

**CHANGING SOCIO ECONOMIC STATUS OF  
PEOPLE THROUGH REMITTANCE :  
A Case Study of Kalyanpur VDC Saptari District**

**A Thesis Submitted to  
Central Department of Rural Development  
Tribhuvan University,  
In Partial Fulfillment of the requirements for the  
Degree of the Master of Arts (M.A.)  
in  
Rural Development**

**By  
SOVITA KUMARI CHAUDHARY  
Central Department of Rural Development  
Tribhuvan University, Kathmandu  
TU Registration No: 9-2-225-417-2006  
Exam rolls No: 280306  
December, 2016**

## RECOMMENDATION LETTER

The thesis entitled **Changing Socio Economic Status Of People Through Remittance: A Case Study of Kalyanpur VDC Saptari District, Nepal** has been prepared by **Sovita Kumari Chaudhary** under my guidance and supervision. I hereby forward this thesis to the evaluation committee for final evaluation and approval.

.....

Bishnu Bahadur Khatri

Thesis Supervisor

Date: December 20, 2016

2073/09/05



TRIBHUVAN UNIVERSITY  
त्रिभुवन विश्वविद्यालय  
CENTRAL DEPARTMENT OF RURAL DEVELOPMENT  
ग्रामीण विकास केन्द्रीय विभाग

विभागीय प्रमुखको कार्यालय  
कीर्तिपुर, काठमाडौं, नेपाल ।  
Office of the Head of Department  
Kirtipur, Kathmandu, Nepal.

Ref No. :.....

Date मिति.....

## APPROVAL LETTER

The thesis entitled entitled **Changing Socio Economic Status Of People Through Remittance : A Case Study of Kalyanpur VDC Saptari District.** submitted by **Sovita Kumari Chaudhary** in partial fulfilment of the requirements for the Master Degree (M.A.) in Rural Development has been approved by the evaluation committee.

**Evaluation Committee:**

.....

Prof. Dr. Prem Sharma

Head of the Department

Central Department of Rural Development

.....

Ramesh Neupane

External Examiner

.....

Bishnu Bahadur Khatri

Supervisor

Date: December 23, 2016

2073/09/08

## DECLARATION

I hereby declare that the thesis entitled **Changing Socio Economic Status Of People Through Remittance: A Case Study of Kalyanpur VDC Saptari District**. Nepal submitted to the Central Department of Rural Development, Tribhuvan University, is entirely my original work prepared under the guidance and supervision of my supervisor Bishnu Bahadur Khatri.. I have made due acknowledgements to all ideas and information borrowed from different sources in the course of preparing this thesis. The results of this thesis have not been presented or submitted anywhere else for the award of any degree or for any other purposes. I assure that no part of the content of this thesis has been published in any form before.

.....

Sovita Kumari Chaudhary

Central Department of Rural Development

Tribhuvan University, Kathmandu

Date: December 19. 2016

2073/09/04

## **ACKNOWLEDGEMENTS**

I am very much indebted to Department Head Prof. Dr. Prem Sharma, Central Department of Rural Development, University Campus Kirtipur, for providing me a golden opportunity to carry out this study. I would like to express my sincere gratitude to my respected supervisor Bishnu Bahadur Khatri for his support, valuable suggestions, encouragement and kind supervision in all stages of my study from the fieldwork to final completion of the thesis.

Likewise, I would like to express my sincere gratefulness to all the lectures at the Central Department of Rural Development to their effective and valuable suggestions and inspiration. Similarly, I would like to offer my gratitude to the authors of various books, publications and reports; those were used for the purpose of this study.

I am equally thankful to the entire respondent and who provided necessary information and possible help to accomplish this research work. They not only shared their valuable time with me but also maintained their patience during the interview and provided their family and personal information.

I would like to thank my Father, Mother and brother who provided me the golden opportunities to shed the light of education for my prosperous life.

Sovita Kumari Chaudhary

## ABSTRACT

A thesis conducted in **Changing Socio Economic Status of People Through Remittance: A Case Study of Kalyanpur VDC Saptari District**. The general objectives of the study are to find out the various socio-economic impacts of the remittance on rural livelihood on society. The specific objectives are to examine the socio-economic status of foreign Employee and to analyze the role of remittance in changing socio-economic status and to explore the challenges of remittance for its productive use. This Study has limited in 38 households. This study has been carried out on the basis of exploratory research design. This study has been based on the qualitative and quantitative both methods. This study has been based on the primary as well as secondary data, The structures questionnaire or unstructured interviews and observations methods has been applied to generate the primary data.

Before going foreign employment 8 household were used non flush toilet, 18 household are flush toilet and 12 household did not have any toilet. But, after going foreign employment and receiving remittance it increase from 8 to 38 household who are using non flush toilet At present time, there are no household have no toilet until now. 32 households were used well as sources of drinking water before they go to foreign employment but after receiving remittance it reduce at 32 households.

In conclusions, remittance has emerged as one of the major sources of foreign exchange. In recent years it is being an important avenue of support for family members remaining at home. Form above findings, it is difficult to conclude that remittance has played significant role to enhance the productive cycles of rural economy. For instance, present study found that there is no significant difference between remittance receiving households and non- remittance receiving household through comparative judgment.

# LIST OF CONTENTS

	PAGE NO.
DECLARATION	I
LETTER OF RECOMMENDATION	II
APPROVAL LETTER	III
ACKNOWLEDGEMENTS	IV
ABSTRACT	V
TABLE OF CONTENTS	VII
ABBREVIATIONS	XI
<b>CHAPTER – 1 : INTRODUCTION</b>	<b>1-6</b>
1.1 Background of the Study	1
1.2 Statement of the Problem	3
1.3 Objectives of the Study	5
1.4 Significance of the Study	5
1.5 Limitation of the Study	5
1.6 Organization of the Study	5
<b>CHAPTER –2: LITERATURE REVIEW</b>	<b>7-20</b>
2.1 Theoretical Review	7
2.2 Empirical Review	14
<b>CHAPTER – 3 : RESEARCH METHODOLOGY</b>	<b>21-22</b>
3.1 Research Design	21
3.2 Rationale of Site Selection	21
3.3 Nature and Sources of Data	21
3.4 Universe, Sample Sampling Procedure	21
3.5 Data Collection Methods and Tools	22
3.6 Data Presentation and Analysis	22

**CHAPTER –IV DATA ANALYSIS AND INTERPRETATION 23-40**

4.1	Socio Economic Status of Respondents	23
4.1.1	Household Population	23
4.1.2	Age Structure	24
4.1.3	Sex Structure	25
4.1.4	Occupational Status	25
4.1.5	Marital Status	26
5.1.6	Educational Status	27
4.1.7	Destination Country	28
4.1.8	Number of Family Members Going Abroad	28
4.1.9	Skill Of Foreign Employee	29
4.1.10	Causes of Foreign Employment	29
4.1.11	Remittance Used Sector	30
4.3	Role of Remittance in Changing Socio Economic Status	31
4.3.1	Housing Condition	32
4.3.2	Change in Facility	32
4.3.3	Change in Education	33
4.3.4	Change in Health	34
4.3.5	Change in Economic Status	35
4.3.6	Change in Household income	35
4.3.7	Change household Expenditure	36
4.3.8	Change in Fuel Users	47



4.3.9 Toilet users before and after receiving Remittance 38

4.3.10 Drinking Water before and after receiving Remittance 39

**CHAPTER-V : SUMMARY, CONCLUSION AND**

**RECOMMENDATION 41-45**

5.1 Summary 41

5.2 Conclusion 44

5.3 Recommendation 44

**REFERENCES**

**ANNEXES**

## **ABBREVIATIONS**

HDI	Human Development Index
HDR	Human Development Programme
INGO	International Non Government Organization
IRDP	Integrated Rural Development Programme
NGO	Non Government Organization
NPC	National Planning Commission
NRB	Nepal Rastra Bank
RRDB	Regional Rural Development Programme
SBP	Self-help Banking Programme
SFDP	Small Farmer Development Programme
UN	United Nation
UNDP	United National Development Programme
VDC	Village Development Committee