# Socio-economic Status of Widow Women (A Sociological Study in Pokhara Ward No. 11)

### A Thesis

Submitted to the Faculty of Humanities and Social Sciences

Department of Sociology, Prithvi Narayan Campus, Pokhara

For Partial Fulfillment of the Requirement for the

Master's Degree in

Sociology

# **Submitted by:**

Geeta Karki

Roll No: 22/071

Symbol No: 480298 /2076

T.U. Regd. No: 6-1-295-17-97

Tribhuvan University
Faculty of Humanities and Social Sciences
Department of Sociology
Prithvi Narayan Campus
Pokhara, Nepal

January, 2022



## TRIBHUVAN UNIVERSITY

विभवन विश्वविद्यालय

# Prithvi Narayan Campus पृथ्वीनारायण क्याक्पस

(A QAA Certified Institution, Accredited by UGC, Nepal)

प.सं. : च.नं. :

# LETTER OF RECOMMENDATION

This thesis entitled "Socio-economic Status of Widow Women" has been prepared by Geeta Karki under my guidance and supervision. I hereby recommend this thesis for examination by the thesis committee as a partial fulfillment of the requirement for the degree of Master of Arts in Sociology.

Date: 28th January, 2022

Mr. Mukunda Lamsal Supervisor Department of Sociology Prithvi Narayan Campus Pokhara, Nepal

# KATHMANDU NEPAL

### TRIBHUVAN UNIVERSITY

विभवन विश्वविद्यालय

**Member of the Thesis Evaluation Committee** 

Submission Date: 28th January, 2022

Viva Date: 31st January, 2022

# Prithvi Narayan Campus पृथ्वीनारायण क्याक्पस

प.सं. : च.नं. : (A QAA Certified Institution, Accredited by UGC, Nepal)

# LETTER OF APPROVAL

This thesis entitle "Socio-economic Status of Widows" submitted to the Department of Sociology, Prithvi Narayan Campus, Pokhara by Geeta Karki has been accepted and approved as the partial fulfillment of the Master's Degree of Humanities in Sociology by the undersigned members of the thesis evaluation committee.

# Research Supervisor Lecturer Mr. Mukunda Lamsal Department of Sociology External Examiner Department of Sociology Mr. Laxman Prasad Sharma Head of Department Department of Sociology Prof. Biswo Kalyan Parajuli, Ph.D. Prithvi Narayan Campus, Pokhara

Acknowledgement

The successful completion of this thesis was a result of collaborative and supportive

effort from many people to whom I would like to express my gratitude.

Accomplishing the task of preparing a thesis is never an easier one since it requires

hard labor, concentration, determination and patience on the part of the researcher and

cordial co-operation on the part of all concerned parties. I owe a debt of gratitude to

all those who have supported and enabled me to accomplish this difficult job.

I am grateful to Professor Dr Bishwo Kalyan Parajuli, HOD department of sociology.

I would like to express my whole sincere gratitude to my respected teacher and thesis

supervisor Mr. Mukunda Lamsal and external examiner Mr. Laxman Prasad Sharma

who showed great interest and provided academic guidance during the whole research

and thesis writing period. They provided me valuable guidance and suggestions on

my thesis which greatly helped me to accomplish my research work in time. In spite

of their other duties and responsibilities, they shared their priceless time and

encouraged me to bring this thesis into this form. I am also grateful to all the

respected lecturers of the Department of Sociology, Prithvi Narayan campus for their

encouragement and suggestion.

Likewise, I extend my special thanks to my friend Tirtha kumari Gurung for assisting

me during my fieldwork and other thesis related works. Finally, I heartfully thank my

husband Mr. Thakur prasad Panta, my father, mother who always encourages me,

staffs of ward no. 11 Pokhara. Without the help of the people mentioned above, I

would have faced many difficulties while doing this thesis. I am indebted for their

support and encouragement to me throughout my study period.

Geeta Karki

Pokhara,

Date: - 28th January, 2022

.....

Signature

iv

### **ABSTRACT**

The aim of this study is to examine the socio-economic status of widow women. For this purpose, out of 100 respondents 80 widow women of age 20 to above 60 years from Pokhara metropolitan city ward no. 11 were interviewed purposively by using structured questionnaire. Descriptive statistics was used for the analysis of the data. Majority of widow women were from age group of 41 to 50 years. Majority of them were illiterate and deprived from the political, social and economic participation. Major problems faced by the widow women are economic hardship, family violence (especially mental stress given by their family and society), less freedom, deprivation of the social and economic rights and participations, less decision-making roles and so on. Further, the majority of the widow women had very little freedom to do something and go somewhere. It is also found that the land ownership has been transferred to them but it is due to legal provision after the death of husbands only. Various study shows that the socio-economic status of widow women in Nepal is very poor. The women are being discriminated in every aspect of the society. A woman who is a widow is discriminated, abused, harassed and deprived of social and economic rights, including property rights. There are many cases of young widows being vulnerable and victimized - both sexually and emotionally - within the family and in their communities. Religious beliefs, cultural values and social norms further prohibit the young widow women from taking part in any family or public activities.

The interview schedule was structured based upon the socio-economic status of widows. As I continued my research, it was seen that maximum respondents didn't answer openly due to cultural belief and practices. Widows hide their feelings, desire and be silent due to social fear, embarrassment, hate, family's negative behaviors, etc. In conclusion, a very few of the widow had good socio-economic status.

# TABLE OF CONTENT

Cont	ent	Page
Lette	r of Recommendation	ii
Letter of Approval		
Ackn	owledgement	iv
Abstr	ract	ν
Table	Table of Content	
List o	List of Table	
СНА	PTER ONE: INTRODUCTION	1-7
1.1	Background	1
1.2	Statement of the Problem	3
1.3	Objectives of the Study	5
1.4	Significance of the Study	5
1.5	Limitation of Study	6
1.6	Organization of the Study	6
CHA	PTER TWO: LITERATURE REVIEW	8-18
Th	eoretical Review	
2.1	Widowhood and Gender Relation	8
2.2	Concept of Women and Single Women	9
2.3	Gender Issues and Women's Rights Incorporated in the Interim	
	Constitutions	11
2.4	Empirical Review	13
2.5	Conceptual Framework	17
CHA	PTER III: RESEARCH METHODOLOGY	19-22
3.1	Rational of Site Selection	19
3.2	Research Design	20
3.3	Nature and Source of Data	20
34	Sample Size	21
3.5	Data Collection Tool	21
3.6	Method and Instruments of Primary Data Collection	21
	3.6.1 Interview schedule	21
	3.6.2 Case study	22
	3.6.3 Key Informants Information (KII)	22

3.7	Data Analysis	22
3.8	Reliability and Validity of Tool	22
CHA	PTER IV: SOCIO-DEMOGRAPHIC DESCRIPTION OF	
	RESPONDENTS	23-28
4.1	Distribution of Respondents by Age	23
4.2	Educational Status and Widow Women	24
4.3	Religious Composition	24
4.4	Division of Respondents by Nature of Family	25
4.5	Caste Composition of Respondents	26
4.6	Division of Widows by Occupation	27
4.7	Monthly Income and Widow's Life	28
CHA	PTER V: ATTITUDE AND BEHAVIOR TOWARDS WIDOW	29-41
5.1	Land Ownership and Widow Women	29
5.2	Food Sufficiency	30
5.3	Economic Support to Widow	31
5.4	Causes of Husband Death	32
5.5	Social Adjustment after Husband Deaths	32
5.6	Participation on Religious Activities of Widows	33
5.7	Widows Participation on Social Activities	33
5.8	Participation in Social Organization	34
5.9	Perception of Widows toward Cosmetic Items	35
5.10	Red Clothing and Widow Perception	35
5.11	Concept of Re-marriage and Widow's Perception	36
5.12	Violence Faced by Widows	38
5.13	Family Behavior Towards Widow	39
5.14	Societies Attitude and Behavior towards Widows	40
CHA	PTER VI: SUMMARY, MAJOR FINDINGS AND CONCLUSION	42- 46
6.1	Summary of the Study	42
6.2	Major Findings	42
6.3	Conclusion	45
REFI	ERENCES	
ANNI	$\mathbf{E}\mathbf{X}$	

# LIST OF TABLES

Content		Page
4.1	Distribution of Respondents by Age	23
4.2	Educational Status and Widow Women	24
4.3	Religion Composition of Respondents	25
4.4	Division of Respondents	25
4.5	Caste/Ethnic Composition of Respondents	27
4.6	Division of Widow by Occupation	27
4.7	Monthly Income and Widow's Life	28
5.1	Land Ownership and Widow Women	29
5.2	Food Sufficiency from Widow's Land	30
5.3	Economic Support to Widow	31
5.4	Causes of Husband Deaths	32
5.5	Social Adjustment after Husband Deaths	32
5.6	Participation on Religious Activities of Widows	33
5.7	Widows Participation on Social Activities	34
5.8	Participation in Social Organization	34
5.9	Perception of Widows toward Cosmetic Items	35
5.10	Red Clothing and Widow Perception	36
5.11	Concept of Re-marriage and Widow's Perception	37
5.12	Violence Faced by Widows	38
5.13	Family Behavior Towards Widow	39
5.14	Society's Attitude and Behavior towards Widows	40

# LIST OF FIGURES

Figures	Pages	
Figure 2.1: Conceptual Framework	18	
Figure 3.1: Study area in Pokhara Metropolitan	20	
Figure 4.3: Family Types of Respondents	26	