

**MENTORING FOR TEACHERS' PROFESSIONAL
DEVELOPMENT**

**A Thesis Submitted to the Department of English Education
In Partial Fulfilment for the Master of Education in English**

**Submitted by
Binita Baral**

**Faculty of Education, Tribhuvan University
Kirtipur, Kathmandu, Nepal**

2015

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2015**

**T.U. Reg. No.: 9-2-590-10-2006
Second Year Examination
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**Date of Approval of
Thesis Proposal: 06-09-2013
Date of Submission: 06-12-2015**

RECOMMENDATION FOR ACCEPTANCE

This is to certify that **Mrs. Binita Baral** has prepared this thesis entitled **Mentoring for Teachers' Professional Development** under my guidance and supervision.

I recommend the thesis for acceptance.

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DECLARATION

I hereby declare that to the best of my knowledge this thesis is original; no part of it was earlier submitted for the candidature of research degree to any university.

Date: 03-12-2015

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Binita Baral

Dedicated to
My Parents, Gurus/Gurumas and all those who have contributed
directly or indirectly to bring me
where I am.

ACKNOWLEDGEMENTS

First of all, I would like to extend my sincere gratitude and appreciation to my supervisor, **Mr. Khem Raj Joshi**, Teaching Assistant, Department of English Education, Tribhuvan university, Kirtipur, for his invaluable guidance, support, inspiration, enlightening ideas and encouragement throughout the work I have been extremely fortunate to have him as my supervisor, who gave me invaluable support both at academic and personal levels. I highly appreciate the support I received from him during the study and during the crisis I faced at the final stages of my work.

I am profoundly indebted to my respected Guruma, **Dr. Anjana Bhattarai**, Professor and Head, Department of English Education, Tribhuvan University, Kirtipur for her invaluable suggestions, encouragement and guidance for this research I have no words to express my sincere gratitude to her.

Similarly, I would like to extend my sincere gratitude to **Mrs. Saraswati Dawadi**, Lecturer, Department of English Education Tribhuvan University, Kirtipur for their invaluable comments and suggestions while conducting the viva of the proposal of this research which made me aware of doing thesis work in its all formalities.

Likewise, I feel pleasure to express my special thanks to all the respondents who make my study possible by fulfilling the questionnaire.

I am equally thankful to **Prof. Dr. Govinda Raj Bhattarai, Prof. Dr. Tirth Raj Khaniya, Prof. Dr. Anju Giri, Prof. Dr. Vishnu Singh Rai, Prof Dr. Laxmi Bahadur Maharjan**, and other readers, lecturers, Teaching Assistants and all the staffs of Department of English Educations, T.U kirtipur, who helped me directly and indirectly to conduct the research work. Without their assistance, this work not be completed. In the similar vein, **Mrs. Madhavi Khanal** and **Mrs. Navina Shrestha** also deserve a lot of thanks for their kind help in library.

I am also grateful to my husband **Mr. Saras Poudel**, brother **Mr. Bimal Baral** and sister **Ms. Manisha Baral** for their support in every steps of life. Likewise, other

relatives and friends especially **Mr.Ramesh Chandra Bhandari** who help me during my study and preparing this thesis also deserve my thanks.

I would like to thanks for my inspiring and encouraging parents **Mr. Krishna Prasad Baral** and **Mrs. Rupa Baral** who devoted their entire life to make me what I am today.

December, 2015

Binita Baral

ABSTRACT

This research work entitled **Mentoring for Teachers' Professional Development** was an attempt to find out the practices, need and relevance of mentoring in teachers' professional development. The respondents for the research were selected by using non-random purposive sampling procedures. For the research study, the primary data were collected from Kathmandu district of thirty seven novice English language teachers and three Head teachers of government-aided school. For the purpose of data collection, questionnaire was used for novice teachers and interview schedule was used for Head teachers. The collected data from the respondents were analyzed and interpreted descriptively with the help of simple statistical tools. The major findings of the study reveal that English teachers are aware of the concept of mentoring and they know the various advantages of mentoring as it pushes ahead to their professional development but they are practicing it only informally. Almost all the respondents viewed mentoring having a great importance in Nepal and it can give a positive impact to the whole educational outcome of nation if they use it formally in their educational institutions. In this study, I found that English teachers actually need mentoring for their better performance and teachers were using mentoring system in their educational institutional informally but they are not using it formally. When they face a certain problem and that was too much to go ahead with then only they share it with others but formally there was not any system of such sharing and learning from one another.

This thesis has been divided into five chapters. The first chapter deals with general background of the study, statement of the problem, objectives of the study, delimitations of the study and operational definition of the key terms. Similarly, the second chapter consists of the review for the study of the theoretical literature, review empirical research, implication of the framework for the study. The third chapter deals with the methodological aspects under which design of the study, population and sample, sampling procedures, data collection tools, data collection procedures and data analysis and interpretation procedure have been included. The fourth chapter focuses on results, findings of discussions and summary. And, the fifth chapter of the

study consists of conclusions, recommendations of the study in policy making level and practice level with some directions for the further research.

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LIST OF ABBREVIATIONS AND SYMBOLS

BC	British Council
CDC	Curriculum Development Center
DOE	District Office Education
EFL	English as a Foreign Language
ELT	English Language Teaching
et al.	and others
Fig	Figure
i.e.	That is
INSET	In-Service Teacher Training
IoE	Institute of Education
M. Ed.	Master in Education
MoE	Ministry of Education
Mr.	Mister
Mrs.	Mistress
Ms.	Miss
NELTA	Nepal English Language Teachers' Association
OALD	Oxford advanced Learners' Dictionary
T.U.	Tribhuvan University
T.D.	Teacher Development
TPD	Teacher Professional Development
UNESCO	United Nations Educational Scientific and Culture
Vol.	Volume
www	World Wide Web