

**Tribhuvan University**

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**Kathryn Stockett's *The Help* as a Histogramic Metafiction**

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**A Thesis Submitted to the Central Department of English, T.U.  
In Partial Fulfillment of the Requirements for the  
Degree of Master of Arts in English**

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Letter of Approval

The thesis entitled "Kathryn Stockett's The Help as a Historic Metafiction" submitted to the Central Department of English, Tribhuvan University, by Sanu Khadka has been approved by the undersigned members of the Research Committee.

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**Abstract**

*This research blurring the distraction between fact and fiction as depicted in Kathryn Stockett's historical novel The Help. The novel describe the event of the Civil Rights Movement, the laws of segregation and intimidation and Taking theoretical insights on Historiographic Metafiction as proposed by Linda Hutcheon, and Hyden white this study reveals how this novel critique blurs the distinction between fact and fiction and presents the critique of racial stereotyping present in American society. A new rule has been set under the Civil Rights Movement according to this every citizen irrespective of class; creed or color will have access to life, liberty, and pursuit of happiness through individual effort. This research concludes that The Help not only presents the history by narrating the story through the old maid but also analyses the history through the present day situation and the text revisits history by revising and questioning it.*

Key Words: Racism, History, Slavery, Segregation, Stereotyping, Historiography, Metafiction