

TRIBHUVAN UNIVERSITY

A Study of Insanity: An Effect of the Patriarchal Ideology in Malla's Novel

Anuradha

A thesis submitted to

**the Faculty of Humanities and Social Sciences, Tribhuvan University in Partial
Fulfillment of the Requirements for the Degree of Masters of Arts in English**

By

Rita Poudyal

Central Department of English

Kirtipur, Kathmandu

March 2010

Acknowledgements

I probably cannot express in words my gratitude to my honorable teacher and supervisor Associate Prof. Dr. Ram Chandra Poudel for his resourceful support and encouragement during the tedious process of providing concrete shape to this research paper. Similarly, I am profoundly grateful to Prof. Dr. Krishna Chandra Sharma, the Head of the English Department, and the Research Committee for granting me the opportunity to carry out this research work.

Likewise, I owe the debts of gratitude to Mr. Harihar Gyawali, Shankar Subedi, Badri Acharya for their co-operation while drafting the proposal. I would like to acknowledge my intellectual debt to Mr. T.R.Sharma, Mr.Ammar Gurung, Mrs.Anjana Basnet, Mrs.Laxmi Sapkota and my teachers at Bhadrapur who have been the source of inspiration from my early days.

I would like to express my sincere gratitude to my parents, brother Shrawan, sisters Gita, Ganga, and brother in law Khagandra for their warm love and support. Indebted equally I am to my dear friend Saru, and aunt Shobha Thapa for their help and to my brothers Raj, Monaj who despite their study, helped me in typing and editing this long thesis.

Thanks are due to Mr.Ganesh Sangrula, Mr.Binod Ghimire, Mr. Rudhra Upreti, Mr.Madhab Chaulagai, for their co-operations. Finally, I am also thankful to my friends Shobha, Sita, Hemantika, Pradip, Narahari for their contribution and co-operation.

March 2010

Rita Poudyal

Abstract

To read Malla's *Anuradha* is to explore the causes of insanity of Anuradha and to prove patriarchal norms and values as the root causes of it. Anuradha, the protagonist, who is the victim of male chauvinistic mindset, challenges patriarchy and struggles relentlessly for freedom by avoiding all the physical luxuries provided by Ratnaman Singh (patriarchy). She attacks by all her means the male-controlled religions, myths and ideologies and wants to set herself free from all forms of domination, but her desire never comes true since patriarchal doctrines still prevail in the society as hindrances for her projects.

Table of Contents

	Page No
Acknowledgements	iii
Abstract	iv
Chapter One	
General Introduction	1
Malla and his Works	2-4
The novel Anuradha and Critics	
Chapter Two	
Feminism and Female Individual Identity	5-24
Chapter Three	
Patriarchal Ideology, the Main Cause of Anuradha's Insanity	25-33
Religion and Myth as Suppressing Elements	33-34
Chapter Four	
Conclusion	35-36
Works Cited	37-38