

**MATERNAL HEALTH CARE PRACTICES AND EDUCATIONAL  
STATUS OF MUSLIM WOMEN**

**By**

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त्रिभुवन विश्वविद्यालय द्वारा सक्बन्धन प्राप्त



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### Recommendation

This is certify that Nilu Adhikari has prepared this thesis entitled" **Maternal Health Care Practices and Educational Status of Muslim Women. A Case Study of Muslim Community at Biratnagar Sub-municipality, Morang District**" under my guidance and supervision. I recommend the thesis for acceptance.

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## APPROVAL SHEET

This Thesis entitled "*Maternal Health Care Practices and Educational Status of Muslim Women*" (A Case Study of Muslim Community at Biratnagar Sub-municipality, Morang District) by Nilu Adhikari has been accepted as partial fulfillment of the requirements for the Master's Degree in Population Studies.

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Nilu Adhikari

## Abstract

The study entitled: Maternal health care practices and educational status of Muslim Women” was conducted in Biratnagar sub-metro politician city in Biratnagar -7 maternal health care is defined as the care that women received during pregnancy delivery and after delivery maternal health care is the major component of reproductive health .The provision of care for women during pregnancy and child birth is essential to ensure healthy and successful born infant. The main objective of the study is to find out the impact of awareness practices and complication in pregnant period. The study is done on the basis of primary sources of data .The data are collected from the study area especially of Muslim community at Biratnagar -7(Ghaspatti Chowk ).

The purposive sampling techniques was employed in order to select the respondents. Therefore for all the respondent in this study were the women in age group 15 to 49 years age. Who were pregnant or having a child. The study has revealed that 24.8 percent respondents were illiterate. 27 percent are passed primary level. 18.8 percent respondents had passed lower secondary, 9.4 percent respondents had passed secondary level and 2.3 are S.L.C above. The study showed that respondents utilizing ANC of literacy education is 75.2 percent and 24.8 percent were illiterate. According to survey respondents visited for ANC services Hospital is 7.8 percent. Health post 86.5 percent ,Private clinic 5.6 percent No antennal care is 21.2 percent .There are ANC services provides during pregnancy by Dr.4.4 percent nurse/midwife 28.3 percent ,H.A AHW.MCHW 34.5 percent TBAS 7.9 percent no services 24.7 According to survey the coverage of Iron tablets 75.2 percent ,food intake during pregnancy is usual food 57.5 percent extra notorious food 42.5 percent 91 percent respondents of not take alcohol /smoking during pregnancy, 19.5 percent respondents have habit to take alcohol /smoking. 25.6 percent women are facing complication during pregnancy .93 percent respondents give birth in home utilization of safe delivery kit by respondents 43.4 percent .Respondents who received postnatal care is 15.9 percent .19 percent respondents did not take T.T vaccine.

All the respondents suffered from different complication in pregnant period. Respondents had not proper knowledge about it .Respondents did not manage tools or facilities to reach HP/Hospital for delivery complication. The result of the study shows that awareness and practice on Maternal Health is in poor condition .Maternal health education is compulsory for women in fertile age. The government should launch the awareness programme about Maternal Health.

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## ABBREVIATION

AHW	:	Auxiliary Health Worker
AIDS	:	Acquired Immune Deficiency Syndrome
ANC	:	Antenatal Care
CBS	:	Central Bureau of Statistics
CDPS	:	Central Department of Population Study
FCHV	:	Female Child Health Volunteer
HIV	:	Human Immune Virus
ICPD	:	International Conference on Population and Development
INGO	:	International Non Government Organization
MCHW	:	Maternal Child Health Worker
MGD	:	Millennium Development Goal
MMR	:	Maternal Mortality Rate
MOH	:	Ministry of Health
MOPE	:	Ministry of Population and Environment
NDHS	:	Nepal Demographic Health Survey
NFHS	:	National Family Health Survey
NGO	:	Non Government Organization
NGOs	:	Non Government Organizations
PNC	:	Postnatal Care
SAARC	:	South Asian Association for Regional Cooperation
SBA	:	Skilled Birth Attendants
SSMP	:	The Support for Motherhood Programme
STI	:	Sexually Transmitted Infection
TBA	:	Traditional Birth Attendants
UN	:	United Nation
VDC	:	Village Development Committee
VHW	:	Village Health Worker
WHO	:	World Health Organization