

**LIVELIHOOD PATTERN OF THE DALIT AND NON-DALIT  
COMMUNITY OF CHHOPRAK VDC, GORKHA**

**A Thesis**

**Submitted to the Central Department of Rural Development  
Faculty of Humanities & Social Sciences  
in Partial Fulfillment of the Requirements  
for the Degree of Master of Arts in  
Rural Development**

**Submitted by  
SRIJANA POKHREL**

**Exam Roll No. 281112  
T.U. Regd No. 9-1-43-341-2003**

**CENTRAL DEPARTMENT OF RURAL DEVELOPMENT  
Tribhuvan University  
Kathmandu, Nepal**

**February, 2016**

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## RECOMMENDATION LETTER

This thesis entitled “**Livelihood Pattern of the Dalit and Non-Dalit Community of Chhoprak VDC, Gorkha**” was prepared by Miss Srijana Pokhrel under my guidance and supervision for the partial requirement of Master's Degree in Rural Development. Therefore, this thesis is recommended to the Evaluation Committee for its final approval.

.....  
Mr Umesh Acharya  
Thesis Supervisor

Date: 2016-02-25 (2072-11-13)

## APPROVAL SHEET

This is to certify that the thesis entitled “**Livelihood Pattern of the Dalit and Non-Dalit Community of Chhoprak VDC, Gorkha**” was written and submitted by Srijana Pokharel has been examined. It has been declared successful for fulfillment of the academic requirements towards the completion of Master of Arts in Rural Development. Approved by

### Thesis Evaluation Committee

Signature

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Supervisor

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2. Prof. Dr. B.D. Kafle

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3. Prof. Dr. Prem Sharma

Head of Department

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Date: 2016-02-29 (2072-11-17)

## DECLARATION

I hereby declare that the thesis entitled “**Livelihood Pattern of the Dalit and Non-Dalit Community of Chhoprak VDC, Gorkha**” submitted to the Central Department of Rural Development, Tribhuvan University, is entirely my original work prepared under the guidance and supervision of my supervisor. I have made due acknowledgements to all ideas and information borrowed from different sources in the course of preparing this thesis. The results of thesis have not been presented or submitted anywhere else for the award of any degree or for any other purposes. I assure that no part of the content of this thesis has been published in any form before.

.....

Srijana Pokharel

Date: 2016-02-18 (2072-11-06)

# **DEDICATION**

Dedicated  
To  
My Late Mother  
Lekha Kumari Pokhrel

## ACKNOWLEDGEMENTS

The thesis entitled “**Livelihood Pattern of the Dalit and Non-Dalit Community of Chhoprak V.D.C, Gorkha**” has been prepared as a partial fulfillment for M.A. in Rural Development. First of all I extend my sincere gratitude to Associate Mr Mesh Acharya , the Supervisor of my thesis for his valuable guidance and supervision to complete the task. Similarly, my great debt to my supervisor Associate Prof. Dr. Prem Sharma, lecture of Central Development of Rural Development, T .U. Kirtipur, Kathmandu, Nepal who has encouraged and guided me all time while preparing and writing this thesis.

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**Srijana Pokhrel**

## **ABSTRACT**

*This study entitled 'Livelihood Pattern of the Dalit and Non-Dalit Community of Chhoprak VDC, Gorkha' aimed to analyze the livelihood pattern of the Brahmins and Sarkis by comparing their livelihood strategies. The survey research was applied. The study population was the total population of Chhoprak VDC of Gorkha district in particular and the all Dalits and Non-Dalits all over the country. The stratified and simple random sampling methods were applied to select 50 households from the universe including 25 households of the Brahmins and so on.*

*The data have been collected from the selected households through questionnaire. Questionnaire consisted of 2 sets of both objective and subjective questions. The data have been presented through tables, graphs and percentage. The main findings of the study was that the Brahmins had higher social, cultural and economic status in comparison to Sarkis because of various reasons such as lack of education, traditional system of farming, burden of loan, lack of health awareness and facilities, lack of women participation and social backwardness.*

*I have recommended that the government of Nepal should develop policy to run awareness programs to eradicate untouchability, uplift the social, cultural and economic status of Sarkis. Similarly, NGOs and INGOs should create and run social awareness projects and provide opportunities of income generating activities to the Sarki community. Likewise, the Government of Nepal should provide debt to the youths of Sarkis for foreign employment without any interest.*

**Srijana Pokharel**



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## ACRONYMS/ABBREVIATIONS

%	Percentage
/	Slash
B.S.	Bikram Sambat
CBS	Central Bureau of Statistics
DDC	District Development Committee
DFID	Department for International Development
DWO	Dalit Welfare Organization
FEDO	Feminist Dalit Organization
FGD	Focus Group Discussion
HDI	Human Development Index
INGO	International Non-Government Organization
NGO	Non-Government Organization
NHDR	Nepal Human Development Report
NLSS	Nepal Living Standard Survey
NO.	Number
PRA	Participatory Rural Appraisal
SL	Sustainable Livelihood
SLA	Sustainable Livelihood Approach
UNDP	United Nations' Development Programme
VDC	Village Development Committee