

**KNOWLEDGE OF HIV/AIDS ON FOREIGN LABOUR
MIGRANTS AND THEIR WIVES
(A Case Study of Kol VDC, Rukum District)**

**A THESIS
SUBMITTED TO
THE CENTRAL DEPARTMENT OF POPULATION STUDIES (CDPS),
FACULTY OF HUMANITIES AND SOCIAL SCIENCES,
TRIBHUVAN UNIVERSITY (TU)
IN PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR THE
DEGREE OF MASTER OF ARTS IN POPULATION STUDIES**

**BY
LACHHIN KUMAR PUN**

**Central Department of Population Studies (CDPS)
Faculty of Humanities and Social Sciences
Tribhuvan University (TU)
Kathmandu**

JUNE 2012

DECLARATION

Except where otherwise acknowledged in the text, the analysis in this thesis represents my own original research.

Lachhin Kumar Pun

June 2012

RECOMMENDATION

This is to certify that the thesis

Submitted by

Lachhin Kumar Pun

Entitled

**Knowledge of HIV/AIDS on Foreign Labor Migrants and
Their Wives**

(A Case Study of Kol VDC, Rukum District)

is Recommended for External Examination.

Associate Prof. Dr. Prabha Kumari Hamal
Thesis Supervisor

Date: June 2012

VIVA-VOCE SHEET

We have conducted the viva-voce examination of the thesis

Submitted by

Lachhin Kumar Pun

Entitled

**Knowledge of HIV/AIDS on Foreign Labor Migrants and
Their Wives**

(A Case Study of Kol VDC, Rukum District)

I found that the thesis is an independent work of the student written according to the prescribed format. We accept the thesis as the partial fulfillment of the requirements for Master of Arts in Population Studies.

Evaluation Committee:

Prof. Dr. Prem Singh Bisht

Head, Central Department of Population Studies

.....

Associate Prof. Dr. Prabha Kumari Hamal

Thesis Supervisor

.....

Ramesh Prasad Adhikari

External Examiner

.....

Date: June, 2012

ACKNOWLEDGEMENTS

This thesis entitled “**Knowledge of HIV/AIDS on Foreign Labor Migration and Their Wives (A Case Study of Kol VDC, Rukum District)**” is submitted to the Central Department of Population Studies (CDPS), Faculty of Social Sciences, Tribhuvan University for the partial fulfillment of Master Degree of Humanities and Arts in Population Studies.

Firstly, I would like to express heartily gratitude to my supervisor Associate Prof. Dr. Prabha Kumari Hamal for providing me an opportunity to conduct this research work who had guided me to study about Knowledge of HIV/AIDS on Foreign Labor Migration and Their wives. I am sure that this study would not have been completed without continuous encouragement, guidance and suggestion.

Similarly, I would like to thank all the lectures of CDPS whose suggestions and materials helped me in completing this study.

My special credit goes to my respectable mother then my family and relatives who supports become stand this position. I would like thank Manjani pun who manage environment for study and many-many thanks Dipak Bisht (HIV/AIDS Health person of district Rukum) who provided information about HIV/AIDS of Rukum district. Similarly thanks best friend Chandra Gurung and brothers Giri Pun for help to complete thesis.

Finally, I am very grateful to those people who helped me directly or indirectly in the study and I would like to thanks all the respondents of this study area for their valuable response.

Lachhin Kumar Pun
June 2012

ABSTRACT

HIV/AIDS is not a permanent disease, it is imported from other nation. People who went to foreign country for different work and when they return back or foreign people who come for visiting in Nepal, at that time there is mainly sexually contact between each other, with this activities HIV/AIDS is imported from other nation. With this activities researcher appoint a Kol VDC of Rukum district, where more than 70 percent of household member are involved in foreign labour migration.

In this study for research researcher select a male and their wives one of them as a respondent, whose husband or who had lived in foreign nation less than 1 year or had been living there. In Kol VDC there are 9 wards, among this ward, ward no.1 and ward no. 9 was selected for the whole VDC study. In this ward census method had used for primary data collection by researcher. There were altogether 101 respondents were included where 45 percent male and 56 percent female. The age of the respondents ranged from 18 to 62 years.

This study found that around 80 percent people heard about HIV/AIDS and 20% people didn't heard. Where 98 percent foreign labour migrants and 66.1% their wives, around 35 percent respondents were aware particular major symptoms of HIV/AIDS. Similarly around 55 percent respondents were aware about the major transmission ways and preventive methods of HIV/AIDS. Above 60 percent respondents were known HIV/AIDS can be preventive by using condom and avoid multiple sexual intercourses. Nearly 50 percent people were aware HIV/AIDS can be prevent from use of own skin piercing equipment and take only HIV free blood and no birth from infected spouse.

TABLE OF CONTENTS

DECLARATION	<i>ii</i>
RECOMMENDATION	<i>iii</i>
VIVA-VOCE SHEET	<i>iv</i>
ACKNOWLEDGEMENTS	<i>v</i>
ABSTRACT	<i>vi</i>
TABLE OF CONTENTS	<i>vii</i>
LIST OF APPENDICES	<i>x</i>
LIST OF TABLES	<i>xi</i>
LIST OF FIGURES	<i>xii</i>
ACRONYMS AND ABBREVIATIONS	<i>xiii</i>
CHAPTER ONE	
INTRODUCTION	1-6
1.1: Background to the Study	1
1.2: Statement of the Problem	4
1.3: Objectives of the Study	5
1.4: Rationale of the Study	5
1.5: Limitations of the Study	6
1.6: Chapter Plan	6
CHAPTER TWO	
LITERATURE REVIEW	7-15
2.1: Theoretical Literature	7
2.1.1: HIV/AIDS	7
2.1.2: Foreign Labor Migration	8
2.2: Empirical Literature	9
2.2.1: HIV/AIDS in the World	10
2.2.2: HIV/AIDS in the South-Saharan Africa	10
2.2.3: HIV/AIDS in Asia	11
2.2.4: HIV/AIDS in SAARC	11

4.2.5: HIV/AIDS in the South Africa	12
4.2.6: HIV/AIDS in Nepal	12
4.2.7: HIV/AIDS in Rukum District of Nepal	14
4.3: Conceptual Frameworks	15

CHAPTER THREE

RESEARCH METHODOLOGY

16-18

3.1: Introduction of the Study area	16
3.2: Research Design	18
3.3: Source of Data	18
3.4: Population Size and Census	18
3.5: Tools and Data Collection	18
3.6: Data Analysis and Interpretation	18

CHAPTER FOUR

SOCIO-DEMOGRAPHIC CHARACTERISTIC OF THE RESPONDENTS

19-27

4.1: Demographic characteristics	19
4.1.1: Age and sex composition	19
4.1.2: Age of first marriage	20
4.1.3: Age of first birth	21
4.1.4: Age of first employment/Labor migration	21
4.2: Social characteristics	22
4.2.1: Family size structure of household	23
4.2.2: Ethnic/caste composition	23
4.2.3: Religious composition and mother tongue	24
4.2.4: Education status of study population	24
4.3: Economic Characteristics	25
4.3.1: Major household occupation	25
4.3.2: Employed countries	26
4.3.3: Types of work in destination countries	26
4.3.4: Living Years of foreign employment	27

CHAPTER FIVE	
KNOWLEDGE OF HIV/AIDS ON FOREGIN MIGRANTS AND THEIR WIVES	28-40
5.1: knowledge on STDs and HIV/AIDS	28
5.2: Source of knowledge about HIV/AIDS by background characteristics.	39
5.3: Knowledge about symptoms of HIV/AIDS	30
5.4: Major Symptoms of HIV/AIDS	31
5.5: Knowledge about transmission of HIV/SIDS	32
5.6: Major Ways of HIV/AIDS Transmission	33
5.7: Knowledge about preventive method of HIV/AIDS	35
5.8: Types of knowledge about the preventive method of HIV/AIDS	36
5.9: Attitude about HIV/AIDS	37
5.10: Some related understanding about HIV/AIDS	38
5.11: Sexual behavior of male	39
5.12: Knowledge about the identification of HIV/AIDS	40
CHAPTER SIX	
SUMMARY, CONCLUSION AND RECOMMENDATION	41-47
6.1: Summary of findings	41
6.1.1: Demographic Background	41
6.1.2: Social background	42
6.1.3: Economic Background	42
6.1.4: Knowledge on HIV/AIDS	43
6.1.5: Behavior related knowledge of HIV/AIDS	44
6.2: Conclusion	45
6.3: Recommendation	46
6.3.1: Recommendation for policy implication	46
6.3.2: Recommendation for future area of research	47

LIST OF APPENDICES

	Page No.
Appendix-I HIV/AIDS related understanding	50
Appendix-II Attitude about HIV/AIDS	51
Appendix-III Questionnaire	52

LIST OF TABLES

	Page No.
Table 4.1: Age and sex composition	19
Table 4.2: Age of first marriage	20
Table 4.3: Age of first birth	21
Table 4.4: Age of first employment/Labor migration	21
Table 4.5: Ethnic/caste composition	23
Table 4.6: Major household occupation	25
Table 4.7: Types of work in destination countries	26
Table 4.8: Living Years of foreign employment	27
Table 5.1: Knowledge on STDs and HIV/AIDS	28
Table 5.2: Hearing sources information about HIV/AIDS	29
Table 5.3: Knowledge about symptoms of HIV/AIDS	31
Table 5.4: Major Symptoms of HIV/AIDS	32
Table 5.5: Knowledge about transmission of HIV/SIDS	33
Table 5.6: Major Ways of HIV/AIDS Transmission	34
Table 5.7: Knowledge about preventive method of HIV/AIDS	35
Table 5.8: Types of knowledge about the preventive method of HIV/AIDS	36
Table 5.9: Attitude about HIV/AIDS	37
Table 5.10: Some related understanding about HIV/AIDS	38
Table 5.11: Sexual behavior of male	39
Table 5.12: Knowledge about the identification of HIV/AIDS	40

LIST OF FIGURES

Figure 4.1: First Foreign Employment	22
Figure 4.2: Household Size	23
Figure 4.3: Education Composition	24
Figure 4.4: Destination Occupation	26

ACRONYMS AND ABBREVIATIONS

AIDS	Acquired Immune Deficiency Syndrome
ART	Anti-Retro Treatment
ARV	Anti Retro Virus
CBS	Central Bureau of Statistics
CDPS	Central Department of Population Studies
DACC	District AIDS Coordination Committee
DNA	Deoxyribonucleic Acid
DoHS	Department of Health Service
FPAN	Family Planning Association of Nepal
FSW	Female Sex Worker
GOs	Governmental Organization
HIV	Human Immune Virus
ICIMOD	International Center for Integrated Mountain Development
MoF	Ministry of Finance
MENRIS	Mountain Environment Natural Resource Information System
MSM	Men Who Have Sex with Men
NCASC	National Centre for HIV/ AIDS Control
NACC	National AIDS Coordination Committee
NDHS	Nepal Demographic Health Survey
NGOS	Non-governmental Organizations
SAARC	South Asian Association of Regional Cooperation
SPSS	Statistical Package for Social Sciences
STDs	Sexually Transmitted Diseases
UNAIDS	United Nation of program on HIV/AIDS
UNFPA	United Nation Population Fund
UN	United Nations
USA	United States of America
WHO	World Health Organization