TEACHERS' PERCEPTIONS ON THE REFLECTIVE PRACTICES IN ELT CLASSROOM

A Thesis Submitted to the Department of English Education In Partial Fulfilment for the Master of Education in English

Submitted by

Sundar Lal Chaudhary

Faculty of Education Tribhuvan University Kirtipur, Kathmandu

Nepal

2016

TEACHERS' PERCEPTIONS ON THE REFLECTIVE PRACTICES IN ELT CLASSROOM

A Thesis Submitted to the Department of English Education In Partial Fulfilment for the Master of Education in English

Submitted by

Sundar Lal Chaudhary

Faculty of Education
Tribhuvan University
Kirtipur, Kathmandu
Nepal
2016

T.U. Regd. No.: 9-3-28-203-2011 Date of Approval of the

2nd Year Exam Roll No. 280919/069 Thesis Proposal: 2072-04-29

Date of Submission: 11-08-2016

RECOMMENDATION FOR ACCEPTANCE

This is to certify that **Mr. Sundar Lal Chaudhary** has prepared this thesis entitled "**Teachers' Perceptions on the Reflective Practices in ELT** Classroom" under my guidance and supervision.

I recommend this thesis for acceptance.

Date: 11-08-2016

Dr. Purna Bahadur Kadel (Supervisor)

Lecturer

Department of English Education

T. U., Kirtipur, Kathmandu

RECOMMENDATION FOR EVALUATION

This thesis has been recommended for evaluation from the following **Research Guidance Committee:**

	Signature
Dr. Anjana Bhattarai	
Professor and Head	Chairperson
Department of English Education	
T.U., Kirtipur, Kathmandu	
Dr. Purna Bahadur Kadel (Supervisor)	
Lecturer	Member
Department of English Education	
T. U., Kirtipur, Kathmandu	
Mr. Khem Raj Joshi	
Teaching Assistant	Member
Department of English Education	
T. U., Kirtipur, Kathmandu	
Date:	

EVALUATION AND APPROVAL

This thesis has been evaluated and approved by the following **Thesis**

Evaluation and Approval Committee:

	Signature
Dr. Anjana Bhattarai	
Professor and Head	Chairperson
Department of English Education	
T.U., Kirtipur, Kathmandu	
Dr. Anju Giri	
Professor	Member
Department of English Education	
T.U. Kirtipur, Kathmandu	
Dr. Purna Bahadur Kadel (Supervisor)	
Lecturer	Member
Department of English Education	
T. U., Kirtipur, Kathmandu	
Date: 21-08-2016	

DEDICATION

Dedicated

to

my parents

DECLARATION

	Sundar Lal Chaudhary
Date: 10-08-2016	
university.	
of it was earlier submitted for the candidature of r	research degree to any
I hereby declare that to the best of my knowledge,	, this thesis is original; no part

ACKNOWLEDGEMENTS

This study has been possible due to the co-operation, support and kindness of my research supervisor **Dr. Purna Bahadur Kadel**, Lecturer, Department of English Education, whom I sincerely respect and show my gratefulness. His kind help and scholarly guidance greatly helped me to complete this thesis on time without whose supervision, this work would never have appeared in this form.

Meanwhile, I would like to extend my sincere gratitude to guruma **Dr. Anjana Bhattarai**, Professor and Head, Department of English Education for her valuable inspiration and kind suggestions.

Similarly, I would also like to express my sincere gratitude to **Prof. Dr. Anju Giri** for her invaluable comments and suggestions. Moreover, I would like to extend my gratitude to **Prof. Dr. Laxmi Bahadur Maharjan** for his suggestions.

I am indebted to **Prof Dr. Govinda Raj Bhattarai**, **Prof Dr. Tirtha Raj Khaniya** and **Prof. Dr. Tara Datta Bhatta**, and the other Professors, Readers and Lecturers of the Department of English Education, Tribhuvan University, Kirtipur, for their invaluable and inspirational guidance and suggestions.

I would like to thank **Mrs. Madhavi Khanal** and **Mrs. Nabina Shrestha** for their kind help in library study.

Likewise, I am grateful to all the Head teachers, English teachers and students of different secondary level schools of Saptary district for their valuable responses and supports.

Finally, I am grateful to my family and friends who directly and indirectly supported and encouraged me throughout the entire work.

Sundar Lal Chaudhary

ABSTRACT

This research work entitled **Teachers' Perceptions on the Reflective** Practices in ELT Classroom is an attempt to find out the secondary level English teachers' perceptions on the reflective practices in ELT classroom in terms of subject, teachers' behaviour and modes of reflective practices. I purposively selected 30 secondary level English teachers from 30 secondary schools of Saptary district as sample for this study. One secondary level English teacher was selected from each sample school. Non-random judgemental sampling procedure was used to select the sample. Questionnaire was used to collect the data for this study. The findings of the study showed that secondary level English teachers had positive perceptions on reflective practices of teaching as 73.33 % teachers got self-satisfaction and developed self-esteem after reflective practices of teaching. Similarly, it was found that 70 % teachers reflected on their teaching for deeper understanding of their own teaching profession, to improve their teaching activities and strategies, to be critical thinkers and confident on their subject matter and as it makes teaching interesting and lively.

This thesis is organized into five chapters. The first chapter deals with the background of the topic, statement of the problem, objectives of the study, research questions, significance of the study, delimitations of the study and operational definition of the key terms. The second chapter includes review of related theoretical literature, review of related empirical literature, implications of the review for the study and conceptual framework. Similarly, the third chapter includes design and method of the study, population, sample and sampling strategy, study areas/field, data collection tools and techniques, data collection procedure and data analysis and interpretation procedure. Likewise, the fourth chapter presents the analysis and interpretation of results and the fifth chapter included conclusions and recommendations at three different areas (policy related, practice related and further research related) followed by references and appendices.

TABLE OF CONTENTS

		P	age No.
Dec	laration		i
Reco	ommende	ation for Acceptance	ii
Reco	ommende	ation for Evaluation	iii
Eval	luation a	and Approval	iv
Ded	ication		v
Ackı	nowledge	ements	vi
Abst	tract		vii
Tabi	le of Con	ntents	viii
List	of Table	S	xi
List	of Figur	es	xii
List	of Symb	ols and Abbreviations	xiii
CH	APTER	ONE: INTRODUCTION	1-6
1.1	Backg	ground of the Study	1
1.2	Stater	ment of the Problem	4
1.3	Objec	etives of the Study	5
1.4	Resea	arch Questions	5
1.5	Signit	ficance of the Study	5
1.6	Delim	itations of the Study	6
1.7	Opera	tional Definition of the Key Terms	6
CH	APTER	TWO: REVIEW OF RELATED LITERATURE AND	
		CONCEPTUAL FRAMEWORK	7-21
2.1	Revie	w of Related Theoretical Literature	7
	2.1.1	An Introduction to Perception	7
	2.1.2	An Introduction to Reflection	8
	2.1.3	Reflective Practice in Teacher Education	9
	2.1.4	Models of Teacher Education	11
	2.1.5	Modes of Reflective Practices for Teachers Professional	
		Development	13

	2.1.6	Importance of Reflective Practices	16
2.2	Revie	w of Related Empirical Literature	18
2.3	Implic	cations of the Review for the Study	19
2.4	Conce	eptual Framework	21
СНА	PTER	THREE: METHODS AND PROCEDURES OF	
		THE STUDY	22-24
3.1	Desig	n and Method of the Study	22
3.2	Popul	ation, Sample and Sampling Strategy	23
3.3	Study Areas/ Field		
3.4	Data (Collection Tools and Techniques	24
3.5	Data (Collection Procedure	24
3.6	Data A	Analysis and Interpretation Procedure	24
СНА	PTER	FOUR: ANALYSIS AND INTERPRETATION	
		OF RESULTS	25-44
4.1	Analy	rsis of Data and Interpretation of Results	25
	4.1.1	Teachers' Reflection on Teaching	25
	4.1.2	Reason behind Reflection on Teaching	26
	4.1.3	Roles of Reflective Practice Teaching	28
	4.1.4	Reflective Practice of Teaching Improves Teachers'	
		Presentation of Subject Matter	29
	4.1.5	Teachers' Perceptions on Reflecting Practice	30
	4.1.6	Benefits from Reflective Practice of Teaching	31
	4.1.7	Reflective Practice of Teaching Makes Teachers'	
		Curious, Critical and Truthful	32
	4.1.8	Reflective Practice Evokes Individual Talents of Teachers	33
	4.1.9	Reflective Practice Teaching Makes Teachers Competent a	nd
		Confident on the Delivery of Subject Matter	33
	4.1.10	Feelings of Teachers after Doing Reflective Practice Teach	ing 34
	4.1.11	Advantages of Reflective Practice Teaching in EFL	
		Classroom	35

	4.1.12	Modes of Reflective Practice Teaching	37
	4.1.13	Usefulness of Keeping a Diary	38
	4.1.14	Teachers' Perceptions towards Workshop as a Mode of	
		Reflective Practice Teaching	39
	4.1.15	Analysis of Critical Incidents as a Mode of Reflective	
		Practice Teaching	40
	4.1.16	Self-monitoring as a Mode of Reflective Practice Teaching	41
4.2	Summar	ry of Findings	42
СПЛ	DTFD E	TIVE: CONCLUSIONS AND RECOMMENDATIONS	15 17
CHA			43-47
5.1	Conclusions		
5.2	Recom	mendations	46
	5.2.1	Policy Related	46
	5.2.2	Practice Related	46
	5.2.3	Further Research Related	47

REFERENCES

APPENDICES

LIST OF TABLES

Table 1	:	Teachers' Reflection on Teaching	26
Table 2	:	Reason behind Reflection on Teaching	27
Table 3	:	Roles of Reflective Practice Teaching	28
Table 4	:	Reflective Practice of Teaching Improves Teachers'	
		Presentation of Subject Matter	29
Table 5	:	Teachers' Perceptions on Reflecting Practice	30
Table 6	:	Benefits from Reflective Practice of Teaching	31
Table 7	:	Reflective Practice of Teaching Makes Teachers' Curious,	
		Critical and Truthful	32
Table 8	:	Reflective Practice Evokes Individual Talents of Teachers	33
Table 9	:	Reflective Practice Teaching Makes Teachers Competent and	
		Confident on the Delivery of Subject Matter	34
Table 10	:	Feelings of Teachers after Doing Reflective Practice Teaching	35
Table 11	:	: Advantages of Reflective Practice Teaching in EFL Classroom 36	
Table 12	:	Modes of Reflective Practice Teaching	38
Table 13	:	Usefulness of Keeping a Diary	39
Table 14	:	Teachers' Perceptions towards Workshop as a Mode of	
		Reflective Practice Teaching	40
Table 15	:	Analysis of Critical Incidents as a Mode of Reflective Practice	;
		Teaching	41
Table 16	:	Self-monitoring as a Mode of Reflective Practice Teaching	42

LIST OF FIGURES

Fig. No. 1: The craft model	11
Fig. No. 2: The applied science model	12
Fig. No. 3: The reflective model	13

LIST OF SYMBOLS ABBREVIATIONS

% Percentage : Cambridge University Press **CUP** : Doctor Dr. e.g. For example Edition ed. : English Language Teaching ELT Et cetera etc : i.e. That is Master's Degree in Education M.Ed Number No. **OUP** Oxford University Press : Professor Prof. School Leaving Certificate SLC

T. U.

Tribhuvan University