# ROLE OF TEACHER TRAINING FOR TEACHERS' PROFESSIONAL DEVELOPMENT

A Thesis Submitted to the Department of English Education In Partial Fulfilment for the Master of Education in English

**Submitted by** 

Sirjana Sitaula

Faculty of Education

Tribhuvan University, Kirtipur

Kathmandu, Nepal

2012

### **DECLARATION**

I hereby declare that to the best my knowledge this thesis is original; no part of it was earlier submitted for the candidature of the research to any university.

Date: 2012/12/12 Sirjana Sitaula

# RECOMMENDATION FOR ACCEPTANCE

This is certify that Sirjana Sitaula has prepared this thesis entitled Role of
Teacher Training for Teachers' Professional Development under my
guidance and supervision.

T	recommend	the	thesis	for	accei	ntance
1	recommend	uic	1110212	101	acce	manice.

Teaching Assistant
Department of English Education
Faculty of Education

TU, Kirtipur, Kathmandu

# RECOMMENDATION FOR EVALUATION

This thesis has been recommended for evaluation from the following **Research Guidance Committee**.

	Signature
Dr. Chandreshwar Mishra	
Professor and Head	Chairperson
Department of English Education	
University Campus	
T.U., Kirtipur	
Du Tous Dotts Photts	
Dr. Tara Datta Bhatta	
Reader	Member
Department of English Education	
T.U., Kirtipur	
Mr. Resham Acharya (Guide)	
Teaching Assistant	Member
Department of English Education	
T.U., Kirtipur	

Date: 2012/12/13

# **EVALUATION AND APPROVAL**

This thesis has been evaluated and approved by the following **Thesis Evaluation Committee.** 

	Signature
Dr. Chandreshwar Mishra	
Professor and Head	Chairperson
Department of English Education	
Chairperson	
English and Other Foreign Languages	
Education Subject Committee	
University Campus	
T.U, Kirtipur	
Ms. Madhu Neupane	
Lecturer	Member
Department of English Education	
T.U., Kirtipur	
Mr. Resham Acharya (Guide)	
Teaching Assistant	Member
Department of English Education	
T.U., Kirtipur	

Date: 2012/12/14

# **DEDICATION**

Dedicated

to

My Parents and My Teachers

#### **ACKNOWLEDGEMENTS**

First of all, I would like to express my sincere gratitude to respected Guru, my thesis guide, **Mr. Resham Acharya**, Teaching Assistant, Department of English Education, TU, Kirtipur for his continuous guidance, supervision and invaluable suggestions. I think without his constructive feedback from the very beginning, it would not have been possible to come up with this thesis in this form. Therefore, I feel myself very lucky to have worked under his guidance.

I am grateful to **Dr. Chandreshwar Mishra**, Professor and Head, Department of English Education and **Mrs. Madhu Naupane**, lecturer of English Education for their inspiration and valued suggestions.

I am also grateful to **Dr. Tara Datta Bhatta**, **Dr. Govinda Raj Bhattarai**, **Dr. Anjana Bhattarai**, **Dr. Tirth Raj Khaniya**, **Dr. Tapasi Bhattacharya**, **Mr. Vishnu Prasad Singh Rai**, **Dr. Bal Mukund Bhandari**, **Dr. Anju Giri**, **Dr. Laxmi Bahadur Maharjan**, **Mrs. Saraswati Dawadi**, **Mr. Prem Bahadur Phyak**, **Mr. Bhesh Raj Pokhrel and Mrs. Hima Rawal** of the Department of English Education for their valued instructions.

I am also grateful to **Mrs. Madhavi Khanal**, the Librarian, and Department of English Education for her kind help.

I would like to acknowledge the authors and publishers whose book, journals and articles have been used for various purposes during this study.

I am also indebted to my brothers: **Sunil and Sushil.** I want to thank my friends **Arati Thapa**, **Anju Thapa** who helped me directly and indirectly for this study.

Sirjana Sitaula

#### **ABSTRACT**

The title of this research work is **Role of Teacher Training for Teachers' Professional Development.** The main purpose of this study was to find out the views of teachers towards teacher training as well as role of training for teacher's professional development. To accomplish this study, a set of questionnaires and observation checklist were prepared to find out teachers views towards role of teachers training and from this research, I have found that most of the teachers have positive views towards teacher training. I found that there was a vast difference between trained and untrained teachers in their classroom performance. Trained teachers were found excellent in all classroom activities such as classroom management, motivating the student, confidence, presentation ability, evaluation technique, etc. than the untrained ones.

I have divided this thesis into four chapters. The first chapter deals with the general background, literature review, objectives and the significance of study. The second chapter contains the methodology which is sub-divided as the sources of data, sampling procedure, tools for data collection, process of data collection and the limitations of the study. The third chapter includes the analysis and interpretation of the data obtained from the field. The fourth chapter has the findings of the study as well as some pedagogical implications have been suggested based on the findings of this study.

# TABLE OF CONTENTS

	Page No.
Declaration	i
Recommendation for Acceptance	ii
Recommendation for Evaluation	iii
Evaluation and Approval	iv
Dedication	v
Acknowledgements	vi
Abstract	vii
Table of Contents	viii-2
List of Tables	xi
List of Symbols and Abbreviations	xii
CHAPTER ONE: INTRODUCTION	1-19
1.1 General Background	1
1.1.1 Teacher Training In Nepal	4
1.1.1.1 Women Teacher Training	5
1.1.1.2 Remote Area Teacher Training	6
1.1.1.3 On-the –spot Training Program	6
1.1.1.4 Teacher Training Through Distance Learning	6
1.1.1.5 B. Level Teacher Training	6
1.1.1.6 Vocational Teacher Training	6
1.1.1.7 Human Resource Development in Teacher Education	7
1.1.2 Relationship between Teacher Training and Teaching Professio	n 7
1.1.3 Importance of Teacher Training	9
1.1.4 Characteristics of Trained Teachers	12
1.2 Review of Related Literature	15
1.3 Objectives of the Study	18
1.4 Significance of the Study	18

CHAPTER TWO: METHODOLOGY	20-21
2.1 Sources of Data	20
2.1.1 Primary Sources of Data	20
2.1.2 The Secondary Sources of Data	20
2.2 Population of the Study	20
2.3 Sampling Procedure	20
2.4 Tools for Data collection	21
2.5 Procedure for Data Collection	21
2.6 Limitations of the Study	21
CHAPTER THREE: ANALYSIS AND INTERPRETATION	22-37
3.1 Analysis on the Basis of Questionnaire	22
3.1.1 Number of Teachers having Training	22
3.1.2 Type of Training that Teachers Have	23
3.1.3 Frequency of Training the Teachers Have	23
3.1.4 Provision of Training by the Schools	24
3.1.5 Students' Satisfaction towards Teachers' Performance	24
3.1.6 Impact of Training on Educational Sector	25
3.1.7 Necessity of Training for Teaching Profession	26
3.1.8 Role of Teacher Training for Teachers' Professional Development	26
3.2 Analysis on the Basis of Checklist	26
3.2.1 Motivation towards the Lesson	27
3.2.2 Related to Previous Lesson	27
3.2.3 Classroom Management	28
3.2.4 Command over Subject Matter	29
3.2.5 Students' Level of Interest	29
3.2.6 Confidence in Delivery	30
3.2.7 Class is lively and Interactive	31
3.2.8 Teacher Encourages Students	31
3.2.9 Lesson Plan Used and Unit Plan Prepared	32
3.2.10 Emphasis on Individual Learner	32

3.2.11 Lesson Presented with Teaching Materials	
3.2.12 Presentation Ability	33
3.2.13 Teacher's Capacity to Make Students Participate in Classroom	
Activities	34
3.2.14 Use of Techniques like Role Play/ Group Work	35
3.2.15 Giving Homework and Correction	35
3.2.16 Achievement of Objectives	36
3.2.17 Evaluation Techniques	37
CHAPTER FOUR: FINDINGS AND RECOMMENDATIONS	38-41
4.1 Findings	38
4.2 Recommendations	40
References	42-43
Appendices	

# LIST OF TABLES

l'able No.	Page N	0.
1	Differences Between Teacher Training and Teacher Development	4
2	Number of Teachers having Training	22
3	Type of Training that Teachers Have	23
4	Frequency of Training the Teachers Have	23
5	Provision of Training by the Schools	24
6	Students Satisfaction towards Teachers' Training	25
7	Impact of Training on Educational Sector	25
8	Necessity of Training for Teaching Profession	26
9	Motivation towards the Lesson	27
10	Class Related to Previous Lesson	28
11	Classroom Management	28
12	Command over Subject Matter	29
13	Students' Level of Interest	30
14	Confident in Delivery	30
15	Class is Lively and Interactive	31
16	Teacher Encourage the Students	32
17	Lesson Plan Used and Unit Plan Prepared	32
18	Emphasis on Individual Learner	33
19	Presentation Ability of Teachers	34
20	Teacher's Capacity to Participate Students in Classroom	
	Activities	34
21	Use of Techniques like Role Play/ Group Work	35
22	Giving Homework and Correction	36
23	Achievement of Objectives	36
24	Evaluation Techniques	37

#### LIST OF SYMBOLS AND ABBREVIATIONS

ARNEC : All Round National Education Commission

B.A : Bachelor of Arts

B.Ed : Bachelor of Education

B.Sc : Bachelor of Science

BBS : Bachelor of Business Science

CUP : Cambridge University Press

Dr. : Doctor

ELT : English Language Teaching

e.g. : Exempli gratia (for example)

etc. : Et cetera

I.Ed : Intermediate of Education

IOE : Institute of Education

M.Ed : Master of Education

MOES : Ministry of Education and Sports

NCED : National Centre for Education Development

NESP : National Education System Plan

NNEPC : Nepal National Education Planning Commission

MNS : Mobile Normal School

No. : Number

OUP : Oxford University Press

p. : Page

PP : Pages

PSTTC : Primary School Teachers Training Centers

SEDC : Secondary Education Development Centre

T.U : Tribhuvan University

TESON : Teacher Educators Society of Nepal

U.K : United Kingdom

USA : United States of America

Viz. : Videlicet (Namely)

Vol. : Volume