

**A STUDY ON EFFECTIVENESS OF PEER EDUCATION  
AMONG MIGRANT POPULATION (LABOR) AND THEIR  
SPOUSES IN JHAPA DISTRICT**



**A THESIS SUBMITTED TO  
CENTRAL DEPARTMENT OF SOCIOLOGY AND ANTHROPOLOGY  
FACULTY OF HUMANITIES AND SOCIAL SCIENCES  
IN PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE  
MASTERS DEGREE IN ANTHROPOLOGY**

**BY  
SUMMITA UDAS  
CENTRAL DEPARTMENT OF SOCIOLOGY /ANTHROPOLOGY  
TRIBHUVAN UNIVERSITY  
KIRTIPUR, KATHMANDU  
NEPAL  
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**TRIBUHVAN UNIVERSITY**  
**CENTRAL DEPARTMENT OF SOCIOLOGY/ANTHROPOLOGY**  
**KRITIPUR**

**LETTER OF RECOMMENDATION**

It is certified that Ms. Summita Udas has completed her thesis entitled "**A Study on Effectiveness of Peer Education Among Migrant Population (Labor) and Their Spouses in Jhapa District**" under my guidance and supervision. As a supervisor, I forward this dissertation for final evaluation as per the rules of the department.

Date: .....

.....  
Kapil Dahal  
(Supervisor)  
Central Department of  
Sociology/Anthropology  
Tribhuvan University  
Kirtipur, Kathmandu  
Nepal

**Tribhuvan University**  
**Central Department of Sociology/ Anthropology**  
**Kirtipur**

**LETTER OF ACCEPTANCE**

We certify that Mrs. Summita Udas's thesis entitled "**A Study on Effectiveness of Peer Education among Migrant Population (Labor) and Their Spouses in Jhapa District**" has been approved by the thesis Evaluation Committee under the Central Department of Sociology/Anthropology, Faculty of Humanities and Social Sciences, Tribhuvan University, in partial Fulfillment of the requirements for a Degree of Master's in Anthropology.

**Thesis Committee:**

.....  
Prof. Dr. Om Gurung  
(Head of Department)

.....  
Madhusudan Subedi  
(External Examiner)

.....  
Kapil Dahal  
(Thesis Supervisor)

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## **ABBREVIATIONS**

AIDS	–	Acquired Immune Deficiency Syndrome
BCC	–	Behavior Change Communication
CD4	–	Component of Blood
DPHO	–	District Public Health Office/Officer
G.F.A.T.M	–	The Global Fund to Fight AIDS, Tuberculosis and Malaria.
HIV	–	Human Immunodeficiency Virus
I,E,C	–	Information, Education, Communication
ICC	–	International Co-ordination Community
M&E	–	Monitoring and Evaluation
MARPs	–	Maximum Risk Population
NCASC	–	National Center for AIDS and STDs Control
OI	–	Opportunist Infection
OW	–	Organization Workshop
STDs	–	Sexually Transmitted Diseases
STI	–	Sexually Transmitted Infection
UN	–	United Nations
UNAIDS	–	United Nation Programme on HIV/AIDS
UNHCR	–	United Nation High Commission for Refugees
VCT	–	Voluntary Counseling Testing
WHO	–	World Health Organization