

Tribhuvan University

Therapeutic Impact of Narrating Trauma in *Mary, a Fiction* and *Maria Or the Wrongs of Woman*

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Subash Kafle

Roll NO. : 53, Batch- 2010

Central Department of English

Kirtipur, Kathmandu

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Tribhuvan University
Central Department of English
University Campus, Kirtipur, Kathmandu

Letter of Recommendation

Mr. Subash Kafle has completed his thesis entitled “**Therapeutic Impact of Narrating Trauma in *Mary, a Fiction and Maria Or the Wrongs of Woman***” under my supervision. He carried out his research from March 2013 A. D. to July 2015 A. D. I hereby recommend this thesis be submitted for viva voce.

.....

Professor Dr. Ram Chandra Poudel

Supervisor

Date:

Tribhuvan University
Faculty of Humanities and Social Sciences
Central Department of English
Approval Letter

This thesis entitled “Therapeutic Impact of Narrating Trauma in *Mary, a Fiction* and *Maria Or the Wrongs of Woman*” submitted to the Central Department of English, Tribhuvan University, by Mr. Subash Kafle, has been approved by undersigned members of the Research Committee.

Members of the Research Committee:

Internal Examiner

External Examiner

Head,

Central Department of English

Date: _____

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Abstract

This research makes a study of Therapeutic Impact of Narrating Trauma in *Mary, a Fiction* and *Maria Or the Wrongs of Woman*. Mary Wollstonecraft, a leading feminist writer, has used her fictional writings as means of therapy to manage her trauma. The writings, which have a goal to lessen the pain of trauma, do not only document the trauma of Mary Wollstonecraft but also document the trauma of women of her society. The documentation of personal trauma in parallel to collective trauma has helped Mary Wollstonecraft to figure out the evil face of her society towards females. The relocation of trauma in sociocultural contexts of her time justifies the traumatic experience of women of contemporary society in many cases is imposed one. Her desire to locate her trauma in particular and trauma of her sex in general in sociocultural contexts of her time helps her readers to understand the society and its components as the primary sources for any woman to be traumatized. The continuous imposition and regulation of male's ideology without considering the women in the society compels women to pass through various constructed events of trauma. Domestic violence, betrayal, miscalculation of emotion of women and mistrust in attachments are the result of indifference of the contemporary English Society towards women which construct a way for women to be traumatized. Mary Wollstonecraft, who becomes the victim of male's cruelty and whose voice is continuously silenced using the social laws and social institutions, takes the help of writing to narrate, preserve, and manage her experience of traumas. Making Mary and Maria her mouthpiece in *Mary, a Fiction* and *Maria Or the Wrongs of Woman* respectively, Mary Wollstonecraft transmutes her personal trauma in *Mary, a Fiction* and *Maria Or the Wrongs of Woman* by making an appeal to make a bond among the victims of trauma to lessen the pain of trauma and to reform the society where they are living in.

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