

**KNOWLEDGE AND PERCEPTIONS OF ADOLESCENT
GIRLS IN REPRODUCTIVE HEALTH**

(A Case Study of Gandhi Adarsa Higher Secondary School, Kathmandu)

**A THESIS
SUBMITTED TO
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OF MASTER OF ARTS IN POPULATION STUDIES**

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DECLARATION

Except where otherwise acknowledged in the text, the analysis in this thesis represents my own original research.

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RCOMMENDATION

This is to certify that the thesis

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Entitled

Knowledge & Perceptions Of Adolescent Girls In

Reproductive Health

(A Case Study of Gandhi Adarsa Higher Secondary School, Kathmandu)

Is recommended for External examination.

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And find that the thesis to be an independent work of the student written according to the prescribed format. We recommend the thesis to be accepted as the partial fulfilment of the requirements for Master of Arts in population studies.

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ABSTRACT

This study is based on the primary data collected from field survey including 131 sampled adolescents' girls students aged 15-19 years of higher secondary school. Among of them 111 girls were selected by systematic random sampling and 20 were selected for the purpose of focus group discussion.

Reproductive health is vital component of overall health, which is considered as a great subject of concern all over the world. Reproductive health is an area in which adolescents are particularly vulnerable. Due to the interplay of biological, socio cultural and traditional barrier to the information and inaccessibility of the services with regard to the sexual and reproductive health, they have to faced various vulnerable situation such as early pregnancy, unsafe abortion, risk of STDs including HIV/AIDS, adolescents maternal mortality etc. In this context, this study tries to analyse the knowledge and perception of adolescents on reproductive health.

From this study, it is observed the level of their knowledge and perception on reproductive health and its education is quite satisfactory. They also well informed in this issues such as STDs including HIV/AIDS routes of transmission and its preventing measures, unsafe abortion, maternity care and infertility. The study also deals with the variation among students in terms of age.

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ACRONYMS

AIDS	Acquired Human Immune Deficiency Syndromes
ANC	Antenatal Care
ARH	Adolescent Reproductive Health
CBS	Central Bureau of Statistics
CDPS	Central Department of Population Studies
DC	Delivery Care
FP	Family Planning
FPAN	Family Planning Association of Nepal
HIV	Human Immune Deficiency Virus
ICPD	International Conference on Population and Development
MCH	Maternity Health Care
MMR	Maternal Mortality Rate
MOH	Ministry of Health
MR	Multiple Response
NCASC	National Centre for AIDS and STDs Control
NDHS	Nepal Demographic Health Survey
PLWHA	People Living with HIV/AIDs
PNC	Postnatal Care
RH	Reproductive Health
SAARC	South Asian Association for Regional Co-operation
STDs	Sexually Transmitted Diseases
UN	United Nation
UNAIDS	United Nation Programme on HIV/AIDS
UNICEF	United Nation Children's Fund
UNFPA	United Nation Population Fund
UNESCO	United Nation Educational, Scientific and Cultural Organization
W H O	World Health Organization