

DEVELOPING FREE WRITING THROUGH SELF- MONITORING

**A Thesis Submitted to the Department of English Education
In Partial Fulfillment for the Master of Education in English**

**Submitted by
Bishnu Prasad Bhattarai**

**Faculty of Education
Tribhuvan University
Kirtipur, Kathmandu, Nepal
2011**

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DECLARATION

I hereby declare that to the best of my knowledge this thesis is original; no part of it was earlier submitted for the candidature of research degree to any university.

Date: 2068/06/02

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RECOMMENDATIONS FOR ACCEPTANCE

This is certify that **Mr. Bishnu Prasad Bhattarai** has prepared this thesis entitled "**Developing Free Writing through Self-Monitoring**" under my guidance and supervision.

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DEDICATION

Dedicated to
my parents and teachers

ABSTRACT

The main purpose of this study is to measure the effectiveness of self monitoring techniques of teaching. To accomplish this task, all the students of grade 12 of Janta Higher Secondary Schools from Parbat district was selected for the collection of data. Students were asked to write free compositions only. The researcher made a collection of compositions written by the students, recorded and tabulated the errors and corrections everyday. He used self monitoring techniques for the self correction of errors. For that, he first of all encouraged and motivated the students to find out the errors themselves committed in free writings. And then, he directed the students to count and record the errors committed and corrections made by the students separately for twenty days. The students were also asked to record the progressive marks of the tests. At the end, he used the grand total of error and corrections to show the effectiveness of self monitoring technique to the students. The researcher divided the errors committed by the students in free writing composition into six different parts – Spelling, Vocabulary, Punctuation, Grammar, Content and Format. Then he counted the number of errors and corrections of each types of error in total. After listing the total number of errors and corrections and test marks it was found that self-monitoring technique was more effective in developing free writing skills among students.

This thesis mainly includes four chapters. The first chapter provides the introduction of the study. The introduction consists of general background, review of the related literature, objectives and the significance of the study. The second chapter presents the methodology that includes the sources of data, sampling procedure, tools for the collection and limitations of the study. The third chapter deals with the analysis and interpretation of the data. Similarly, the fourth chapter includes the product an analysis and interpretation of the data i.e. findings of the study and some recommendations made on the basis of the findings. Finally, the references and the appendices which are necessary for the validation of the research are also presented.

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LIST OF ABBREVIATIONS AND SYMBOLS

e.g.	:	for example (example gratia)
et. al.	:	et cetera
ELT	:	English Language Teaching
F.C.	:	Free Composition
Gra.	:	Grammar
i.e.	:	that is to say
No.	:	Number
P	:	Punctuation
R.N.	:	Roll Number
S.N.	:	Serial Number
Sp	:	Spelling
T.U.	:	Tribhuvan University
UNO	:	United Nations Organization
Voc.	:	Vocabulary