ROLE OF TEACHER TRAINING FOR TEACHER PROFESSIONAL DEVELOPMENT AT SECONDARY LEVEL

A Thesis Submitted to the Department of English Education In the Partial Fulfillment for the Master of Education in English

Submitted by

Pratima Kumari

Faculty of Education Tribhuvan University, Kirtipur Kathmandu, Nepal

2017

ROLE OF TEACHER TRAINING FOR TEACHER PROFESSIONAL DEVELOPMENT AT SECONDARY LEVEL

A Thesis Submitted to the Department of English Education In the Partial Fulfillment for the Master of Education in English

Submitted by

Pratima Kumari

Faculty of Education

Tribhuvan University, Kirtipur

Kathmandu, Nepal

2017

T.U. Registration No: 9-2-740-49-2009 Date of Approval of the

Fourth Semester Examination

Thesis Proposal: 2073-06-2 Roll No:

280199/071

Date of Submission: 07-03-2017

RECOMMENDATION FOR ACCEPTANCE

This is certify that Miss Pratima Kumari has prepared this thesis entitled

Role of Teacher Training for Teacher Professional Development

at Secondary Level under my guidance and supervision.

I recommended this thesis for acceptance.

Date: 07-03-2017

.....

Dr. Ram Ekwal Singh (Supervisor) Reader and Head Department of English Education T.U., Kirtipur, Kathmandu

RECOMMENDATION FOR EVALUATION

The following **Research Guidance Committee** has approved this proposal.

	Signature
Dr. Anajana Bhattarai	•••••
Professor and Head	(Chairperson)
Department of English Education	
T.U., Kirtipur	
Dr. Ram Ekwal Singh (Supervisor)	•••••
Reader	(Member)
Department of English Education	
T.U., Kirtipur	
Dr. Purna Bhadur Kandel	••••••
Lecturer	(Member)
Department of English Education	
T.U. Kirtipur	

RECOMMENDATION FOR APPROVAL

This thesis has been evaluated and approved by the following thesis Evaluation and Approval Committee.

	Signature
Dr. Ram Ekwal Singh (Supervisor)	
Reader and Head	(Chairperson)
Department of English Education	
T.U., Kirtipur	
Dr. Tara Datta Bhatta (External)	••••••
Professor	(Member)
Department of English Education	
T.U., Kirtipur	
Dr. Anju Giri	
Professor	(Member)
Department of English Education	
T.U., Kirtipur	

Date: 11-04-2017

DECLARATION

I hereby declare that best of knowledge this thesis is original; no part of it was earlier submitted for the candidature of research degree to any University.

Date: 06-03-2017

.....

Pratima Kumari

DEDICATION

Dedicated

To

My affectionate grand Parents who have devoted their entire life to

bring me to the present position.

ACKNOWLEDGEMENTS

I would like to express my deep sense of gratitude to my thesis supervisors **Dr. Ram Ekwal Singh,** Reader and Head, Department of English Education T.U., Kirtipur, Kathmandu for his continuous assistance, inspiration, co-operation and suggestions from the very beginning of this thesis writing. I feel myself very much proud and lucky to have worked under his guidance and supervision.

I am much more grateful to **Dr. Anajana Bhattarai**, Professor, Department of English Education and **Dr. Purna Bhadur Kandel**, Lecturer, Department of English Education, for their inspiration, constructive ideas and suggestions to me during the study.

I am genuinely indebted to **Dr. Anju Giri,** Professor, Department of English Education and The Chairperson of the English and Other Foreign Language Education Subject Committee for her suggestions and invaluable ideas.

I have great pleasure to express my deep sense of gratitude to my respected teachers **Prof. Dr. Laxmi Bhadur Maharjan, Mr. Raj Narayan Yadav, Mrs. Madhu Neupane, Mr. Bhesh Raj Pokhrel, Mr. Khem Raj Joshi, Mr. Ashok Sapkota, Mr. Resham Acharya, Mr. Laxmi Prasad Ojha and Mr. Guru Prasad Paudel,** and all the faculty members for teaching various courses and for the valuable guidance and cooperation.

I am much more grateful to those teachers who kindly co-operate me and provided valuable information for the study and those authors whose works were consulted for my study.

I am also thankful to **Mrs. Madhavi Khanal, Mrs. Nabina Maharjan and Mr.Bishnu Bahadur Silwal** The librarian at the Department of English Education; for helping me by providing required books.

Lastly, I thank my friends, relatives and brothers who helped me throughout this research and computer system Kirtipur, Kathmandu for excellent computer typing and printing.

Pratima Kumari

ABSTRACT

The present research study entitled **Role of Teacher Training for Teacher Professional Development at Secondary Level** aims at finding out the attitudes of secondary level English teachers towards teachers' professional development (TPD) training and to find out the role of teachers' training in their professional development. It was a survey research design. I selected thirty secondary level English teachers from Parsa district and teachers who participated in the TPD training program conducted by National Center for Educational Development (NCED). I applied purposive random sampling procedure to select the respondents to the study. A set of questionnaire and observation checklist were used as research tool in this research where both types of questions i.e. open-ended and close-ended were included. Systematically collected data were analyzed, tabulated and interpreted descriptively in the thesis. Teacher training played fruitful role in teachers' life such as managing ELT classroom, sleeting teaching materials and understanding the psychology of students.

This thesis consists of five major chapters. The first chapter deals with the background of the study, statement of the problem, objectives of the study, research questions, significance of the study, delimitations of the study and operational definitions of the key terms. The second chapter includes the review of related literature review of related theoretical literature, review of empirical literature, implications of the study and conceptual framework. The third chapter presents design of the study, population, sample and sampling strategy, research tools, sources of data, data collection procedures, data analysis procedures and ethical considerations. The fourth chapter i.e. analysis and interpretation of data includes analysis of data and interpretation of results. Finally, the fifth chapter includes findings, conclusion and recommendations made on the basis of analysis and interpretation of the data. References and appendices are also included in the final part of the thesis.

TABLE OF CONTENTS

	Pages
Declaration	i
Recommendation for Acceptance	ii
Recommendation for Evaluation	iii
Evaluation and Approval	iv
Acknowledgements	V
Abstract	vii
Dedication	viii
Table of Contents	ix
List of Tables	xii
List of Abbreviations	xv
CHAPTER ONE: INTRODUCTION	1-6
1.1 Background of the Study	1
1.2 Statement of the Problem	4
1.3 Objectives of the Study	5
1.4 Research Questions	5
1.5 Significance of the Study	5
1.6 Delimitations of the Study	6
1.7 Operational Definitions of the Key Terms	6

CHAPTER TWO: REVIEW OF RELATED LITERATURE AND

CONCEPTUAL FRAMEWORK 7-25

2.1 Review of Related Theoretical Literature	7
2.1.1 Teachers' Training	7
2.1.2 Importance of Teachers Training	8
2.1.3 Training and Teacher Professional Development	10
2.1.4 Managing Language Classroom	12
2.1.5 Rules of Managing ELT Classroom	14
2.1.6 Teacher Professional Development and Its Strategies	17
2.1.7 Understanding the Psychology of Students	19
2.1.8 Practice of Teacher Training in Nepal	20
2.2 Review of Related Empirical Literature	21
2.3 Implications of the Study	23
2.4 Conceptual Framework	25

7

7	2.2 Review of Related Empirical
Literature	CHAPTER THREE: METHODS AND
PROCEDURES OF	
THE STUDY	26-29
3.1 Design of the Study	26
3.2 Population, Sample and Sampling	Strategy 27
3.3 Research Tools	28
3.4 Sources of Data	28

	3.4.1 Primary Sources of Data	
	3.4.2 Secondary sources of Data	
3.5	Data Collection Procedures	28
3.6	Data Analysis Procedures	29
3.7	Ethical Considerations	29

CHAPTER FOUR: ANALYSIS AND INTERPRETATION

OF THE DATA	30 -68
4.1 Analysis of Data and Interpretation of Results	30
4.1.2 Analysis of Close-Ended Questions	30
4.1.3 Analysis of Open-Ended Questions	39
4.1.3 Analysis and Interpretation of the data	
Collected through Observation Checklist	46

CHAPTER FIVE: FINDINGS, CONCLUSION AND

RECOMMENDATIONS	69-73
5.1 Findings	69
5.2 Conclusion	70
5.3 Recommendations	71
5.3.1 Policy Related	71
5.3.2 Practice Related	72
5.3.3 Further Research Related	73

REFRENCES

APPENDICES

LIST OF TABLES

	Page No
Table 1: Teacher Professional Development	31
Table 2: Teacher Training, Teaching Materials and Classroom	
Management	33
Table 3: Teacher Training and Teacher Professional Development	35
Table 4: Teacher Training and Changes after Getting Training	37

LIST OF TABLES

Page No.

Table 1: Preparation for Lesson	47
Table 2: Review of Previous Lesson	47
Table 3: Preparation of Instructional Materials	48
Table 4: Arrangements of Physical Resources	49
Table 5: Appropriate Arrangement of Resources	49
Table 6: Starting the Class as Per the Schedule	50
Table 7: Motivation towards Lesson	51
Table 8: Overview of the Previous Lesson	51
Table 9: Selecting Accurate Subject Matter	52
Table10: Sequential Use of Instructional Materials	53
Table 11: Giving Examples to Clarify the Concept	53
Table 12: Summarizing the Contents and Time Management	54
Table 13: Skills in Selecting Teaching Materials	55
Table 14: Appropriateness of Method Used	55
Table 15: Changing in Teaching Methods time to Time	56
Table 16: Appropriateness of the Materials	57
Table 17: Students Awareness in the Used Materials	57

Table 18: Materials Used in a Nature of Subject Matter	58	
Table 19: Materials Used in Sequential Order	59	
Table 20: Effective Communication	60	
Table 21: Motivating Students towards Lesson	60	
Table 22: Providing Opportunity to Ask Questions	61	
Table 23: Students Group Formation and Group Dynamic	62	
Table 24: Providing Equal Opportunity to Learn	62	
Table 25: Providing Special Support to the Student Who Are Unable		
To Learn Easily	63	
Table 26: Providing Positive Reinforcement and Motivation	64	
Table 27: Students Active Participation	64	
Table 28: Student's Evaluation Based on Lesson Plan	65	
Table 29: Providing Developmental Feedback	66	
Table 30: Summarizing of Subject Matter	67	
Table 31: Assigning the Homework	67	
Table 32: Appropriate time Management for Ending Lesson	68	

LIST OF SYMBOLS AND ABBREVIATIONS

%: Percentage

A: Agree

BS: Bikram Shamvat

D: Disagree

Dr: Doctor

E.G: For Example

ELT: English Language Teaching

ETC: Education Training Center

F: Frequency

IoM: Institute of Education

I.e.: That is

LRC: Lead Resource Center

MoE: Ministry of Education

No: Number

SN: Serial Number

TIP: Teaching Improvement Plan

TW: Teacher Support Workshop