## CHAPTER- ONE

## INTRODUCTION

### 1.1 Background of the Study

We have seen disparity in gender based roles and responsibility across the world. The global scenario shows that women are less empowered in education and developmental affairs due to the unequal social and cultural practices. The gender based disparity is more severe in south Asia. The Study of South Asian Development Indices (2017) shows that nearly $72 \%$ South Asian women feel themselves as being marginalized in the society due to unequal power relations, social differences and cultural gaps. Nepal is not an exception in this regards.

In Nepal the problem of disparity created by socio-economic condition is more severe than the disparity created by its geographical features and so on. Among its residents professing socio-economic condition, the demarcating lines are there between the so called higher social and economic classes, middle socio-economic classes and lower socio-economic classes. The so called higher and middle classes have been exploiting and oppressing the lower socio-economic classes from time immemorial by depriving them from the mainstream of national concerns. The large number of population occupies lower socio-economic classes which have been extremely lagging behind economically, socially, educationally and politically.

Gandaki Province of Nepal is one of the provinces among seven provinces of Nepal. It has also perpetuates the gender based differences and division of works in terms of gender. The condition of women in economically back warded family is vulnerable. They are heavy work loaded and are struggling for life in either of the way.

This study focuses upon the status of working class women teachers of Pokhara Metropolitan city, ward no. 8, Kaski. It is a place which occupies a significant number of working class populations. Though most of the working class people are involved in agricultural and other labor-based manual activities, some of them are also involved in teaching. I found a few women involved in teaching in that area and interested to study on them. There can be seen disparity and differences in gender
roles and socio-culturally sanctioned roles among the people of ward no. 8 of Pokhara Metropolitan city, Kaski. My initial observation helped me to focus on socioeconomic status and roles of working women teachers.

The patriarchal nature of Nepalese society is a strong factor perpetuating gender disparity in every aspect of our society resulting women to have less access to education, health, service, decision making power, productive employment opportunities (Acharya and Bennett, 1981). Historically, the conservative tradition, illiteracy, ignorance, poverty and superstition have had a significant contribution in the rise of gender dominance of male over women.

Norms and values practiced in any family are generally shaped by the culturally sanctioned ideologies and norms of that society. "In Nepalese society, the cultural bias of consisting son as a sort or security deposits for religion by making son required to perform last rites for parents when they are dead if they were to get salvation. This discrimination had been further nurtured by the institution of family which honored its male members with more prestige, power and privileges and confined female members with in the four walls of their household strictly to perform the traditional role of a daughter, a housewife and a mother creating almost no chance of their social mobility "(Shrestha, 1987).

Due to traditional roles, most Nepalese women are depriving many rights and privileges which their male counter parts enjoyed. The education for male was given prime importance where as education for female was considered less important. Deprived of education, they not only remained aware of their tradition constraints and helplessness their chances of job opportunities to gain their economic independence got ceased. They had little role to play in household decision making process and less access and control over domestic economic resource (Acharya and Bennett, 1981), This created a situation of marked distinction in the gender roles and status that is male as a main provider for the family had more influence in home and women as a dependent had secondary position in their as well.

Thus, after the restoration of democracy in 2046 B.S. the government formulated and implemented various plans and programs focused on increasing the women's access in education considering illiteracy as a major contribution of women's marginalization and low status in life. Education provides an opportunity for development of the
individual and makes it possible to acquire economic independence. The literacy rate of female $57.4 \%$ (CBS 2011), and with that, woman's awareness and decision making power has also increased. Educated women especially from urban area are now engaged in different employment sectors with an expectation to be economically and mentally independent. In the prevailing so called modern society, educated working women have, exceeded the traditional boundaries to some extent yet beating the dual work load of a working woman and a housewife. An economic inflation and a changing socio economic condition compelled women to seek employment. On one hand women want opportunities for self-expression and individual recognition and on the other, she has to get involved in employment sector in school for fulfillment of economic necessities with an urge to provide a better standard of fulfillment of economic necessities with an urge to provide a better standard of living for her family. The emergence of a new economic role of women as participations in the production of wealth and as earning member of the family has participations in the production of wealth and as earning member of the family has affected their status and survival in the family as well as in the society, but at the same time, their culturally prescribed traditional role of domestic maintenance work skill lies on them. (Bhasin, K 2002)

Working women are not likely to give the support and assistance at home that male traditionally have expected from their wives."The normative priorities of working women who have a family are ambiguous: If they live up to the normative requirement of caring for their families in situation of unexpected demands (Such as illness), they introduce a disruption in their place of work: if they do not live up to this normative requirement they introduce a disruption in the family."(Coser and Rokoff, 1982).

Our society does not object if a women happens to take a job, not they equally expect her to perform the traditional role. "Qualitative studies provide more data on men's attitudes towards women working outside the home and it seems that most men are reported as "not minding", as long as family life does not suffer. The implications of this are the women are expected to be able to cope with two jobs: paid employment and running a home. If this happens, men are generally happy with the situation" (Charles, 1993)

Consequently, in such circumstances, when education and economic self dependence, as pair of wings, provoke them to take off to touch the new height of self recognition.

The majority of all women of reproductive ages who claim to take double set of responsibilities feel themselves pulled by the chain of traditional division of family labor.

### 1.2 Statement of the Problem

In context of Nepali society, It is predominantly patriarchal hierarchy where eldest male exercise the power over the women and other family members (Acharya, 1979), Various studies over the years have revealed that women in majority of the family have less opportunity and control over family resources than men and have less decision making power in family affairs and perform excessive share of household tasks.
"The process of industrialization and urbanization has brought about sociopsychological change in the attitude and the values of the people of this country especially among the urban population. And this has brought about a change in the attitude of the educated women "(Kapur, 1970).In modern society-economic scenario, opportunities of education and employment being open more widely to women and with inkers sing economic pressure. Women, especially of urban areas have started to work outside seeking their individual identity and economic power in the society breaking off the boundary erected by the traditional system. Opportunities of social interactions gave them a new outlook towards the traditional hierarchal system.

At present, women are participating in different social and economic activities. The change from the status of a housewife and a mother to the newly acquired status of an educated employed women and an earning member of the family have generated a situation where their traditional roles have been modified without being totally altered (Devi, 1987). But however it does not imply their complete freedom from their traditional reproductive roles and responsibilities for example childcare, cooking and other household core as "Developing countries in the process of modernization want to maintain their way of life and also want to change while preserving the foundations of their traditional, cultural values,".

The women have the cultural mandate to give priority to her family that is. she is expected to be devoted to her family first \& her work second. Our society seems to have accepted the emergence of the new role of women as participations in the
productions of wealth and as earning member of the family. But however this social deviation does not imply to the family need. Traditional responsibilities are high on their head as there still exists traditional divisional of family labor where husband's family role is generally unresponsive to changes in the wife's role. Moreover, when it comes to division of authority between spouses it is influenced by tradition (Devi,1987).

It is assumed that rise in female education led to a decline in discrimination against them, and it substantially helped in raising female labor participation and their economy. Securing through employment is an essential prerequisite to raise selfesteem that in the status of women in the family of in the society. A measure of flexibility which is different from the traditional divisional of labor between sexes has emergence among the working educated employed women as a result of urban compulsion on man's time and increasing resourcefulness of the women. (Bennett, 1981)

With this background in the mind, an attempt was made in this study to examine domestic role performance of the education Respondents who is working in education sector of the urban area and their participation in domestic decision. Thus, the study had tried to answer the following questions:

- What are the various domestic roles practiced by the Respondents ?
- What is the involvement of the women school teacher in the household decision making areas?


### 1.3 Objectives of the Study

The main objectives of this research are to study the status maintained within the family by the Respondents of Pokhara Metropolitan city with reference to their domestic role practice and their involvement in domestic decisions. The specific objectives are mentioned below.

- To examine the domestic roles, practices of the respondents.
- To analyze the involvement pattern of women school teachers in household decision making.


### 1.4 Significance of the Study

Traditionally, women status in Nepal, compared to men, has always been low in both familial and societal level. Nepalese women's roles were confined to perform household chores and reproduction, and had little role to play in household decision making and reproduction and had little role to play in household decision making."(Acharya and Bennett ,1981)

Greater importance is attached with education, as education provides access to knowledge, increased possibilities of interaction with outside world, the domestic scene and improved opportunities for better paid employed, increase in educational status may be taken as an indicator of improving social status (Acharya, 1997).
(Benett 1972) mentioned that the modern society has created such a situation for the women that she has to play the dual role of working women and a housewife.

Thus, respondents of urban areas of Pokhara-8, who possess both education and employment not only fall into the economically active section of citizens of the nation but as an earning members of the family, they have significant contribution in the income of their family and the nation as well it was important to study the recent status maintained by the Respondents in the domestic front with reference decision making in the prevailing circumstances. Furthermore, it has been the area of interest to researchers to know role performance and decision making pattern followed by these women within the family.

### 1.5 Limitations of the Study

The study covers a limited area. It was conducted in Pokhara Metropolitan City ward no. 8. The ideas aid views expressed by the women of this area might be different than those of other place of the country. Therefore, the study had following limitations:

- This study was conducted in the Pokhara Metropolitan City Ward no. 8 only.
- This study was only related to the working educated employed women as school teacher.


### 1.6 Organization of the Study

This thesis has been divided into seven different chapters. In the first chapter, I have given the introduction of the study including context, problem, objectives, significance and limitation of the study. It has also includes the organization of the study. Chapter II is about literature review and conceptual framework of the study. It has presented theoretical, conceptual and empirical literature. Likewise, chapter III explains the research methodology adopted for the study. It has been included the design, sample, sampling strategy and the process of data collection, and the data analysis and interpretation.

Similarly, in chapter IV I have discussed about the brief introduction of the study area incorporating the field details of demographic information. In the same way, chapter V explains the domestic role and practices of the respondents s and chapter VI has presented the motivational factors behind the involvement of women in household decision making. The final chapter of the research, i.e. chapter VII presents the summary, findings and conclusion along with some points of recommendation.

## CHAPTER-TWO

## REVIEW OF LITERATURE

### 2.1 Conceptual Overview on House Decision Making

It is considered that both male and female are equal by legal and human right perspectives but they are separated by different social values, norms and attitudes. The term relation refers to the relation of power between women and men which are revealed in a range of practices, ideas, representations including the provision of labor, roles and resources between men and women. Gender role means the set of cultural expectations that define the way in which the members of each sex should have (Lawman, 2004).

Gender relation is the term used to describe the relations between men and women that, although based on biological differences, are socially and culturally created. For example, although the biological fact of having a child does not in itself, makes it impossible for a women to have a job, she may be prevented by number of factors determined by gender, gender for them is cultural norms restricting at home, stereotypes about 'suitable' job for women or the lack of child care and family services. Despite of the different degree and from gender inequality, the system is universal. Women have a number of the multiple activities they are expected to carry out while their official sphere is the home and family. The extent of female disadvantage, and the forms it takes, may vary but what remains constant is that women have seldom been more advantage then men in many societies. An important aspect of gender based analysis is that it moves away from women's issues to considering structure that affect and affected by both men and women (Builock, 1994).

### 2.2 Theoretical Overview

For any kind of research study, a detail study of literature and secondary sources are the main pre-requisite. Following the same tradition, literature has been thoroughly reviewed which is presented as follows:

### 2.2.1 Patriarchy

Patriarchy is a system of male dominating practices in the status, rights, and power. It is a political system, which gives supremacy to the male and weakens the female in different roles, responsibilities, power and authorities. Gender is important to study in relation to patriarchy. So, here I have discussed on gender and gender-based roles in relation to the patriarchy. Gender focuses on equal participation and equal benefits to men and women in development activities. Gender perspective advocates of equity between men and women. The scholars and theories have described the concept of gender in various ways.

Every human society is characterized by gender based social relationship. The rearing of children by parents is also gender based. Children are taught to be male and female in the different psychological pattern. It reflects the pressing discrimination by the difference in division of labor i.e. household work and outside work. Such type of division of labor created difference in status. Their rules are determined in the childhood consequently their growth leads considered by society in family, marriage, community and society. Thus we find difference in male and females in every aspect. The gender identities are the conceptions we have of ourselves as being male and female and the knowledge that one is a male or female and the internalization of this fact into one's self-concept (Lawman, 2004).

Dictionary of Anthropology (1999)" Gender has been used to refer to the social, cultural and psychological patterning of differences between male and female which is cultural classification allows for the separation the biological and cultural aspects of differences between males and females. "

Gender is not synonymous with women, nor is it a zero-sum game implying loss for men; of refers to both women and, and to their status, relative to each other. Gender equality refers to that stage of human social development at which the right, responsibilities and opportunities of in other words, a stage when both men and women realize their full potential (WEF).

Gender refer to the socio-cultural definition of men and women the way societies distinguish men and women and assign them social roles (Bhasin, 2000)

### 2.2.2 Participation on Decision Making

There is an unequal participation of women in decision making process in Nepalese culture (Shrestha, 1999). Very few women have got the power of making decision in their households. However, feminism has strongly raised the notion of participation in decision making as one of the ways of empowering women. Feminism is a perspective that encourages the willing to understand and explain social realities from the advantage point of women. Hitherto, the social realities have largely been understood from the perspective of a few economically, politically and culturally powerful people of their times, mostly men. It was only after the feminist movement that gained strength in the 1950s and received momentum in 1960 so that voice of women becomes louder and began to receive attention worldwide. The feminist theory, which developed in the 1970s, is the academic component of the feminist movement (Mishra, 2005).

Feminism is not one unitary concept; it is instead, a diverse and multi-faceted grouping of ideas and, indeed, actions (Freeman, 2002), It constitutes and awareness of the discrimination, exploitation and oppression of women by the society. It also constitutes collective action by women and some like-minded men to transform the context of discrimination, exploitation and oppression. A realization of patriarchal control is seen in everyday socio-cultural practices. Moreover, feminism is an awareness of patriarchal control, exploitation and oppression at both the material and ideological levels of women's labor, fertility and sexuality within the structure of family, the place of work and in society (Mishra, 2005). There have been a similar omissions, distortion and devaluation of women's realities in the academia, This has led feminist in the academia to document, describe and explain women's reality and to utilize and to such analyses to promote gender equity in society (Mishra, 2005). This resulted in crystallization of diverse perspectives as the liberal, Marxist, socialist and radical theories of feminism. Participation is a inclusive terms that refers to the equal participation of women in major activities of house and outside affairs.

### 2.2.3 Review of Rational

The above review has specific rational in following aspects:

## a. Gender and Gender Relation

Every human society it characterized by gender based social relationship. The rearing of children by the parents is also gender based. Children are taught to be male and female. Their roles are determined in the childhood consequently their grown leads them in the different psychological pattern. It reflects the oppressing, discrimination by the difference is division of labor that is household work and outside work. Such type of division of labor creates difference in status (as considered by society) in family, marriage, community and society. Thus, we find difference in male and female in every aspect. The gender identities are the conceptions we have of ourselves as beings male and female and knowledge that one is a male or a female and the internalization of this fact in tone's self-concept (Lawman, 2004).

The term gender relation refers to the relations of power between women and men which are revealed in a range of practices, ideas representations including the provision of labor, roles and resources between men and women. Gender roles means the sets of cultural expectations that defines the ways in which the members of each sex should behave. (Lawman, 2004). Gender analysis begins from a consideration of the way in which men and women participate differently in the household, economy and society. Secondly it seeks to identify the structures and processes-legislation, social and political institutions socialization practices, empowerment policies and practices that can act to perpetuate pattern of women's disadvantages.

## b. Status of Women

According to the population census 2011, the literacy of women at $42.5 \%$ is way below both national averages (53.7\%) and that of men above six years of age at $65.1 \%$ Women are poor uneducated unemployed and so on. According to the population census 2011, in Nepal, number of women headed household is $15 \%$ ownership of land is $10.84 \%$, ownership of livestock is $7.24 \%$. This shows the poor socio-economic status of the women (CBS, 2012).
"Women constitute $50 \%$ of the population of Nepal. The religious background and socio-cultural setting might bring about difference in the status of women in the family and society. But in term of using equal rights and opportunities all women are disadvantaged. The patriarchal social structure precludes women from having their share of resource for health, education and nutrition earlier from level. In fact,

Nepalese women have one of the poorest health and literacy rate in the world" (SDC, 2011)

Nepalese women have been involved in the political movement since the fifties but several factors have prevented them from actively participating in local or national politics. These factors include the dominant ideology of patriarchy, men chauvinism, criminalization of polities lack of equal property rights restrictions on women's mobility and domination of men in all polities parties and the media polities is commonly thought to be controlled by the five ' m ' s they are men, money, music, manipulation and mafia (Chaulagai etal, 2003). In 1999 only $5.85 \%$ women were members in the house of representatives ( 12 women members only) likewise in upper House (Rastria Sabha) women members were only $13.33 \%$ ( 8 women members only) Its shows the poor representation of women in decision making level (Chaulagai etal, 2003)
"Senior Men's" (patriarchs) enjoy absolute authority over all members of the household and women brought under systematic control. Father becomes not only economically responsible for their families, but also socially legally and politically, the head of the household. The ideas of development that father was directly responsible for behavior of his honor and that of the family were at stake "(Shrestha, 1999).

Cultural beliefs about women's role, social and cultural restrictions and sometimes limited informant in decision making largely confides women' activates to home often compelling them to forego opportunities for training on topics of interest to them (Gurung, 1995).
"Women are out of land, time and money they are often poorly organized have restricted access to political power and limited ability to influence policy/decision makers. They are also often illiterate them men and have no collateral to offer for credit. They are also restricted in often the jobs they are allowed to do and the distances. They are allowed to do and the distance they are allowed to travel" (FASID) (Shrestha, 1999).

In Nuwakot, men and women do not consider women's position higher or better than men in decision making, self-image and organizational capacity women's status is always lower than that of men. Shrestha further states that women only have access to
resources, but actual control lies with men even the labour, which by definition belongs to the person concerned, is controlled by men which means that women can only sell their labor with the permission of men and even the income from women's labour with the permission of men and even the income from women's labour is controlled by men. Women don't have access to and control over resource as they do not own any property therefore they are not credit worthy. Food is the only area in which women have controls mainly because they prepare and distribute it, health education and training are areas to which women have access but again are controlled by men in these areas.

Legally the constitution of Nepal has given women the freedom of expression and religion, freedom to own property, freedom to vote, the right to run for office and the power to raise their children as they see fit. Unfortunately practical application of these right has yet to be realized by Nepal women (Thapa, 1999).

Public matters in important or insignificant field. Indeed, on organization can be run without taking decision, and fit it is to be run on sound lines, decision have to be, by and large, correct and reached in time. Similarly, decision-making is the essence of all management, public or private. The power to make decision has been correctly identified with the power to manage. No one can ever aspire to be s successful executive if he is either in capable of taking decision or is prone to make wrong decision, A great leader sometimes develops a judgment, which are usually resulted in correct decision (Avashit and Meheshwari, 1999)

Economic participation in Nepal has faced the problem that women are the primary supporters of the domestic and subsistence sector. The time allocations and the decision making data reveal women's role in agricultural production both as laborers and as managers of the production procedures."They divided the stage of decision making further into four stages, to prove and find out more about how, The stage were suggestion, consultation decision and disagreement (Acharya and Bennett, 1983).

The crucial role of women farmers in agricultural has increasingly been recognized to that gender issued in agricultural development have become an area of concern. The issues related to their (women) involvement have gradually been addressed in the national agricultural development policies, plans, programs and research. Similarly, there had also been the gradual internalization of gender perspective designers and
implementers working in the sectors of the agricultural development have now become a major focus of government (Bajracharya \& Adhikari, 1995).
(Bhadra, 1997) Concluded that the decision making pattern clearly indicates that when major decisions are involved and when decisions involved money, those decision domains were men's when money was not involved, such as farm activities and food sharing, decisions were made entirely by women or jointly with men. She found that children's education, 50 percent of the household decision was made entirely by men. Emphases on the female decision-making especially in the areas of home farm affairs among the rural families. She goes on to emphasis education of women as an important factors as the matter of decision-making.
(Kaur, 1987), Emphasize on the female decision-making especially in the areas of home and farm affairs among the rural families. She goes on to emphasis education of women as an important factors as the matter of decision-making process. In her words, "Educated women are better are placed as compared to their illiterate counter parts."

She has reported that she has never seen women as final decision makers in any house hold matters except of case for food and nutrition of children. The male members of the family solely do the advanced society at the central level leaving the excluded the marginalized disadvantage and under privilege women lives the different level of society unchanged. Its evolution can be traced to the feminist movement demanding recognition of women's role in the economic, social and political development of nation main aim in this approach is to integrate financial activities. She claims that women have greater input in household decision if they are of medium status. She also claims that the socio-economic status is closely linked with women power of decision-making.

Agricultural decision and labor of gender are different in different socio-cultural setting mongoloid ethno tribes like Gurung, Magar, Rai, Limbu and Tamang make such by gender equilibrium decision in agriculture work, whereas in Aryan tribes it is not found so. Similarly they state that tough high involvement and high contribution of Nepalese women in agriculture are as unpaid agriculture labour, comparatively women's contributions in net food production is about 44 percent whereas Nepalese
women have contributed 50 percent in family income by including selling and laboring of agricultural inputs (Pokhrel And Sapkota, 2004).

### 2.3 Review of Related Studies

The important aspects of research as to make the researcher familiar related literature and helps to guide the researcher with theoretical frame work there are some critics. (Desai ,1957), Pointed out the theoretically a women is recognized as equal to man in practices she is still considered much inferior to him. The social institution religious norms, value system ideologies all continue to reinforce the spirit of male dominances and authoritarian and pro-male value still shape the lives of the large majoring of Women of India.
(Guffman ,1927), Have pointed since role performance as per societal acceptance, the individual presents self in everyday life in a socially acceptable manner. In a family, role classification based on considerations of sex is considered desirable. According, role are classified into male-oriented and female-oriented. One of the persisting features of ours society has been the explicit division of labor based on gender and age.
(Rose ,1976), Focus on the women's tasks in all societies have less prestige than those of men women are taking over business of professional roles are moving higher level of prestige, where as men moving to a lower level of work.
(Saran ,1982), Have observed that modernizes women were accepted and perceived themselves as equal partner to their men and all are allocated certain amount of power in the authority structure of their families there by altering to some extent male superiority.
(Devi, 1987), was to spend the whole day in considering matters entirely related to house and was particularly to be attentive to the needs and desires of her lord, always subordinated her own comforts and conventions to this.
(Longwen, 1991) thought participation in decision making process involves achieving equality of control over the factors of production and distribution of benefits. It may also involve decision on buying material resources like radio, television, sending children to school, etc.
(Agarwal, 1992), points out that though the husbands and parents in law flavor employment of education wife and daughter in law and cooperate with their in discharging the new role they still do not inclined to accord them equal status in the family. This education caring women in the middle class family set up in passing though a transitional period prescribing for them the dual role of a working wife and the mother. The author therefore, inferred that the change in the status of education women in the family does lead to the change in het traditional role.
(UNDP, 1995), women in Nepal, as elsewhere, hold the triple work responsibilities of reproduction, house holding and farm work. However, the reproductive health should be practiced by the government system. Women also suffer from discriminatory practices in opportunities for education, personal mobility, when is required among other for skill development and independent decision making.
(Acharya, 1997), report, submitted to UNFPA entitled "Gender Equality \& Empowerment of women" has mentioned that "Women carry a triple burden in the society: as a productive worker she contributes directly to subsistence and income; as a mother and wife she cares for the family members and the children; as community working she given all her leisure hours and labor to society".

### 2.4 Conceptual Framework

An attempt has been made to develop a conceptual framework for present study. There are various aspects that need to be considered in the study of women within the families. However, in the study an effort has been made to study the prevailing condition of the women school teacher within their families by analyzing household decision making. The major variables related to the study have been presented in the table below:

Table: 2.1: Conceptual Framework for the Study of Respondents in the Families

| Respondents Household role performance | Respondents 's Involvement in <br> Household Decision Taking |
| :--- | :--- |
| 1. Child rearing task | 1. Purchase of household necessities |
| 2. Kitchen work and laundry | 2. Capital Transaction |
| 3. Cleaning and maintenance of house | 3. Family affairs |
| 4. Household financial tasks | 4. Other social \& cultural obligation |
| 5. Agricultural task | 5. Investment |
| 6. Attaining the needs of family members | 6. Educating children |
| 7. Supporting neighbors and kinships | 7. Health care and Food habit |
| 8. Managing family affairs | 8. Maintaining relationship with <br> others |

The table 2.1 shows the familial, social, cultural, and economic aspects and activities related to decision-making aspects and the roles of women within household affairs. Though women might have involved in different activities like teaching, still they have a sole responsibility of family affair. Their roles in family affairs play key role to the prosperity of the family. Similarly, their rights, power and involvement in decision-making aspects can have significant meaning in gender based study and women empowerment. So, this study has focused upon respondents' household role performance in relation to child rearing, kitchen work and laundry, cleaning and maintenance task, farming, fulfillment of family needs, supporting others, and managing family affairs. Equally, it has also emphasized on their involvement in household decision making activities like purchasing household necessities, capital transaction, family affairs, educating children, investment, health care, social relations and other socio-cultural obligation. All these concerns are addressed in the study along with the data and interpretation.

## CHAPTER-THREE

## RESEARCH METHODOLOGY

### 3.1 Rationale for Selection of the Study Area

This study deals with the domestic roles practices \& the participation-working women teachers in the domestic decision-making in urban families. Pokhara Metropolitan City is a good combination of tradition and modern society and as most of the working education; women are employed on primary and secondary level.

### 3.2 Research Design

When a researcher wants to get an accurate data, she/he should formulate appropriate researchers design according to nature of the study. In this study, descriptive researcher design has been used to study status within the families of the Respondents of Pokhara-8, Kaski district with reference to their role performance and participation in decision making in their families.

### 3.3 Nature and Source of Data

Importance of data collection in any research work is quite evident. In this research as well, both qualitative and quantitative data were collected and used. So, the data collected were from primary and secondary sources. Primary data were collected from interviews through structured questionnaires and care studies.

The secondary data were obtained from journals published and unpublished information and documentation centers of governmental and non-governmental organizations.

### 3.4 Universe and Sampling

The universe of the study comprised all the working women teachers of secondary schools of Kaski district. There are altogether 632 schools in Kaski district. Among them, 228 are privately run and rests of 404 are the public schools. Within Pokhara metropolitan city, there are 86 schools in total in which 62 are private and 24 are public schools. However, the researcher selected ward no. 8 of Pokhara Metropolitan

City, as the study area so only focused on the schools and teachers of the study area in this research. This study only studied on working women teachers of study area. The universe of the teachers in the schools of study area comprises 634 teachers in total, and out of them, 167 are female (DEO, Kaski, 2018). Among 167 working women teachers, 82 of them were selected as the sample size for the study. They were selected by using census method. Thus, this study was conducted on 82 working women teachers of Pokhara Metropolitan City, ward-8, of Kaski district.

### 3.5 Data Collection Techniques

In the study, the following instruments and techniques were used for the collection purpose so as to obtain as much information as possible. For the collection of primary data following techniques were used.

### 3.5.1 Structured Interview

The structure interview was taken among the sample of the study in which the respondents were asked to prefer the best alternative to support their view (see Appendix-I). This ensured maximum answer to common and general questions in the least possible time. It was useful later to analyze data collected through this way to be presented in table format so that every query had answers in the form parentage.

### 3.5.2 Open-ended Interview

The open ended interview was taken with the seven participants personally in order to obtain a quality and genuine information regarding their background, domestic roles and decision making fields within families. This technique contributed in collecting qualitative data.

For secondary data, the published and unpunished books, document, journals article were consulted by the researcher.

### 3.5.3 Case Study

In order to see the process of decision making and performance of household roles, the cases of two women were examined in detail. The respondents were taken purposively for case studies. The cases who were representatives of the universe of the study were chosen with special attention to their education level, no. of children as
well as age. The selected informant was intensively interviewed to prepare detail case study, to incorporate their individual experiences.

### 3.5.4 Observation

During the fieldwork, the researcher made unstructured observation of a number of aspects in the study area which were concerned with the women and their decision making practices in the study area. This technique was basically employed to generate qualitative data. Since this study had given due importance on qualitative analysis along with quantitative one, this technique was very much helpful to generate required information. Important observation was noted were used as supplement in the analysis and interpretation of the data collected via schedule.

### 3.6 Data Analysis and Presentation

The data were analyzed by using different satisfied tools and techniques. The descriptive statistics such as frequency, percentage were used. The result was interpreted by dividing the main topics into sub heading according to the nature of data and according to the findings. The outcomes were presented in different tables to clear the scenario of study and to conclude findings.

## CHAPTER-FOUR

## STUDY AREA AND SOCIO DEMOGRAPHIC BACKGROUND OF THE RESPONDENTS

### 4.1 Introduction of the Study Area

There is one sub-metropolitan city, one municipality, and 17 Village Development Committees in the Kaski district. According to the census of Nepal (2011), the total population of Kaski district is $3,17,320$, where the men population is $1,17,320$ $(45.26 \%)$ and women is $173701(54.74 \%)$. This shows that women population is higher as similar proportion to the national figure. There are 64,76 households in the district and average family members are 4.9.

According to the population Census (2011) the literacy status of the population above six year of age of Kaski district is $66.7 \%$, whereas men literacy rate is $77.9 \%$ and women literacy rate is $57.7 \%$. It has clearly shown that as comparison to men, women literacy rate is low. It means 73,475 women as compared to 28,867 men cannot read or write. While the number of men who can read and write is 1,11879 that of women in this category are 1,00225 . (Source: DPS, 2012).

Both government and private educational institutions account the total of 569 schools in Kaski at present day. About 107988 students are being educated in these schools. About $77.6 \%$ males and $57.30 \%$ female is literate, positioning Kaski district as the highly literate district in Nepal.

### 4.2 Social Demographic Characteristics of the Respondents

The present study is primarily concerned with domestic role performance and the involvement in the domestic decision making of the educated of Respondents of Kaski district. Since their aspects are likely to be conditioned by the social and economic status of the educated employed working women, it is necessary to know the socio-economic background of the women.

### 4.2.1 Academic Institutions of the Respondents

Respondents of Pokhara Metropolitan city Ward No 8 are mostly engaged in different types of public and private education institutions for jobs for economic earning to maintain their families' daily lives.

Table 4.1: Academic Institutions Employed by Women Respondents

| S. N. | Name of School | No. of Women Employed |
| :--- | :--- | :---: |
| 1. | Janapriya Secondary school | 9 |
| 2. | New Model Boarding school | 10 |
| 3. | Srijana Boarding School | 11 |
| 4. | Nil giri Boarding school | 9 |
| 5. | Peace Zone Boarding school | 12 |
| 6. | Ratna Jyoti Secondary School | 9 |
| 7. | Mt. Everest Boarding School | 11 |
| 8. | Laxmi Secondary School | 11 |
|  | Total | $\mathbf{8 2}$ |

Source: Field Survey, 2017
From table 4.1, we can say that most of the respondents i.e. 11 were employed in Mt. Everest Boarding School. New Model Boarding School and Laxmi Secondary boarding school had similar 11 respondents.

### 4.2.2 Age of Respondents

Age is an important variable that determines the status, role, decision-making and authority of an individual, who are involved as school teacher. Similarly, age is an individual, who are involved as school teacher. Similarly, age is an important demographic factor which makes difference in burden of work, ability to work, decision making right and involvement in economic activity. The age group wise composition of the respondents of this study has been shown below:

Table 4.2: Distribution of Respondents by Age Group

| Age | Frequency | Percent |
| :--- | :---: | :---: |
| Below 25 | 15 | 18.3 |
| $25-35$ | 41 | 50.0 |
| $35-45$ | 17 | 20.7 |
| $45-55$ | 6 | 7.3 |
| Above-55 | 1 | 1.2 |
| Unanswered | 2 | 2.43 |
| Total | 82 | 100.0 |

Source: Field Survey, 2017
As shown in the table 4.2, the age of the respondents of the sample population ranged from 25-55 years. Out of the total sampled population of educated employed Respondents, majority $50 \%$ fall in the age group of 25-35 years followed by $20.7 \%$ in the age group 35-45 years. $18.3 \%$ were in the age group below 25 years only $7.3 \%$ of the respondents were between the age group of 45-55 years. The minority of the respondents were in the age group of above 55 years of age.

This finding shows that more than $50 \%$ of respondents were between $25-35$ years which signifies educated women though have started to hold job at young age, they continue to work through their earlier middle age. Educated Respondents s as a bread earner are now striving to make their status equal to their male counterparts, so they prefer to continue to the work even in their middle age.

### 4.2.3 Educational Qualification

Education is a means of raising awareness. Education gives awareness of new ideas, self-confidence etc. affect individuals towards role performance and decision making in the family or in the large society. The academic qualification of the respondents of this study has been shown below.

Table 4.3: Distribution of Respondents by Education Qualification

| Education | Frequency | Percent |
| :--- | :---: | :---: |
| SLC passed | 11 | $13.4 \%$ |
| $+2 /$ PCL | 34 | 41.5 |
| Bachelor | 31 | 37.8 |
| Master of Above | 5 | 6.1 |
| Unwilling to say | 1 | 1.2 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source Field Survey, 2017
According to the table 4.3 shows that, $41.5 \%$ of the respondents had acquired qualification up to Intermediate ( +2 ) level. Only $13.4 \%$ had completed SLC. Out of total sample population, $37.8 \%$ had qualification up to bachelor level, but only $6.1 \%$ had acquired master's level of qualification. This table shows that even in the urban area like Pokhara Metropolitan city Ward No 8, educated women who are working and have attained higher level of education qualification. (i.e. master degree), respondents aren't much in the job of education sector of teaching.

Women school teacher seems to have started working even at a young age as soon as they finish SLC. But there they counted only $13.4 \%$ of the total respondents. Number of the intermediated (+2), level was higher than Bachelor level. This shows that these women are also aware of its role in their upward social mobility. The finding also indicated that in Pokhara Metropolitan city Ward No 8 better chances are available for the educated women to get employed and maintain her status.

Nevertheless, the percentage of master degree holders out of the total respondents was comparatively lower than the percentage of SLC, +2 (PCL), and Bachelor, Many of the respondents said that after getting working they couldn't continue their study as they were full occupied with the duty of balancing house hold activities and official work, teaching.

### 4.2.4 Religion

Religion is not only one of the important social institution that shaped the everyday life and influence daily experiences but also it forms a foundation in the construction of gender role in any society. The religion group representation of respondents of this study has been shown below.

Table 4.4: Distribution of Respondents by Religion

| Religion | Frequency | Percent |
| :--- | :---: | :---: |
| Hindu | 69 | 84.1 |
| Buddhist | 6 | 7.3 |
| Christian | 1 | 1.2 |
| Others | 2 | 2.4 |
| Unanswered | 4 | 4.9 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
The table 4.4 shows that study site is predominated Hindu. Out of the total Respondents of the sampled respondents Hindu consisted $84 \%$ Buddhist comprises $7.3 \%$ Christian occupies $1.2 \%$ and other consist $2.4 \%$ of the total respondents.

The data point out that most of the Respondents were followed Hindu religion district. There was comparatively low participation of Buddhist, Christian and other in employment sector where as there was no representation from other religious group.

### 4.2.5 Caste/Ethnicity

Caste is one of the important variables that determine the norms, values and moral lesson in the society. Caste determines its member's prestige, occupation and social relationship. The caste/ethnicity group of the respondents of this study had been shown below.

Table 4.5: Distribution of Respondents by Caste/Ethnicity

| Caste/Ethnicity | Frequency | Percent |
| :--- | :---: | :---: |
| Branmin | 43 | 52.4 |
| Chhetri | 9 | 11.0 |
| Magar | 5 | 6.1 |
| Gurung | 11 | 13.4 |
| Newar | 5 | 6.1 |
| Dalit | 5 | 6.1 |
| Others | 4 | 4.9 |
|  | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
The table 4.5 shows majority group of the study site is Brahmin. Amongst the 82 sampled respondents of Respondents , Brahmin consist majority i.e. $54.4 \%$ followed by Gurung $13.4 \%$ Chhetri $11 \%$ Magar, Dalit, Newar, $6.1 \%$ as same percentage and other $4.9 \%$.

Brahmin is in majority in Kaski district, so obviously their population is largest inside the Pokhara Metropolitan city Ward No 8.

### 4.2.6 Type of the Marriage

Among the respondents in the survey, the majority of marriage types belong in the forms of arranged marriage. This data shows that respondents followed traditional way of marriage.

Table 4.6: Distribution of Respondents by Type of Marriage

| Marriage | Frequency | Percent |
| :--- | :---: | :---: |
| Arranged | 68 | 82.9 |
| Love | 11 | 13.4 |
| Unanswered | 3 | 3.7 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
The table 4.6 shows that type of marriage in women school teacher out of 82 sampled respondents. The highest $82.9 \%$ type of marriage among the respondents is the
arranged marriage process, which is in traditional way. $13.4 \%$ of the Respondents are working by love marriage process.

This table shows that the Respondents followed the traditional way of marriage which is practiced in the society form the ancient period.

### 4.2.7 Type of Family

Both joint and nuclear family structure exist in Nepal but in the survey of the family structure in Pokhara Metropolitan city Ward No 8, joint family has the higher ratio than nuclear family. The table below describes about the family structure of the respondents.

Table 4.7: Distribution of Respondents by Type of Family

| Family Type | Frequency | Percent |
| :--- | :---: | :---: |
| Nuclear | 36 | 43.9 |
| Joint | 42 | 51.2 |
| Total | 78 | 95.1 |
| Unanswered | 4 | 4.9 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
According to the table $4.7,51 \%$ of the total sampled respondents in the working women school teacher category belong to joint family and $43.9 \%$ of the sampled respondents belonged to nuclear family.

The data denotes that the most of the educated and employed Respondents are living in joint family in the study site. Economic pressure is high on both male and female living in the urban area. Women school teacher who choose to work as bread earner hardly meet the cost of urban life. Thus, working women of Pokhara Metropolitan city Ward No 8 seem to have preferred to
live dependently with family members to look after their children and share other household activities.

### 4.2.8 Distribution of Respondents by Age of Husband

Age is an important demographic factor, which makes difference in burden of work, decision making right and involvement in economic activities. The age group of this respondents/husband of this study has been shown below.

Table 4.8: Distribution of Respondents by Age of Husband

| Age | Frequency | Percent |
| :--- | :---: | :---: |
| Below 25 | 1 | 1.2 |
| $25-35$ | 31 | 37 |
| $35-45$ | 32 | 39.0 |
| $45-55$ | 12 | 14.6 |
| Above 55 | 2 | 2.4 |
| Unanswered | 4 | 4.9 |
| Total |  | $\mathbf{8 2}$ |
| $\mathbf{1 0 0 . 0}$ |  |  |

Source: Field Survey, 2017
The table 4.8 shows that among the Respondents of the sample respondents the highest ratio of age of their husband that is 39\% from 35-45 age, 25-35 had 37.8\%, 45-55 had 14.65 below 25 years had $1.2 \%$ and above 55 had $2.4 \%$ This data show that majority of the Respondents s' husbands belonged to the age group 35-45.

### 4.2.9 Education of the Respondents' Husbands

Education is one of the important aspects in the society; education leads people in right way to take give awareness, self-confidence and positive capability toward the performance. The education of the respondents' husbands has been shown below.

Table 4.9: Distribution of Respondents Husband Education

| Education | Frequency | Percent |
| :--- | :---: | :---: |
| SLC Passed | 15 | 18.3 |
| $+2 / \mathrm{PCL}$ | 26 | 31.7 |
| Bachelor | 22 | 26.8 |
| Master or Above | 16 | 19.5 |
| Unanswered | 3 | 3.7 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017

According to the table 4.9 shows $8,31.7 \%$ of the total sampled respondents in the marriage women school teacher's husband category to +2 (PCL) level in education and $26.8 \%$ of the sampled respondents belong to bachelor level, $19.5 \%$ had SLC padded level.

The data denotes that most of the education and earner Respondents husband are in intermediate level. Due to the education level there is not pressure for both of them in their life hold activities, thus the women had the opportunities in every sector of every field because due to education they can understand each other's feeling ad the problems.

The data shows how educated women want educated person in their marriage life. We can analyses that education is the most important and useful aspect to change their social life.

### 4.2.10 Occupation of Respondents' Husbands

Husband's occupation also determines how to play the important role in the family. Occupation is one of the important and useful aspects to mobilize the social structure of the family member. Occupation of the respondents' husbands has been shown as follows.

Table 4.10: Distribution of Occupation of Respondents' Husbands

| Husband'sOccupation | Frequency | Percent |
| :--- | :---: | :---: |
| Self-employed | 22 | 26.8 |
| Government Service | 17 | 20.7 |
| Foreign employment | 31 | 37.8 |
| Others | 11 | 13.4 |
| Unanswered | 1 | 1.2 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
The table 4.10 shows that the husbands of Respondents are employed in various sectors. The sampled respondents were asked if their husbands had any kind of service, foreign employment, self-employed and other.

The finding reveals that the majority $37.8 \%$ of the respondents' husband involved in foreign employment, $20,7 \%$ of the respondents' husband involved $n$ the government service, $26.8 \%$ of the respondents' husband involve in self-employed and $13.4 \%$ of the respondents' husbands are involved in self-employed and $13.4 \%$ of the respondents are involved in others. Thus, these finding shows that the husbands of significantly large number of respondents are in foreign employment, which helps the nation through remittance.

### 4.2.11 .Monthly Income of the Respondent's Husbands

Income of the respondents' husbands contributes to make an individual economically independent. An income level influences his/her status that affects decision-making power in his/her family and society. The level of income of the respondents' husbands of this study has been shown below.

Table 4.11: Monthly income of the Respondents' Husband

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| $10000-20000$ | 35 | 42.7 |
| more than 20000 | 41 | 50.0 |
| Not willing to tell | 6 | 7.3 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
If income contributes to make an individual economically independent, an income level influences his/her status. It affects decision making power in his/her family and society.

The table 4.11 shows that among the Respondents of the sampled respondents the highest percentage that is $50 \%$ earn more than $20000,42.7 \%$ respondents fall in 10000-20000 range and $7.3 \%$ of the sampled respondents not willing to tell about the income of the husband.

The data shows that the majority of the Respondents husband in Pokhara Metropolitan city Ward No 8 earn more than 20000 when mostly had educated person. This, however, has shown the tendency of increment of the scale of income with the
education level. This finding justified the importance of education and the relation between education and job.

### 4.2.12 Annual Income of the Family

Annual income of the family affects in decision making power, higher level of income, greater the independence. The level of income determines their social and family status. The income of the families of this study is described below.

Table 4.12: Annual Income of the Family

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Below 50000 | 15 | 18.3 |
| $50000-100000$ | 7 | 8.5 |
| more than 100000 | 60 | 73.2 |
| Total | 82 | 100.0 |

Source: Field Survey, 2017
According to table 4.12, $73.2 \%$ families of respondents have the annual income of more than 1 lakh, $8.5 \%$ families of respondents 50000-100000 and the lowest income $18.3 \%$ below than 50000 .

The data shows that the majority of the working female teachers' family income had better income in range more than 100000 . This data shows the radical change in the society of the Respondents and given the priority in the educational sector.

### 4.2.13 Distribution of Respondents by Teaching Level

Teaching level is also of the one important medium to judge the capacity of the females. The teaching levels in which they are involved is describes follows.

Table 4.13: Distribution of Respondents by Teaching Level

| Teaching Level | Frequency | Percent |
| :--- | :---: | :---: |
| Basic level | 72 | 87.8 |
| Secondary level | 10 | 12.19 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
From table no. 4.13, we can say that most of the respondents were involved in basic level, which is about $87.8 \%$. Similarly, $12.19 \%$ of the respondents were involved in basic level teaching. It was found that majority of them are being employed in basic level teaching and seen in low ratio in secondary level.

### 4.2.14 Distribution of Respondents by Daily Teaching Hours at School

The study with respect to the daily teaching hours has found that only a few respondents had involved more than 8 hours whereas the higher no. of respondents was found to be involved 6 hours in the work.

Table 4.14: Distribution of Respondents by Daily Teaching Hours at School

| Daily Teaching Hours | Frequency | Percent |  |  |  |
| :--- | :--- | :--- | :---: | :---: | :---: |
| 6 hours | 55 | 67.1 |  |  |  |
| 6-8 hours | 20 | 24.4 |  |  |  |
| 8 hours or more | 7 | 8.5 |  |  |  |
| Total |  | $\mathbf{8 2}$ |  |  |  |

Source: Field Survey, 2017
The table 4.14 shows that among the respondents of the sample respondents, the highest i.e. $67.1 \%$ respondents daily teaching hours at school is 6 hours. Where $24.4 \%$ respondents' teaching hours is $6-8$ hour and $8.5 \%$ respondents' teaching hours is 8 hours or more.

The data shows that the majority of Respondents in Pokhara Metropolitan city Ward No 8 teach 6 hours. This, however, has shown the tendency of teaching hours at school is 6 hours.

### 4.2.15 Relation between Age and Social Status of Female Teaching Staff

Age is an important variable that determines that status, role, decision making and authority of an individual whereas social status of female teaching staff is one of the important aspects in the society which determines their role in their life which has been described in the table below.

Table 4.15: Distribution of Respondents by Age Group

| Age | Social Status |  |  | Total |
| :--- | :---: | :---: | :---: | :---: |
|  | Very High | High | Medium |  |
| below 25 | $1(6.7 \%)$ | $5(33.3 \%)$ | $9(60 \%)$ | $15(100 \%)$ |
| $25-35$ | $2(5.3 \%)$ | $18(42.1 \%)$ | $20(52.6 \%)$ | $40(100 \%)$ |
| $35-45$ | $4(23.5 \%)$ | $7(41.2 \%)$ | $6(35.3 \%)$ | $17(100 \%)$ |
| $45-55$ | $1(12.7 \%)$ | $5(33.3 \%)$ | $3(50 \%)$ | $9(100 \%)$ |
| Above 55 | 0 | 0 | $1(100 \%)$ | $1(100 \%)$ |
| Total | $\mathbf{8 ( 1 0 . 4 \% )}$ | $\mathbf{3 5}(\mathbf{3 9 . 0 \% )}$ | $\mathbf{3 9}(\mathbf{5 0 . 6 \% )}$ | $\mathbf{8 2 ( 1 0 0 \% )}$ |

Source: Field Survey, 2017
According to the table no 4.15 , the $60 \%$ of the respondents answered that they possess medium social status, $33.3 \%$ told that they possess high social status and $6.7 \%$ had very high in the age below 25 years. $53.6 \%$ had medium, 42.17 had high and $5.3 \%$ had very high social status in the age group 25-35. About $41.2 \%$ high, $35.3 \%$ medium and $23.5 \%$ had very high social status of female teaching staff in age group o 45-55. $50 \%$ had medium $33.3 \%$ had high and $12.7 \%$ had very high social status in the 55 plus age group.

In overall, $50.6 \%$ off the respondents had possessed medium social status, $39.0 \%$ had possessed high status and rest $10.4 \%$ possessed very high status of female teaching staff.

## CHAPTER-FIVE

## ANALYSIS OF DOMESTIC ROLES OF THE RESPONDENTS

In this chapter, an attempt has been made to analyze household role practices of the respondents of the study. It would give an ides concerning which domestic role they usually proactive and how, and it would throw some light on their domestic workload as well. Respondents of Pokhara Metropolitan city Ward No 8 who are currently working in academic sectors are supporting much economically resourceful and independent Thus, this chapter deals with the analysis of the respondents household role practice.

### 5.1 Taking Care of Children

The socialization process is still responsibility of the family in even in the urban setting. The childcare activities including the tasks related to the children can be described in below table.

Table 5.1: Distribution of Respondents by Taking Care of Children in Family

| Responsible member | Frequency | Percent |
| :--- | :---: | :---: |
| Self | 41 | 50.0 |
| Other Members of family | 2 | 2.4 |
| All members | 35 | 42.7 |
| Not willing to tell | 4 | 4.9 |
| Total |  | $\mathbf{8 2}$ |
| $\mathbf{1 0 0 . 0}$ |  |  |

Source: Field Survey, 2017
Table 5.1 shows, of the total sampled of respondents, $50 \%$ confirmed their independent practiced in take care of children where as $2.4 \%$ still take care of children by other member of family. However, $42.7 \%$ of the respondents claiming the performance of take care of children by the all member of the family.

Thus, these findings are encouraged as amongst the school teacher Working women of Pokhara Metropolitan city Ward No 8 to take care of children now being participation of member of family self and all member.

### 5.2 Role Performance in Kitchen Activities

Kitchen activity is also an important household activity. In a patriarchal family like ours decision of male is valued over female but the practice of doing kitchen activity is mostly done by women which is described in the below table 5.2

Table 5.2: Distribution of Respondents by Role Performance of Kitchen Activities

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Always | 80 | 97.6 |
| Sometimes | 2 | 2.4 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
In the present sample of 82 working school teacher, the table no, 5.2 shows that in most of the activities are related to cleaning home usually, the respondents themselves were playing the main role than the other members of the family. In the work of kitchen $97.6 \%$, the total sampled respondents have played the vital role in the work of kitchen only $2.4 \%$ of the total sampled respondents claimed that it is done by them sometimes.

### 5.3 Role Performance in Farm Related Works

Role performance of farm related works is a related with male and female and continues to be so even in the urban area. Both male and female participation in the farm related works which is described in the below table.

Table 5.3: Distribution Respondents Role Performance to Farm-related Works

| Member | Frequency | Percent |
| :--- | :---: | :---: |
| All member of family | 44 | 53.7 |
| Self | 12 | 14.6 |
| Not willing to tell | 26 | 31.7 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
Table 5.3 shows amongst the sampled respondents of respondents high percentage is $53.7 \%$ mentioned that usually all members of family perform role to farm related
works. Among all $31.7 \%$ of respondents claim not willing to tell in practice activities to form related works however at least $14.6 \%$ of the sampled respondents of Respondents are involved in farm related works.

### 5.4 Engagement of Respondent in the Works of Field

School teachers are primarily engaged in their own profession. However, in Kaski most of the families possess agricultural fields for cultivating various types of crops. The respondents view in the engagement in agricultural field had been shown below.

Table 5.4: Distribution of Respondents by Engagement of Respondents in the Works of Field

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Yes, I have to do | 33 | 40.2 |
| No, I need not to do | 17 | 20.7 |
| Sometimes | 32 | 39.0 |
| Total |  | $\mathbf{8 2}$ |

Source: Field Survey, 2017
Table 5.4 shows that in most of the work related of agricultural field, usually the respondents themselves were playing the vital role than other member. In work of field $40.2 \%$ of the total sampled respondents have their vital participation. $20.7 \%$ of the total sampled respondents had not been involved in the work of field. And rest of $39 \%$ said they had to involve in the work of field sometimes.

### 5.5 Role Performance of Member to Help Children in Their Study

Helping children in their study is primarily for growing kids. Since in Nepalese societies, men are better education than women in the case of Kaski district bazaar. The following table speaks more truth about this

Table 5.5: Distribution of Respondents by Role Performance of Member to Help

## Children in Their Study

| Member | Frequency | Percent |
| :--- | :---: | :---: |
| Husband | 4 | 4.9 |
| Other member of family | 1 | 1.2 |
| Bother | 69 | 84.1 |
| Self | 2 | 2.4 |
| Unanswered | 6 | 7.3 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
Table 5.5 shows $84 \%$ of the education working woman and husband, both of them help children in their study $7.4 \%$ of the sampled respondents claim no response in the activities $4.9 \%$ of the education working women respondents the involvement of husband to help children in their study like $1.2 \%$ of the educated working women respondents that other members of family involved to help children in their study.

### 5.6 Difficulties in Work of Home and School

In the survey made in Kaski district, the difficulties in work of home and school were also studied. While involved in the work of home and school the respondents have to face difficulties as illustrated in the table below:

Table 5.6: Distribution of Respondents by Difficulties in Work of Home and
School.

| Respondents | Frequency | Percent |
| :--- | :---: | :---: |
| No | 51 | 62.2 |
| Sometimes | 24 | 29.3 |
| Yes | 7 | 8.5 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
The table no. 5.6 shows these respondents of the research site faced difficulties in work of home and school in different ways, Most i.e. $62.2 \%$ of the educated working
women claimed that they had no difficulties in work of home and school, $29.3 \%$ claimed that they had difficulties in work of home and school mostly and $8.5 \%$ of respondents said yes there are difficulties sometimes.

Thus, most of the respondents claimed they have no difficulties in work at home and school. Some respondents claimed they have difficulties.

### 5.7 Education and Role in Economic Decision of Family

Education and economic source of role is the family, which is very useful and important aspects which mobilize the family status in right path. Both aspects are important and useful to take decision of family. The below table described the education and role of economic decision of family.

Table 5.7: Distribution of Respondents by Education and Role in Economic Decision of Family

| Education | Role |  |  | Total |
| :--- | :---: | :---: | :---: | :---: |
|  | Very Active | Active | Weak |  |
| SLC passed | $5(55.6 \%)$ | $4(44.4 \%)$ | 0 | $9(100 \%)$ |
| +2/PCL | $25(39.3 \%)$ | $2(7.1 \%)$ | $1(3.6 \%)$ | $28(100 \%)$ |
| Bachelor | $25(92.6 \%)$ | $2(7.4 \%)$ | 0 | $27(100 \%)$ |
| Master or Above | $2(50 \%)$ | 0 | $2(50 \%)$ | $4(100 \%)$ |
|  | $67(83.8 \%)$ | $12(11.8 \%)$ | $3(4.4 \%)$ | $82(100 \%)$ |

Source: Field Survey, 2017
The data of the table no 5.7 shows that out of total sampled respondents, education and role in economic decision of family 55.6 of the respondents told that play active role in education of family, $44.4 \%$ answered that they play active role in the level of SLC passed education $89.3 \%$ argued that they play very active role, $7.17 \%$ active and $3.6 \%$ had weak role in +2 education level, among bachelor level, the majority is $92.6 \%$ told they play very active and $7.4 \%$ argued that active in the education role in economic decision. In survey of master level $50 \%$ of the respondent $s$ told they play very active and $50 \%$ of answered that play weak role in economic decision of family.

### 5.8 Ways of Transactions in Daily Life

This data shows that education and role in economic decision has best result, which is about $83.8 \%$ of total. Traditionally there used to be the dominance of transactions in terms of cash. However, now cheques are also emerging as a new way of transaction. Here the research was particularly interested in studying the way these professional women make daily transactions. The daily use of money of the respondent has been shown in the below table.

Table 5.8: Distribution of Respondents by Daily Use of Money

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| In cash | 24 | 29.3 |
| In cheque | 10 | 12.2 |
| Both | 48 | 58.5 |
| Total |  | $\mathbf{8 2}$ |
| $\mathbf{1 0 0 . 0}$ |  |  |

Source: Field Survey, 2017
The total no 5.8 shows that most of the respondent daily use of money in cash and cheque, $58.57 \%$ of respondent used in cash and cheque $29.3 \%$ of the working women school teacher each of money in cash, $12.2 \%$ of respondents use of money in cheque process. The table shows that educated women used cheque and cash in relation to use of money in different sector.

### 5.9 Use of ATM Credit Card

The respondent who use ATM or Credit card had been shown in the below table.
Table 5.9: Distribution of Respondents by Use of ATM or Credit Card

| Response | Frequency | Percent |
| :---: | :---: | :---: |
| Yes | 44 | 53.7 |
| No | 33 | 40.2 |
| Don't know | 2 | 2.4 |
| No response | 3 | 3.7 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017

As shown in table no. 5.9, 53.70 of educated working teacher of the research site use ATM of credit card, $40.2 \%$ of the respondents had not used of ATM card, $2.4 \%$ the respondent don't know about ATM card and $3.7 \%$ of the working women teacher had no responses.

Table 5.10: Distribution of Respondents Way of Saving Income

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Deposit in bank | 61 | 74.4 |
| Play dhikuti | 6 | 7.3 |
| Keep at home | 9 | 11.0 |
| Give in interest | 3 | 3.7 |
| Save in local co-operative organization | 3 | 3.7 |
| Total |  |  |

Source: Field Survey, 2017
According to table 5.10, $74.4 \%$ of the respondents, Respondents deposit the saving income in bank. $11.0 \%$ of the respondent the keep money in home, $7.3 \%$ of the respondent played dhukuti and $3.7 \%$ respondent give the many in interest. This show that even in the urban area like Kaski district, educated women have attained in higher level in saving income in bank deposit. $3.7 \%$ of respondent use their many giving in saving which is a traditional way of depositing of income, $3.7 \%$ of respondent save their income in local co-operative organization.

### 5.10 Main Source of Income of the Family

Main source of income in the family is useful and important aspects, which mobilize the family status in right path. The below table describes the main source of income of the family.

Table 5.11: Distribution of Respondents by Main Source of Income of the Family

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Farming | 6 | 7.3 |
| Trade/business | 7 | 8.5 |
| Service | 69 | 84.1 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
The table 5.11, shows that among the working women school teacher of the sampled respondents, the source of income of the family is in service that is $84 \%$. In trade/business, $8.5 \%$ of the respondents are involved and in the farming sector about $7.3 \%$ of respondents are involved.

The data shows that the majority of the main source of income of the family depends on service, which is in $84 \%$. The data shows that ratio of involvement in service sector than other field is higher in education family member.

## CHAPTER-SIX

## ANALYSIS OF INVOLVEMENT ON HOUSEHOLD DECISION MAKING

An attempt has been made in this chapter to find out the participation of respondents of Kaski in decision making in household level. Decision-making is considered as an activity process by which a course of action is chosen from available alternative and the process involves three namely:

### 6.1 Role of the Respondents in Economic Decision of Family

The role of respondents in the economic decision of family can be categories in different view, which the respondents of this study have been shown below.

Table 6.1: Distribution of Respondents by Role of the Respondents in Economic Decision of Family

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Major | 58 | 70.7 |
| Little | 8 | 9.8 |
| No more | 3 | 3.7 |
| Not willing to tell | 13 | 15.9 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
The data of the table 6.1 , out of the total 82 sampled working school teacher women, $70.7 \%$ confirmed that play the major role in economic decision of family, $9,8 \%$ of the respondents told they play only a little role, $3.7 \%$ told no more role economic decision of family and about $15.9 \%$ of the respondents not willing to tell about the role of them in economic decision.

In table 6.1, there is the majority in the role of respondents in economics decision of family which about $70.7 \%$ out of 82 sampled school teacher, $15.9 \%$ of the respondents not willing to tell about the role of them in economic decision of the
family. This shows that the education plays vital role in economic decision of the family.

### 6.2 Main Authorized person of Respondents Earning

The below table describes the main authorized person of the money in the household activities which van be show in the below table.

Table 6.2: Distribution of Respondents by Main Authorized Person of Respondents Earning

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Husband | 23 | 28.0 |
| Father in law/mother in law | 3 | 3.7 |
| Self | 53 | 64.6 |
| All of above | 3 | 3.7 |
| Total |  | $\mathbf{8 2}$ |

Source: Field Survey, 2017
As shown from the table no. 6.2 of the total sample respondents, $64 \%$ of the respondent are authorized person themselves, $28.0 \%$ of the respondents have husband as main authorized person of earning, $3.7 \%$ of the respondents father in law, mother in law as main authorized person of money and rest of $3.7 \%$ of the respondents, husband, father in law/mother in law and themselves all are the authorized person of the earning.

From the respondents of the above table the respondents have the majority in the main authority of earning. This table also that how educated person can play the great role in their own sector.

### 6.3 Role of Female Teaching Staff in Decision Making Process at Home

Decision making process at home is one of the important medium to manage the number of the family. This one is the most important aspects in every family. It is important to know whether women have rights to decide about this or not.

The below table describes the role of female teaching staff in decision-making process at home.

Table 6.3: Distribution of Respondents by Role of Female Teaching Staff in Decision Making Process at Home

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Very active and decisive | 35 | 42.7 |
| Medium | 44 | 53.7 |
| Passive | 3 | 3.7 |
| Total |  | $\mathbf{8 2}$ |

Source: Field Survey, 2017
As shown in table 6.3, out of 82 respondents $42.7 \%$ of respondent had role in decision making process at home in very active and decision way, $53.7 \%$ of the respondent had medium role in decision making process at home and $3.7 \%$ are passive in the role of decision making process at home.

Thus, the finding shows that the role of female teaching staff in decision making process at home. Little response was passive but most respondents claimed that they have medium and active role.

### 6.4 Social Status before Joining Job

Traditionally, women's status in Nepalese society has remained secondary to their male counterparts owing largely to the patriarchal nature of the society. This issue has already produced serious debates in various arenas and has also become a political issue. The following table shows the way respondents' label their status before joining this profession:

Table 6.4: Distribution of Respondents by Social Status before joining Job

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| High | 5 | 6.1 |
| Medium | 63 | 76.8 |
| Low | 14 | 17.7 |
| Total |  | $\mathbf{8 2}$ |

Source: Field Survey, 2017
According to table 6.4, out of the total 82 sampled working school teachers, $6.1 \%$ claim high social status before joining job $76.8 \%$ of the respondent working women had medium social status before joining job and $17.1 \%$ of the respondent told they had low social status before joining job.

### 6.5 Reason for Lower Status of Women in the Society

Illiteracy, low economic status, conservative thinking are main important reasons for the lower status of women in urban areas of Kaski which has been shown below.

Table 6.5: Distribution of Respondents by Reason for Lower Status

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Illiteracy | 29 | 35.4 |
| Low economic status | 16 | 19.5 |
| Conservative thinking | 26 | 31.7 |
| Cannot pinpoint | 11 | 13.4 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
In the 6.5 shows $35.4 \%$ out of the 82 respondent said illiteracy is the main reason for lower status, $19.5 \%$ of the respondents told low economic status is the reason for lower status in the society, $31.7 \%$ claimed that conservative thinking is the main reason for lower status and $13.4 \%$ respondent told they cannot pinpoint the reason for lower status.

The data explain how even in the present time the reason of lower status of the society has been dominated by illiteracy, low economic status and conservative thinking, the respondent claim, illiteracy, low economic status and conservative thinking are the main reason for lower status in the society.

### 6.6 Social Status of Female Teaching Staff

Social status of female teaching staff in one of the great aspects in the society. If the social status of female increased greatly it given a good result in the society for improvement. The following table sheds light on the status of the respondents in their society at present:

Table 6.6: Distribution of Respondents by Social Status of Female Teaching Staff

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Greatly increased | 40 | 48.8 |
| Increased | 39 | 47.6 |
| Cannot say | 3 | 3.7 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
In table 6.6, $48.8 \%$ of the sampled respondents have great increase in social status, $47.6 \%$ of the respondents claim increase in social status and rest $3.7 \%$ of respondents claim cannot say about that.

From table 6.6 we know the social status of female teaching staff has increased day by day.

### 6.7 Perception of Family towards Female Teachers

Perception of family member towards female teacher helps to arrange their attitude in the relisted sector which has been shown in the below table.

Table 6.7: Distribution of Respondents by Perception of Family Toward Female Teachers

| Perception | Frequency | Percent |
| :---: | :---: | :---: |
| Positive | 76 | 92.7 |
| General | 6 | 7.3 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
The above table no 6.7 shows $92.7 \%$ respondents of the family members have the positive perception towards female teacher, $7.3 \%$ respondent of the family member have general perception towards female teacher.

From the above data, we know that the majority of the respondents have positive concept towards female teacher this shows the great change in tradition values and norms of the society by the help of educated working women school teacher.

### 6.8 State of Gender Equality in the School

The state of the gender quality in the school of the respondents is shown in following table:

Table 6.8: Distribution of Respondents by State of Gender Equality in the School

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Yes, there is | 69 | 84.1 |
| No, there is not | 13 | 15.9 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
According to table $6.8,84.1 \%$ of the total respondents claimed that there is gender equality in the school, where as $15.9 \%$ claimed there is not gender equality in the school.

### 6.9 Items Expenditure

The respondent's areas of spending income from job in different sectors are shown as follows.

Table 6.9: Distribution of Respondents by Areas of Spending Income from Job

| Areas of spending | Frequency | Percent |
| :--- | :---: | :---: |
| Household needs | 68 | 82.9 |
| For children | 6 | 7.3 |
| For self | 3 | 3.7 |
| All of above | 5 | 6.0 |
| Total |  | $\mathbf{8 2}$ |
| $\mathbf{1 0 0 . 0}$ |  |  |

Source: Field Survey, 2017
Table 6.9 shows area of spending income from the respondents' job. Out of 82 respondents, $82.9 \%$ respondents spent their income in household needs, $7.3 \%$ respondents spent their income for children, $3 . \%$ spent their income for self, where as $6 \%$ respondents spent their income in the all of above.

Thus, most of the respondents spent income in the household needs and few of respondents spent income in other sectors.

### 6.10 Number of Children

In the research it has been found that no. of children that working women have has an impact on them. In most of the studies, it has been seen that employment of women and fertility has a negative relationship. The number of children of the respondent of this study has been described below.

Table 6.10: Distribution of Respondents by Number of Children

| Number of Children | Frequency | Percent |
| :--- | :---: | :---: |
| One Children | 23 | 28.0 |
| Two Children | 40 | 48.8 |
| More than 2 | 10 | 12.2 |
| No child | 6 | 7.3 |
| Unanswered | 3 | 3.7 |
| Total |  | $\mathbf{8 2}$ |
| $\mathbf{1 0 0 . 0}$ |  |  |

Source: Field Survey, 2017
The number of the child bearing of respondents of the sampled population ranged from 1 to more than $2.48 .8 \%$ respondents had two children, $28 \%$ a single children, $12.2 \%$ more than 2 children and $7.3 \%$ had no children.

This data shows that amongst the educated and respondents the majority of them had 2 children this shows their concern towards the family and also the importance of work for the proper earning to run their life comfortably, $28 \%$ of the respondents have only single child. Which simple does not mean that they are happy in small family size but as mentioned in earlier data the more age group was of between 25-35 and there is still probability of giving birth to next child or they are trying birth gap.

### 6.11 Response of Family and Society in cases of late returning to home

The below table describes the response of family and society in case being late return home.

Table 6.11: Response of Family and Society in Case Being Late Return to Home

| Response | Frequency | Percent |
| :--- | :---: | :---: |
| Positive | 61 | 74.4 |
| Negative | 21 | 25.6 |
| Total | $\mathbf{8 2}$ | $\mathbf{1 0 0 . 0}$ |

Source: Field Survey, 2017
As shown in table 6.11, $74.4 \%$ of the respondents family member have positive attitude in the case being late to return home whereas, $25.6 \%$ of family member have negative attitude in case being late to return home. In this survey, the higher percent of the people have positive thinking in case being late return home. It shows, the great change in the society this case.

According to the table 6.11 of the total 82 sampled school teacher working women, $12.2 \%$ have permanent job, where as $86.6 \%$ have contemporary type of job.

## CASE-1

The participant of case one is a 30 years old working women belonging to a chhetri joint family. Including her there are five members in her family i.e. her father in-law, mother in-law, brother in-law, her husband and her three years old son. Since she already attained the master degree in English four years earlier and now she is working as a teacher in Janapriya Higher Secondary School. Her husband is a Nepal army.

She said she had a late marriage as her priority was to finish her master's degree first. She believes that a good education leads to a better employment opportunity. She said she is happy with her decision of late marriage as now she gets well paid i.e. above Rs 12000 for being an English teacher in a reputed school. She has mentioned that she is living in a joint family, though age participates in all the household decision making areas, she doesn't have a final say in all of them. She is the sole decision maker in the decision areas that has to do with kitchen like what to cook and how much to spend on it, expenditure on utensil etc. But most of the decisions are taken jointly with her husband for instance access to health service, decision on children's education etc. Decisions regarding religious and social events, being the eldest member of the family are predominantly taken by her father in-law. She emphatically stated, it's in the decisions pertaining to finance like borrowing lending purchase of a land or any capital transaction my participation is present in some way or another but ultimately either my husband or my father in-law takes the final decision.

She does the kitchen works like preparing food, washing dishes etc and doesn't forget to mention that sometimes her husband acts as a helping hand, but that according to her is purely occasional. If not she, her mother in-law sometimes helps her in kitchen works. Other tasks like laundry and sweeping are always by her. Purchase of any costly goods becomes a sort of joint task for her. All task related to child reading, preparing children to school or feeding them, she performs herself. She said her mother in-law performs daily puja. But she has a complaint that though she rarely gets a chance to take decision regarding religious\& social event, she almost always has to make preparation on her own for those events. Task of keeping the track of money and payment of bill, repaying etc is usually done by her husband.

She said (laughingly) "I sometimes find it very hard to balance the office work and homework, I have to bring school work at home like to check the homework of my students', and simultaneously I have to meet the expectations of my family members by performing the daily household task its tough you know."

Her case study showed that respondents in spite of being employed and making contribution in the household income and expenditure, in some cases, don't have their final say in the decisions related to capital transactions. Moreover, the almost household work load is on them.

## CASE STUDY 2

Participant 2 in the case study is 32 years old working women who belong to a nuclear family. Including her there is just four members in her family. Her ten year old son is studying in the fifth grade and four year daughter is in kindergarten. Her husband is in Nepal Police. She has done graduation in education and is currently working in a Srijana Boarding School.

She said she makes an equal contribution in her household expenditure. She stated that leaving some, almost all decisions are taken jointly with her husband, She is free to spend her earning according to her wish, but nonetheless, a huge chunk of her salary is spent on fulfilling domestic needs of her family. And the remaining she keeps in her personal account. She makes the decision concerning what food to cook how much to spend on it. She claimed that she takes joint decision with her husband of family members. Even the financial decisions are chiefly mutually taken. She said, "My husband doesn't take any important decision without my consent. We discuss and finally take the decision together."

According to her, unlike in decision-making, not all the household chores or tasks are carried out mutually. When asked, "Are you saying your husband doesn't help you at all?" She answered, as we both jobholders we are equally busy and we do not enough time for household work, I won't say my husband never helps me, but usually I'm the one who needs to cook, clean, do laundry feed children every day. Upon asked, "What are the roles that you perform together with your husband?" She answered, "Shopping for daily food provision, any major shopping, attending sick members of family etc are usually mutually done." But she complained " Though I'm happy at my husband's supportive nature but everyday as soon as we reach home from our offices we both get equally tired, and yet I'm the one who has to head straight toward the kitchen to prepare tea and food for all the family members.

Her case showed respondents specially belonging from a nuclear family practice more decision making power in most of the household decisions are found to be jointly. But however, most of the typical feminine roles, especially kitchen works, are usually performed by the women themselves.

## CHAPTER-SEVEN

## SUMMARY, MAJOR FINDINGS AND CONCLUSION

In this chapter, the summary of the finding generated from the data analysis and interpretation has been included. The findings regarding the socio-economic background of the sampled respondents have also been enlisted and the conclusion has been drawn.

### 7.1 Summary

This research was an attempt to find out the status and roles practiced by the respondents' living in urban area. To be specific, the main objectives of this study were to describe the participation in the domestic role and in the household decisionmaking by education respondents residing in Kaski district.

In the view of the objectives of the study, Kaski district was the site of the study. The survey type research method was used to fulfill the purpose of the present study. Both primary, Secondary data were used for the study. Primary data have been collected from the field. For secondary data related books, article, dissertation were used to reference. This study has been carried out among 82 respondents who were working, educated and employed on academic institution as school teacher. About eight schools were selected. Structured questionnaire, interview, observation and case study method were used for data collection. Data analysis and interpretation was done through various tables and figures. The study concludes that the working women teachers were overloaded with the personal, professional and family responsibility. Their status as a teacher was not satisfactory though they had proactive roles in decision-making.

The data depict that working women teacher of ward no. 8 of Pokhara Metropolitan city, Kaski district had got opportunity to take the decision making rights in their family. Many of their husbands are outside for employment so they had to take the responsibility of family affair. Similarly, almost all of them had heavy workload of household affair in addition to teaching. The disparity in gender based roles and
differences between males and females has been explicitly seen in the study area and its adverse effect has been observed among the participants of the study.

### 7.2 Major Findings

The main findings of the study are summarized below:

- Decision making power of school teacher of Kaski district was found to be satisfactory.
- Most of the male and female were co-operative to each other in every sector of work.
- The women were involved in different household activities such as feeding children, sending children to school and other kitchen activities.
- $48.8 \%$ that makes the majority of the respondents had two children. Large no. i.e. $37.8 \%$ the respondents' husbands had involved in foreign employment while $26 \%$ had involved in self-employment \& $17 \%$ had joined in government services.
- Concerning to the other agricultural obligation related decision area, the respondents dependent in traditional are $51 \%$. The main purpose of the agriculture production is to fulfill subsistence need which about $96.1 \%$ of the respondents is involved.
- The respondents had decision making roles especially for purchasing goods, and educating children in their family.
- They had high level domestic work load besides their job.


### 7.3 Conclusion

Respondents of urban area have not only managed to set up their mark in the society, they are even getting their strong hold in the family level as well. Because of this, their participation in the various household roles as a decision maker is growing and their influence is prominent. These women have succeeded to gain competence and have planted the seed of equalitarian ethos in the domestic forum. It can be clearly seen in their domestic role practice and decision-making.

Even in the household decision, making areas the participation of the working school teacher women is noteworthy. As they have their share of contribution in the domestic economic resources, they now equally participate in the decision-making areas. Joint
decisions on maximum decision areas, especially on decision related to capital transactions are prominent. At present, these women's voice is not unheard. So decisions made on important issue of family are jointly taken. In some decisionmaking areas, namely "purchase or construction of house" and "borrowing and lending" etc. their husband still have their greater say. To sum up the involvement of the working school teacher women of Kaski in the household decision is commendable as they have their joint decision in most of the household decision make areas. Moreover, in some decision areas they are even playing the role of a sole decision marker. However, in some of the finance related decision husband still have their greater say. On the other hand, their domestic role practice shows that the domestic works load is high on them as most of the kitchen works and child rearing tasks are still practiced by them only.

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## APPENDIX I

## Questionnaire

## Structured Interview

## Individual Profile

| S.N | Questions |  |
| :---: | :---: | :---: |
| 1 | Age | .............................. |
| 2 | Academic Qualification | a. SLC <br> c. Intermediate <br> b. Bachelor <br> d. Master degree |
| 3 | Religion | a. Hindu <br> c. Buddhist <br> b. Christian |
| 4 | Cast/Ethnicity | a. Brahamin <br> e. Chhetri <br> b. Magarf.Gurung <br> c. Tamang <br> g. Newar <br> d. Dalit <br> h. Others |
| 5 | Types of Marriage | a. Arrange Marriage c. Court Marriage <br> b. Love Marriage |
| 6 | Family Structure | a. Nuclear Family b. Join Family |
| 7 | Age of Husband | a. ................................................. |
| 8 | Husband's Academic <br> Qualification | a. SLC <br> c. Intermediate <br> b. Bachelor <br> d. Master degree |
| 9 | Husband's Occupation | a. Self employed <br> c. Government services <br> b. Foreign employment <br> d. Others |
| 10 | Number of Children | a. One <br> c. Three <br> b. Two <br> d. Four |

## Daily Duties

| S.N. | Question | Responses |
| :---: | :---: | :---: |
| 1 | Time of wake up | ............ |
| 2 | House cleaning | a. Yes b. No |
| 3 | Kitchen work | a. Yes b. No |
| 4 | Job | a. Yes b. No |
| 5 | Caring of children | a. Self <br> b. Husband <br> c. Family Member <br> d. All of the Above |
| 6 | Returning time from School | ..................................................... |
| 7 | How do you manage the works for domestic animals? | a. Father in-law c. Self <br> b. Mother in-law d.All of us |
| 8 | How do you manage the works for farming? | a. Father in-law c. Self <br> b. Mother in-law d.All of us |
| 9 | Help for children's studies | a. Husband <br> c. Both <br> b. Self <br> d. Other family members |
| 10 | Sleeping Time | .............................. |
| 11 | Have you ever felt difficulties for managing household works and school job? | a. Yes b. No |

## Household Accessories/Facilities

| S.N | Question | Responses |  |
| :--- | :--- | :--- | :--- |
| 1 | Kitchen with dining table | a. Yes | b. No |
| 2 | Separate sleeping and meeting room | a. Yes | b. No |
| 3 | Availability of water in sight home | a. Yes | b. No |
| 4 | Telephone | a. Yes | b. No |
| 5 | T.V. | a. Yes | b. No |
| 6 | Mobile phone | a. Yes | b. No |
| 7 | Computer | a. Yes | b. No |
| 8 | Internet | a. Yes | b. No |
| 9 | Cable Network | a. Yes | b. No |
| 10 | Own Transportation Vehicles | a. Yes | b. No |

## Agricultural Products

| S.N. | Question | Responses |
| :--- | :--- | :--- |
| 1 | Are you producing any agricultural <br> products | a. Yes b. No |
| 2 | If yes propose of production | a. for own use b. for selling <br> c. for both |
| 3 | Is this production is enough for you? | a. Yes $\quad$ b. No |
| 4 | What kinds of tools and methods are you <br> using | a. Traditional b. Modern <br> c. Both |

## Economic Profile of Respondents

| S.N. | Questions | Responses |
| :---: | :---: | :---: |
| 1 | What is the main income source of your family? | a. Agriculture <br> b. Business <br> c. Job <br> d. Others |
| 2 | How much do you earn annually? | a. Less than 50 thousand <br> b. 50 thousand to 1 lakh <br> c. Above 1 lakh |
| 3 | How much is the income of your husband? | a. less than 10 thousand <br> b. 10 thousand to 20 thousand <br> c. 20 thousand to 30 thousand |
| 4 | How do you mange household expenditure? | a. By cash <br> b. By cheque <br> c. All of the above |
| 5 | Do you use ATM/Credit Card? | a. Yes b. No |
| 6 | What do you do for your saving income? | a. Keeping at Home <br> b. personal Lending <br> c. Investment in Dhikuti <br> d. Deposit in co-operative <br> e. Deposit in Bank |
| 7 | Who has the decisive role for economic activities in your family? | $\ldots$ |
| 8 | How much do you expend per month? |  |
| 9 | Who is the main owner of monetary transaction? | a. Husband <br> b. Father in-law/mother in-law <br> c. Self |

## Social Status of Respondents

| S.N. | Question | Responses |
| :---: | :---: | :---: |
| 1 | How is the status of female teacher at your school? | a. Reputed b. High <br> c. Medium d. Lower |
| 2 | How is the role of decision making of female teachers at home? | a. High b. Medium <br> c. Lower d. None |
| 3 | How was the status of female teachers before involving in teaching occupation? | a. High b. Medium <br> c. Lower d. None |
| 4 | If low why is so? | a. Illiteracy <br> b. Lower economic status <br> c. Conservative thinking |
| 5 | How do your family member response when you come back late from your school? | a. Positive b. Negative |

## Description of Working Office

| S.N. | Question | Responses |  |
| :--- | :--- | :--- | :--- |
| 1 | What kind of job do you have? | a. permanent $\quad$ b. Temporary |  |
| 2 | In which you level do you teach? | a. Primary <br> c. Secondary |  |
| 3 | How many hours do you work in you Secondary <br> school? |  |  |
| 4 | How long have you been working in this <br> school? |  |  |
| 5 | Have you been promoted in your service <br> period? | a. Yes |  |
| 6 | How many female teachers are there in <br> your school? |  |  |
| 7 | How many of them are teaching in <br> primary, lower secondary, secondary <br> level? | a. Primary b. Lower secondary |  |
| c. Secondary |  |  |  |

## Attitude of Respondent towards job

| S.N | Question | Responses |
| :--- | :--- | :--- | :--- |
| 1 | Why have you join in this job? | a. For the sake of income <br> b. For women empowerment <br> c. For development skills <br> d. Others.................... |
| 2 | Have you been satisfied from job? | a.Yes $\quad$ b. No |
| 3 | Have you loved you as your family? | a. Yes $\quad$ b. No |
| 4 | Have you ever realized the equal <br> opportunity | a. Yes $\quad$ b. No |
| 5 | Have you ever equalized the equal <br> status of male and female teachers? | a. Yes $\quad$ b. No |

## Challenges of holder women

| S.N. | Question | Responses |
| :--- | :--- | :--- |
| 1 | Have you got support for your job from your <br> family member? | a. Yes b. No |
| 2 | Who is helping for you when you are <br> working outside your home? | a. Husband <br> b. Father in-law /Mother in -Law <br> c. Brother in-law <br> d. None |
| 3 | How do you spend four income | a. Household work <br> b. Children <br> c. self <br> d. husband |
| 4 | How do you manage your household works <br> and your job both? | a. Getting of early <br> b. Taking the help of family <br> c. By paid labour <br> d. Taking the help of relative |

## APPENDIX II

## Checklist for key informants

Name: $\qquad$
Name of school: $\qquad$
Age: $\qquad$
Caste: $\qquad$
Education: $\qquad$

1. How many hours do you work in office per day?
2. Do you get any promotion in this institution?
3. How many years have you involved in this profession?
4. What is the total on of teachers working in your school?
5. What is the total no of female teachers in your school?
6. Are you satisfied with your job?
7. which one of the following job characteristics is most important to you
a. High income
b. Opportunities for advancement
c. Enjoying the work
8. Why did you decide to work?
a. For income
b. To utilize qualification/skill
c. For status and recognition
d. Other (specify) $\qquad$
9. Do you think female working are also getting equal opportunity to male colleagues in this profession?
10. Do you think job is essential for women to improve their life status?
