SOCIO – ECONOMIC AND DEMOGRAPHIC STATUS OF THE ELDERLY PEOPLE LIVING IN PUMDI BHUMDI VDC, KASKI

A Dissertation Submitted to: Central Department of Population Studies Faculty of Humanities and Social Sciences in Partial Fulfillment of the Requirements for the Degree of Master of Arts in Population Studies

By: Dipendra Raj Baral

Faculty of Humanities and Social Sciences
Tribhuvan University
Kirtipur, Kathmandu
November, 2009

Tribhuvan University

Faculty of Humanities and Social Sciences

Central Department of Population Studies

Kirtipur, Kathmandu, Nepal

LETTER OF RECOMMENDATION

The dissertation work entitled "Socio – Economic and Demographic Status of the Elderly People Living in Pumdi Bhumdi VDC, Kaski" by Mr. Dipendra Raj Baral prepared under my supervision for the partial fulfillment of the requirements for the degree of Master of Arts in Population Studies. To the best of my knowledge the study is orginal and carries out useful information about elderly people living in Pumdi Bhumdi VDC. I therefore recommended this dissertation to the evaluation committee for the final approval and acceptance.

Date:

Dr. Prabha Kumari Hamal
Reader
Central Department of Population Studies

Kathmandu, Nepal.

(CDPS), TU, Kirtipur

Tribhuvan University

Faculty of Humanities and Social Sciences Central Department of Population Studies Kirtipur, Kathmandu, Nepal

Approval Sheet

The dissertation work entitled "Socio – Economic and Demographic Status of the Elderly People Living in Pumdi Bhumdi VDC, Kaski" by Mr. Dipendra Raj Baral has been accepted as partial fulfillment of the requirements for the degree of Master of Arts in Population Studies.

Dr. Prem Singh Bisht Professor and Head Central Department of Population Studies (CDPS) TU, Kirtipur Ramesh Parsad Adhikari (External)
Dr. Prabha Kumari Hamal Supervisor Central Department of Population Studies (CDPS)

Acknowledgement

This dissertation entitled "Socio – Economic and Demographic Status of the Elderly

People Living in Pumdi Bhumdi VDC, Kaski" has been prepared for the partial

fulfillment of Master Degree in Population Studies.

This dissertation become in it's shape and reality by the help, support and guidance from

several people. Hence I am very much privileged to express my sincere thanks and

gratitude to the elderly people of Pumdi Bhumdi VDC who generously shared their

feelings and provided their valuable time during the field work.

I am obliged to Dr. Prabha Kumari Hamal, Reader of Central Department of Population

Studies for the valuable constant encouragement, deep understanding and guidance

throughout this work and supervision during the preparation of this study. I am very

grateful and would like to express my sincere gratitude to Prof. Dr. Prem Singh Bisht for

the direct as well as indirect inspiration and feedback. Likewise I would like to express

my deepest gratitude to all the lectures of CDPS for their kind cooperation and

encouragement for completing this work.

I would like to express my deepest gratitude to my parents especially my mother, My

Sister Miss. Kul Devi Baral, other family members and my relatives who always

encourage me to continue my higher studies and whose precise suggestion, co -

operation. I can not stop my pen without remembering my friend Mr. Upendra Singh, Mr

Janak Karki, Mr. Shiva Lal Bhattarai. Mr. Cheta Nath Niraula, Prem Bahadur Bhandari

and my brother Mr. Sanjay Kumar Dhakal and Ajay Kumar Dhakal who help me for

provide the computer for the completion of this work.

.....

Date: / /

Dipendra Raj Baral

iv

Abstract

The study entitled "Socio – Economic and Demographic Status of the Elderly People Living in Pumdi Bhumdi VDC, Kaski" is based on 117 sampled of elderly people of that place. The main objective of this study is to identify the socio – economic, demographic and other problem faced by the elderly people in that place. Ageing refers to the increasing inability of the body to maintain itself and to perform the functions it once did. With increasing life expectancy, both developed and developing countries have experience of ageing population. But infact the situation of elderly people is different in terms of socio – economic and demographic context. The status of elderly people is different in terms of place of residence, education, occupation and socio – cultural periphery and even in both conflict affected area and not affected area. Elderly people are bound to remain below poverty line, unpaid economic activities and act 'role less' role. Elderly speared a lot of time and economy to their offspring in their adulthood, but at last they obtain various kinds of disgusting behavior from their offspring. In this regard, this dissertation tries to analyze the socio – economic and demographic status of the elderly people of the study area.

This study has revealed the socio – economic status of the elderly people living in Pumdi Bhumdi VDC of Kaski district. Economic dependency and physical weakness appear as long term problem for elderly people. Elderly people who have better economic status are more cared by their family than who have worst economic status. Economic status of elderly people showed that huge proportion of elderly people in the study area had poor socio – economic and demographic situation. Elderly people with low income and poverty depends on their offspring and their relative even in their daily needs and it increased the responsibilities for the young.

TABLE OF CONTENTS

<u>Contents</u>	Page No.
Letter of Recommendation	ii
Approval Sheet	iii
Acknowledgement	iv
Abstract	v
Table of Contents	vi–viii
List of Table	ix
List of Figure	X
Abbreviations	xi
CHAPTER – I: INTRODUCTION	1 – 8
1.1 Background of The Study	1
1.2 Statement of The Problem	5
1.3 Objective of The Study	7
1.4 Significance of The Study	7
1.5 Limitation of The Study	8
CHAPTER – II: LITERATURE REVIEW	9 - 18
2.1 Introduction	9
2.2 Global View	9
2.3 The Status of Elderly in Nepal	12
2.3.1 Rural Economy and Elderly	14
2.3.2 Gender Issues and Elderly	15
2.3.3 Social Security and Elderly	16
2.3.4 Health Service and Elderly	16
2.3.5 Human Rights and Elderly	17
2.3.6 National Population Policies and Ageing	17
CHAPTER – III: METHODOLOGY	19-21
3.1 Introduction of The Study Area	19
3.2 Selection of The Study Area	19
3.3 Source and Nature of Data	19
3.4 Sample Selection	19
3.5 Questionnaire Design	20
3.6 Data Analysis and Processing	21

CHAPTE	R – IV: ANALYSIS AND PRESENTATION OF DATA	22-53
4.1	Demographic Status of Elderly Population	22
	4.1.1 Age Sex Distribution of the Elderly Population	22
	4.1.2 Marital status of the Elderly Population	23
4.2	Socio - Economic Status of the Elderly Population	24
	4.2.1 Religious Status of the Elderly Population	24
	4.2.2 Educational Status of the Elderly Population	25
	4.2.3 Occupational Status of the Elderly Population	26
	4.2.4 Major Source of Income of the Elderly Population	27
	4.2.5 Family type and Elderly	28
	4.2.6 Average Number in Family of Elderly People	29
	4.2.7 Living With Whom and Elderly Population	30
	4.2.8 Property Ownership and Elderly Population	31
	4.2.9 Financial Problems and the Elderly Population	31
	4.2.10 Food Problems and the Elderly Population	33
	4.2.11 Impact of Education on Major Source of Income of Elderly	34
4.3	Family Support and Care Toward Elderly Population	35
	4.3.1 Family Support and Elderly Population	35
	4.3.2 Responsibility	37
	4.3.3 Home Care of the Elderly People	38
	4.3.4 Family Support Toward Care of Elderly Population	38
	4.3.5 Support From the State Toward Elderly Population	39
	4.3.6 Living standard of the Elderly Population	40
	4.3.7 Opinion of Elderly about Getting Pleasure and Sadness	40
4.4	Health Status of the Elderly Population	42
	4.4.1 Health Problem and Elderly Population	42
	4.4.2 Diseases and Elderly Population	44
	4.4.3 Health Care of the Elderly Population	44
	4.4.4 Health Facilities Needed to Elderly Population	45
	4.4.5 Management of Treatment	46
	4.4.6 Opinion of Elderly on the Health Services	47
	4.4.7 Impact of Education on Regular Health Checkup of Elderly	47
4.5	Social Security Status of Elderly Population	48
	4.5.1 Suffer from Torture and Security	50

	4.5.2	Suffering of Elderly People According to Types of Torture	50
	4.5.3	Expectation from Family and Society	51
	4.5.4	Management from Adequate Care from Society	51
	4.5.5	Opinion of Elderly on the Social Security and welfare	
		of Elderly People	53
CHAPTEI	R - V:	SUMMARY CONCLUSION AND RECOMMENDATION	54-60
5.1	Sumn	nary	54
	5.1.1	Socio - Economic and Demographic Status of Elderly People	54
	5.1.2	Family Support and Care Toward Elderly People	55
	5.1.3	Health Status of Elderly People	56
	5.1.4	Social Security of Elderly People	57
5.2	Concl	usions	58
5.3	Recor	mmendations	59
References	5		61-63
Appendix			64-70

LIST OF TABLE

Table No.	<u>Title</u>	Page No.
1.1	Population Ageing in Nepal (2006 - 2050)	2
1.2	Growth Rate of Total Elderly Population (1961 - 2001)	3
3.1	Total Elderly Population with Elderly Household	20
4.1	Age and Sex Composition of the Elderly Population	23
4.2	Marital Status of the Elderly Population	24
4.3	Religious Status of the Elderly Population	25
4.4	Educational Status of the Elderly Population	25
4.5	Occupational Status of the Elderly Population	26
4.5	Major Source of Income of the Elderly Population	27
4.7	Living With Whom and Elderly Population	30
4.8	Property Ownership of the Elderly Population	31
4.9	Financial Problem and the Elderly Population	32
4.10	Food Problem and Elderly Population	33
4.11	Impact of Education on Major Source of Income of Elderly	34
4.12	Helping in Household Work	36
4.13	Elderly People According to Help in Their Family	36
4.14	Responsible in Care of Elderly Population	37
4.15	Family Support Towards Care of Elderly People	39
4.16	Government Responsibilities in Care of Elderly People	40
4.17	Opinion of Elderly About Sadness	42
4.18	Health Problems and Elderly Population	42
4.19	Diseases and Elderly People	44
4.20	Health Care of Elderly People	45
4.21	Health Facilities Needed to Elderly From State	46
4.22	Impact of Education on Regular Health Checkup of Elderly	48
4.23	Social Security and Elderly Population	49
4.24	Types of Social Security Getting by Elderly People	49
4.25	Management of Adequate Care from Society	52

LIST OF FIGURE

Figure No.	<u>Title</u>	Page No.
4.1	Family Type and Elderly Population	28
4.2	Average Number in Family of Elderly Population	29
4.3	Status of Getting Old Age Allowance	33
4.4	Home Care of the Elderly People	38
4.5	Opinion of Elderly About Getting Pleasure	41
4.6	Average Time to Going Health Checkup	43
4.7	Management of Treatment	47
4.8	Torture Getting from Whom and Elderly Population	50
4.9	Suffering of Elderly People According to types of To	orture 51

Abbreviations

BS: Bicram Sambat

CBS: Central Bureau of Statistics

GOs: Governmental Organization

ICPD: International Conference on Population and Development

INGO: International Non – Governmental Organization

MOHP: Ministry of Health and Population

MOLD: Ministry of Local Development

NPC: National Planning Commission

NGO: Non – Governmental Organization

NPP : Nepal Population Report

UN : United Nation