

**THE CONCEPT OF ATTACHMENT AND DETACHMENT IN
BUDDHISM**

**A Dissertation submitted to the Central Department of Buddhist Studies,
Tribhuvan University for the partial fulfillment of requirement of
Master's of Arts in Buddhist Studies.**

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LETTER OF RECOMMENDATION

This is to certify that Rev. Punna has written this dissertation entitled **The concept of Attachment and Detachment in Buddhism** to meet partial fulfillment of the requirements of the 10th paper (2nd year) of M.A. in Buddhist Studies course under my supervision. To the best of my knowledge, the thesis or part there of has not yet been formerly submitted for any other academic accomplishment. He has consulted accessible sources to complete the thesis.

I hereby recommend the thesis for approval.

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LETTER OF APPROVAL

This dissertation work entitled **The concept of Attachment and Detachment in Buddhism** submitted by Rev. Punna has been approved, evaluated and accepted for partial requirements of the Degree of Master of Art in Buddhist Studies by expert commitment comprised of

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TABLE OF CONTENTS

<i>Letter of Recommendation</i>	<i>i</i>
<i>Letter of Approval</i>	<i>ii</i>
<i>Acknowledgment</i>	<i>iii</i>
<i>Table of Contents</i>	<i>iv</i>
<i>Abbreviations</i>	<i>vi</i>
CHAPTER I: INTRODUCTION	1-6
1.1 Background	1
1.2 Statement of the Problem	2
1.3 Objective of the Study	3
1.4 Literature Review	3
1.5 Importance of the Study	5
1.6 Limitation of Study	6
1.7 Research Methodology	6
CHAPTER II: ATTACHEMENT (<i>UP D NA</i>) AND DETACHMENT (<i>ANUP D NA</i>) IN RELIGIONS- PHILOSOPHICAL PERSPECTIVES	7-12
CHAPTER III: VIEW ON ATTACHMENT IN BUDDHISM	13-39
3.1 The Concept of Attachment in earlier Buddhism	13
3.1.1 <i>K machanda</i> (desire) and attachment	13
3.1.2 <i>R ga</i> (lust) and attachment	14
3.1.3 <i>Lobha</i> (Greed) and attachment	15
3.2 Difference between <i>Ta h</i> and <i>Up d na</i>	16
3.3 Connection between attachment and being (<i>bhava</i>)	17
3.4 <i>Pañcakkhandha</i> and <i>Pañcup d nakkhandha</i> (five groups and five groups of grasping)	21
3.5 The kinds of Attachment	24
3.5.1 <i>K ma Up d na</i> (sensuous clinging)	25
3.5.2 <i>Ditthi Up d na</i>	28
3.5.3 <i>Silabbata Up d na</i>	31
3.5.4 <i>Attavada Up d na</i>	33

3.6 The Concept of <i>Detachment</i> in Later Buddhism	36
CHAPTER IV: VIEW ON DETACHMENT IN BUDDHISM	40-48
4.1 The Concept of Detachment (<i>Anup d na</i>)?	40
4.2 <i>Lobha Dosa Moha</i> and <i>Alobha Adosa Amoha</i>	43
4.2.1 <i>Lobha</i> (greed)	44
4.2.2 <i>Dosa</i> (hatred)	45
4.2.3 <i>Moha</i> (delusion)	46
CHAPTER V: ATTACHMENT AND REVULSION	49-65
5.1 Four fold Contemplation for the Purpose of Detachment	55
5.2 The 16 Stages of Mindfulness of Breathing	57
5.3 Seven Stages of Purification	59
CHAPTER VI: CONCLUSION	66-69
BIBLIOGRAPHY	70-71

ABBREVIATION

Abhi.P	Abhidhamma Pitaka
A.N.	Anguttara Nik ya
Brha	Brahmin
D.N.	D gha Nik ya
Dh	Dhammapada
K. N	Khuddaka Nikàya
M.N.	Majjhima Nikàya
S.N.	Samyutta Nikàya
S.P.	Sutta Pitaka
Su.N	Sutta Nipata
Upn	Upanisad