

TRIBHUVAN UNIVERSITY

Psychological Trauma in Mitch Albom's *Tuesdays with Morrie*

**A Thesis Submitted to the Central Department of English, in Partial Fulfillment of
the Requirement for the Degree of
Master of Arts in English**

By

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December 2010

TRIBHUVAN UNIVERSITY
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Letter of Recommendation

Mr. Dhanya Prasad Timsina has completed his thesis entitled “Psychological Trauma in Mitch Albom's *Tuesdays with Morrie*” under my supervision from April 2010 to December 2010. I hereby recommend his thesis be submitted for viva voce.

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Letter of Approval

The thesis entitled "Psychological Trauma in Mitch Albom's *Tuesdays with Morrie*" submitted to the Central Department of English, Tribhuvan University by Mr. Dhanya Prasad Timsina has been approved by the undersigned members of the Research Committee.

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Acknowledgements

Inspiration always plays a pivotal role in every step of life for the success. I would like to extend my heartfelt gratitude to my respected lecturer and supervisor Mr. Hem Lal Pandey whose inspiration and assistance helped me to accomplish my study and research as well.

Credit goes to Dr. Amma Raj Joshi, the Head of the Central Department of English, T.U. for granting me the opportunity to carry out this research work. I would like to express my sincere gratitude to Mr. Jiblal Sapkota, Associate professor and the Head of The Department of English, Butwal Multiple Campus for his precious suggestions to bring out this research. I express my heartfelt thanks to lecturer Dr. Tara Lal Shrestha for his stimulative encouragement to bring out this research paper.

I am deeply indebted to my parents Mr. Netra Prasad Timsina and Mrs. Damanta Timsina for their moral encouragement. My special thanks to Mrs. Durga Niroula for her support for the every step of the research. I would like to thank to my brothers Chhabi Raman, Gyan Nath and friends Amit and Lilam for their great help and suggestions.

December 2010

Dhanya Prasad Timsina

Abstract

In *Tuesdays with Morrie*, Mitch Albom's central character, Morrie Schwartz faces a fatal disease amyotrophic lateral sclerosis (ALS). The author of the novel, in the form of narrator undergoes a great psychological trauma caused by the death of the professor, Morrie Schwartz. Mitch Albom depicts the reality of his traumatized psyche about his professor to reduce the effect of the shock. The author wants to heal the pain of the demise of his professor which he recounts in the novel. In this memoir, he recollects the memoirs from Brandies University to the funeral possession of the professor with various flashbacks. When we delve into the text, it is an autobiographical novel of Morrie Schwartz. The author presents this memoir what he discusses with his professor as a narrator. They have discussed about the meanings of life. Every part of life becomes the topic of their discussions. Every subject matter of the conversations is experienced by the central character, Morrie. By the cause of the disease, he has to lose his professor and he gets great psychological shock. Therefore the shock of the author is narrativized in this novel to heal his psychological trauma.

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