

**KNOWLEDGE AND ATTITUDE TOWARDS ON STDs AND HIV/AIDS  
AMONG SECONDARY SCHOOL STUDENTS OF LALITPUR DISTRICT**

**A THESIS SUBMITTED TO  
DEPARTMENT OF POPULATION STUDIES  
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POPULATION STUDIES**

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## DECLARATION

Except where otherwise acknowledged in the text, the analysis in this thesis represents my own original research.

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September, 2011

## **VIVA-VOCE SHEET**

We have conduct the viva-voce examination of thesis

Submitted by

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### **KNOWLEDGE AND ATTITUDE ON STDs AND HIV/AIDS SECONDARY SCHOOL STUDENTS OF LALITPUR DISTRICT**

And find that thesis to be an independent work the student written according to the prescribed format. We recommend the thesis to be accepted as the partial fulfillment of the requirements for Master of Arts in population studies.

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## **RECOMMENDATION**

This is to certify that the thesis

Submitted by

Entitled

**Knowledge and Attitude on STDs and HIV/AIDS among Secondary School  
Students of Lalitpur District**

**is Recommended for External Examination**

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Date : September, 2011

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## ABSTRACT

Sexually transmitted disease (STDs) and HIV/AIDS have been threatening the human being since last two decades. The AIDS epidemic may be the most devastating health disaster in human history. HIV/AIDS has become major as well as critical public health issue particularly in Africa facing the worst effect of the AIDS epidemic. At least 45 million people are now living with HIV in the world. An estimated 5.1 million people were newly infected with HIV by the end of 2008. Among them 95 percent in Sub-Saharan Africa, Eastern Europe and Asia. Lalitpur district is selected as the study area for the research because it is the permanent residential area of researcher in different social-cultural circumstances. Lalitpur district has diverse geographical and socio-culture nature.

In this district the majority of people are Hindu (70.43) and Buddhist (26.25) .The total literacy rate of this sub-metropolitan is 70.9 percent female 60.4 percent male 81.0 percent and total school 477 and Newar residential area is 40.32 percent and occupation agriculture 34.89 percent and non agriculture 65.71 percent.

This study has collected data of altogether 105 respondents including 51 (48.6%) respondents from grade IX and 54 (51.4%) respondents from grade X. Majority of the adolescents have knowledge about the preventive measure of STDs and HIV/AIDS among them (93.5%) male and (91.9%) female respondents have the knowledge about means of transmission of these fatal diseases through the sexual contact.

Public awareness is the best measure and counseling service in the second appropriate measure to tackle the problem of HIV infected people. However, sound knowledge and respective are found in the study area and their status of looking AIDS infected person is also positive attitude, behavior and knowledge among the adolescents. Knowledge about STDs and HIV/AIDS is appreciating. However they have confusion on symptoms, mode of transmission and preventive measure.

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## LIST OF ABBREVIATION

|        |   |  |
|--------|---|--|
| AIDS   | : | Acquired Immuno Defficiency Syndrome                             |
| CBS    | : | Central Bureau of Statistics                                     |
| CDPS   | : | Central Department of Population Studies                         |
| CREPHA | : | Centre for Research on Environment Helath and Population Studies |
| DHS    | : | Demographic Health Survey  |
| FP     | : | Family Planning  |
| FPAN   | : | Family Planning Association of Nepal                             |
| HIV    | : | Human Immune Deficiency Virus                                    |
| ICPD   | : | International Conference on Population and Development           |
| IEC    | : | Information Education and Communication                          |
| MOH    | : | Ministry of Health   |
| NCASC  | : | National Centre for AIDS and STDs Control                        |
| NDHS   | : | Nepal Demographic and Health survey                              |
| NFHS   | : | Nepal Family Health Survey                                       |
| NGO    | : | Non Governmental Organization                                    |
| RH     | : | Reproductive Health  |
| SAARC  | : | South Asian Association for Regional Co-operation                |
| SSA    | : | Secondary School Adolescent                                      |
| STDs   | : | Sexually Transmitted Diseases                                    |
| SWs    | : | Sex Workers  |
| T U    | : | Tribhuvan University   |
| UN     | : | United Nations   |
| UNAIDS | : | United Nation of Programme on HIV/AIDS                           |
| UNESCO | : | United Nations Educational Scientific and Cultural Organization  |
| UNFPA  | : | United Nation Fund for Population Activities                     |
| WHO    | : | World Health Organization  |
| WOREC  | : | Women Rehabilitation Centre                                      |
| MOHP   | : | Ministry of Health and Population                                |