

# **Factors Affecting Abortion and Its Impact Among Married Women**

**(A Case Study of Pokhara-Lekhnath Metropolitancity, Kaski District)**

**A Thesis Submitted to the Tribhuvan University, Faculty of  
Humanities and Social Sciences, Department of Sociology,  
In Partial Fulfillment of the Requirements for the  
Master's Degree of Arts in Sociology**

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### LETTER OF RECOMMENDATION

This is to certify that Ms. Basanti Bhandari has completed this dissertation entitled "**Factors Affecting Abortion and Its Impacts among Married Women**" A Case Study of Pokhara-Lekhnath Metropolitan city, Kaski under my supervision and guidance. I therefore, recommend this dissertation for the final approval and acceptance to the dissertation committee.

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## LETTER OF APPROVAL

We hereby certify that the dissertation entitled "**Factors Affecting Abortion and Its Impact Among Married Women**" A case study of Pokhara-Lekhnath Metropolitan city, Kaski submitted by Ms. Basanti Bhandari to the Department of Sociology, Prithvi Narayan Campus, Pokhara, Faculty of Humanities and Social Sciences, Tribhuvan University, in the partial fulfillment of the requirements for the Degree of **Master of Arts in Sociology** has been found satisfactory in scope and quality. Therefore we accept this dissertation as a part of the mentioned degree.

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## **ABBREVIATIONS**

BBC	:	British Broadcasting Corporation
CEB	:	Children Ever Born
CAC	:	Comprehensive Abortion Care
CREHPA	:	Centre for Research on Environment Health and Population Activities
CRLP	:	Centre for Reproductive Law and Policy
DPHO	:	District Public Health Office
FCHV	:	Female Community Health Volunteer
FPAN	:	Family Planning Association Nepal
FWLD	:	Forum for Women Law and Development
GO's	:	Government Organizations
INGO's	:	International Non Governmental Organizations
ICPD	:	International Conference on Population and Development
MMR	:	Maternal Mortality Rate
MOHP	:	Ministry of Health and Population
NDHS	:	National Department of Health Survey
NGO's	:	Non Governmental Organizations
NCHS	:	National Centre for Health Statistics
SAS	:	Safe Abortion Service
SRB	:	Sex Ratio at birth
UN	:	United Nation
UNDP	:	United Nation Development Programme
UNFPA	:	United Nation Population Fund
WHO	:	World Health Organization
VDC	:	Village Development Committee

## ABSTRACT

This research entitled "**Factors Affecting Abortion and its Impact among Married Women**" A Case Study of Pokhara-Lekhnath Metropolitan City, Kaski. The objective of this study is to find out the affecting factors of abortion and to analyze the impacts of abortion among married women's life. Only 60 married women who had done abortion in their life were the population of the study. The research was based on exploratory research design where the respondents were selected by purposive sampling method in the co-ordination of Female Community Health Volunteer. Open-ended interview schedule was used to collect data and obtained demographic data as well as quantitative has been presented in tabular form expressed in terms of percentage and other qualitative data are described thoroughly using descriptive method.

Women aged 20-29 years were found more than 50 percent in the study area. Similarly, 50 percent respondents were Hindu religious as the study area has more Hindu religious people. Though people fear to perform sinful activities but for great many reasons they undergo abortion. 65 percent women belong to nuclear family. Brahmin and Dalit were seen to be in higher ratio in comparison to others as the study area has more Brahmin and Dalit households. Women who are housewives as well as engaged in business were 25 percent and 30 percent respectively were practicing abortion more than others. Illiterate women were less in number to do abortion but who were literate and highly educated; they were practicing more abortion services.

Sex selection is the major cause of abortion these days, while many other causes like early pregnancy, continue study, abroad study, desired family structure, desire for girl child, unwanted pregnancy, extra marital relation, health problem, economic problem to nurture many children and failure of family planning devices were the root cause these days for abortion. Whatever may be the reasons its impacts were directly influencing women's health. Incomplete abortion, heavy bleeding, weakness and abdominal pain are the immediate complications seen in abortion performing women. Going for abortion time and again brought infertility, birth of dead baby inside the womb, ectopic pregnancy, uterine prolaps, chronic pelvic pain among the abortion performing women. These types of complications were seen in later stage after performing abortion.