

SITUATION OF HEALTHFUL SCHOOL ENVIRONMENT

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JANTA MULTIPLE CAMPUS ITAHARI

SUNSARI, ITAHARI

March 2022

DECLARATION

I hereby declare that this thesis is my own original work; no part of it was earlier submitted for the candidature of research degree to any university, college or educational institution. Whatever subject matter I have presented in this thesis report belongs to my own work except some texts.

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RECOMMENDATION LETTER

This is to be recommended that the research report entitled "**Sitatuion of Healthful School Environment**" has been carried out by **Pratap Sing Rai** for the partial fulfillment of Master Degree in Health Education. This original work was conducted under my supervision. To the best of my knowledge, this research has not been submitted for any other degree. Therefore, I recommended this report for evaluation and viva-voce.

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APPROVAL SHEET

This thesis entitled "**Situation of Healthful School Environment** " submitted by **Mr. Pratap Sing Rai** in partial fulfillment of the requirements for the Master Degree in Health Education has been approved.

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ABSTRACT

The study entitled "Situation of Healthful School Environment " was conducted to explore the status of healthful school environment of government primary school in Dharan Sub-Metropolitan City. The healthful school environment provides a sound laboratory for teaching learning process and also affects the attitude and behavior of school personnel. The objective of the study were to explore the present condition of school plant in governmental primary school, to find out the sanitary practice for creating healthful school environment and to identify the management of physical facilities. The required data were collected from 10 schools by using the interview schedule and observation check list. Simple statistical techniques were used for the data analysis and interpretation.

All of the schools had adequate own land and building. Some schools were located in peaceful environment and some schools were located in less peaceful environment. Building and classrooms were satisfactory because they were good condition. Similarly all the schools had own land and play ground but not sufficient for sports facilities. Some of the old schools have old types building which have no sufficient window and ventilations and others new buildings of the schools have well lightened and ventilation. There is also found lacking in proper care and conservation which school had the garden. The ratios between female and male teachers were not equal but it is satisfactory. Student ratio also increasing in year by year, it means the literacy rate is going increasing in day by day. Similarly, now a day most of parents do not discriminate between girls and boys.

All most of the schools had availability of dustbins in the school areas. They were used dustbin both students and teacher. All of the schools were in satisfactory level of waste management. The majority of governmental primary school has not properly managed the drainage system of sewage. They did not care about the water after school whether it followed anywhere. Maximum school of Dharan Sub-Metropolitan City had sufficient availability of drinking water in the schools. Most of the schools had proper knowledge about purification of water but they didn't properly practice it

in their behavior. Most of the school had separate toilet for boys and girls student and teachers.

Most of the schools had not managed of canteen. Therefore, the school management committee, administrative personnel and other stakeholder should try to provision of cafeteria, similarly to prevent the problem of food fads sold by street vendors on the way and availability of room were sufficient in schools which help to deliver the better education in better environment. Due to the lack of appropriate land or court and sport teacher less variety of games facilities were available in the school. Every school has managed some type of sports facilities. However they were not sufficient for the round development of school's children.

TABLE OF CONTENTS

		Page
Title Page		
DECLARATION		I
RECOMMENDATION LETTER		II
APPROVAL SHEET		III
ACKNOWLEDGEMENT		IV
ABSTRACT		V
TABLE OF CONTENTS		VII
LIST OF TABLES		X
LIST OF FIGURES		XI
ACRONYMS		XII
CHAPTER - I	INTRODUCTION	1 - 8
1.1	Background of the Study	1
1.2	Statement of the Problem	4
1.3	Objectives of the Study	6
1.4	Significance of the Study	6
1.5	Delimitation of the Study	7
1.6	Operational Definition of the Key Terms	8
CHAPTER - II	REVIEW OF RELATED LITERATURE	9 - 15
2.1	Theoretical Literature	9
2.2	Empirical Literature	10
2.3	Implication of Review for the Study	14
2.4	Conceptual Framework	14
CHAPTER - III	RESEARCH METHODS AND PROCEDURE	16- 18
3.1	Research Design	16
3.2	Sources of Data	16

3.3	Population of the Study and Purposive Sampling	16
3.4	Data Collection and Finalization of the Tools	17
3.5	Data Collection Procedure	17
3.6	Methods of Data Analysis and Interpretation	18
CHAPTER - IV	ANALYSIS AND INTERPRETATION OF RESULTS	19 - 41
4.1	Present Condition of School Plant	19
4.1.1	Own Land of School	19
4.1.2	Location of the School	20
4.1.3	Gardening of School	21
4.1.4	Blackboard Placement	22
4.1.5	Lighting and Ventilation	23
4.1.6	Status of Furniture in the School	24
4.1.7	Number of Teacher	25
4.1.8	Enrolment Trend of Student	26
4.2	Sanitary Practice for Healthful School Environment	27
4.2.1	Waste Disposal Practices in the Schools	28
4.2.2	Method of Disposal	28
4.2.3	Availability of Drainage Facility in the School	29
4.2.4	Drinking Water in Schools	30
4.2.5	Purification Practices of Water	31
4.2.6	Management of Toilet in Schools	32
4.2.7	Cleanliness Schedule of Toilets in Schools	33
4.3	Management of Physical Facility	33
4.3.1	Availability of Canteen in Schools	34
4.3.2	Status of Canteen Facility	35
4.3.3	Availability of Rooms in Schools	35
4.3.4	Sports Facilities and Playing Equipments in Schools	37
4.4	Summary	38
4.5	Findings	39

CHAPTER - V	CONCLUSION AND RECOMMENDATIONS	42-45
5.1	Conclusion	42
5.2	Recommendations	43
5.2.1	Recommendations for Improvements	43
5.2.2	Recommendations for Policy	44
5.2.3	Recommendation for further study	44

REFERENCES

APPENDICES

LIST OF TABLES

Table No.	Title	Page No.
1.	Land of School	20
2.	Student's Number in Different Academic Year	27
3.	Schedule of Waste Disposal in School	28
4.	Cleanliness Schedule of Toilets	33
5.	Availability of Canteen Facility in Schools	34
6.	Number of Classrooms, Staffrooms, Toilet rooms and Store rooms	36

LIST OF FIGURE

Figure No.	Title	Page No.
1.	Location of the School	21
2.	Gardening of School	22
3.	Placement of Blackboard	23
4.	Condition of Lightening and Ventilation	24
5.	Status of Furniture	25
6.	Teachers Ratio in School	26
7.	Methods of Disposal	29
8.	Availability of Drainage Facility in Schools	29
9.	Availability of Safe Drinking Water	30
10.	Purification Practices of Water	31
11.	Management of Toilet	32
12.	Status of Canteen in School	35
13.	Playing Equipments in School	37

ACRONYMS

CRC	Curriculum Resource Center
FOE	Faculty of Education
HPPE	Health Physical and Population Education
HSE	Healthful School Environment
INGOs	International Non Governmental Organizations
M. Ed.	Master's Degree in Education
NGOs	Non Governmental Organizations
SHP	School Health Programme
TU	Tribhuvan University
UNICEF	United Nation International Children Emergency Fund
VDC	Village Development Committee
WHO	World Health Organization