

**SOCIO-ECONOMIC BACKGROUND AND  
LIVELIHOOD STRATEGY OF THARU COMMUNITY  
(A Case Study of Itahari Sub Metropolitan City, Sunsari District)**

**A Thesis is Submitted to the  
Central Department of Sociology, Tribhuvan University,  
in Partial Fulfillment of the Requirement for the Degree of the  
Master of the Arts (M.A) in Sociology**

**By  
Shanti Gautam  
Roll No.: 356 (2068 MA II year)  
T.U. Regd. No.:6-2-218-19-2006**

**Central Department of Sociology  
Tribhuvan University  
Kirtipur, Kathmandu  
April 2017**

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## RECOMMENDATION LETTER

This is to certify that Mrs. Shanti Gautam, a student of Sociology Department, has completed her thesis work entitled **Socio–Economic Background and Livelihood Strategy of Tharu Community: A Case Study of Itahari Sub Metropolitan City, Sunsari District** in partial fulfillment of the requirements for the Master's degree in Sociology under my guidance and supervision and I recommend it for final evaluation and approval.

Furthermore, I wish her bright future in the days to come.

Date: 09/04/2017

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Dr. MeenaUprety  
Supervisor  
Sociology Department

## APPROVAL LETTER

This Thesis entitled '**Socio–Economic Background and Livelihood Strategy of Tharu Community: A Case Study of Itahari Sub Metropolitan City, Sunsari District**', submitted by **Mrs. Shanti Gautam** has been accepted in partial fulfillment of the requirements for the degree of Master of Arts in Sociology.

Evaluation Committee

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Prof. Dr. Tulsi Ram Pandey  
(Head of the Department)

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Dr. Tika Ram Gautam  
(External Examiner)

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Dr. MeenaUprety  
(Supervisor)

## DECLARATION

I hereby declare that to the best of my knowledge this thesis is my original and no part of it was earlier submitted for the candidature of research degree to any university, college or educational institution. The subject matter presented in this thesis report is the result of own work. Whatever subject matter I have presented in this thesis report belongs to my own except some cited texts.

Date: 09.04.2017

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Shanti Gautam

## ACKNOWLEDGEMENTS

This Thesis ‘Socio–Economic Background and Livelihood Strategy of Tharu Community: A Case Study of Itahari Sub Metropolitan City, Sunsari District’ has been prepared in the form of partial fulfillment of the requirement for the degree of Master to be submitted to the central Department of Sociology, Tribhuvan University, Kirtipur.

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April, 2017

**Shanti Gautam**

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## **LIST OF ABBREVIATIONS**

B.S.	-	BikramSambat
CBO	-	Community Based Organization
CCD	-	Center for Cooperation and Development
CBS	-	Central Bureau of Statistics
DFID	-	Department for International Development
GoN	-	Government of Nepal
HDR	-	Human Development Report
ILO	-	International Labor Organization
I/NGOs	-	International Non-governmental Organization
IEC	-	Information and Education Center
K.M	-	Kilo Miter
MDG	-	Millennium Development Goal
MMR	-	Maternal Mortality Ratio
NDHS	-	Nepal Demographic and Health Survey
NGO	-	Non-Government Organization
NPC	-	National Planning Commission
PHC	-	Primary HealthCare Center
QOLN	-	Quality of Life Nepal
TFR	-	Total Fertility Rate
UN	-	United Nations
UNAIDS	-	United Nations Program on HIV/AIDS
VDC	-	Village Development Committee
WHO	-	World Health Organization