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Young Adults' Behavior, in Colleen Hoover's *Maybe Not*

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Abstract

This study analyzes the Young Adults' Behavior, in Colleen Hoover' Maybe Not. It claims that the adolescents face risk in their life because of selfishness, which arises out of the fragmented values prevailing in the American society. Through the interpretative approach, this study argues that the apartment life is the microcosm of the American society. The qualitative research also derives idea from David Wolfe and Peter Jaffe to examine the behaviors of children over the course of development during the teenage. Such teenage indifferent and indecisive behaviors are only aggravated by fragmented of values prevailing in American society.

Keywords: Psychology, Adolescence, Sexuality, Victimization and Seduction.

This study analyzes the Young Adults' Behavior in Colleen Hoover's *Maybe Not*. It claims that adolescents face risk in their life because of selfishness, which arises out of the fragmented values prevailing in the American society. Through the interpretative approach, this study argues that the apartment life is the microcosm of the American society. This qualitative research is also derives the idea from David Wolfe and Peter Jaffe to examine the behaviors children over the course of development during the teenage. Such teenage indifferent and indecisive are only aggravated by the fragmentation of values prevailing in the American society. In the novella *Maybe Not*, Warren, Bridgette, Brennan, Ridge, Sydney are the major characters whose relationship remains fluctuating from the very beginning the novella. In fact, their relationship is flexible that changes minute by minute as per their bodily hunger. As the Mayer and McHugh, in their article entitled "Sexuality and Gender: Finding from the Biological and Social Sciences" claim, "sexual arousal" (8). Sexual arousal is the feeling of being turned on sexually. Adolescent turn on when their bodies experience physical and emotional changes. There are different kinds of people in this world in terms of sexual orientation; some are gay, some are lesbian and some are queer. But, all are engaged with the sexual activities. By this sexual passion, adolescent children ruin their life. In the novella *Maybe Not* too Bridgette and Warren also spend their important time in sexual activities. Furthermore, adolescent children are in high risk of the sexually transmitted disease also. As G. Stanley Hall, in his article entitled "Adolescence: It's Psychology and Its Relations to Physiology, Anthropology, Sociology, Sex, Crime, Religion and Education" explains "adolescence, for the most part, had long been viewed in association with danger, rebelliousness, crime, sex and threats to the well-being of society" (13). He means to say that, adolescence basically belongs to the high risk,

physically, mentally and emotionally. In addition, Lerner states, "The greatest categories of risk during adolescence include substance use, unsafe sexual behavior, school failure and dropout and delinquency/ crime/ violence" (21). According to this statement most of the delinquencies and the unsafe sexual activities also appear during adolescence which explicitly appears in Hoover's *Maybe Not*. Further, as Burns Loeb et al. Claim, "Teenagers with a history of sexual abuse may experience abnormal hormone level associated with earlier onset of puberty and hyper arousal" (197). Actually in adolescent period children fail to take the right decision on their daily activities. They don't think about their future life. At the age of childhood, basically the nature of the children shows stubborn types of behavior. For instance, in the novella *Maybe Not* Warren refuses to share his bathroom with Bridgette at the very beginning, which reveals their immature and irresponsible activities.

Generally, adolescents bear risks in their life due to selfishness, which leads those fragmented norms and values prevailing in the American society. The novella starts with the two major characters Warren and Bridgette. When they meet with each other, actually they don't belong to same society. Firstly, they don't agree to live a single apartment after some time they live together. Here, an apartment is not just an apartment it reflects the multiple culture, Social norms and values prevailing in the American society. In other word, an apartment displays the microcosm of America. At the very beginning of this novella Warren does not want to share his bathroom, but slowly and gradually he convinces to share his bathroom himself. These two friends namely Warren and Bridgette were like two puzzle pieces so perfectly cut to fit, but too stubborn to try and put together. Tussle in terms of their daily activities and viewpoints happen to them but their bodily necessities drag them to unite again and again. Furthermore, in this novella, Sydney hears the song and knows that she also wants to be with Ridge. They go back to Warren's apartment and declare their love for each other. Sydney is a musically talented senior who seemingly has a perfect life until she discovers her boyfriend. Hunter has been sleeping with her

best friend and roommate, Tori leaving her devastated and alone. She has nowhere to go other than moving into the apartment of other boys who live in her building, Ridge is a mysterious musician. Sydney first discovers Ridge playing the guitar on his balcony and she Acknowledgements

Becomes enchanted by his music. Ridge sees her singing her own lyrics to her songs, while singing, a form of song generates in her mind. Sydney is initially unsure of her decision to stay with Ridge, but she feels as though he is the only person she can trust even if he is essentially a stranger.

On the other hand, the story is about the confrontation of Bridgette and Warren due to their different culture and society. Although, they belong to separate cultures and societies, they live in a single apartment for their benefit. It shows the selfish behavior of the American society. Warren first encounters Bridgette, his new roommate; he is horrified and doesn't want a girl sharing his space, his bathroom. But half a second later and a good look at her, he realizes this could be the best thing ever. Time and again they are angry with each other. They frequently tell that they hate each other. The novella consists of many fluctuating evidences that occur among and between the characters.

In this novella, Warren and Bridgette is such a unique couple. It seems the wonderful relationship from very beginning of the novel. The entire novella postulates the physical relationship of these two characters. The partners of this novel are little bit

stranger. The characters of this novella fall in love and making irresponsible activities to each other frequently.

The characteristics of the American culture they are only responsible for their own profit. Here, the American culture plays the vital role for their selfishness. It is kinds of cultural and social effects. Warren and Bridgette use very vulgar words. For instance, while Bridgette was inside the bathroom, Warren says, "I am fucked "(4) in this way time and again they use rude language. In the novella, the word 'fuck' repeats. Similarly, time and again, Bridgette and Warren use shameful words. In the novella, generally they meet in order to fulfill their physical needs. As soon as they fulfill their erotic desires, they ignore their intimacy and start to delve themselves in nonsense and abusive conversation which shows their fluctuation in their relationship due to their age factor that can be found throughout the novella by Colleen Hoover.

The setting of this novella begins from bathroom, bedroom, kitchen or better to say the whole flat of an apartment. Those all things are based on the American multicultural society. American society reflects multi culture, multi race, and multi ethnicity and so on. All culture, society and race are fragmented there and only responsible for selfishness, which occurs in the America. Indeed, novella is moving in a funny way as we know this cute and unique couple Warren and Bridget started the novel and they are the major characters of the novella. All the characters deployed in the novella to talk in a bad-manner. The entire story of this novella is about sex and sexuality. The characters of this novella, sometimes love excessively and sometime hate bitterly to each other which can be taken as a type of romance and fun that generally happens in adolescent period. At the very beginning chapter, while Warren and Ridge talk about the morning time and they think "I hate mornings" (1). It shows their relax of the morning time. In the same time, they are in deep sleep and the alarm

disturbs them and quite contradictorily at the same time, they use very rude language like "mother fucker, I am going to kill him" (1). Characters in the novella, at the very beginning to the end frequently use rude language while talking to each other.

Characters show the novel as a social prank that has been developed in American society. Characters of this novella portray the frolic and stubborn behaviors like kill, hug, naked body and porn films mentions in this novella. They spend their most of the time for sexual activities as presented in *maybe not*.

In fact, while Warren and Bridgette living together, they think the rest of their lives indulge in sexual activities all the day, which presents a type of risk for the adolescent children. Desire for sex is a type of addiction in the novel. According to the Kaiser Family Foundation, "HIV is a gay disease "has not been dispelled; recent statistics indicate heterosexual HIV transmission is more common among adolescents with females being almost as likely to become infected as males" (84). As we know generally adolescent children are not aware about sexual disease in Hoover's *Maybe Not that's* why adolescent children are out high risk of sexually transmitted disease. If characters of this novella the people switched the television, they prefer porn movies, which are explicitly shown in this novella. The characters of this novella when they have sex without contraceptives it leads to the pregnancy which in indirectly shown in this novella. Warren says, "If you have sex with me, Bridgette, you are the one in danger of coming clingy" (45). Actually, the novella elaborates significant messages from this author for the adolescent children. To watch porn is also a type of negative addiction for the teenage girls and boys. According to this novella, adolescent children are spending their time in dirty movies. Obviously, sex is also needed for the human being, but in this novella, even the boyfriend and girlfriend also crossing the socially constructed boundaries. Unsure love of the character has been presented in

the novella is quite dangerous from the perspective of health hazards. Characters cross the socially constructed moral value. While Bridgette and Warren often tussle to each other after some time they come back for the harmony. The novella imparts in Warren point of view and it so compelling to see how he battles his own feeling, his own intrigue. He is faceting by everything about her despite not really understanding her and he can't seem to get enough. He hates her one minute and is ready to marry her next.

From the perspectives of the American society people love, affection and appreciation for shake of own profit. In American society there is not any kinds of loyalty between them .All in all, this novella is a romantic novella because the entire novella triAcknowledgements

As to discuss the three main things– first thing is that the friendship, second thing loyalty and third thing love which is more important. Time and again there are many ups and downs in the relationship between Sydney and Ridge, but finally they got together guilt-free. The relationship between the Warren and Bridgette is as tumultuous as ever. It is all about the fluctuation of love and affection either physical or emotional. The romance between the boyfriend and girlfriend presented in the novella is quite different as it incorporates the issue which is beyond the worldly imagination. Eventually, as presented in the novella, Warren and Bridgette are unique and cute couple.

Novella *Maybe Not* has received critical reviews since its publication in 2014. The story of this novella is about the adolescence psychology and their risky behavior. Capitalistic society and growing mindset on the basis of consumerism, adolescence psychology has been moving towards such relationship that directly or indirectly leads them on the verge of danger. Liora Picker's inquiry on "Colleen Hover's

Popularity Makes Perfect Sense, But It's Not without Problem" also examines the changing behavior of adolescence. Picker claims that there is selfishness on the relationship of adolescents. Liora Picker further adds:

Teenagers have noticed a stark change in their relationships compared to older generations. Instead of love and connection at the root of a relationship, there is toxic drama and lust. For many people in Generation Z, lust is infinitely more normalized than love. . . This is a problem with no solution. In a capitalist world, producers make what sells and derives a profit. If this is the literature that sells, then it will keep being produced, this further pushes society down the spiral of detrimental influence on youth. (1)

In these lines, critic takes the novella as a true picture of Z generation people who are guided by sexual desire than that of true love. In postmodern world, there is no meaning of true love; rather adolescents are guided by their sexual desires. The relationship between girls and boys are due to their physical attraction. It means, love and affection has become the matter a commodity that can be sold and bought for certain amount of money. There is no essence of true love and affection.

Similarly, another critic Patty K. Cruz analyzes the novel from the perspective of tangible love. In this postmodern age, people are guided by their libido. They, in order to fulfill their sexual desire, make relationship. As soon as they fulfill their lust, there comes a dramatic twist in their relationship. Cruz argues:

In *Maybe Not*, Sydney and Ridge's relationship continues to exist in the background while we zoom in on Ridge's roommate, Warren. When the chance to have a woman roommate arrives, Warren jumps at it, hoping for an exciting change. Instead, he gets the distant, and often temperamental, Bridgette, who can't stand to be in the same room as Warren. Still, he theorizes

that there's more to Bridgette than her cold, calculating ways. Is Warren right?

(1)

In these lines, critic opines that the essence of true love has been changed into desire fulfilling way among adolescents. This love may change if the better partner they find. Cruz emphasizes that Sydney and Ridge's relationship may not remain constant rather there comes fluctuation in their friendship. They are sharing the same room due to their physical necessities. The temperamental on them regarding the love and sex is quite tangible. They are always seeking for better option, if they get change to make new roommate, the relationship between them remains no longer.

Similarly, Samantha also examines the novella from the perspective of banter of their necessities. Both of them are in relationship due to their equal necessities, if not "tensions run high and tempers flare as the two can hardly stand to be in the same room together" (1). Hence, the relationship is viable due to the both parties' inevitabilities. Samantha finds the hidden secret behind the success of the *Maybe Not* and claims it not to be novella. Critic further claims:

The only thing that saved this book and ranked it higher than the others was the fact that I found Warren both charming and hilarious. The banter between Warren and Bridgette was entertaining. I also enjoyed getting to know more about Bridgette as a character. It gives you some perspective after reading *Maybe Someday* and probably not liking her very much. My view changed after this one. Hoover probably could've dug into this and made it a full-length novel instead of a novella. It might have ranked higher had it actually had some depth. (1)

Analyzing from different angles, Samantha claims that, *Maybe Not* is not a novella rather it is a full length novel that portrays charming and hilarious relationships

between Sydney and Warren. Both of them are young and they share single room which provides them fulfill their physical needs. In an American society, love and sex is acceptable in the society which Collons Hoover presents beautifully in her work.

In the same way, another critic Vilma Iris takes the novella as the portrayal of the American sexist society. According to her, this is a good punch to the society regarding the America's contemporary society in a quite humorous way. Iris further explains:

Colleen Hoover once again shatters the notion that novellas can't pack a punch. In her sexiest book to date, she delivers non-stop humor tumbled together with a whole lot of heart. This wonderful novella is all about falling in love, moment by moment, minute by minute. Warren and Bridgette were like two puzzle pieces so perfectly cut to fit, but too stubborn to try and put together. It was a slow, but intense fall, as they each fought their own impulses to run the other way. Well, it was for Bridgitte, that is, because once Warren realized he couldn't live without her, he did everything in his power to make her his. Whether it was through laughs, or kisses, or words, Warren made sure that each action he took showed Bridgette how much he cared, how much he wanted her. (1)

Iris claims that American society is not only a desire fulfilling society; rather there are such people like Warren. He does not leave any lapse of suspension that he does not love her. He performs each and every love making activities in order to make her sure that he loves her very much. Warren is not in favors of tangible love. According to Iris, in an American sexist society "Colleen Hoover once again shatters the notion that novellas can't pack a punch" (1). It is a good slap upon American society that creates gap on the basis of gender.

Although all the critics have examined Colleen Hoover's *Maybe Not* from different angles and perspectives, none of them has explored the novella through the perspective of adolescence and risk. Teenage is such transitory period where youths generally take decision without thinking it's possible consequences that later on hinder much more. Hence, this paper specially focuses on adolescence psychology in terms of their sex and sexuality. Through examining Hoover's novella, the aim of this research is to find out the intention of adolescence and risk: a study of young adult behavior in Hoover's *Maybe Not*.

In order to provide good guidance to the teenagers, school curriculum and extra-curricular activities are inevitable elements. According to Feldman and Matajasko, "Activity participation refers to school based extracurricular activities engaged in by adolescents primarily high school students" (160). It portrays the researchers investigating extracurricular activities have long been interested in the relationship between participation these activities and the social outcomes, academic achievement, and educational attainment of adolescents. Actually, the children need to be the school activities because if the children participation the school program, they learnt many extra activities. In addition, here Hoover basically talks about the sexual desire in her novella, but Feldman speaks about extracurricular should be needed for the child development from the perspective of psychologically, physically mentally and emotionally too. "Despite the large amount of literature focusing on the context of adolescent development surprisingly little attention has been paid to the role of extracurricular activities, which are central developmental setting for adolescents" (Feldman and Matjasko 161). In this sense, Hoover specially talks about the curiosity of sex and sexuality in *Maybe Not*, but here, the extracurricular activities support the children psychological as well as physical development that directly or

indirectly save from rude and hazardous sexual behavior. It is the type of foundation to growing children. Similarly, while the children studies in school, they also need extracurricular activities. To analysis the point of view of Hoover, she talks about the adolescence risk and the curiosity towards sex and sexuality during the adolescence period. She also talks about the only romance between the teenage boys and girls. Extracurricular activities may provide a challenging setting for students outside of academics that help them maintain contact with the school environment. As we know, Hoover specially talks about adolescence sexual pleasure, but this paper attempts to find out of the idea of how the adolescent is in high risk during the adolescence.

In addition, Marsh and Keltiman (2003) “used the NELS: 88 data set and found that "high school sports participation was related to college enrollment more month attending college, and higher level of postsecondary education ever after controlling for many of the factors that are also related to educational outcomes” (21). Generally, both education and sports are important for the growing children. Education and sports appear simultaneously, we can easily find out the children capacity. Some children are strong in bookish knowledge, but others are strong in extracurricular activities. In this way, Marsha and Keltiman also talks about the extra curriculum of the school, college and university which support sports. In the same way, Hoover also portrays the romance between the young adult, for instance Warren and Bridgette.

Moreover, Hoover frequently talks about romance between adolescent children in her *Maybe Not* novella. According to the World Health Organization (WHO), “Towards the later part of this lifespan stage, girl tend to become significantly taller than boys of same age. The difference results from the timing of the growth spurt associated with puberty for each sex, and girl earlier puberty” (34). Actually we commonly known that here the given above lines tries to give

the grown time of the adolescence children. In this way, if the boys and girls are belonging to the same age but girl seems mature than boy that is nature. WHO writes, "Beginning in the third or fourth grade children increasingly enjoys strategies games. Children develop the ability to play games with rules"

(Acknowledgements)

36). Here these lines attempt to explain about how the small children interested about the games. In addition, we can say for the small children. They are innocent at that age by playing the game everyone makes happy and they can adopt the rule of the game. Some children unable to know the rules of games at the very beginning, but slowly and gradually they also know the rules and regulation of the games they played themselves. To examine Hoover's *Maybe Not* novella and the point of view of the World Health Organization both of them mention the teenage age factor and the different age factor between girl and boy but here both of them don't talk about the adolescent risk. That is why this paper attempts to show the idea of the adolescence risk which is missed here.

Hoover talks about the adolescence risk, esAcknowledgements

Especially towards sexual disease in *Maybe Not*. In this novella, adolescent children focus only sexual pleasure. They don't know about the sexual diseases. Likewise, some adolescent children are suffering from sexual transmitted disease for instance HIV, Syphilis and so on. While Warren and the Bridgette are ready for having sex at the same time they only talk about Condom to be safe from the sexual disease but they actually don't aware about the sexually transmitted disease. Warren says, "Where are your Condoms?"(47) In the novella Bridgette and Warren only talk about condom but they didn't use condom while they having sex. One can bring in World Health Organization's finding in this regards: "The study of motorcycle crash

victims in Thailand found that the youngest passenger was one year old and the oldest passenger seventeen old. The medium passenger age was nine, nine percent of passenger were below ten years and forty four percent eleven to twenty years” (WHO 38). Through analyzing these above lines in Thailand there were the high risk of motor cycle crash. The people are divided into many groups over there from the perspective of the motor cycle crash. In the context of the Thailand, many people were victimized from the bike crashes. This piece of writing tries to show the risk of the bike crisis from the small baby to even 71 years old people in Thailand.

Furthermore, “early marriage and early marital sexual activity present reproductive health risks for young women” (Hindan and Fatusi58). This line explains about the adolescence high risk to the sexual activities. In addition, adolescent children are going in risks from the early marriage activities. Actually, Hoover’s *Maybe Not* novella mentions about the problematic situation of the adolescence, but World Health Organization displayed high risk of the drive bike. Hinda and Fatusi also talks about the reproductive problem and early marriage problem there. Through, examining Hoover’s novella, the aim of this paper is to find out the how the adolescent children are in risk from the perspective of mentally, psychologically and physically.

“Early marriage activity leads to the high risk in the reproductive system of women. Adolescent sexual activity within or outside marriage, can lead to negative reproductive health outcomes” (Fatusi60). Actually, Hoover’s talks about the adolescence pleasure and curiosity of sex and sexuality in her *Maybe Not* novella. Regarding the issue, Hindan and Fatusi claims, “Unprotected sexual activity can expose young women to the risk of unintended pregnancy unwanted child bearing and abortion as well as HIV other STIs” (58). In this way, here abortion unwanted

childbearing, unintended pregnancy and abortion those all things are appeared after the early marriage. Actually adolescence children are also infected by the STIs also because they don't care about these high risky activities. Adolescence children are not aware about the abortion, unintended pregnancy, unwanted child bearing and STI also over there. By the unawareness of STIs, most of the adolescence children ruined their life. "Most men and women become sexually active during adolescence" (Hindan and Fatusi 59). It indicates the adolescence children wanted to enjoy with sexual pleasure. During the adolescence period, they don't care about their life, they only so curious about the sex sand sexuality, which is explicitly describes in Hoover's *Maybe Not* novella.

According to Demographic and Health Surveys AIDS indicators Surveys show that median age at first sex among 20-24 years old woman ranges from a low of sixteen years of younger in Chad, Mali and Mozambique to a high of 19.6 in Senegal" (59). Significant for the perspective of the adolescence children because it also related to the teen age children activities over there. "A recent review including developing and developed nations found that peer lead sex education interventions had a limited impact on condom use pregnancy or getting a new sexual partner"(Hindin and Fatusi60). It tries to inform about the contraceptive. By using of contractive, adolescence children can be protected from the STIs. That is why contraceptive gives the positive result for the adolescence children. In the Hoover's novella, Warren, Bridgette, Sydney and Ridge they make conversation to each other only for the contraceptive, but they are unaware about the contraceptive devices.

Time and again we know that adolescence probably guided by the sexual pleasure in her *Maybe Not* novella, but they are unaware about their life and sexually transmitted disease. "Although the level of support and control adolescents

experiences in their family environment may be significantly related to the onset of problem behavior, these measures alone are not sufficient to distinguish adolescents at risk for problem behavior" (Barber73). In fact, every family has a type of problems if they didn't guide their own family. Family stress basically comes from the family members if any member of the family went out of track then there may be generated a kind of stressful environment. Generally, a member of family drinking alcohol too much and uses drugs and so on, it invite stress all of the family members over there. It affects all family members over there. Indeed, relatively few studies have attempted to specify the role of stress in by using of drugs and too much alcohol it affects directly to all the family members and it gives the negative result of the family members. The family and the mechanism underlying its impact due to child behaviors. In Hoover's novella, she basically talks about the adolescence risk and behavior in a beautiful way where she intertwined how child psychology develops and their fluctuating behavior directly or indirectly hampers over his/her family including his/her own life.

From the perspective of the American society, they suffer from discrimination. In the American society adolescents face risks in their life due to their selfishness, which regards of the fragmented norms and values of prevailing in the American society. That discrimination is also impact the African Adolescents children. In fact, the discrimination impacts the adolescence children mentally. In contrast, Hoover talks about the sexual pleasure in her novella, but here the discrimination between the white and black children. Here the word "Black Identity" (T and Gunn by 106) shows the color discrimination between the white and black in America which is directly impact to the adolescence children over there. Black racial identity development of adolescents, focusing on the education contexts. In addition, the black children suffered in America from the perspective for the education and other higher position

of job and so on. White always thinks they are superior but black are inferior in America. These all things impact the innocent adolescence children. Thus, the purpose of these keywords to provide information about the black identity and racial discrimination which was appeared in the American society. Time and again, the word identity focuses the origin and dig out of the previous information of the people. Through this discussion, educators including both white teachers and administrators, have an impact on the racial identity of development of African American students. Those all things are related to the identity of the people which is totally engaged to the Adolescence children over there. Overall, this idea supported to the adolescence psychology which is mentioned here directed in the paper. "The authors also pay particular attention to ethnic identity and academic achievement"(Wakefield and Hudley 147). In this single line also express the real identity of the every people in previous time. Actually, every person has own identity over there. Similarly, slowly and gradually the identity of the people change time to time because time flies like an arrow that is why person should be dynamic over here. Those all things are directly and indirectly associated to the adolescence psychology over there. We know that identity plays the vital role in every person. In the beautiful novella *Maybe Not* shows the identity of the adolescence children little bit different than the other novel. In this novella normally the characters of this novella guided by the sexual pleasure in *Maybe Not*, but Hoover doesn't formally talk about the risk of the adolescent children in her *Maybe Not* novella.

Ogbu's theory "distinguishes between groups in a pluralistic society according to the means of their initial incorporation in to that society"(Wakefield and Hudley151).In this line also, it seems the discrimination in the society from the perspective of the class discrimination. Actually, many people distinguish and by this

discrimination adolescence children impact mentally .When Warren and Bridgette meet and tussle there at the same time Bridge uses vulgar word. It indicates indirectly lower race and ethnicity which is appeared in this novella. Bridgette says, “I was peeing you sick bastard “(2). Bridgette directly humiliate to Warre.We know that positive ethnic identity can also be promoted in school by encouraging same race as well as cross race peer relationships, providing same race role models and providing students opportunities to learn about their heritage and the accomplishments of member of their other group. These all things suggest that a strong positive ethnic identity may support adolescent mental health and academic achievement.

Finally, from the perspective of the class, gender and race, we would be remiss not to acknowledge the challenges inherent in the increased multicultural composition of many schools across the country. For the adolescence well-being, the cultural is also very significant but Hoover’s *Maybe Not* novella explicitly displays the adolescence romance between the Warren and Bridgette. According to Norman Krause “Powerlessness in psychological theory that suggests that individual who experience overwhelming event formulate an expectation that future events will also be unmanageable, which can lead to motional, cognitive and emotional deficits" (Seligman, 1975). According to Nancy L. Gal Ambos, we often hear parents exclaims, “I am not looking forward to year !” (144).Actually, the age of adolescence is the developing of child full of the physically, mentally, and so on. We know that during the adolescence time, especially 11-19 years children take the wrong decision and they are in risky way due to their immature position. On the other hand, according to the Nooner et al., "Factor Related to Posttraumatic Stress Disorder in Adolescence" there are some relevant points which are worthy to quote here:

Trauma in Adolescence

Four or Five Adolescence meet DSM criteria for exposure to a series traumatic Event of these, 3-75% meet diagnostic criteria for post-traumatic stress Disorder (PTSD).

Child maltreatment is a common type of a trauma for those under 18.

There were over two million reported cases in the United States in 2008,

Which likely represents a fraction of the actual incidents of abuse and neglect.

Risk Factor of PTSD

Rate of traumatic exposure peak in adolescence compared to adulthood, which is associated with the corresponding higher rate of PTSD (13%).

Adolescence females are twice as likely to develop PTSD following in significant trauma than male. (145)

If we study the journal of the Brain K. Barber entitled "Family, Personality, and Adolescent problem Behaviors, the model postulates the existence of negative family types, psychological over control and behaviors under control that place adolescent at risk for internalized and externalized problems respectively" (69). In this way, these above theorists have theorized different perspectives. Hoover's novel through the adolescence and risk that could help to dig out the writer's intention in writing such erotic or sensual content in her *Maybe Not* novella.

On the other hand, while Warren and Bridgette stay in same apartment slowly and gradually they have sex. Actually, while they live together in this apartment, they only think about the sexual pleasure. For Bridgette and Warren sexual pleasure has become type of an addiction. As David Wolfe "had experienced in his work with child abusive parents in Tampa, Florida"(1). We can say that adolescence children suffer from the different type of the abusive task. As Byers et al., "93 percent of young teens are in favor of sexual health education at school: they particularly teen accurate

information and practical skills” (81). In this way, teens need the sexual education and they are the favor of the sexual health education. In Hoover’s *Maybe Not* while Warren meets Sydney at that time Warren infatuated by Sydney over there. Actually, Sydney is a beautiful girl in Hoover’s novella. Further, when Sydney and Warren talk to each other “I am not falling in love with you, Warren I think you are standing on my heart, Bridgette” (109). It means to say that the love relation change minute by minute and moment by moment over there. In addition, Downie, Tannahil and Tannahil “applied to adolescent health, this approach refers to going beyond encouraging teens not to drink, have sex, engaging in violence, with more awareness of the needed to build positive capacity and coping skills for all of the challenges that young adult require for success”(158).

Although the precise age range it encompasses is debatable, it is agreed that during this period, young people experience rapid physical and cognitive growth, rich puberty, and move from the relative security of childhood to confront an array of social and other life challenges. This theory focuses on how the normal and the abnormal children suffer from the perspective of socially, mentally, physically and psychologically. This paper talks about the abnormal children also. Hoover in *Maybe Not* novella especially talks about the love relations between girlfriend and boyfriend. Similarly, "Adolescent who smoke by age II are more likely to engage in variety of health risk behaviors such as not using seatbelt, carrying weapons and engaging in violence and substance use” (DuRant, Smith,&Krowchuk,88). It means to say that in adolescent period, children are not sincere about their future. In other word, adolescent children are not careful about their future. In the novella *Maybe Not* too, the characters are not responsible for their future but the characters of this novella are guided by sexual pleasure. For instance, romance between Warren and Bridgette

can be taken as strong evidence as they postulate their irresponsible behavior throughout the novella. Actually, this paper has displayed the different kinds of violence and victimization through Hoover's *Maybe Not* novella. In addition, while Warren meets with Sydney there at the same he says, "I am falling in love with you too" (108). As we know the position of Warren is not same in Hoover's novella time and again his position changes.

Although important, this continuity in relationships is not inevitable: positive relationship can offset earlier experiences that were harsh to negative and vice versa. Nonetheless, healthy infant caregiver attachments typically portend positive peer relationship in childhood and adolescence and set the stage for the development of healthy adolescent dating relationship. According to Furman and Wehner, "Social dating relationships that emerge during adolescence may represent a transition point between experiences of nurturance and care a child and the establishment of healthy intimate relationship as a young adult" (50). That is children who develop strong. There is some direct evidence that an abusive teen will mature into an abusive. The each to date tends to suggest that an abusive adult man will continue to be abusive to his partner, whether no he eve undergoes a bathe invention program. However, there are some preliminary evidences that intervention is abusive and potentially abusive. Boys will reduce the childhood that they will be abusive towards the parents in adult hood. Taken together, these results suggest that partner abuse prevention may be more effectively focused on adolescent males than on mildly restrained pleas for non-punitive information.

On the other hand, while Warren and Bridgette conversation to each other at the same time Bridgette says, "I can't believe I am in love such a stupid, stupid asshole" (116). That indicates such type of rude nature between girlfriend and

boyfriend. In this given line Warren frequently scolds to Bridgette and vice-versa. As Romer "Many risk factors share common roots, it is necessary to organize these aspects influence in a theoretically meaningful manner to make sense of the complex patterns that emerge"(101).In addition, the development of early intervention for young men more detail research should longitudinally explore the short and long-term effectiveness of such intervention program. Child sexual abuse and adolescent sexual assault, other significant societal problem that can result in a host of negative outcomes for victims. From a public health perspectives, child and adolescent sexual abuse not only engender immediate losses in terms of police and child welfare agency involvements medical examinations and treatment and mental health assessments and interventions, but also result in long term costs associated with early sexual abuse for instance, sexual abuse victims tend to have greater difficulty maintaining employment as adults and later physical health barriers appears to account for associations between sexual abuse and adult employment problems. In Hoover's *Maybe Not* novella is also basically portrays the type of the sexual abuse between the characters. For example Warren thought sexual pleasure is everything for their life. According to Gondolf "interventions for men who abuse their intimate partners have had modest success and only when they are integrated in to a responsive legal system"(129).

Indeed, Hoover basically writes about the adolescence risk of the childhood period. Actually in childhood, adolescent fails to think about their life that how the life will be good, but adolescent people only guided by the erotic desires that is explicitly mentions in Hoover's *Maybe Not*. In this novella, actually, the love relation is also divorced to each other. For instance, Bridgette is in love with Brennan and Warren too. In this way love relation is also changes minute by minute and moment by moment. Ridge says, "I am not love with Bridgette" he says calmly. "She is my

sister” (17). It focuses adolescents are in exclusively on the risk factors and consequences of sexual abuse during childhood or adolescence, it is important to recognize that the abuse outcomes of these experiences are patiently for reality in many cases having in to adult hood. Here, the incident of sexual victimization during both child hood and adolescence the contexts in which child and adolescent victimization experience must commonly occurs prevalence rates for victimization, risk factors and outcomes to victimization, and treatment and prevention of victimization. There is no universally used definition of child or adolescent sexual abuse.

Moreover, Hoover’s *maybe Not* displays the porn films on TV. In this novella while Ridge goes to see the Maggie for the night at the same time he has to find porn on TV. In this way, Bridgette says, “Addicted to all things Bridgette” (40).It means to say that Bridgette is too much interested with drinking alcohol and watching porn films. Actually, child and adolescent sexual abuse are prevalent societal problems that result in a hoot of intra and interpersonal negative outcomes, including PTSD, depression, dissociation, low self-esteem and sex.

On the other hand, while Ridge and Brennan were out for the purpose of drinking alcohol and watching porn in the past two week. Likewise, characters of this novella spending their only in pleasure. Ridge says, “I am like a stalker” (41). In this sense, Ridge spends couple of time in pleasure over there. In addition, “students need to know the accurate facts about the consequences of specific sun stances, since they discriminate the risk and benefits of each drug carefully” (Johnson ET al.141). We physical, sexual and psychological abuse is a major public feat problem with far reaching consequences to both victims and society. Much of the dating violence reach has focused research has focused on girl and women as victims and boys and me as

perpetrators. However, in *Maybe Not*, adolescent children such as Bridgette, Ridge, Brennan are addicted in terms of watching porn film and drinking alcohol and so on.

Our central argument in this paper is that the adolescence and risk: a study of young adult behavior pattern in Colleen Hoover's *Maybe Not*. Adolescent intervention to reduce youth violence should be broadened to include more transactional approaches as well as more approaches that emphasize youth agency. In the novella *Maybe Not*, Hoover basically talks about the sexual pleasure between Warren and Bridgette. Warren says, "No way are you putting me further away from Bridgette. Our bathroom sex is my favorite" (74). It means, actually Warren and Bridgette both of them totally devoted with sexual pleasure. The majority of interventions are currently individual oriented and focused on control. While these approaches may be appropriate in some cases, they are not always optimal solutions. "Adolescents who feel connected to their schools report more feelings of well – being and are less likely to use substances, engage in violence, or become sexually active at a young age"(McNeely, Nonnemaker, and Blum 157). The frame can be broadened to include more intervention that focus on youth agency and ecological transactional. In order to make these approaches tangible, three specific models for reducing youth violence that employs a transactional and agency oriented approach teen courts, youth coalitions and youth organizing. The common denominator of these models is youth community engagement.

This paper attempts to explore the lots of idea about the adolescence and risk: a study of young adult behavioral pattern. It shows how the adolescent children are victimized and are prone to high risk from the perspective of physically, mentally, socially emotionally and so on which is explicitly describe in Hoover's *Maybe Not* novella. Children have also right, but the society is not awareness about it. Actually,

adolescence children are lots of trouble. This age is such transitory period on which people cannot determine own right decision.

This paper demonstrates how the adolescence children are in the risk and how they are treated in our society. We know that adolescence period is really high risk time because during that time they cannot take right decision. In addition, while Bridgette angry with Warren at the time she says, “I can’t believe I’m in love with a stupid, stupid asshole” (116). In this line it clearly seems that they are abusive to each other without thinking any future consequences. According to Hoover’s *May be Not* novella there are eleven chapter among them most of the chapter related to the sex and sexuality. This is the conversation between Warren and Bridge at the beginning “You are fucking her,” I say. “Stop it, already! I am not fucking her”(17). This line also show the conversations between two friends. Time and again they are talking about rude and vulgar way. Though they are friends, but their relationship is not praiseworthy and believable. Most of the time, they were talking about the sex and sexuality. Their relationship is also change minute by minute. Frequently, the characters of this novel they are highly curious about the sex here. Bridgette says, "Still after holding hands and kissing my cheek, she thinks I had ever mess with another girl? (103).Actually, this conversation is explicitly shows the unbelievable moment between two friends. The main thing is that immature children are not believed their own intimate friends also. Knowingly and unknowingly adolescence children are interested about the sex also.

As we know in this text at the very beginning also uses the vulgar words over here for instance the conversation between Bridgette and Ridge “Mother fucker! I am going to kill him” “Ridge! “ I scam. Oh, God .It burns” (1).That times of adolescence children speak anything without thinking. In this sense, the author of this novella has

shown the frolic behavior of adolescent. Further, in *Maybe Not* novella while Bridgette and Warren interaction over there at the same time, Warren thinks that having sex with Bridgette at night and nightfall over there. That is why the given short conversation between Bridgette and Warren which is related to the sexual pleasure.

I wonder if she is awake. I wonder if she would open her door. If I knocked. I toss the covers off and begin to walk to my door, but immediately U turn to the nightstand for a condom. All I have on are boxers, so I slip it beneath the Elastic band and open my bed room door. (14)

The overwhelming portion of this novella, the characters of this novella; *Maybe Not* basically shows about the sexual desire over there. Time and again, they are talking about sexual pleasure. Almost all the characters of this novella are guided by libido. In this way, this paper attempts to represent psychological intention towards sex and sexuality of adolescents which is explicitly portrays Hoover's *Maybe Not* novella.

Through examining the Colleen Hoover's initial novella, the aim of this research is to find out the adolescence intention towards sex and sexuality during the teen age. The modern people still have a fear to blend sexual content in their writing, but Hoover was not an ordinary narrow minded figure. In this novella, Hoover clearly described about what the real things during the adolescence time happens and how dangerous is it. Actually, Hoover speaks about the real event of the growing children over there. Therefore, according to the intention of the author portrays the sexual relationship between the teenage partners. Most of the time, the characters of this novella engaged not only their girlfriend and boyfriend they also watching porn movie too. Likewise, the characters of this novella are totally guided by sex and sexual intercourse during the adolescence time. Warren says, "I sign. " Yeah, you are probably right. Besides, we should probably kidnap a celebrity's kid. That way we

could get ransom out of it and never have to work again. We could give the kid back, take the money, and spend the rest of our lives having sex all day” (100). According to the context of these lines of this primary text the intention of the characters are having sex all days. Actually, the characters of this novella spending their life in sexual intercourse. The characters of this novella are guided by pleasure. Here the pleasure refers to the sexual pleasure. The characters do not work over there. Most of the time, they are spending sexual intercourse. Even if they watch television, they watch porn. They cannot tolerate a single minute without committing mischievous tasks.

Further, Warren says, “That kiss on the cheek means we are official.” “That kiss on the cheek means I have a girlfriend” (101). In this lines of this novel first line and second line give the separate meaning. Here, the first line gives we are husband and wife and we are officially perfect here for sex. On the other hand, in second line portrays the relationship between boyfriend and girlfriend. In this novella, there is a romantic environment as well. In this way, the author of this novella has described the curiosity towards sex of the adolescence time. But during the adolescence time, children want physical pleasure. Actually, during that time, they were not aware about their future. “The literature also indicates that teen dating violence remain remains stable across time and partners, implying that victims of teen dating violence appear to remain in abusive relationships or may involve themselves in a series of abusive relationship” (Timmons Fritz, and Slep 250). Actually, during the adolescence period, children show the attraction towards opposite sex that is normal things. But here, at the very beginning to the last chapter is also show the immature children too much sexual desire and they lost their very significant time. In this *Maybe Not*, it seems that the adolescence pleasure towards sex and sexuality is overwhelming and prone to

possible accident. Similarly, they show the bad behaviors and neglect their future in this novel.

This study attempts to explore the internal motive in adjusting an erotic content in novella and personal behavior of the author by examining Hoover's *Maybe Not*. Through the lance of psychoanalysis, we have to find out many matters in this novella. Along with those matters, this paper attempts to explore the adolescence psychology. Most of the time, the characters of this novella used vulgar language. The word frequently used like bastard, fucker and so on. Sometime the characters of this novella love to each other and after sometime they try to hate each other. As we know there are the rude conversation between the Ridge and Bridgette in this novella. "Why are you always so mad? She laugh under her breath. "That's easy," she says. "Asshole, stupid customers, a shitty job, worthless Parents, crappy friends, bad weather, annoying roommates who don't know how to kiss."(42). In this sense, the conversation between the Bridgette and Ridge also very rude language, that's why time and again the adolescence children only enjoying in sex and sexuality over there. In this novella, there is a very significant line that shows the unbelievable relationship between Sydney and Warren. Warren says, "I stop trying to explain to Sydney my relationship with Bridgette." (102). In this way, the relationship of the all characters are unreliable that is shown in this above lines of this novella.

Moreover, in this novella there is romantic and erotic environment as well. The words used in this novella like "hate" (1), "bastard" (2) "fucked" (4) , "asshole"(36), "kiss" (45). Eventually, these words connected to the immature love relation between adolescent children in Hoover's *Maybe Not* novella. Time and again adolescence children are highly victimized in school, home, society and so on. Still teen violence is appeared everywhere because the age also can't determine what is

wrong and what is right. Adolescence children are not developed well in their physical health, mental health, and psychological health too. The psychology of teen violence and victimization has presented the prevalence of childhood and adolescent victimization and revictimization. "Sexual victimization during childhood or adolescence is an unfortunately prevalent experience in United States" (205). In this way, even in America, adolescence children are victimized from the sexuality. The psychology of teen violence and victimization has taken the data of United States about the child and adolescent victimization and revictimization. This data clearly presented how the adolescence children are revictimized from the perspective of sex and sexuality. In fact, there appears to be a strong relationship between child sexual abuse and sexual revictimization during childhood or adolescence. This relationship also extends to late adolescence and young adulthood, child sexual abuse victims being at least 2-3 more likely to be revictimized as adolescents when compared to no victims. In this paper, it mentions about the teen dating violence as well as the teen relations also. In addition, while Ridge and Maggie talking to each other, they only take the pleasure by kissing and so on at the same time Ridge says, "You" – I lean and kiss the tip of her nose – "need to stay one more night" (131). Though, there may be the intimate relationship between adolescence children, but they did not take right decision over there because while they were in dating at the same time if they misunderstand to each other, there may be sudden violence over there.

Moreover, the teen's children are totally devoted for their sexual pleasure. The most significant thing is that they are entirely taken the pleasure in their life. Likely, the teen's children always curious about the sex and sexuality. During the adolescence, actually they didn't think about their future life. According to O'Keefe, and Brockopp and Chew "A study examined teen's views on dating

violence” (232). Adolescence children are not thinking about the long lasting plan and actually they are innocent about their bright future. Furthermore, John Brier and Cherry Lank tree (2008) say, “develop the integrative treatment of Complex Trauma for adolescents (ITCT) approaches to assist adolescents who are struggling with the impact of multiple traumas in their families and communities” (26). In this way, adolescence age factor normally goes on their struggle over there. An immature age can’t determine own right decision over there because during that time, they only wanted physical pleasure which is explicitly mentions in *Maybe Not*. In addition, the adolescence children are not safe from the society, family, and their own house too. A child cannot be safe from home, school, society and everywhere because they Acknowledgements

are unable to know how they may remain safe from everyone and that age is really struggling age for adolescents. Indeed, the adolescence age is really a critical age from the perspective of mentally, physically, emotionally and so on.

Adolescence is related to the biological, behavioral, psychological and social processes that occur during the adolescence. New research makes it possible to identify interactions among brain structures, hormonal production and behavior impulses, that underpin and explain the connection with serious problems emerging during adolescence behavioral disorders, substance abuse risky sexual conduct, violence and other social disorder. Adolescent health and well-being is threatened by their inclination to engage in risky and reckless behavior. Factor affecting adolescence including rapid developmental changes and physical growth, family and social context mean that risk at this stage is different in significant ways from adult behavior. Adolescents engage in more risky behavior than adults although the magnitude of age differences in risk taking varies; as a general rule, adolescents, and young adults are more likely than adult to binge drink smoke cigarette, have casual sex partners engage in violent and other criminal behavior, and have fatal or serious accidents. On the other hand, significant progress has occurred in the study of

adolescent risk taking, integrating finding across disciplines as neuroscience, psychology sociology.

Furthermore, American society has fragmented because of their selfishness nature. In American society, they are not integrated like our society. The main cause of the selfishness, they only think about own benefit which is explicitly displays between Warren and Bridgette. From the perspective of the American society, they can ready for everything for own benefit. For instance while Bridgette wants to live with Warren at the very beginning he refuses himself there but slowly and gradually Bridgette also ready for sharing apartment rent then again he agrees. In this way, the selfishness nature of the American society portrays the microcosm of America. Finally, Warren and Bridgette talk about the sexual intercourse, Warren says, "I have one more question, Bridgette" (102). This line has reflected indirectly for the sexual pleasure with Bridgette. Lahey and colleague (2006) "found evidence that self-reported maternal delinquency defined broadly to include violence perpetration, intentional property damage, and dealing drugs, was associated with heightened conduct problems among their daughters" (204). In fact, in this world there are many types of the criminal activities which is done by knowingly and unknowingly by the people over there. In this sense sometimes even the unknown people also victimize in our family, society and so on. Actually, from the perspective of the adolescence people, they are unknowingly victimized. "The high levels of physical and sexual abuse among delinquent girls reflects in part dysfunctional and troubled family context"(203).Regarding the adolescent risk in American society they only thinking about own benefit. Actually, American society running after own profit which arises out of the fragmented values prevailing in American society

To sum up, this paper explores the adolescents risk in their life because of their selfishness, which arises out of the fragmented norms and values prevailing in the American society. The American society is really bowl of the salad because there are multiple cultures. Therefore, the value of American society is fragmented. While Warren and Bridgette meet in an apartment it is not only a common meet, it is the encounter among various cultures. In this sense, an apartment of the American society is not only an apartment but it is a microcosm of American society as a whole. Selfishness behaviors among girls and boys leads them to risky and volatile behaviors. Such teenage indifferent and indecisive behaviors are only aggravated by the fragmentation of values prevailing in the American society. The characters do not stick to any social norms and values. As a result, they are roaming around for their profit.

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