Tribhuvan University

Unresolved Trauma in Seierstad's The Bookseller of Kabul

A Thesis Submitted to the Faculty of Humanities and Social Sciences, Department of

English, Ratna Rajya Laxmi Campus, Tribhuvan University, in Partial Fulfillment of

the Requirements for the Degree of Master of Arts in English.

Bhim Prasad Paudel

Roll No: 170(2066/67)

T.U. Reg. No: 6-2-263-29-2005

March 2014

Tribhuvan University

Faculty of Humanities and Social sciences

Letter of Approval

This thesis titled "Unresolved Trauma in Seierstad's <i>The Bookseller of Kabul</i> "
submitted to the Department of English, Ratna Rajya Laxmi Campus, by Bhim Prasad
Paudel, has been approved by the undersigned members of the Research Committee.
Members of the Research Committee:

Chiranjibi Kafle
Supervisor
External Examiner

Chiranjibi Kafle Head, Department of English Ratna Rajya Laxmi Campus

Date: 11th March 2014

Acknowledgements

I would like to express profound gratitude to my thesis supervisor Mr. Chiranjibi Kafle, Head of the Department of English, Ratna Rajya Laxmi Campus, Kathmandu for invaluable insight, incalculable encouragement, scholarly guidance and fruitful suggestion to give a concrete shape to my dream of completing Master's Degree in English. I am indebted to him granting me an opportunity to carry out research work by accepting my thesis proposal.

I am also thankful to my parents, Mr. Top Narayan Paudel and Mrs. Purna Kumari, for supporting me towards my higher studies. My humble gratitude and sincere respect goes to my close friends Mr. Arjun Paudel and Mr. Mahendra Rayamajhi whose regular encouragement and help have always inspired me during thesis writing. Besides I owe to my relatives especially to my elder brother, Mr. Loknath Upadhayaya, my friends and well wishers for their cooperation.

Last but not the least, special thanks go to my friend, Mr. Khadananda Sharma for typing, editing and printing this work into this present shape.

Bhim Prasad Paudel

March 2014

Abstract

This present thesis, tries to unfold the meaning, effects, symptoms and the resolution of trauma. It studies trauma as a mode of interpretation how it interprets narrative, history, culture and philosophy. Further it studies the alienated, frustrated and the problematic life created due to the traumatic whirlpool. By applying LaCapra's perspective towards trauma it studies what are the circumstances that make life traumatic, how can one surpass trauma, what are the role of transferences and dynamic, what is the process of acting out and working through. In the similar manner the other crucial issues this research depicted are how it examines the effects and experiences of trauma befalling to the human life, what are the common working field of it, how it occurs and how it can be resolved or addressed are the issues that the thesis deals.

The Bookseller of Kabul by Asne Seierstad, tries to unfold the unresolved traumatic shocks and experiences through the means of characters' pathetic, deteriorated traumatic life due to the Taliban regime and unstable Afghan politics. In the similar manner how women are treated and confined within the four wall of the house is another crucial issue that the research deals. It presents characters' rootless, alienated and hunting past life that hinders them to cope with the present. It also reflects torture, suffering, pain and traumatic life through the form of nightmares, flashbacks and the repetitive phenomena. This research even tries to answer can they find the skill of living in the society where there prevails war, strict Islamic code of conduct and prohibition. After the thoroughly analysis this thesis departs the message that there prevails unresolved trauma until there is no peace, security, law, order and stability in the social aspects to bring change in the peoples' life to create equilibrium in life.

Contents

Letter of Approval	ii
Acknowledgements	iii
Abstract	iv
Chapter 1: Trauma, Effects and Resolution	1-11
Chapter 2: Trauma from LaCapra's Eyes	
Chapter 3: Unresolved Trauma in <i>The Bookseller of Kabul</i>	
Chapter 4: Conclusion: Addressing Trauma to Maintain Equilibrium in Life	
Works Cited	49-50