Tribhuvan University

Gandhi: the body and Politics in *Hind Swaraj* 

A Thesis Submitted to the Department of English in Partial Fulfillment of the Requirement for the Degree of M.Phil in English

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Letter of Recommendation

Madan Ray Yadav has completed this thesis entitled "Gandhi: the body and Politics in *Hind Swaraj*" under my supervision. He carried out his research from July 2017 to November 2018 AD. This thesis meets the required standards to justify the award for the Degree of Master of Philosophy (M. Phil) in English. I hereby, recommend his thesis be submitted for viva voce.

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## Approval Letter

This thesis entitled "Gandhi: the body and Politics in *Hind Swaraj*" submitted to the Central Department of English, Tribhuvan University, by Madan Ray Yadav, has been approved by undersigned members of the Research Committee for the award for the Degree of Master of Philosophy (M.Phil.) in English.

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Madan Ray Yadav

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## Abstract

This research work explores the charismatic leadership of M. K. Gandhi possessing the inspiring image in the Indian history. My research concerns with the power of spirituality, knowledge of history and the self that gives people insights into life for the change and identification. Bringing different concepts from the Upanishads, the Vedas and the western thoughts, the research discovers Gandhi to be an icon who influences people to come up with dynamic-self. Being inspired by Leo Tolstoy and Raychandbhai, Gandhi rightly understood the power of meditation, yoga, deep patience and incessant struggle that became the greatest weapon for him to uproot the tyrannical reign of the British from India. Based on Indic way; self, performance and rituals, the research explores the veiled fact of the sacrifices, passion and cognition of Gandhi, the body and its power. Thus, my research work proves Gandhi to be the father of the nation.

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