

**CHANGING LIFESTYLE OF THE WOMEN OF MAGAR
COMMUNITY: A CASE STUDY OF BAGNASHKALI RURAL
MUNICIPALITY-2., PALPA**

A Thesis

Submitted to

Department of Sociology,

PrithviNaryan Campus, Pokhara

in Partial Fulfillment of the Requirement of Masters Degree in Sociology

Submitted by

Mani Prasad Regmi

Roll No: 16/ 069/070

T.U. Registration No. 5417/88

Department of Sociology

Prithivi Narayan Multiple Campus

Tribhuvan University

Pokhara, Nepal

2074

LETTER OF RECOMMENDATION

This is to certify that the work incorporated in this dissertation entitled "**CHANGING LIFESTYLE OF THE WOMEN OF MAGAR COMMUNITY: A CASE STUDY OF BAGNASHKALI RURAL MUNICIPALITY-2., PALPA**" completed by Mani Prasad Regmi was under my guidance and supervision. Therefore, I recommend this dissertation for the final approval and acceptance for partial fulfillment of the requirements of the degree of Master of Arts in Sociology.

.....

Mukunda Lamsal
(Dissertation Supervisor)
Department of Sociology
P.N. Campus, Pokhara

Date: - 2074/12 /08

LETTER OF APPROVAL

This dissertation entitled "**CHANGING LIFESTYLE OF THE WOMEN OF MAGAR COMMUNITY: A CASE STUDY OF BAGNASHKALI RURAL MUNICIPALITY-2., PALPA**" prepared and submitted by Mani Prasad Regmi has been accepted as the partial fulfillments of the requirements for the Master's Degree of Arts in Sociology by Dissertation Evaluating Committee.

Dissertation Evaluation Committee

.....
Prof. Dr. Bishow Kalyan Parajuli
Head of the Department

.....
T.P Suvedi
External Examiner

.....
Mukunda Lamsal
Dissertation Supervisor

Date: - 2074/ 12 /

ACKNOWLEDGEMENTS

I am highly grateful to my supervisor Mr. Mukunda Lamsal Department of Sociology for his perpetual scholarly guidance, inspiration and thoughtful suggestions from the very enunciation of this dissertation without his constant masterful guidance and scholastic supervision, this research work would never have been into the present form.

I am very grateful to Prof. Dr. Bishow Kalyan Parajuli Head of Department of Sociology P.N. Campus, for the approval of this research work in this present shape.

I express my thanks to all my friends and faculty members who inspired me constantly to write this thesis.

Finally, I owe heavily to all men and women of the study area for their masterful contributions of time and required information to this study.

Along with this, I would like to thank my relatives and friends who directly and indirectly helped bringing the thesis to the present form.

Mani Prasad Regmi

March, 2018

ABSTRACT

This research entitled 'Changing life style of the woman of Magar community' is an effort to find out huge cross cultural variations in ideas about the roles of men and women. Magar women are contributing their time in traditional occupations. There are lacks of education, mobility and opportunity. This study focuses upon the role of women and problems faced by Magar women.

This study area has been selected Bagnaskali Rural Municipality of Palpa. Almost Magar women are involved in social organization i.e. Parma, Ama Samuhaand Mahila Samuha. Some women are involved in changing occupations in spite of the traditional occupations. Females of Magar communityare engaged whole year in agriculture, and household works. The problem faced by the magar Women's are mental pressure, inexperience in monetary transaction, illiteracy, immobility and high ratio of engagement in household activities. But in this present period women's literacy rate is increasing. They are facilitated by drinking water program, small market and transportation. Male seem to be more aware about the supporting to the female in their traditional considered household work. Both male and women work side by side in Parma. Therefore, there is gender equality and equity in this study area.

TABLE OF CONTENTS

	Page No.
Letter of Recommendation	ii
Letter of Approval	iii
Acknowledgements	iv
Abstract	v
Table of Contents	vi
List of Tables	ix
List of Abbreviations	x
CHAPTER-1: INTRODUCTION	1
1.1 Background of the Study	1
1.2 Statement of the Problems	4
1.3 Objectives of the Study	5
1.4 Rationale of the Study	6
1.5 Organization of the Study	6
CHAPTER-2: LITERATURE REVIEW	8
2.1 Theoretical Review	8
2.1.1 Theories of Modernization and the Framework of Multiple Modernity	10
2.2 Review of Previous Study	13
2.3 Policy Review	17
CHAPTER-3: RESEARCH METHODOLOGY	18
3.1 Rational selection of the Study Area	18
3.2 Research Design	18
3.3 Universe and Sampling Procedure	18
3.4 Nature and Sources of Data	19
3.5 Data Collection Techniques and Tools	19
3.5.1 Observation	19
3.5.2 Key Informants Interview	19
3.5.3 Interview schedule	20
3.5.4 Focus Group Discussion on Family Members (Female and Male)	20
3.6 Data Analysis and Presentation	20

3.7 Limitations of the Study	20
CHAPTER-4: GENERAL INFORMATION OF THE STUDY AREA	21
4.1 The People	21
4.2 Medical Facilities	22
4.3 Educational Institutions and Status	22
4.4 House Type	23
4.5 Land Holding Patten	24
CHAPTER- 5: ECONOMIC ROLEOF MAGAR WOMEN	26
5.1 Occupation of Women	26
5.2 Land Ownership by Sex	28
5.3 Women’s Role in Agriculture	28
5.4 Decision Making on the Cropping Pattern	29
5.5 Animals’ Husbandry and Women’s Role	30
5.6 Decision on Household Expenditure	31
5.7 Possession of Household’s Income	32
5.8 Fuel used and Management	32
CHAPTER- 6: SOCIAL AND CULTURAL ROLE OF MAGAR WOMEN	34
6.1 Family Type and Women’s Role	34
6.2 Marital Status and Women’s Social Role	35
6.3 Marriage Pattern and Women’s Decision	36
6.4 Prominent Role in the Decision of Household Affairs	37
6.5 Social Organization and Women’s Involvement	38
6.6 Religion	38
6.7 Dresses and Ornaments	39
6.8 Childbirth Ritual and Ceremony; Women’s Role	40
6.9 Difference between the Birth of Son and Daughter	41
6.10 Pasni Ritual and Women’s Role	42
6.11 Marriage Ceremony and Women’s Role	43
6.12 Death Ritual and Women’s Role	44
CHAPTER- 7: THE CHANGING ROLE OF MAGAR WOMEN	47
7.1 Changing Occupations of Magar Women	47
7.2 Changing Dresses and Ornaments	49
7.3 Changes in Health Sector and Women’s Role	49

7.4 Changes in Education and Women’s Role	50
7.5 Empowerment Training and Their Effects on Women	51
7.6 Changes in Other Sectors and Women’s Role	52
CHAPTER- 8: PROBLEMS FACED BY MAGAR WOMEN	53
8.1 Economic Problems of Women	53
8.2 Problems for women education	54
8.3 Women Oppressed by Domestic Violence	55
8.4 Women Deprived by Cultural Factors	55
8.5 Women’s problems by age groups	56
8.6 Women’s Problems by Educational Level	57
8.7 Major Findings of the Study	58
CHAPTER- 9: SUMMARY, CONCLUSION AND IMPLICATIONS	61
9.1 Summary	61
9.2 Conclusion	62
9.3 Recommendation	64
REFERENCES	65
APPENDIXES	68
Annex I: Interview Schedule	69
Annex II: Checklist for key informant	76
Annex III: Checklist for FGD family members	78

LIST OF TABLES

	Page No.
Table 1: Population Distribution of Bagnaskali Rural Municipality by Ethnic Group	21
Table 2: Population Distribution of Sampled Households by Sex	22
Table 3: Educational Status in Sampled Households by Sex	23
Table 4: House Type of Sampled Households	24
Table 5: Land Holding Pattern among the Sampled Households	25
Table 6: Distribution of Family Members by their Occupation	26
Table 7: Involvement in Monetary and Non-Monetary Works	27
Table 8: Distribution of Land Ownership of Sampled Households by Sex	28
Table 9: Women's Role in Agriculture	29
Table 10: Decision Makers for the Cropping Pattern of Sampled Households by Sex	30
Table 11: Distribution of Decision Makers on Household Expenditure by Sex	31
Table 12: Possession of the Household's Income of Sampled Households by Sex	32
Table 13: Management of fuel for cooking by sex	33
Table 14: Family Type of the Sampled Households	34
Table 15: Distribution of Family Member by their Marital Status	35
Table 16: Marriage Pattern Practiced by the Sampled Households	36
Table 17: Prominent Role in the Decision of Household Affairs	37
Table 18: Women's involvement in traditional and changing occupations	47
Table 19: Changing Occupations of Women of Sampled Households	48
Table: 20: Changes taken Place in the Utilization of Health Services by Women	50
Table 21: Women's Participation in Empowerment Trainings	51
Table 22: Economic Problems of Sampled Respondents	53
Table 23: Problems for Women Education of Sampled Households	54
Table 24: Women's Oppression by Domestic Violence	55
Table 25: Women's Depression by Cultural Factors	56
Table 26: Women's problems by age groups	57
Table 27: Problems of women by educational level	58

LIST OF ABBREVIATIONS

CBS	Central Bureau of Statistics
CEDA	Center For Economic Development Association
etc.	etcetera
FGD	Focus Group Discussion
IA	Intermediate of Arts
ICIMOD	International Center for Integrated Mountain Development
MA	Master's of Arts
Ph.D.	Doctor of Philosophy
SDC	Swiss Development Cooperation
SLC	School Leaving Certificate
TU	Tribhuvan University
UK	United Kingdom
UN	United Nations
UNDP	United Nations Development Programme
UNFPA	United Nations Fund for Population Activity
UNICEF	United Nations International Emergency Children Fund
USA	United States of America
VDC	Village Development Committee
Vol.	Volume