

# **A STUDY ON HEALTH STATUS OF ELDERLY PEOPLE**

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## **DECLARATION**

I declare that, this research has taken in Chatara VDC in Sunsari district entitled in A Study on Health Status of Elderly People in Chatara Briddhashram. 35 elderly people are the sample size of population by using a non- probability purposive sampling method. This research has completely follows the rule and regulation while preparing this thesis. I have not copied from other previous studies. It has taken out from my own origination written on the study. I have done myself and I have not represented anywhere before for other use.

Tara Poudel  
M.ed. Second Years

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## **ABSTRACT**

Many health problems as well as socio-economical problems social, mental problems are faced during the old age. The several studies have been undertaken regarding the elderly people. It is necessary to study about their relationship with their family, their socio-economic status, and health status in order to enhance and promote their health status. As per with development, modernization the concept of nuclear family is rising so elderly people mostly are compelled to move to Briddhaashram. So the title was selected "Health Status of Elderly People." The main objective of the study was to find out the Health status of elderly people and their socio-economic condition.

All the 35 elderly people were taken as population for the study using census method. An Interview schedule was used for data collection. Out of 35 respondents only 3 respondents i.e. 8.57 percent were only not suffering for any kind of disease and the rest 91.43 percent respondents were suffering from different kind of disease.

74.28 percent of the respondents were depend on agriculture before coming to Briddashram and at the present time their only source of income was elderly allowance and pension. Majority of elderly people 68.57 percent illiterate and were on the Briddashram being left by their children. The elderly people were satisfied with the facilities like lodging, fooding, medicinal facilities provided by Briddashram.

From this study, the researcher recommended to the family and society to have positive attitude and respect for elderly people and to the GO<sub>s</sub> and NGO<sub>s</sub> to organize different programme for the support elderly people.

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## ACRONYMS

AIDS	: Acquire Immune Deficiency Syndrome
CBS	: Central Bureau of Statistics
GOs	: Government Organization
HIV	: Human Immune
ILO	: International Labor Organization
INGO	: International Non-Government Organization
ISSA	: International Social Security Organization
IYOP	: International Years of Older Person
LEDC	: Less Economically Development countries
MEDC	: Most Economically Developed Countries
MIPPA	: Medicare Improvement for Patients and provider Act.
NATO	: North Atlantic Treaty Organization
NGO	: Non Government Organization
T.U.	: Tribhuvan University
UN	: United Nation
UTI	: Urinary Tract Infection
WHO	: World Health Organization