TRIBHUVAN UNIVERSITY

MILK PRODUCTION AS A LIVELIHOOD OPTIONS A CASE STUDY OF ILAM MUNICIPALITY

A Thesis

Submitted to the Central Department of Geography, Faculty of Humanities and Social Science in Partial fulfillment of the Requirements for Master's Degree in Geography

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July, 2010

By

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I dedicate this piece of my academic endeavor to my parents **Shyam P. Adhikari** and **Late. Bal Kumari Adhikari** who never attended formal education but always toiled for making me what I am today.

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ACKNOWLEDGEMENTS

Such a research work undoubtedly owes debts from many different people. Unfortunately space doesn't allow me to mention here all of them. But I must extend my acknowledgements to the following personalities here.

I am greatly indebted to Prof. Dr. Bhim Pd. Subedi, my thesis supervisor for his encouragements, excellent supervision and creative academic suggestions not only for this research but also in my whole studies in the university. Had he not provided untiring help, this thesis wouldn't have come in this form in time. I also thank Prof. Dr. Puskar Kumar Pradhan, Head of the Central Department of Geography for all sorts of administrative aspects for completion of this thesis.

Thanks are due to all the teachers and staff of Central department of Geography T.U. for their valuable suggestions and kind help during preparation of this thesis. As this study in a part of research project funded by Swiss National Center for competence in Research (NCCR) North- south. I would like to express my sincere gratitude to the centre institute for providing the financial assistance for the promotion of this study.

I would like to express my sincere gratitude to my father, brother and life partner Mrs. Junu Devi Adhikari for their continuous encouragement and warm family affection. I am thankful to Mr. Kishor, Naran, Parbati, Rajan, Kamal and I am also thankful to Mr. Bal krishana Maharjan of Express Communication Service, Kirtipur for his smooth technical help.

Finally, if the milk producers had not co-operated me in the field, my research effort would have resulted an abyss. I thank them

Kamal Adhikari July, 2010

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ACRONYMS

ADB : Asian Development Bank

CBS : Central Bureau of Statistics

CDCN : Central Dairy CO-operative Association Limited Nepal

CDG : Central Department of Geography

DDC : Dairy Development Co-operation

DFID : Department for International Development

et.al : Alli, aliae or Alia (latin word), and other

FGD : Focus Group Discussion

GDP : Gross Domestic Product

GIS : Geographical Information System

GON : Government of Nepal

HDI : Human Development Index

HHs : Households

HMG : His Majesty Government Nepal

INGOs : International Non-Governmental Organizations

IRDP : Integrated Rural Development Programme

NGOs : Non-Governmental Organizations

Rs : Rupees

SLA : Sustainable livelihood Approach

SLC : School Leaving Certificate

SRL : Sustainable Rural livelihood

UNDP : United Nations Development Programme

VDC : Village Development Committee