

**Tribhuvan University**

**Problem of Social Adjustment in Jhumpa Lahiri's *Interpreter of Maladies***

**A Thesis Submitted to the Department of English, Faculty of Humanities and  
Social Science, Ratna Rajya Laxmi Campus, Tribhuvan University, in Partial  
Fulfillment of the Requirements for the Degree of Master of Arts in English**

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**Letter of Approval**

This thesis entitled "**Problem of Social Adjustment in Jhumpa Lahiri's *Interpreter of Maladies***" submitted to the Department of English, Faculty of Humanities and Social Science, Ratna Rajya Laxmi Campus by Mr. Ajit Bhandari has been approved by the undersigned members of the Research Committee.

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### Abstract

This research aims to trace the diaspora psychology and problem of social adjustment among migrated Indians to Europe and America in Jhumpa Lahiri's *Interpreter of Maladies*. As the diaspora writer migrated from her homeland to new land Lahiri writes about the similar migrated characters with their memory of past cultural heritages as well as about the experiences of cultural hybridity, diaspora psychology and the problems faced by migrated Indians in America. As the diaspora people, the identity of her characters gives them a sense of dislocation and adjustment problem in new social and cultural periphery. The text is a story collection from Bengal to Europe and America that includes nine different stories with the diasporic experiences of various characters. The stories tell the lives of Indians in exile that are navigated between the strict traditions they have inherited and the new western world they must encounter every day. They face the problems of social adjustment. With examining the psychology of characters the research aims suggests the psychological problem of social adjustment among migrated Indians to Europe and America as the adjustment problem is one of the most characteristics of migrated people to first world from the Indian cultural background.

## Content

	Pages
Letter of Approval	ii
Acknowledgements	iii
Abstract	iv
Contents	v
Chapter I: Introduction: <i>Interpreter of Maladies</i> and Narrative of Exile	1
1.1 General Synopsis of the Text	1
1.2 Various Literature Reviews	5
1.3 Lahiri as the Indian Diaspora Author	7
Chapter II: Diaspora Psychology and Post Colonial Writing	10
2.1 Diaspora and its Link to Colonialism	15
2.2 Problem of Socialization in Diaspora	21
Chapter III: Diaspora Psychology in <i>Interpreter of Maladies</i>	22
Chapter IV: Conclusion	41
4.1 Adjustment Problem a Constant Challenge for Most Migrants	41
Works Cited	