MEDICAL ETHNOBIOLOGY AND INDIGENOUS KNOWLEDGE SYSTEM FOUND IN RAJI GROUP OF NEPAL

(A case study of Uttarganga Village Development Committee, Surkhet, Nepal)



Mamta Paudel

T.U. Registration No: 5-2-19-634-2008

T.U. Examination Roll No: 21659

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Central Department of Zoology
Institute of Science and Technology
Tribhuvan University
Kirtipur, Kathmandu, Nepal
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RECOMMENDATIONS

This is to recommend that the thesis entitled, Medical Ethnobiology and Indigenous Knowledge System Found in Raji Group in Surkhet District: A Case Study of Uttarganga Village Development Committee" has been carried out by Ms. Mamta Paudel for the partial fulfilment of the Degree of Master of Science in Zoology with special paper Ecology and Environment. This is her original work and has been carried out under my supervision. To the best of my knowledge, this thesis work has not been submitted for any other degree in any institutions.

I recommend that the thesis be accepted for partial fulfillment of the requirements for the Degree of Master of Science in Zoology with special paper in Ecology and Environment.

Date	
	Nanda Bahadur Singh, Ph. D
	Professor and Supervisor
	Central Department of Zoology
	Tribhuvan University,

Kirtipur, Kathmandu, Nepal

LETTER OF APPROVAL

On recommendation of supervisor Prof. Dr. Nanda Bahadur Singh, this thesis submitted by Ms. Mamta Paudel entitled, Medical EthnoBiology And Indigenous Knowledge System Found In Raji Group In Surkhet District: A Case Study Of Uttarganga Village Development Committee" is approved for examination and submitted to the Tribhuvan University in partial fulfilment of the requirements for the Degree of Master of Science in Zoology with special paper Ecology and Environment.

Date	
	Ranjana Gupta, Ph. D
	Professor and Head
	Central Department of Zoology
	Tribhuvan University,
	Kirtipur Kathmandu, Nepal

CERTIFICATE OF ACCEPTANCE

This thesis work submitted by Ms. Mamta Paudel entitled "Medical Ethnobiology And Indigenous Knowledge System Found In Raji Group In Surkhet District: A Case Study Of Uttarganga Village Development Committee" has been accepted as a partial fulfilment for the requirements of the Degree of Master of Science in Zoology with special paper Ecology and Environment.

EVALUATION COMMITTEE

Nanda Bahadur Singh, Ph.D		Ranjana Gupta, Ph. D
Professor and supervisor		Professor and Head
Central Department of Zoolog	У	Central Department of Zoology
TU, Kirtipur, Kathmandu		T.U, Kirtipur, Kathmandu
External Examiner		Internal Examiner
	Date of Examination	

DECLARATION

	Mamta Paudel	
Date:		
have been specifically acknowledged by reference to the author(s) or institution(s).		
not been submitted elsewhere for the award of any degr	ree. All sources of information	
I hereby declare that the work presented in this thesis has	s been done by myself, and has	

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Mamta Paudel

ABSTRACT

This study has been carried out in Uttarganga VDC (currently Birendranagar- 19) of Surkhet District, Nepal with the objective to document the ethnography, explore the traditional knowledge of medicinal animals and plants used by Raji people for the treatment of different diseases and to explore the indigenous knowledge system found on them. Studies have been conducted in two different seasons in 20-26 June 2014 and 20-25 April 2015. For the data collection, group discussions, key informant questionnaire survey to Raji local healers and elder people have been carried out. The study revealed that Raji people use 36 animal species for the treatment of 30 types of ailments and 91 plants species are used to treat 60 types of diseases. Meat, skin, bone, blood, dung, carapace, urine, whole organism, tail, egg and fats of animal parts are used as traditional medicine. Similarly, plant parts such as root, fruit, leaf, whole plant, flower, latex, shoot stem hair, bark, rhizome, seed and young shoot are found to be used by the Raji people. They have deep respect on indigenous knowledge such as biodiversity conservation, agricultural practice, medicinal practices for livelihood, yeast making practices and art, craft and technology. However, indigenous knowledge and skills of medication have been less focused these days among the Raji people because of their inclination towards modern medicine and hospital facilities. It would be better to provide education, motivation to local healers and documentation on the use of such medicinal animals and plants to preserve such knowledge. Hence, to analyze and document the traditional medication system of the community is the ultimate objective of this thesis paper.

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LIST OF ABBREVATIONS

ANM-Auxillary nurse midwifery

BC- Before Christ

CBS- Central Bureau of Statistics

IUCN- International Union for Conservation of Nature

Km- Kilometer

Spp- Species

VDC- Village Development Committee