

Students' Anxiety in Learning English Language

**A Thesis Submitted to the Department of English Education
In Partial Fulfillment for the Master of Education in English**

**Submitted by
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**Department of Education
Tribhuvan University, Kirtipur
Kathmandu, Nepal
2022**

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**T.U. Regd. No.: 9-2-118-22-2010
Fourth Semester Examination
Symbol No.: 7428136/074**

**Date of Approval of the
Thesis Proposal: 04/04/2021
Date of Submission: 03/09/2022**

Declaration

I hereby declare to the best of my knowledge, that present research work has not yet been carried out anyone anywhere, this is absolutely original.

Date: 02/09/2022

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This is to certify that Mrs. Shobha Kumari Bam has prepared this thesis entitled “Students’ Anxiety in Learning English Language” under my supervision and guidance.

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Dedication

*Dedicated
To
My parents
Who have dedicated
Their precious life to enlighten my life.*

Acknowledgements

I would like to express my sincere and profound gratitude to my respected thesis supervisor **Mr. Bhim Prasad Wasti**, Reader, Department of English Education who helped me from beginning step to this final step of this study providing his valuable time, suggestions and resources necessary for carrying out this research work on time.

Similarly, I would like to extend my sincere gratitude to respected guru **Dr. Gopal Prasad Pandey**, Reader, and the Head, Department of English Education for his constructive suggestions and guidance. Moreover, my sincere gratitude goes to **Dr. Ram Ekwel Singh**, Reader, Department of English for his insightful remarks to this study. Likewise, I would like to thank my expert **Dr. Rishi Ram Rijal**, Professor of Department of English Education, Mahendra Ratan Campus, Tahachal, Kathmandu for his constructive feedback.

Similarly, I am sincerely grateful to **Dr. Prem Phyak**, **Mr. Ashok Sapkota**, **Mr. Guru Prasad Paudel**, **Mr. Jagadish Poudel** and **Mr. Laxmi Prasad Ojha**, **Lecture**, Department of English Education for encouraging me, and helping me in the accomplishment of this study.

Furthermore, I am thankful to the respondents who provided their genuine response as data for this study I would like to thank my friends **Sarada Paudel**, **Khem Raj Rauteda Lokmani Joshi**, **Khima Pun Magar** and **Buddhi Paudel** for their kind support, and suggestions.

I am highly owed to the entire family of Department of English Education, Tribhuvan University. My equal gratitude goes to the administrative staff, Mrs. Madhavi Khanal, and my respected teachers along with my respondents for being kind to me, and helping me in many ways.

Abstract

The present research entitled **Students' Anxiety in Learning English Language** aimed to explore the anxiety factors of secondary level students in their learning of English language. To meet the objectives of this study, a survey research design was adopted. Selecting fifty students from five different schools as the sample to collect the intended data. Following close-ended and open-ended questions were included in the questionnaire and used as a research tool to elicit the required data. The data were analyzed and interpreted using simple percentage and number of participants descriptively. After the analysis and interpretation of data, the study showed the different factors of language related to students' anxiety were; such as emotional, social, physical and school performance. Moreover, inadequate knowledge of learners in English, restriction in the use of mother tongue in the classroom were also found as the factors that cause anxiety in the learning of English language.

The present study consists of five chapters. The first chapter presents the background of the study, statement of the problem, objectives of the study, research questions, significance of the study, delimitations of the study and operational definitions of the key terms. Similarly, the second chapter deals with review of related theoretical literature, review of empirical literature, implications of the review and conceptual framework of the study. Similarly, the third chapter deals with the method and procedures of the study, research design, sources of data, research tools, data collection procedures, data analysis producers and ethical considerations. Furthermore, the fourth chapter is results and discussions consisting of the analysis and interpretation of the data. Moreover, the last chapter deals with findings, conclusions and recommendations related to the policy level, practice level and further research of the study on the basis of the findings. At the end, references and appendices are included.

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List of Abbreviations and Acronyms

EFL	:	English as a Foreign Language
ELT	:	English Language Teaching
FLA	:	Foreign Language Anxiety
FLCA	:	Foreign Language Classroom Anxiety
L1	:	First Language
L2	:	Second Language
LA	:	Language Anxiety
S.A	:	Strongly Agree
S.D	:	Strongly Disagree
SLA	:	Second Language Acquisition
T.U	:	Tribhuvan University