

**Socio-Cultural and Economic Status of Damai People
of Embung VDC in Panchthar District: A
Sociological Study**

A Thesis

**Submitted to the Central Department of Sociology/Anthropology
Faculty of Humanities and Social Sciences in Partial Fulfillment
of the Requirement for Master Degree of Arts in Sociology
Tribhuvan University, Kirtipur**

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2013 AD

Letter of Recommendation

This dissertation entitled "**Socio-Cultural and Economic Status of Damai People of Embung VDC in Panchthar District: A Sociological Study**" has written by Mr. Kiran Bhandari under my guidance and supervision regarding the partial fulfillment of the requirement of Master Degree of Arts in Sociology.

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Acknowledgement

I would like to express my sincere gratitude to my supervisor Dr. Binod Pokharel, who constantly extended his guidance and supervision for successful completion of this dissertation. I am grateful to Dr. Om Gurung, head of the Department of sociology/Anthropology regarding his scholarly support. I am grateful to external examiner Dr. Shambhu Kattel for his noteworthy suggestion and correction.

I express my heartfelt thanks to my all respected teachers and staffs of TU Kirtipur. I would like to thanks to Mr. Ram Somthing and Mr. Padam Baraile for providing me some valuable books as a reference. I am grateful to District Education Office, District Forestry Office and office of Statistic Panchthar for providing statistical data.

I am deeply indebted to Mr. Krishna Prasad Neupane, President and executive members of the NRCS District Chapter Panchthar for providing me an opportunity as a staff. I express my special thanks to Bhai Kiran Bhattarai, my colleague and staffs of the NRCS DCs Panchthar for a company and cooperation to collect data.

I am grateful to all the respondents and people of *Damai Sapsu* community Embung for their valuable time and support. Finally, I am deeply indebted to my parents for their praiseworthy effort during preparation of this dissertation.

Kiran Bhandari

24 July 2012

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LIST OF ABBREVIATIONS

BFA	Basic First Aid
CBDRR	Community Based Disaster Risk Reduction
CBS	Central Bureau of Statistics
CDP	Community Development Program
CLTS	Community Level Total Sanitation
CSP	Community Support Program
DC	District Chapter
DDC	District Development Committee
DM	Disaster Management
DRR	Disaster Risk Reduction
EF	Emergency Fund
FGD	Focused Group Discussion
HHs	Household
IG	Income Generation
IT	Information Technology
JUP	Jana Utthan Pratishan
JRC/YRC	Junior Red Cross/Youth Red Cross
LGCDP	Local Governance Community Development Program
LSAR	Light Search and Rescue
NDC	National Dalit Commission
NRCS	Nepal Red Cross Society
PHAST	Participatory Health and Sanitation Training
VCA	Vulnerable Capacity Assessment
VDC	Village Development Committee
WATSAN	Water and Sanitation