf] knfk' / l;:g]/L ;|f]ts]Gb| cGtu{tsf % j6f ;fd'bfoLs ljBfnox?nfO{ gd'gfsf] ?kdf lnP/ cWoog ubf{ >L uf]Ndfb]lj k|f=lj= knfk' ^, >L j0ff{b]lj k|f=lj= knfk' $ Pp6} kf7\oqmd / kf7\oj:t' ePsf] :yfgLo ljifo s[lifsf] k|of]u ePsf] kfOof] . ljifo s[lif g} ePklg km/s kf7\oqmd /x]5 >L cf?e~HofË cf=lj= lblK;ª\ anv'df . >L sfnLsf df=lj= l;:g]/Ldf :yfgLo ljifo t/sf/L v]tL /x]sf] 5 . >L hnsGof k|f=lj=df :yfgLo kf7\oqmdsf ?kdf sIff ! b]lv # ;DdnfO{ P]= c+u|]hL / sIff $ / % sf nflu Conversation English / General Knowledge ljifosf] kf7\oqmd / kf7\ok':ts ljsf; u/L k|of]u u/]sf] kfOof] . t/ ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifox?sf] :yfgLo c+zsf] ?kdf /x]sf] @) k|ltzt kf7\oqmd eg] sfnLsf df=lj= l;:g]/L / >L cf?e~HofË cf=lj= lblK;ª\ n] lgdf{0f u/L sfof{Gjogdf ;d]t NofPsf] kfOof] eg] afFsL c? # j6f ljBfnox?n] s]lGb|o kf7\oqmdnfO{ g} k5\ofO{/x]sf] kfOof] .

:yfgLo kf7\oqmdsf] lgdf{0fdf >L sfnLsf df=lj= l;:g]/L / >L cf?e~HofË cf=lj= lblK;ª\df lzIfs, cleefjs, ljBfno Joj:yfkg ;ldtL, hflto ;+u7g, :yfgLo ;/f]sf/jfnf / lzIff ljbx?sf] ;+nUgtf kfOof] . >L uf]Ndfb]lj k|f=lj= knfk' ^ / >L j0ff{b]lj k|f=lj= knfk' $ df eg] l5d]sL lhNnf /fd]5fksf] ;f3'6f/ ;|f]ts]Gb|df nfu' ePsf] s[lif ljifo k|of]u u/]sf] kfOof] . t/ >L hnsGof k|f=lj= l;Ns'j];L sfnLsfdf eg] P]= c+u|]hL / Conversation English tyf General Knowledge ljifosf] kf7\oqmd sf7df8f}+sf gLhL ljBfnox?n] nfu" u/]sf] kf7\oqmd xf] . ljBfnosf] ;j{klIfo e]nfdf 5nkmn u/fO{ nfu' ul/Psf] xf] .

:yfgLo kf7\oqmdsf] d"NofÍg c? ljifox? ;/x g} lg/Gt/ / cfjlbs d"NofÍg ug]{ u/]sf] kfOof] . lg/Gt/ ljBfyL{ d"NofÍgdf tf]lsPsf dfkb08x? -sIff sfo{, kl/of]hgf sfo{, Jojxf/ kl/jt{g, l;h{gfTds sfo{ / xflh/L\_df cfwfl/t /lx d"NofÍg u/]sf] kfOof] . :yfgLo ljifosf] lzIf0fsf nfuL cnu} lzIfssf] Joj:yf u/L lzIfsn] :ynut e|d0f, :yfgLo j'l4lhjL;Fu 5nkmn, ;fF:s[lts sfo{qmdsf] cjnf]sg ug]{ u/fpg] u/]sf] kfOof] . :yfgLo kf7\oqmdsf] lzIf0fdf 7f]; a:t'x?, gd'gfx?, lrq–tl:j/x?, :yfgLo ;fdfu|Lx? / ;fF:s[lts sfo{qmdsf] cjnf]sg k|of]u u/]sf] kfOof] .

:yfgLo kf7\oqmd lgdf{0fsf nflu ufpF ljsf; ;ldlt, ljBfno k|zf;g, ;|f]t s]Gb|, lhNnf lzIff sfof{no, tflnd s]Gb| hlt lhDd]af/ x'g'kg]{ xf] TotL lhDd]jf/ ePsf] kfOPg . :yfgLo kf7\oqmd lgdf{0fdf ah]6 cefj, hgzlStsf] sld, 5'6\6} lzIfs b/lAbsf] Joj:yf, z}lIfs ;fdfu|Lsf] cefj, cg'udg tyf ;'kl/j]If0fsf] sld h:tf ;d:ofx? kfOof] .

**%=@ lgisif{x?**

:yfgLo kf7\oqmdsf] lgdf{0f / sfof{Gjogsf] cj:yf ;DaGwdf cWoog ubf{ cf]vn9'Ëf lhNnfsf] knfk' ;|f]ts]Gb| cGtu{tsf >L uf]Ndfb]lj k|f=lj= / >L j0ff{b]lj k|f=lj= df :yfgLo kf7\oqmd sfof{Gjog u/]sf] kfOof] eg] :yfgLo c+zsf] kf7\oqmd eg] s]lx gu/]sf] kfO{of] . >L hnsGof k|f=lj= l;Ns'j];Ln] :yfgLo kf7\oqmd c?n] g} lgdf{0f u/]sf] NofO{ nfu' u/]sf] kfOof] eg] :yfgLo c+zsf] kf7\oqmd eg] s]lx gu/]sf] -s]Gb|sf] h:tfsf] t:t}\_ kfO{of] . l;:g]/L ;|f]ts]Gb| cGtu{tsf >L sfnLsf df=lj= l;:g]/L / >L cf?e~HofË cf=lj= lblK;ª\df :yflgo kf7\oqmd / :yfgLo c+zsf] kf7\oqmd klg lgdf{0f u/L sfof{Gjog u/]sf] kfOof] . :yfgLo kf7\oqmd lgdf{0fdf ufpF ljsf; ;ldlt, ;|f]t s]Gb|, lhNnf lzIff sfof{no / tflnd s]Gb|sf] vf;} ;xeflutf gePsfn] lzIff If]qdf :yfgLo :t/df ljBfno eGbf dfyLsf -oL dfyL pNn]lvt\_ lgsfox? :yfgLo kf7\oqmd k|lt sd ;r]t / sd lhDd]jf/ 5g eGg] lgisif{ lg:sG5 .

**%=# ;'´fjx?**

o; cWoogsf] qmddf :yfgLo kf7\oqmdsf] lgdf{0f / sfof{Gjog ;DaGwdf b]lvPsf ;d:of tyf tLgsf] ;dfwfg ;DaGwdf /x]sf ;'´fjx?nfO{ s]lGb|o tx, lhNnf tx / ljBfno txsf nflu cnu–cnu u/L k|:t't ul/Psf] 5 .

**%=#=!=s]lGb|o txsf nflu ;'´fjx?**

:yfgLo :t/df :yfgLo kf7\oqmdsf ?kdf k|fylds txsf] sIff !–% df !)) k"0ff{Ísf] ljifosf] ;fy} ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifox? cGtu{tsf] @) k|ltzt kf7\oqmd Joj:yf ug'{ kg]{ k|fjwfg /x]tf klg To;sf] sfof{Gjog sdhf]/ /x]sf]n] ljBfnox?df :yfgLo kf7\oqmd lgdf{0fsf nflu ah]6 Joj:yf, kf7\oqmd lgdf{0fsf nflu lj1sf] ;]jf pknAw, kf7\oqmd lgdf{0fsf nflu hgzlSt lgdf{0f tflndsf] Joj:yf, kf7\oqmd nfu' ubf{ ljifosf] 5gf]6 kf7\oqmd ljgf ug]{ kl/kf6Lsf] cGTo, :yfgLo eflifs ;d'bfosf] lnkLsf] vf]h, zAbsf]ifsf] lgdf{0f, efiff ;Fu ;DalGwt n]v /rgfsf] k|sfzg h:tf s'/fx?nfO{ s]lGb|o txdf gLlt lgdf{0fs} qmddf ;'lglZrt ug{' kg]{ ;'´fj ;xeflux?af6 kfOof] .

**%=#=@ lhNnf txsf nflu ;'´fjx?**

:yfgLo kf7\oqmdsf] lgdf{0fsf nflu lbOPsf uf]li7 tyf cled'lvs/0f tflnd ckof{Kt /x]sfn] :yfgLo kl/j]z tyf ;d'bfo ;'xfpFbf ;|f]t s]Gb| / ljBfnox?nfO{ :yfgLo kf7\oqmdsf] lgdf{0f tyf sfof{Gjogdf ;xlhs/0f u/L tflnd tyf cled'lvs/0f sfo{zfnf ;~rfng ug'{ kg]{ b]lvG5 . lhNnf lzIff sfof{non] :yfgLo kf7\oqmdsf] lgdf{0f, sfof{Gjog tyf 5gf]6sf] cg'udg tyf ;'kl/j]If0f ug'{ kb{5 . To:t} ;|f]t s]Gb|n] :yfgLo ufpF ljsf; ;ldlt tyf eflifs ;d'bfosf] ;d]t ;xof]u lnO cfjZostf ldNg] ljBfnox?df Ps} k|sf/sf] :yfgLo kf7\oqmd lgdf{0fdf kxn ug'{ kb{5 .

**%=#=# ljBfno txsf nflu ;'´fjx?**

ljBfnox?n] kf7\oqmddf Joj:yf ul/Psf] :yfgLo kf7\oqmdsf] lgdf{0f tyf sfof{Gjogsf nflu ;|f]ts]Gb|sf] ;dGjodf ljBfyL{, cleefjs, lzIfs cleefjs ;+3, ljBfno Joj:yfkg ;ldlt, lzIfs, k|=c=, :yfgLo lgsfo -ufpF ljsf; ;ldlt, ufpF lzIff ;ldlt\_, j'l4lhjL tyf kf7\oqmd lj1x?sf] e]nf, 5nkmn, cGt/lqmof, uf]li7 , ;]ldgf/ cflb sfo{qmdx? ;~rfng u/L kf/blz{tfnfO{ cjnDag ub}{ :yfgLo cfjZostfnfO{ cfTd;fy u/L :yfgLo kf7\oqmdsf] lgdf{0f u/L sfof{Gjog ug'{ kb{5 .

**;Gbe{ u|Gyx?**

cof{n, k|Nxfb -@)^^\_ *lzIff k'g/fjnf]sg,* lzIff ;]jf lzIffdGqfno

clwsf/L,lji0f'k|;fb -@)^^\_ *lgDgdfWolds tyf dfWolds lzIfs -a9'jf\_ lbUbz{g afuahf/* sf7df08f} M cflzif a'S; xfp; k|f= ln=

pkfWofo,czf]seQm -@)^%\_ *z}lIfs las]lGb|s/0fsf] cfjZostf / ;d:of*, sf7df08f} M z}lIfs of]hgf tyf Joj:yfkg ;dfh g]kfn

s]lGb|o tYofÍ ljefu, -@)^(\_ */fli6«o hgu0fgf @)^\* ;+lIfKtglthf,* sf7\df08f}M g]kfn ;/sf/ /fli6«o of]hgf cfof]usf] ;lrjfno yfkfynL

tfdfË, z]/ axfb'/, -@)^&\_, *:yfgLo kf7\oqmd lgdf{0f / k|of]u Ps cWoog,* zf]w ;'s'gf ax'd'vL SofDk; OGb|k'/, df]/ª

kf7\oqmd ljsf; s]Gb|, -@)%(\_ *kf7\oqmd tyf kf7\o;fdu|L ljsf; lgb]{lzsf*, eQmk'/

kf7\oqmd ljsf; s]Gb|, -@)^@\_ k*|fylds lzIff kf7\oqmd sIff !– #,* eQmk'/

kf7\oqmd ljsf; s]Gb|, -@)^$\_ *kf7\oqmd tyf kf7\ok':ts k|af]wLs/0f ;fdu|L* sf7\df08f}+

kf7\oqmd ljsf; s]Gb|, -@)^%\_ *k|fylds lzIff kf7\oqmd sIff $– %,* eQmk'/

kf7\oqmd ljsf; s]Gb|, -@)^#\_ *:yfgLo kf7\oqmd lgdf{0f lgb]{lzsf,* eQmk'/

kf7\oqmd ljsf; s]Gb|, -@)^&\_ *:yflgo kf7\oqmd ;|f]t tyf k|lzIf0f ;fdu|L*, eQmk'/

e§/fO{, 1fg]Zj/ -@)&@\_ *a[xt 1fgsf]if,*  sf7\df08f} M ljBfyL{ k':ts e08f/

lzIfs ;|f]t k':ts -@)&@\_ *l;sfO ;d"x*

;r]tgf ;fdu|L, :yfgLo kf7\oqmd lgdf{0f / sfof{Gjog ;DalGw -@)^%\_ *kf7\oqmd ljsf; s]Gb|,* eQmk'/

;+ljwfg, -@)^#\_ *g]kfnsf] cGtl/d ;+ljwfg,* g]kfn ;/sf/

;+ljwfg, -@)&@\_ *g]kfnsf] ;+ljwfg,* g]kfn ;/sf/

:jfoQ zf;g P]g, -@)%%\_ *:yfgLo :jfoQ zf;g P]g / lgodfjnL*, sfg'g lstfa Joj:yf ;ldlt, sf7df8f}+

**cg';"rL !**

sIff ! b]lv # ljifo M ;fdflhs cWoog

kf7\oef/ ljt/0f tflnsf

|  |  |  |
| --- | --- | --- |
|  | sIff !,@ / # | sIff $ / % |
| If]q÷PsfO | 3G6L | 3G6L |
| != cfkm"÷cfˆgf] kl/jf/ / 5/l5d]s | !) | !^ |
| @= xfd|f] k/Dk/f, ;fdflhs d"No / dfGotf | !@ | @) |
| #= ;fdflhs ;d:of / ;dfwfg | \* | !$ |
| $= gful/s r]tgf | !$ | @$ |
| %= xfd|f] k[YjL | !@ | @) |
| ^= xfd|f] ljut | !) | !\* |
| &= xfd|f] cfly{s lqmofsnfk | !@ | !^ |
| \*= :yfgLo kf7\oj:t'sf] c+z✍ | !\* | #@ |
| hDdf kf7\oef/ | (^ | !^) |

✍ :yfgLo kf7\oj:t'sf] c+z

:yfgLo txdf ;|f]tJolQsf] ;dGjodf ljBfnon] cfˆgf] ;]/f]km]/f], ;d'bfo / If]qleqsf b}lgs hLjgdf k|efj kfg]{ ljifoj:t'nfO{ ;d]6]/ jfnjflnsfx?nfO{ hLjGt cg'ej x'g] vfnsf] kf7\oqmd agfO{ k7gkf7g ug'{kg]{ x'G5 . kf7\oqmd ljsf; s]Gb|n] agfPsf] kf7\oqmd leq klg :yfgLo ljifoj:t' ;d]l6Psf 5g\ t/ tL kof{Kt gx'g ;S5g\ . :yfgLo ljifoj:t' ;d]l6Psf] eP klg ltgnfO{ ;txL ?kdf dfq /flvPsf] x'g ;S5 . t;y{ s]Gb|Lo kf7\oqmdn] lgwf{/0f u/]sf] If]q leq klg cfˆgf] ljBfnonfO{ ldNg] ljifoj:t'df cem lj:t[t ?kdf kf7\oqmd agfO{ k7gkf7g u/fpg ;lsG5 eg] o;eGbf jfx]ssf cGo ljleGg If]qx?nfO{ klg ;d]6]/ kf7\oqmd agfpg ;lsG5 . ;fdflhs cWoognfO{ 5'6\ofO{Psf] kf7\oef/ dWo] @) c+z cyf{t jif{el/df %÷^ xKtfsf nflu ljifoj:t' 5gf]6 u/L kf7\oqmd tof/ ug'{kg]{ x'G5 . ljifoj:t'sf] 5gf]6 ubf{ :yfgLo:t/df kg]{ lgDglnlvt If]qx? jf cfˆgf] ljBfnonfO{ cfjZos kg]{ cGo If]qsf ljifoj:t'x? 5gf]6 ug{ ;lsG5 .

;Defljt If]qx?

!= ;f:s[lts If]q M— rf8kj{, e]ife"iff, /xg;xg, snfsf}zn, uLt ;ª\uLt, d]nfkj{, hfqf, pT;j, dxf]T;j cflb .

@= P]ltxfl;s If]q M— :yfgLo:t/sf P]ltxfl;s j:t'x?, JolQmTjx?, k|frLg :df/sx?, k'/ftflTjs j:t'x? cflb .

#= ef}uf]lns If]q M— ef}uf]lns :j?k, xfjfkfgL, df};d cflb .

$= k|fs[lts If]q M— jgh+un, gbLgfnf, vf]nf, tfn, kf]v/L, 8fF8f, kxf8, lxdfn, jg:klt h8La'6L, hLjhGt' cflb .

%= wfld{s If]q M— wfld{s :ynx?, wfld{s lqmofsnfkx? cflb .

^= cfly{s If]q M— s[lif, Jofkf/, pBf]u, kz'kfng, cGo ;fgf tyf 7"nf pBf]u, /f]huf/sf If]qx?, cfly{s pkfh{g ;DaGwL ultljlwx? cflb .

&= hfthflt÷efiffefifL If]q M— ljleGg hflt, hghflt, cflbjf;Lx?n] af]Ng] efiff ÷ efifLsf cflb .

\*= ko{6g If]q M— ko{6g :ynx?, ko{6g ;DjGwL sfo{qmd, ultljlw cflb .

(= Joj;flos If]q M— :yfgLo:t/sf ljz]if k|sf/sf Joj;foLx? -v's'/L pBf]u, 9fsf pBf]u cflb\_ .

!)=:jf:Yo If]q M— kmf]xf]/d}nf Joj:yfkg, vfg]kfgL, ;fd'bfoLs :jf:Yo, k|fylds pkrf/ cflb .

!!= jftfj/0f If]q M— j[Iff/f]k0f, k|fs[lts k|sf]k, jgh+un ;+/If0f cflb .

!@= z}lIfs If]q M— ;flxTo, ;fIf/tf, r]tgf cflb .

dfly pNn]v ul/Psf If]qx? jfx]s klg cGo w]/} If]qleq cg]sf} ljifoj:t'x? x'g ;S5g\ . ltgLx?dWo]af6 5'6\ofOPsf] ;do / ljBfnosf] cfjZostfnfO{ Wofgdf /flv 5gf]6 u/L k7gkf7g ug'{kg]{ x'G5 . Pp6f sIffsf Ps If]q jf ljifoj:t' / csf]{ sIffdf cs}{ If]q jf ljifoj:t' klg 5gf]6 u/L k7gkf7g ug{ ;lsg] 5 . :yfgLo?kdf 5gf]6 u/L k7gkf7g ul/Psf ljifoj:t'sf nflu klg d"NofÍg k|lqmofdf ;dfj]z ug'{kg]{ 5 . oL ljifoj:t'x?sf] klg pknlAw k/LIff nufot lg/Gt/ ljBfyL{ d"NofÍg ;d]t ug'{kg]{ 5 .

**cg';"rL @**

sIff ! b]lv # ljifo M l;h{gfTds snf

kf7\oef/ ljt/0f tflnsf

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| b[Zosnf -Visual Art\_ | |  | ;+uLt / g[To -Music & Dance\_ | |
| If]q | 3G6L | If]q | 3G6L | |
| != /]vfª\s | $ | != ufog | !@ | |
| @= /ª | ^ | @= jfbg | \* | |
| #= 5kfO sfo{ | % | #= g[To | !@ | |
| $= sf]nfh | ^ | $= clego | \* | |
| %= df6fsf] sfd | % | %= :yfgLo c+z✍ | \* | |
| ^= sfuh;DaGwL sfo{ | ^ | hDdf kf7\oef/ | $\* | |
| &= lgdf{0f sfo{ | \* |
| \*= :yfgLo c+z✍ | \* |
| hDdf kf7\oef/ | $\* |

sIff M— $ / % sf] kf7\oef/ ljt/0f tflnsf

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| b[Zosnf -Visual Art\_ | |  | ;+uLt / g[To -Music & Dance\_ | |
| If]q | 3G6L |  | If]q | 3G6L | |
| != /]vfª\s | $ | != ufog / jfbg | @) | |
| @= /ª | % | #= g[To | !@ | |
| #= 5kfO sfo{ | $ | $= clego | & | |
| $= sf]nfh | % | %= :yfgLo c+z✍ | ( | |
| %= df6fsf] sfd | ^ | hDdf kf7\oef/ | $\* | |
| ^= sfuh;DaGwL sfo{ | $ |
| &= lgdf{0f sfo{ | ^ |
| \*= a'gfO | $ |
| \*= :yfgLo c+z✍ | !) |
| hDdf kf7\oef/ | $\* |

✍ :yfgLo kf7\oj:t'sf] c+z

k|fylds txsf] kf7\oqmddf :yfgLo If]qsf s]xL ljifoj:t'x? ;dfj]z u/L k7gkf7g u/fpg] Joj:yf ePcg'?k o; ljifodf klg :yfgLo If]qnfO{ ;d]6\g] p2]Zo lnO{ s]xL c+z ;dfj]z ug]{ Joj:yf ul/Psf] 5 . o; ljifosf] kf7\oqmddf :yfgLo If]qsf ljifox? -h:t} M /]vfª\sg / To;sf] k|of]u, :yfgLo /ª / 5kfO{sfo{, a'gfO, lgdf{0f, :yfgLo nf]suLt, g[To, gf6s, afhf cflb\_ nfO{ ;d]6]/ k7gkf7g u/fpg @) k|ltzt kf7\of+z 5'6\ofOPsf] 5 . pko'{St ljifoj:t'nfO{ ;d]6L :yfgLo txdf kf7\oqmd lgdf{0f u/L cWofkg ug'{kg]{ 5 .

**cg';"rL #**

sIff ! b]lv # ljifo M zf/Ll/s lzIff

kf7\oef/ ljt/0f tflnsf

|  |  |  |
| --- | --- | --- |
|  | sIff !,@ / # | sIff $ / % |
| kf7\o PsfO | 3G6L | 3G6L |
| != zf/Ll/s lzIffsf cfwf/e"t ;Lkx? | & | !# |
| @= zf/Ll/s Jofofd tyf sjfh | !@ | ( |
| #= ;fwf/0f tyf :yfgLo v]nx? | ^ | # |
| $= l;h{gfTds v]nx? | ^ | ^ |
| %= es'G8f] v]nx? | !& | !% |
| ^= lhDgfl:6s sfo{x? | ^ | ^ |
| &= :yfgLo kf7\oqmdsf] c+z✍ | !) | !@ |
| hDdf kf7\oef/ | ^$ | ^$ |

✍ :yfgLo kf7\oqmdsf] c+z

:yfgLo txdf ;|f]tJolQsf] ;dGjodf ljBfnon] cfˆgf] ;]/f]km]/f], ;d'bfo jf If]qleq b]Vb} / v]Nb} cfPsf ljleGg zf/Ll/s lqmofsnfkx? ;d]6L kf7\oqmd tof/ u/L ;f]cg'?ksf lqmofsnfkdf ;l/s u/fpg'k5{ . kf7\oqmd ljsf; s]Gb|n] lgdf{0f u/]sf] kf7\oqmdn] klg ljleGg :yfgsf :yfgLo v]nx?nfO{ ;d]6\g] sf]l;; u/]sf] 5 . tyflk ef}uf]lns, ;f:s[lts / ;d'bfout ljljwtfn] ubf{ o; kf7\oqmdn] ;d]6\g g;s]sf / :yfgLo rngdf /x]sf v]nx?nfO{ kf7\oqmdsf] :yfgLo c+zsf] ?kdf @) k|ltzt kf7\oef/ 5'6\ofOPsf] 5 . pSt c+z :yfgLo rf8, d]nf, kj{ cflb jf cGo cj;/df ul/g] lqmofsnfkx?nfO{ ;d]6L tof/ ug'{kg]{ 5 .

b|i6Jo M cfjZostfg';f/ If]qut 3G6L 36a9 u/L lzIf0fl;sfO ug{ ;lsg] 5 .

**cg';"rL — $**

**lhNnf lzIff clwsf/Lsf nflu k|ZgfjnL**

gfd M— a/]Gb|h+u yfkf

sfof{no M — lh=lz=sf= cf]vn9'Ëf

!= jt{dfg lzIff gLltn] k|fylds txdf :yfgLo kf7\oqmd lgdf{0fdf / sfof{Gjogdf s:tf] gLltut Joj:yf u/]sf] 5 <

@= cf]vn9'Ëf lhNnfdf k|fylds txdf :yfgLo kf7\oqmdsf] lgdf{0f / sfof{Gjogsf] cj:yf s:tf] 5 <

#= k|fylds txdf :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf lhNnf kf7\oqmd ;dGjo ;ldltn] sltsf] k|efjsf/L e"ldsf v]n]sf] 5 <

$= k|fylds txdf :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf lhNnf lzIff sfof{noaf6 s] s:tf] ;xof]u k|bfg ul/Psf] 5 <

%= :yfgLo kf7\oqmdsf kf7\oa:t' / kf7\ok':tssf] Joj:yf s;/L ldnfOPsf] 5 <

^= :yfgLo kf7\oqmdsf] sfof{Gjogdf lzIfs Joj:yfkg s;/L ug'{ ePsf] 5 <

&= :yfgLo kf7\oqmdsf] sfof{Gjogdf lzIfs tflndsf] Joj:yfkg s:tf] 5 <

\*= :yfgLo kf7\oqmdsf] sfof{Gjogdf s] s:tf ;d:ofx? 5g\ <

(= :yfgLo kf7\oqmdsf] sfof{Gjog ;DaGwdf tkfO{sf s]xL ;Nnfx ;'emfj 5g\ < 5g\ eg] tL s] s] x'g\ <

**cg';"rL — %**

**k|wfgfWofkssf nflu cGt/jftf{sf d'Vo k|Zgx?**

gfd M—

ljBfnosf] gfd M — cg'ej M —

!= tkfO{ sfo{/t ljBfnodf s'g ;d'bfosf ljBfyL{x?sf] afx'Notf 5 <

@= k|fylds txdf :yfgLo kf7\oqmdsf ;DaGwdf ePsf gLltut Joj:yf s] s] x'g <

#= ljBfnosf] k|fylds txdf :yfgLo kf7\oqmdsf ?kdf s'g ljifo 5 < / lsg <

$= ljBfnodf :yfgLo ljifosf] kf7\oqmdsf] lgdf{0f / k|of]usf nflu s'g s'g kIf;Fu s] s:tf 5nkmn / k/fdz{ ug'{eof] <

%= :yfgLo kf7\oqmdsf] ?kdf ;fdflhs cWoog, l;h{gfTds snf / zf/Ll/s lzIff ljifo cGtu{t /x]sf] @) k|ltzt :yfgLo kf7\of+zdf s] ub}{ cfpg' ePsf] 5 <

^= :yfgLo kf7\oqmddf ;dfj]; ePsf ljifoj:t'sf] lzIf0fl;sfOsf nflu kf7\ok':ts tyf z}lIfs ;fdu|Lx?sf] Joj:yfkg s;/L ug'{ePsf] 5 <

&= :yfgLo kf7\oqmd cGt{utsf] ljifo lzIf0fsf] nflu lzIfssf] Joj:yf ;DaGwdf s] ug'{ ePsf] 5 < lzIfssf nflu s] s:tf tflndsf] Joj:yf ug'{ ePsf] 5 <

\*= :yfgLo kf7\oqmdsf] sfof{Gjogdf s'g s'g lgsfoaf6 s] s:tf ;xof]ux? k|fKt eP <

(= :yfgLo kf7\oqmdsf] d"Nofª\sgsf nflu s] s:tf t/Lsf ckgfOPsf] 5 <

!)= :yfgLo kf7\oqmdsf] ;+zf]wg tyf kl/dfh{g ;DaGwdf s] ug{ vf]Hb} x'g'x'G5 <

!!= :yfgLo kf7\oqmdsf] sfof{Gjogdf s] s:tf ;d:ofx? b]lvPsf 5g\ <

!@= :yfgLo kf7\oqmd sfof{Gjogdf b]lvPsf ;d:of ;dfwfg ug{ s] s] ug'{knf{ <

!#= :yfgLo kf7\oqmdsf] ;DaGwdf tkfO{n] lbg] yk ;Nnfx ;'emfj s]xL 5g\ <

**cg';"rL — ^**

**lj=Jo=;= cWoIfsf nflu cGt/jftf{sf d'Vo k|Zgx?**

gfd M—

ljBfnosf] gfd M **—**

!= tkfO{{ cWoIf ePsf] ljBfnodf s'g ;d'bfosf jfnjfnLsfx? a9L 5g\ <

@= ljBfnodf k|of]udf NofOPsf] :yfgLo kf7\oqmd ;DaGwdf tkfOnfO{ s] slt hfgsf/L 5 <

#= k|fylds txdf :yfgLo kf7\oqmd ljBfyL{, cleefjs / ;d'bfonfO{ sltsf] cfjZos lyof] / 5 <

$= ljBfnodf :yfgLo kf7\oqmdsf] 5gf]6 / lgdf{0f s;/L x'g] u/]sf] 5 <

%= :yfgLo kf7\oqmdsf] lzIf0fsf nflu lzIfssf] Joj:yfkgdf k|=c=nfO{ s;/L ;xof]u ug{' ePsf] 5 <

^= :yfgLo kf7\oqmd cGt{utsf kf7\ok':tssf] Joj:yf s;/L ldnfOPsf] 5 <

&= :yfgLo kf7\oqmdsf] lgdf{0f / sfof{Gjogdf cfly{s kIfsf] Joj:yfkg s] s;/L ldnfpg' ePsf] 5 <

\*=:yfgLo kf7\oqmdsf] sfof{Gjogdf lj=Jo=;= cWoIf / k|=c=sf] e"ldsf s:tf] /x\of] <

(= :yfgLo kf7\oqmdsf] sfof{Gjogdf s] s:tf r'gf}lt / ;d:ofx? 5g\ <

!)= tkfO{sf] ljrf/df :yfgLo kf7\oqmdsf] sfof{Gjogdf ePsf ;d:of ;dfwfgsf pkfPx? s] s] x'g;S5g\ <

**cg';"rL — &**

**;|f]t JolQmsf nflu k|ZgfjnL**

gfd M—

;|f]ts]Gb| M — cg'ej M —

!= tkfO{ sfo{/t ;|f]t s]Gb|df :yfgLo kf7\oqmdsf ?kdf k|fylds txdf s] s:tf] Joj:yfx? 5g\ <

@= :yfgLo kf7\oqmd lgdf{0fsf nflu ;|f]t s]Gb|n] s] s:tf tflnd tyf k|lzIf0fsf] Joj:yf ldnfOPsf] 5 < lt s'g s'g x'g <

#= :yfgLo kf7\oqmd lgdf{0f jf 5gf]6sf] cfwf/ s] s] kfpg' ePsf] 5 <

$= dft[efiff afx'No If]qdf k|ylds txdf :yfgLo kf7\oqmdsf] lgdf{0f tyf k|of]u x'g'÷gx'g'sf sf/0fx? s] s] b]Vg' ePsf] 5 <

%=:yfgLo kf7\oqmd lgdf{0f tyf sfof{Gjogdf dflyNnf] lgsfoaf6 s] s] ;xof]u kfpg] ul/Psf] 5 <

^= :yfgLo kf7\oqmd cGtu{tsf kf7\k':tssf] Joj:yf s;/L ldnfOPsf] 5 <

&= :yfgLo kf7\oqmdsf] d"NofÍg s] – s;/L ul/g] ul/Psf] 5 <

\*= :yfgLo kf7\oqmdsf] ;+zf]wg tyf kl/dfh{gsf nflu s] s:tf cEof; k|of]udf 5g\ <

(= :yfgLo kf7\oqmdn] ljBfyL{sf] l;sfO pknlAwdf s:tf] k|efj kfpg' ePsf] 5 <

!)= :yfgLo kf7\oqmd sfof{Gjogdf s] s:tf ;d:ofx? b]lvPsf 5g\ <

!!= :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogdf b]lvPsf ;d:of ;dfwfgsf nflu s] s] ug'{ knf{ <

!@= :yfgLo kf7\oqmdsf ;DaGwdf tkfO{sf s]xL yk /fo ;'´fjx? 5g\ ls <

**cg';"rL — \***

**:yfgLo pBf]uklt, Jofkf/L, a'l4hLjL cflbsf nflu k|d'v cGt/jftf{sf k|Zgx?**

gfd M—

k]zf Joj;fo M —

!= ;d'bfosf] nflu lsg :yfgLo kf7\oqmdsf] cfjZostf 5 <

@= jt{dfg /fhgLlts Joj:yf / lzIff gLlt cg';f/ :yfgLo kf7\oqmdn] ;d'bfosf] cfjZostf / rfxfgfnfO{ k'/f ug{ ;S5 <

#= k|fylds txdf :yfgLo kf7\oqmd lgdf{0fdf s] s:tf] ;xof]u k'¥ofpFb} cfpg' ePsf] 5 <

$= :yfgLo kf7\oqmd sfof{Gjogdf b]lvPsf ;d:of tkfFOnfO{ s] s] yfxf5g\ <

%= :yfgLo kf7\oqmd lgdf{0f / sfof{Gjogsf ;DaGwdf tkfFO{sf tkm{af6 s] s:tf ;'emfj lbg'x'G5 <

**cg';"rL — (**

**:yfgLo ljifo lzIf0f ug]{ lzIfs÷lzlIfsfsf nflu k|ZgfjnL**

gfd M—

ljBfno M **—**

!=tkfO{sf] ljBfnodf :yfgLo kf7\oqmdsf ?kdf s'g ljifo /flvPsf] 5 / lsg <

@= k|fylds txdf :yfgLo kf7\oqmd lgdf{0f / sfof{Gjog ;DaGwdf s] s] tflnd lng' ePsf] 5 <

#= tkfO{sf] ljBfnodf :yfgLo kf7\oqmd lzIf0fsf] cj:yf s:tf] 5 <

$= k|fylds txdf :yfgLo kf7\oqmd nfu' ug{ slQsf] cfjZos 7fGg' ePsf] 5 < ;fy} lzIf0f l;sfOdf o;n] s] s:tf] ;xof]u k'¥ofPsf] 5 <

%= :yfgLo kf7\oqmddf sIffut ?kdf s'g s'g ljifo lzIf0f ug'{x'G5 <

^= :yfgLo kf7\oqmd cGt{utsf ljifoj:t'sf] lzIf0fdf s] s:tf lzIf0f ljlw k|of]u ug]{ ug'{ ePsf] 5 <

&= :yfgLo kf7\oqmd cGt{utsf ljifoj:t'sf] lzIf0fdf s] s:tf z}lIfs ;fdu|L k|of]u ug]{ ug'{ ePsf] 5 <

\*=k|fylds txdf :yfgLo kf7\oqmdsf] lgdf{0f / sfof{Gjogn] ljb\ofyL{ / cleefjsdf kfg]{ ;sf/fTds / gsf/fTds k|efjx? s] s] x'g\ <

(= ljb\ofnodf :yfgLo kf7\oqmdsf] d"NofÍg s;/L ug]{ ul/Psf] 5 <

!)= :yfgLo kf7\oqmd sfof{Gjogdf tkfO{n] v]Ng'ePsf] e"ldsf s:tf] 5 <

!!= :yfgLo kf7\oqmd sfof{Gjogdf s] s:tf ;d:of b]Vg'x'G5 <

!@= :yfgLo kf7\oqmd sfof{Gjog;DaGwdf tkfFO{sf ;'emfjx? s] s] 5g\ <

**cg';"rL — !)**

**5gf]6df k/]sf cf]vn9'Ëf lhNnfsf % j6f ;fd'bflos ljBfnox?**

|  |  |  |  |
| --- | --- | --- | --- |
| ljBfnosf] gfd | 7]ufgf | ;~rfngdf /x]sf sIffx? | ;|f]ts]Gb| |
| >L uf]Ndfb]lj k|fylds ljBfno | l;dn6f/ ^ knfk' | ! b]lv % ;Dd | knfk' |
| >L j0ff{ b]lj k|fylds ljBfno | 8flª\;g6f/ $ knfk' | ! b]lv % ;Dd | knfk' |
| >L hnsGof k|fylds ljBfno | l;Ns'j];L ( sfnLsf | ! b]lv % ;Dd | knfk' |
| >L cf?e~HofË cfwf/e't ljBfno | lblK;ª\ @ anv' | ! b]lv \* ;Dd | l;:g]/L |
| >L sfnLsf dfWolds ljBfno | l;:g]/L $ l;:g]/L | ! b]lv !@;Dd | l;:g]/L |

**cg';"rL — !!**

**5gf]6df k/]sf cf]vn9'Ëf lhNnfsf % j6f ;fd'bflos ljBfnosf k|=c= x?**

|  |  |
| --- | --- |
| k|WffgfWofkssf] -k|=c=\_ gfd | ljBfnosf] gfd |
| >L lbg]; s'df/ du/ | >L uf]Ndfb]lj k|fylds ljBfno |
| >L n]vgfy l3ld/] | >L j0ff{ b]lj k|fylds ljBfno |
| >L a]gL afxfb'/ sfsL{ | >L hnsGof k|fylds ljBfno |
| >L t]h gf/fo0f rf}w/L | >L cf?e~HofË cfwf/e't ljBfno |
| >L lzj bfxfn | >L sfnLsf dfWolds ljBfno |

**cg';"rL — !@**

**5gf]6df k/]sf ;fd'bflos ljBfnosf ljBfno Joj:yfkg ;ldltsf cWoIfx?**

|  |  |
| --- | --- |
| ljBfno Joj:yfkg ;ldltsf -lj=Jof=;=\_ cWoIfx?sf] gfd | ljBfnosf] gfd |
| >L pQ/ axfb'/ du/ | >L uf]Ndfb]lj k|fylds ljBfno |
| >L v8\u axfb'/ du/ | >L j0ff{ b]lj k|fylds ljBfno |
| >L tLns afxfb'/ l3ld/] | >L hnsGof k|fylds ljBfno |
| >L lvn axfb'/ tfdfË | >L cf?e~HofË cfwf/e't ljBfno |
| >L gj/fh v8\sf | >L sfnLsf dfWolds ljBfno |

**cg';"rL — !#**

**5gf]6df k/]sf ;fd'bflos ljBfno /x]sf ;|f]ts]Gb| / ;|f]tJolStx?**

|  |  |
| --- | --- |
| ;|f]tJolStsf] gfd | ;|f]ts]Gb|sf] gfd |
| >L wg axfb'/ v8\sf | knfk' |
| >L zfGtf axfb'/ sfsL{ | l;:g]/L |

**cg';"rL — !$**

5gf]6df k/]sf lhNnf lzIff clwsf/L >L la/]Gb|h+u yfkf lh=lz=sf= cf]vn9'Ëf

**cg';"rL — !%**

**5gf]6df k/]sf ;fd'bflos ljBfnosf :yfgLo ljifo lzIf0f ug]{ lzIfsx?**

|  |  |
| --- | --- |
| ljifo lzIfsx?sf] gfd | ljBffnosf] gfd |
| >L tLn s'df/L du/ | >L uf]Ndfb]lj k|fylds ljBfno |
| >L ;'s' s'df/L du/ | >L j0ff{ b]lj k|fylds ljBfno |
| >L OlGb/f clwsf/L ;'a]bL | >L hnsGof k|fylds ljBfno |
| >L kfj{tL tfdfË | >L cf?e~HofË cfwf/e't ljBfno |
| >L u0f]z k|;fb uf}td | >L sfnLsf dfWolds ljBfno |

**cg';"rL — !^**

**5gf]6df k/]sf ;fd'bflos ljBfnosf :yfgLo ;/f]sf/jfnfx?**

|  |  |  |
| --- | --- | --- |
| :yfgLo ;/f]sf/jfnfx?sf] gfd | ljBfnosf] gfd | klxrfg |
| >L hoxl/ n'O6]n | >L uf]Ndfb]lj k|f= lj= | Jofkf/L |
| >L lji0f' s'df/ k'nfdL du/ | ;fdflhs kl/rfns |
| >L OGb| axfb'/ du/ | >L j0ff{ b]lj k|f= lj= | lgdf{0f Joj;foL |
| >L sf]kLnf g]kfnL | dlxnf p2dL |
| >L ejgfy a/fn | >L hnsGof k|f= lj= | lzIff k|]dL |
| >L df]xg k|;fb ;'a]bL | /fhgLlt1 |
| >L ldG6'dfof tfdfË | >L cf?e~HofË cf= lj= | xf]6n Joj;foL |
| >L ;f]d axfb'/ tfdfË | oftfoft Joj;foL |
| >L lji0f' s'df/ v8\sf | >L sfnLsf df=lj= | k"j{ lj=Jo=;= cWoIf |
| >L OGb| axfb'/ >]i7 | lzIfs |